

# PORTAGE COUNTY



## Community Health Improvement Plan 2020-2022

# Priority #1: Mental Health, Substance Use and Addiction

**Strategy 1:** Assess, develop, and provide mental health resources to youth and adults in Portage County.

**Goal:** Improve mental health outcomes.

**Objective:** By December 31, 2022, decrease the percent of adults and youth feeling sad and hopeless by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Provide baseline for number of youths being assessed in the schools for mental health concerns.</p> <p>Develop awareness campaigns on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ resources for youth, colleges, and adults.</p>	December 31, 2020	Karyn Kravetz, Mental Health and Recovery Board	<p>Karyn: Coleman's First Star Academy Program at Kent State University for youth in foster care due to the opioid epidemic began October 2020. The student groups covered topics such as the importance of staying connected with others during the pandemic, embracing the changes of the upcoming holidays that are occurring due to the pandemic. A group for caregivers focused on self-care during the holidays and the pandemic. Mental Health First Aid classes held virtually this fall. 38 people received the training. Shared information about stress related to the pandemic and local resources through the Portage Safety Council, area food banks, and on social media during the holiday season. Coleman ran radio ads in September and October 2020 for suicide prevention.</p> <p>Janet: had a Mental Health First Aid session held for medical students. A few administrators were present too. Feedback that the material was for general public. Behavioral health consultant from Coleman is at each of the clinics. About 50% of the patients are engaged. In process of developing a MAT clinic. Hope