

Portage County

Community Health Improvement Plan

2016-2019

Progress Report



Improving the Health
of Portage County

**Portage County
Community Health Improvement Plan
Progress Report**

Decrease Obesity

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Mindful by Sodexo and other Healthier Hospitals Initiatives			
<p>Year 1: UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> • Healthy Cafeterias/Cafes • Healthy Vending Machines • Healthy Meetings and Events <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>July 1, 2017</p>	<p>Mindy provided email update, 1-10-17: She has met with UH nutrition services to assess the current food and beverages in the hospital, and is collaborating on the changes that have been and will be made in the cafeteria and vending machines. Changes that have been made thus far: only sugar-free fountain beverages, no longer any fried foods offered, nutritional information is posted for all offered entrees.</p>
<p>Year 2: Implement the Mindful program in all three priority areas within the hospital</p>		<p>July 1, 2018</p>	
<p>Year 3: Introduce the program into other areas of the community (businesses, schools, churches, etc.)</p>		<p>July 1, 2019</p>	
Partner with Portage Park District to implement various programs/policies			
<p>Year 1: Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> • Improve trail quality and signage. • Promote and expand the "Wild Hikes Challenge." • Promote park and trail use through social media, Meetup groups, hiking clubs. • Partner with health care providers to distribute maps and brochures of parks and trails. <p>Initiate partnerships for Park Rx program.</p>	<p>Christine Craycroft, Portage Park District</p>	<p>July 1, 2017</p>	<p>1-10-17: Christine: Met with Steven Jones and William Benoit of UH hospitals to introduce them to the Portage Park District and discuss potential partnership in communication and promotion of services and programs, such as promoting Park District during UH corporate wellness screenings, promoting rehabilitation using trails, potential sponsorship of trail mile markers utilizing UH branding, etc.</p> <p>Currently revising Park District website, maps, brochures, etc.</p> <p>10 year plan is nearing finalization... not yet released</p> <p>Rory (Park District) has viewed 3 webinars regarding Park Rx... will be explored further, and discussed further with UH.</p> <p>Bill (Edinburg Twp) relayed info about a Regional Planning parks grant intending to increase collaboration among differing parks systems in the County, with one of the deliverables being a shared website and possible phone app.</p>
<p>Year 2: Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to healthcare providers.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		<p>July 1, 2018</p>	
<p>Year 3: Expand participation in Parks Rx, Wild Hikes Challenge and group activities.</p> <p>Partner to develop a fitness trail with outdoor exercise equipment.</p> <p>Partner to offer community gardens and associated programming on park property.</p>		<p>July 1, 2019</p>	

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Implement Complete Streets Policies within the City of Kent			
<p>Year 1: Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	<p>Jeff Neistadt, Kent City Health Department</p>	<p>July 1, 2017</p>	<p>1-10-17: Jeff provided email update, 1-10-17: He has met with the Kent City Service Director and city engineers, and they are beginning to compile baseline data... expect to have that data to share at next quarterly CHIP progress meeting.</p>
<p>Year 2: Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> • Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations. • Pursue and achieve Bike-Friendly Community status from the League of American Bicyclists, or Walk-Friendly Community status from walkfriendly.org. 		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	
Develop a Portage County Obesity Coalition			
<p>Year 1: Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>July 1, 2017</p>	<p>1-10-17: Natalie: Has gone through old list of participants in former Portage County Obesity Prevention Coalition that became inactive in 2009, updating information, and plans to send email at the end of January regarding an initial meeting planned for February (with hopes to then meet monthly, also having workgroups.) She has been seeking funding, but has not found much to "fit" this aim. Has participated in 2 webinars (funded from ODH MCH grant) for ODH Healthy Communities program, intending to ultimately utilize and correlate with that assessment data and thus not "reinvent the wheel."</p>
<p>Year 2: Continue to work towards goals set and maintaining the coalition</p> <p>Secure funding for goals.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	
Implement the Prescription for Health Program			
<p>Year 1: Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>July 1, 2017</p>	<p>1-10-17: Becky (PCHD) shared update info provided to her by Jeneane: Jeneane has consulted the NEOMED Food Market for farmer's market partner information, and with intent to maximize data collection effectiveness. She further plans to work with JFS and WIC to compile data regarding food stamps, farmer's markets, etc, toward supporting Prescription for Health program need.</p>
<p>Year 2: Implement the Prescription for Health Program in at least 1 location with accompanying evaluation measures.</p>		<p>July 1, 2018</p>	
<p>Year 3: Double the number of locations offering the Prescription for Health program.</p>		<p>July 1, 2019</p>	

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Incorporate families and children into community physical activities			
<p>Year 1: Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>July 1, 2017</p>	<p>1-10-17: Natalie: Working on compiling info regarding events (limited) and organizations that provide physical activity services. Discussed possible need to alter future Action Steps due to difficulty in establishing baseline data regarding event participation.</p> <p>Planning a Family Fitness Day on KSU campus in May, with a 5K and fun run. Currently in process of seeking university approval. Trails have been decided upon, and wish to make the event free as well as provide t-shirts to participants. Also seeking donors for family activity resources such as inflatable obstacle courses, etc.</p>
<p>Year 2: Increase child and family participation at organized physical activity events by 5%</p>		<p>July 1, 2018</p>	
<p>Year 3: Increase child and family participation at organized physical activity events by 10%</p>		<p>July 1, 2019</p>	
Implement a Healthier Choices Campaign			
<p>Year 1: Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>July 1, 2017</p>	<p>1-10-17: Natalie: Concerned regarding ability to implement this program, due to lack of funding. Had hoped that ODH CMH grant would allow alignment, but due to changes in grant it will not. Will attempt funding via internal KSU grant, but doubtful since it is research-based. Will reach out to the Portage Foundation and, per Becky (PCHD) suggestion, United Way for possible funding. This program is costly including need to buy rights to, and use, its branding. May possibly need to alter this Action Step to reflect a campaign of PC's own design, based upon ODH assessment data, our local outcomes, and hopeful future ODH funding. Regardless, will need to find sustainable funding to implement and continue.</p>
<p>Year 2: Roll out the Healthier Choices Campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Continue fundraising.</p>		<p>July 1, 2018</p>	
<p>Year 3: Roll out campaign to entire County</p> <p>Continue fundraising.</p>		<p>July 1, 2019</p>	

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Increase nutrition/physical education materials being offered to patients by primary care providers			
<p>Year 1: Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>July 1, 2017</p>	<p>1-10-17: Natalie: KSU is now branded, and thus ALL info distributed to PCPS is being updated, to be completed by February and redistributed by April. Approximately 50-55 PCP and OBGYN offices are identified, to receive info/educational material packets containing more than 100 pages of info. Partners can submit materials to Natalie to be included.</p> <p>Funding is provided from within KSU program.</p> <p>Amy (WIC) asked if including info to family practice docs. Natalie indicated not at this time.</p> <p>Amy advised of a "Parenting at Mealtime and Playtime" healthy habits and obesity prevention training for healthcare providers to be held at Summit County Public Health on April 7... she will attend and share info.</p>
<p>Year 2: Offer trainings for PCP offices on nutrition and physical activity best practices, as well as referral sources.</p> <p>Enlist at least 3 primary care physician offices.</p> <p>Continue fundraising.</p>		<p>July 1, 2018</p>	
<p>Year 3: Offer additional trainings to reach at least 50% of the primary care physician offices in the county.</p>		<p>July 1, 2019</p>	
Expand the Personal Improvement Program (PIP) in schools			
<p>Year 1: Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	<p>William McCluskey, Edinburg Township</p>	<p>July 1, 2017</p>	<p>1-10-17: Bill: Planned to start PIP at West Main Elementary in fall '16... delayed due to principal changes. Looking to establish resource list (including exercise physiologists) and acquire existing BMI baseline data from phys ed teachers, and implement further testing of those students ID'd as obese or underweight.</p> <p>Met with Ravenna mayor, who indicated RAC would not be involved with any programs.</p> <p>Met with NEOMED, hoping for instructors' participation.</p> <p>Ravenna Health Board unable to assist with potential expansion into Rootstown schools.</p>
<p>Year 2: Implement program in at least 3 after-school programs.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
Implement postpartum weight loss educational program at WIC			
<p>Year 1: Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	<p>Amy Cooper, WIC Director</p>	<p>July 1, 2017</p>	<p>1-10-17: Amy: Program began October 1, 2017. Specifically targeting any mom ID'd as having excess weight gain during pregnancy. Program is overwhelming with new baby... need to explore appointments a bit later, and implement better marketing.</p> <p>Had created closed Facebook group and distributed 100 brochures... no one yet signed up.</p> <p>Ali (PCHD) offered to promote program during car seat and pack n' play appointments.</p>
<p>Year 2: Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> • Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness and accessibility of available mental health services			
<p>Year 1: Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel (MHRB) on behalf of Karyn: 6 schools educated on availability of mental health services.</p> <p>Several individuals presentations given to educate various agencies/audiences along with materials distributed. Some focused on opioid addiction, but mental health issues/services incorporated in, due to frequent dual diagnoses.</p> <p>MHRB has created and distributed several informational brochures highlighting available services, including "red and white" cards, "street cards", etc.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Educate school personnel and social workers in all local school districts on the availability of mental health services.</p> <p>Continue presentations on available mental health services to Portage County groups.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2 and expand outreach</p>		<p>July 1, 2019</p>	
Increase the number of primary care physicians screening for depression during office visits			
<p>Year 1: Collect baseline data on the number of primary care physicians that currently screen for depression during office visits.</p> <p>Research screening tool with other 4 priorities.</p>	<p>Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Paul and Joel: To date, no baseline data on PCP screenings for depression has been collected. Discussed collaboration with other CHIP priorities involving PCP listings, screenings, etc.</p> <p>Ohio providing SBIRT screening training focused on substance use disorder. At least 1 PC provider to receive training... plan to assess thereafter and explore possibility of adding incorporation of depression/suicide screening.</p> <p>Paul mentioned he's been advised by Amy Lukes (NEOMED) of a 8-9 step "canned tool" survey doctors use with a mental health focus... recommended exploring further.</p> <p>Rich (Veterans Services) recommended consulting the Ravenna Veterans clinic on any VA or other tools they may be using.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Pilot the protocol with one primary care physicians' office.</p>		<p>July 1, 2018</p>	
<p>Year 3: Increase the number of primary care physicians using the screening tool by 25% from baseline.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
Expand Evidence-based Programs and Counseling Services Targeting Youth and Families			
<p>Year 1: Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.</p> <p>Continue the implementation of Red Flags to the Portage County School Districts.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel (MHRB) on behalf of Karyn: Have formed a Suicide Prevention & Youth Mental Health Education Committee, working in collaboration with the Portage County Suicide Prevention Coalition, but with primary focus on schools and school programs. Currently gathering information from each school district on which bullying, suicide prevention, and drug prevention programs they utilize... will meet in February to review findings.</p> <p>The Red Flags program continues to be implemented in PC schools.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Increase awareness and participation of available programs.</p> <p>Collect data on Red Flags and other programs being utilized.</p> <p>Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts to implement the program(s) in at least one grade level in each school district</p>		<p>July 1, 2019</p>	
Provide mental health first aid trainings			
<p>Year 1: Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel (MHRB) on behalf of Karyn: Ashley Baden (Coleman) is a certified MHFA trainer, who completed 7 trainings with over 50 individuals in 2015 and 2016, including KSU students and faculty, Coleman, Townhall II, Children's Advantage, and the VA. MHRB paid for her training. Pam (Coleman) indicated that the KSU training also involved a "train the trainer" component to further the reach. Becky (PCHD) indicated that Ashley also marketed the training to PCHD, but logistics must be worked out as it would be desirable for all staff.</p> <p>Between July and December 2016, one training was held with 13 attendees from Coleman Professional Services operations department.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Provide 2 additional trainings and continue marketing efforts.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from year 2.</p>		<p>July 1, 2019</p>	

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness of trauma informed care			
<p>Year 1: Continue community trainings on trauma informed care and adverse childhood experiences (ACEs). Continue to train clinicians on evidence-based trauma programs.</p>	Mental Health & Recovery Board of Portage County	July 1, 2017	<p>1-11-17: Joel (MHRB): Trauma is indicated as a majority cause and contributor to mental health and substance use disorders during all MHRB community presentations. All 4 contract agencies funded by MHRB conduct trauma trainings for clinical staff. Children's Advantage has a specialized trauma clinic. Nicole Bartlett of Children's Advantage conducted trauma trainings for police officers (focused also on their own trauma) in October 2016. She also has scheduled a training in March for Streetsboro Schools bus and classroom aides/support staff.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Continue efforts of year 1.</p>		July 1, 2018	
<p>Year 3: Continue efforts of years 1 and 2.</p>		July 1, 2019	
Establish a youth-focused community center at the former Mantua Center School			
<p>Year 1: Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths</p>	Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church	July 1, 2017	1-11-17: No updates at this time.
<p>Year 2: Complete renovation and open the community center. Work with community partners to establish and expand programs including:</p> <ul style="list-style-type: none"> • Local artist co-op including artist mentoring/teaching • Life skills and employment networking • Homework assistance • Education and social service programs including mental health and substance abuse, etc 		July 1, 2018	
<p>Year 3: Expand programming Establish a community meeting room and offer additional community-wide programming including all CHIP priorities Incorporate a Social Enterprise Incubator</p>		July 1, 2019	

**Portage County
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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse			
<p>Year 1: Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel: MHRB/PCHD/Ohio Attorney General's office held Opioid Epidemic awareness conference at NEOMED on October 13, 2016.</p> <p>Portage Substance Abuse Community Coalition (Prevention Committee) discussing potential campaigns. Have contact local radio WNIR to schedule meeting for possibilities. Record Courier articles planned. Plan to meet with Summit ADM Board in 2017 to discuss mutual awareness campaigns that may include WKSU.</p> <p>Portage Substance Abuse Community Coalition has established 3 working committees: Prevention, Advocacy, and Treatment. Each have met twice.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Hold annual conference; continue efforts from year 1.</p>		<p>July 1, 2018</p>	
<p>Year 3: Hold annual conference; continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	
Increase treatment options for those with substance use disorder			
<p>Year 1: Support Quest/Townhall II with the startup of their MAT clinic & ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel: In partnership with ComQuest, Townhall II has completed renovations to building and will soon open MAT clinic.</p> <p>Coleman has a small Suboxone program for clients with both mental health and addiction issues, and has increased Vivitrol prescriptions with emphasis on individuals re-entering the community from jail.</p> <p>AxessPointe still planning a MAT program, but awaiting move to shared facility on Gougler Ave. with Family & Community Services.</p> <p>UH Portage Medical Center began Medical Support Program in November 2016 to provide individualized treatment to those in active withdrawal. Summit Psychological Associates now has a Vivitrol program in their Ravenna offices. MHRB exploring further treatment options relevant to utilized services of Oriana House and the CIRC center.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Research Community Trials Intervention to Reduce High-Risk Drinking.</p> <p>Collect data and monitor success rate of MAT programs</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
Implement and increase prevention programs			
<p>Year 1: Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p align="center">Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel (MHRB) on behalf of Karyn: Too Good For Drugs and Project Alert is being expanded into more schools and grade levels this year. (Discussed revising Action Step language to include Project Alert)</p> <p>Townhall II continues to expand family programs. (Discussed revising Action Step language to "Continue and expand family programs at Townhall II): Families First - 12 families attended in Aurora in fall 2016; Family Addiction Series – have established a webinar format for participation by families for which transportation is a barrier.</p> <p>Hidden in Plain Sight to be held January 18 at Crestwood. Community Drug Awareness event with Project Dawn distribution to be held February 11 at NEOMED</p> <p>Exploration of additional funding sources is in progress.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Expand "Too Good for Drugs" to preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>		<p>July 1, 2018</p>	
<p>Year 3: Increase the number of schools and grade levels offering "Too Good For Drugs" by 25%.</p>		<p>July 1, 2019</p>	
Implement and increase harm reduction initiatives			
<p>Year 1: Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p align="center">Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Becky: Have completed 100% of PC law enforcement agencies carrying Naloxone (including Sherriff and Highway Patrol.) Set goal of one 2-hour community event/conference per month. With the revision of the CPR curriculum to include Naloxone, PCHD is partnering with PC Safety Officer to include Naloxone promotion and provision, and in process of ensuring all staff in county buildings are trained and provided Naloxone kits.</p> <p>No progress at this time on researching needle exchange program. Plan to explore lessons learned from Summit and Cuyahoga counties programs.</p> <p>Drop off box locations lists and information cards in process of being distributed to pharmacies, fire departments, libraries, etc... should be completed by end of January 2017.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Collect data on effectiveness of Narcan (ex: lives saved, drug overdose deaths.)</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p>		<p>July 1, 2019</p>	

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Increase the number of health care providers screening for drugs and alcohol			
<p>Year 1: Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel: To date, no baseline data on ED, PCP, or other providers screenings for drug and alcohol abuse has been collected. Discussed collaboration with other CHIP priorities involving PCP listings, screenings, etc.</p> <p>Ohio providing SBIRT screening training focused on substance use disorder. At least 1 PC provider to receive training.</p> <p>Rich (Veterans Services) recommended consulting the Ravenna Veterans clinic on any VA or other tools they may be using.</p> <p>Joel offered that no "one" tool is likely or practical (even SBIRT contains several)... what is most important is that providers are screening and in a way that works.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Introduce a screening, brief intervention, and referral to treatment model to physicians' offices and UH Portage ED & Urgent cares.</p> <p>Pilot the model with one primary care office and ED.</p>		<p>July 1, 2018</p>	
<p>Year 3: Increase the number of primary care physicians using the model by 25% from baseline.</p>		<p>July 1, 2019</p>	
Advocate for substance abuse and criminal justice issues			
<p>Year 1: Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health & Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p>1-11-17: Joel: Plan to organize call in/email campaigns to legislators through Advocacy Committee of the Portage Substance Abuse Community Coalition. Joel and Karyn (MHRB) will attend "Legislator's Day" in Columbus on 1/31/17 to discuss issues with local state reps and senator.</p> <p>PC has a certified Mental Health Court, and will have certified Drug Court very soon. Coleman is actively involved in both courts to provide treatment and help avoid re-incarceration.</p> <p>Is a state proposal to only "suspend" as opposed to terminate Medicaid coverage upon incarceration. MHRB supports, but hopes ultimately to achieve Medicaid payment for treatment services in jail.</p> <p>*See addendum with additional detailed notes</p>
<p>Year 2: Continue efforts of year 1.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p>		<p>July 1, 2019</p>	
Implement a Tobacco and Smoke Free Policy on Kent State University campuses			
<p>Year 1: Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*</p>	<p>Shay Davis Little, Kent State University</p>	<p>July 1, 2017</p>	<p>1-11-17: Becky (PCHD): Policy is completed, and will be fully implemented as of 7/1/2017.</p> <p>No further updates at this time.</p>
<p>Year 2: Continue efforts of year 1.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p>		<p>July 1, 2019</p>	

* Please note that Kent State University has identified seven health priorities for the Healthy Campus Initiative: Smoking and Tobacco Use, Mental Health, Physical Activity, Nutrition, Alcohol and Drug Use, Preventive Care, and Safety. Specific strategies and actions steps in alignment with the priorities of this Community Health Improvement Plan will be further developed and incorporated into this plan and its ongoing progress measurement.

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB			
<p>Year 1: Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p>Jeneane Favaloro, AcessPointe Community Health Center</p>	<p>July 1, 2017</p>	<p>1-10-17: Jeneane: Difficult to know what available funding sources to expect due to changes in ACA and other healthcare changes expected with new president-elect. Will participate in a national call next week for further info regarding expectations.</p> <p>Health kiosk implementation limited due to all agencies on differing systems that cannot communicate with each other. Vision is perhaps a website hub where all could share info and ensure updated. Plans to research, but will be dependent upon potential funding.</p> <p>Has contacted Rebecca Abbot at JFS regarding sharing a CHW; and all 3 universities, believed to all have courses, to utilize interns paired with physicians and nurses to experience in-home situations. Becky is arranging with Greta Lax with U of Akron to present on how a Health Department can use CHWs.</p> <p>Working on compiling list of providers who accept Medicaid. Rose (PCHD) offered to provide info regarding pediatricians and private family practices (compiling for grant), and Renee (UH) offered to provide info regarding doctors accepting Medicaid for Suboxone treatment referrals (from UH Medical Support Program)</p> <p>Has made initial contact with reps from Community Pathways Model and NW Ohio Pathways HUB, but little info due to holidays... will follow up.</p>
<p>Year 2: Research and seek start-up funding and select a pilot site to certify and hire community care workers (CHW)</p> <p>The selected pilot site will complete Pathways training through the Northwest Ohio Pathways HUB and begin enrolling clients into the program.</p> <p>Increase number enrolled in health insurance plans by 5%</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2</p> <p>Increase the number of sites and CHWs</p>		<p>July 1, 2019</p>	
Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities			
<p>Year 1: Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beard, Kent State University College of Public Health and Amy Lee, Northeast Ohio Medical University and CHIP steering committee</p>	<p>July 1, 2017</p>	<p>Amy and Asha provided email updates, 1-10-17: They have met with Heather, and to begin are compiling a table of all coursework across the 3 universities involving experiential learning, and collecting final estimates of student numbers for each such class. Once complete, will meet to discuss next steps.</p>
<p>Year 2: Create formal arrangements with at least 3 providers in the county.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p>		<p>July 1, 2019</p>	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase transportation through a county Transportation Plan			
<p>Year 1: Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Becky: Transportation Needs Assessment Coalition held 1st meeting 11-15-16 and discussed barriers. Next meeting will be 2-16-17 to discuss current services and review 5 surveys planned to collect input/data from transportation providers, healthcare providers, community agencies, and residents.</p> <p>Rich (Veterans Services) discussed transportation barriers for veterans, and Becky invited him to participate in the Coalition.</p> <p>Jeneane just compiled a Managed Care Organization grid regarding various insurance plans, some offering up to 10 rides for services... will offer info to Coalition.</p>
<p>Year 2: Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		<p>July 1, 2018</p>	
<p>Year 3: Increase efforts of years 1 and 2.</p> <p>Facilitate follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p>		<p>July 1, 2019</p>	
Develop an Access to Care Coalition			
<p>Year 1: Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Jeneane: Access to Care Coalition held 1st meeting 12-7-16 and discussed who's doing what, how plan to communicate between meetings, where each feels lacking in providing care to their patient populations, and how to improve service in those areas.</p> <p>This Coalition will oversee and help guide all activities under this Priority, and will facilitate development of revised or additional Action Steps as efforts progress.</p>
<p>Year 2: Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue and expand upon efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
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Increase the Use of Safe Sleep Practices

<p>Year 1: Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Becky: PCHD is in the process of scheduling agency trainings on Safe Sleep at HMG, Safer Future, Coleman Pregnancy Center, and WIC. Training has been scheduled for Children's Services in January.</p> <p>PCHD will work with trained organizations on updating policies and/or helping them create policies to include Safe Sleep practices.</p> <p>PCHD will continue to provide educational materials on Safe Sleep to be delivered to clients, customers, and patients.</p> <p>PCHD distributed 8 pack n' plays this past quarter. Targeting distribution of 20 per month, for a total of 150 pack n' plays provided to families in need by September 30, 2017.</p>
<p>Year 2: Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p>		<p>July 1, 2018</p>	
<p>Year 3: Work with Portage County Commissioners to create a resolution to ban bumper pad sales in Portage County.</p>		<p>July 1, 2019</p>	

Implement a Safe Kids Coalition

<p>Year 1: Research implementation of a Safe Kids Coalition.</p>	<p>Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p>	<p>July 1, 2017</p>	<p>1-10-17: Becky: With Ali (PCHD), met with Kim Trowbridge (NEOMED) on December 14, 2016 to discuss the feasibility of starting a Safe Kids Coalition in Portage County. There had been an established Safe Kids Coalition of Portage County in the past. Becky reached out to Safe Kids Worldwide and learned that Akron Children's Hospital is the lead agency for Safe Kids Ohio. Becky submitted application to them on 1-9-17 to establish a Safe Kids Coalition in Portage County. Anticipate results by next quarter CHIP meeting. Following approval, will ID appropriate members and create.</p>
<p>Year 2: Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)</p>		<p>July 1, 2018</p>	
<p>Year 3: Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.</p>		<p>July 1, 2019</p>	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Safe Routes to School			
<p>Year 1: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>July 1, 2017</p>	<p>Kim provided email update, 1-12-17: No progress on collecting baseline data.</p> <p>Kim has identified key stakeholders as anyone involved in the Safe Kids Coalition (school boards, principals, safety coordinators, busing coordinators, local police and sheriff's departments, fire departments, PTA groups, local hospital, and crossing guard affiliates).</p> <p>Proposed funding sources to incentivize: Dairy Queen, McDonalds, and other places for free drinks, ice cream, and small fry incentive coupons. Local businesses with items such as magnets, pencils, book marks and the like for bags to give to walkers if events are held at schools. Lastly, T-shirt give-a-ways from local printing companies or small businesses.</p>
<p>Year 2: Recruit individuals to serve as walking/biking leaders.</p> <p>Decide on the locations, walking routes and number of walking/biking groups.</p> <p>Link the walking/biking groups with existing organizations to increase participation. Consider faith-based organizations, schools, community-based organizations, and health care providers.</p> <p>Begin implementing the program with 1 new school district</p>		<p>July 1, 2018</p>	
<p>Year 3: Raise awareness and promote the Safe Routes programs.</p> <p>Evaluate program goals.</p> <p>Increase the number of Safe Routes programs by 25%</p>		<p>July 1, 2019</p>	
Expand the evidence based Fall Risk Reduction Program			
<p>Year 1: Research STEADI balance assessment tools.</p> <p>Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Ali: Has done some preliminary research on the STEADI program. It appears to be a program designed to be implemented by physicians via an assessment tool. Anne (PCHD) reported that UH Portage currently conducts a risk assessment for falls for every patient. Continued research will be conducted, including contacting the hospital and/or physicians' offices for additional info.</p> <p>Ali and Lynette (PCHD) are currently scheduling Streetsboro Senior Center for the Matter of Balance program.</p>
<p>Year 2: Work with physicians for referrals to Matter of Balance program.</p> <p>Increase number of Matter of Balance programs offered throughout the county.</p> <p>Pilot the STEADI assessments in at least one PCP office.</p>		<p>July 1, 2018</p>	
<p>Year 3: Implement STEADI assessments in at least 3 PCP offices.</p> <p>Continue to increase Matter of Balance program in multiple locations.</p>		<p>July 1, 2019</p>	

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Expand the Child Passenger Safety Program			
<p>Year 1: Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Ali: PCHD continues to implement the car seat program where WIC income eligible clients receive a convertible or booster car seat when attend a car seat education class. 4 convertible and 1 booster seat was distributed in October, 4 convertible seats were distributed in November, and 5 convertible and 5 booster seats were distributed in December. PCHD held a car seat check event in November at the KSU Child Development Center. 16 car seats were checked/installed; 11 were installed incorrectly.</p> <p>OBB program provides 16 car seats to PCHD each half year.</p> <p>UH Portage hosted a child passenger safety technician course in the fall. They had 11 participants, none from Portage County. PCHD will work to have them host another class in 2017 and encourage community partners to have their staff trained as technicians.</p>
<p>Year 2: Continue efforts from year 1.</p> <p>Begin to offer open clinics once per month in addition to clinics made by appointment.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p>		<p>July 1, 2019</p>	
Expand Activities of Safe Communities Fatal Crash Review			
<p>Year 1: Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.</p>	<p>Lynette Blasiman, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Lynette: Final quarter 2016 had zero fatal crashes (First time in several years.) 2015 had 6 fatal crashes for the same quarter. In 2016 as a whole, there were 12 fatal crashes with 14 deaths. Of those 12 crashes, 50% were due to left of center, 33% drove off the roadways, and 42% were drug or alcohol related. 10 of the fatal crashes were at-fault male drivers between the ages of 20-74 and 2 were females ages 27 and 64. A media release highlighting these statistics and comparing 2015 vs 2016 trends will be sent out by 1-17-17.</p>
<p>Year 2: Continue efforts from year 1 to meet Fatal Crash Review Board requirements.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.</p>		<p>July 1, 2019</p>	
Expand Activities of Child Fatality Review			
<p>Year 1: Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.</p>	<p>Rosemary Ferraro, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p>1-10-17: Rose and Anne (PCHD): There are 9 child deaths to review for the October-December 2016 quarter (2 of these were held over from the previous quarter). The meeting is scheduled for the end of January 2017. The goal of the review board is to determine if there are potential public health initiative(s) that could be implemented to reduce the number of child fatalities. Seeking to add a UH hospital representative to the committee. 90% of deaths reviewed in 2016 were children under the age of 1 year.</p>
<p>Year 2: Continue efforts from year 1 to meet Child Fatality Review Board requirements.</p>		<p>July 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2 to meet Child Fatality Review Board requirements.</p>		<p>July 1, 2019</p>	

**CHIP Report
January 2017
Karyn Hall and Joel Mowrey**

Priority #2 – Increase Mental Health Services

Action Step: Increase awareness and accessibility of available mental health services (Karyn)

Community Presentations: July 2016-Dec 2016

Note:

- 1) Six schools were educated on availability of MH services (see below)
- 2) Several presentations were used depending on the audience to educate about availability of MH services along with a material distribution
- 3) Mental Health and Recovery Board of Portage County has informational brochures that highlight organizations providing MH services

July Crisis Intervention Team training for educators
Week long class organized by Mental Health & Recovery Board.
Staff from **Portage School districts attended: Ravenna, Waterloo, Maplewood**

July Distributed information at KSU mini-health fair & UH Portage Health Safety Day

July Presented to Start Talking Portage group on MHRB mental health & addiction treatments, services.

July Met with **Streetsboro School Counselors** to review Red Flags and our programming offered

Aug Presented Red Flags & MHRB overview to entire **Ravenna City School District staff**

Aug MHRB quick overview at Township Trustees meeting

Aug Randolph fair week, distributed MHRB materials

Aug MHRB overview to Ravenna Kiwanis

Aug Community Drug Awareness in Mantua – presented MHRB overview

Sept Kent Rotary – presented MHRB overview

Sept Democratic Women of Portage County – presented MHRB overview

Sept Distributed information at Streetsboro health fair & Ravenna Balloon a-fair

Sept Met with **Southeast Middle School** counselor to review Red Flags and our programming offered

Sept Met with Field School counselor staff to review Red Flags and our programming offered

Sept Met with State Representative Sarah LaTourette discuss MHRB and toured Townhall II

Sept MHRB overview presentation to Portage County Senior Center

Sept Community Drug Awareness in Hiram – presented MHRB overview

Oct Community Drug Awareness in Atwater – presented MHRB overview

- Oct MHRB overview to Aurora Rotary
- Oct Crisis Intervention Team training: week long training for 17 police officer in Portage County
- Oct Distributed information at Aurora Community Showcase
- Oct Community Drug Awareness in Shalersville – presented MHRB overview
- Oct Met with State Representative Kathleen Clyde to discuss MHRB
- Oct Atwater presentation on drug awareness with MHRB overview
- Oct Distributed information at Rootstown Community Showcase
- Nov MHRB overview, depression awareness, Streetsboro Senior Center
- Nov Waterloo schools drug awareness panel, quick MHRB overview
- Nov MHRB presentation to Portage Leadership class
- Nov Mental Health presentation to Kent State criminal justice class
- Dec Met with **Rootstown School counselors** to review Red Flags and offered programs
- Dec Met with **Streetsboro Elementary** administrator to review MHRB & programs

Action Step: Increase the number of primary care physicians screening for depression during office visits (Joel)

- 1) To date, no baseline data has been collected on the number of primary care physicians that currently screen for depression. We need first to develop a list of primary care physicians in Portage County. Then we need to develop a very brief survey that asks each physician and/or practice if they are screening for depression, substance use disorders (priority 3), if they accept Medicaid to increase access (priority 4), and if they need materials on nutrition to prevent obesity (priority 1). If they are screening for depression and/or substance abuse, we need to ask if they will share their measures/questions. If not, would they be interested in piloting a screening measure in their practices.
- 2) Research screening tool: Current Ohio is providing free trainings on SBIRT (Screening, Brief Intervention and Referral to Treatment) that is a public health model for drug and alcohol screening. SBIRT has some recommended measures to use although most are focused on drug/alcohol. However, there are other screening tools for depression and suicide that could be added. We have at least one Portage county provider getting both basic SBIRT training and to become a SBIRT trainer. It is recommended that we wait until we get more information following this training. Of note, SBIRT can be billed to Medicaid

Action Step: Expand Evidence-based programs and counseling services targeting youth & families (Karyn)

- 1) Formed a Suicide Prevention & Youth Mental Health Education Committee to work on this action step. We are gathering information on each school district's current bullying, suicide prevention, and drug prevention programs. We will meet in February with our findings.

Members are:

Ashley Pruitt & DiAndra Gibson, Portage County Juvenile Court

Jennifer Browning, Ravenna School District

Chelsea Heim, Coleman

Mary McCracken, Children's Advantage

Sarah McCully, Townhall II

Joel Mowrey & Karyn Hall, Mental Health & Recovery Board

- 2) Red Flags continues to be implemented in Portage County schools (see list above)

Action Step: Provide Mental Health First Aid Trainings (Karyn)

Ashley Baden, Coleman Professional Services, is a certified MHFA trainer. The Mental Health & Recovery Board paid for her training in 2015. In 2015 and 2016 she has completed a total of 7 trainings with over 50 individuals now trained. Individuals receiving training are from Kent State (students and faculty), Coleman, Townhall II, Children's Advantage, and the Veteran's Administration.

From July-Dec 2016, one Mental Health First Aid Training was held with 13 attendees from Coleman Professional Services operations department.

Action Step: Increase awareness of trauma informed care (Joel)

For all Mental Health and Recovery Board of Portage County presentations in the community, trauma is mentioned as a majority cause and contributor to both mental health substance use disorder issues. All four contract agencies funded by the Board have been doing trauma trainings for clinical staff members and Children's Advantage has a specialized trauma clinic. The Board will continue to support agency staff obtaining additional trauma trainings.

Priority #3 – Decrease Substance Abuse

Action Step: Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse (Joel)

- 1) An annual conference was held at NEOMED in October 2016 that was co-sponsored by the Portage County Health Department, Mental Health and Recovery Board of Portage County, and the Ohio Attorney Generals office.
- 2) The Portage Substance Abuse Community Coalition is actively discussing community awareness campaigns. WNIR has been contacted and a meeting will be held soon to see what awareness activities can be done with the local radio station. The Summit ADM Board is willing to have a meeting in 2017 to discuss mutual awareness campaigns that may include WKSU. Articles in the Record Courier are also being planned.
- 3) The Portage Substance Abuse Community Coalition has established three working committees (Prevention, Advocacy, and Treatment) that each have met twice.

Action Step: Increase treatment options for those with substance use disorders (Joel)

- 1) Townhall II has completed all physical renovations to its building and is getting close to opening a MAT clinic.
- 2) Coleman has a small Suboxone program for clients with both mental health and addiction issues and has recently increased its prescriptions of Vivitrol with an emphasis on individuals re-entering the community from the jail.
- 3) AxxessPointe is still planning to have a MAT program but needs to wait until it moves into a shared facility on Gougler Avenue with Family & Community Services.
- 4) UH Portage Medical Center opened in November 2016 a medical support service to treat people who are in active withdrawal that is individualized (e.g., abstinence, MAT). Summit Psychological Associates now has a Vivitrol program in their Ravenna offices.

Action Step: Increase the number of health care providers screening for drugs and alcohol (Joel)

- 1) To date, no baseline data has been collected on the number of health care providers that currently screen for drugs/alcohol. We need first to develop a list of primary care physicians in Portage County. Then we need to develop a very brief survey that asks each physician and/or practice if they are screening for depression (priority 2), substance use disorders (priority 3), if they accept Medicaid to increase access (priority 4), and if they need materials on nutrition to prevent obesity (priority 1). If they are screening for depression and/or substance abuse, we need to ask if they will share their measures/questions. If not, would they be interested in piloting a standardized screening measure in their practices.
- 2) Research screening tool: Current Ohio is providing free trainings on SBIRT (Screening, Brief Intervention and Referral to Treatment) that is a standardized national tool. We have at least one Portage county provider getting both basic SBIRT training and to become a SBIRT trainer.

Action Step: Advocate for substance abuse and criminal justice issues (Joel)

- 1) Through the newly formed Advocacy Committee with the Portage Substance Abuse Community Coalition, the plan is to organize methods for sharing information and call in/email campaigns to legislators. Joel and Karyn will be attending a "Legislators Day" in Columbus on 1/31/17 to meet

with local state representatives and senator to discuss the impact of substance use disorders in Portage County.

- 2) Portage currently has a certified Mental Health Specialized Docket in Portage County and any day will have a certified Specialized Drug Court. Coleman is actively involved in both courts to provide treatment for people to keep them from becoming re-incarcerated.
- 3) There is a proposal at the state level to only “suspend” and not terminate Medicaid coverage for people who become incarcerated. This will greatly help people re-instate their Medicaid coverage upon release from jail/prison and get immediate treatment rather than needing to wait for a month or more to get coverage for health services. Ultimate goal is to have Medicaid pay for treatment services in the jail but this is a much larger issue to achieve and involves the federal government with its rules and regulations.

Action Step: Implement and increase prevention programs (Karyn)

We formed a Prevention Committee of the Portage Substance Abuse Community Coalition and are working on these action steps that are outlined in the CHIP and other projects.

Members:

Alyce Jennings, Community; Becky Lehman, PCHD; Cathi Rufener, JFS; Frank Hairston, community; Gene Mills, MHRB; Greg McNeil, Cover2Resources; Jamie Sitko, MHRB; Joel Mowrey, MHRB; Karyn Hall, MHRB; Carly Frey, Kent Schools; Mim Cherrie, community; Sarah McCully, Townhall II; Peggy Chaffins, community; Susie Forgacs, PCHD; Susan White, Randolph Trustee; Thomas Romick, community.

The Prevention team at Townhall II and Karyn Hall at the Mental Health & Recovery Board are informing districts of our programming we offer free to the schools (funded by MHRB). We have added school districts and grade levels receiving the programming this year, and expect to schedule several more for spring2017.

List of schools participating in Too Good for Drugs and/or Project Alert for 2016-2017:

Crestwood: K Safetyland – Too Good for Drugs
Garfield: K & 3rd grade – Too Good for Drugs
Kent: 6th grade – Project Alert
Ravenna: K, 1, 3, 5 - Too Good for Drugs; 6th – Project Alert
Rootstown: 1st - Too Good for Drugs
Streetsboro: 3rd - Too Good for Drugs; 8th – Project Alert
Waterloo: K - Too Good for Drugs

Family Programs with Townhall II: Townhall II currently offers these programs for families.

Family Addiction Series: A 5 week free course to provide education and support for the family members and loved ones (adults and children) of individuals recovering from, or living with, addiction. Held at Townhall II in spring, summer, and fall.

Families First: A 6 week free course for families that focuses on appropriate parenting skill building such as positive discipline techniques, problem solving, self-esteem building, and understanding of child development, however there will also be an entire session devoted to substance abuse and misuse and the child groups will be doing the Too Good for Drugs after school curriculum each evening. The families will

engage in a free family dinner and family activity before the sessions begin to enforce family togetherness. The class was held in Aurora Craddock School in fall 2016 and will be held in Hiram during the spring 2017.

Upcoming events:

Hidden in Plain Sight, January 18 in Crestwood (hosted by Start Talking Portage)

Community Drug Awareness with Project Dawn Distribution, Feb 11 at NEOMED

Action step: Implement and increase harm reduction initiatives (Karyn)

Promoting the drug drop off locations: The committee divided up the pharmacies in Portage County and are dropping off our Prescription Medication Drop Off Boxes list and information cards. These cards should all be distributed by the end of January.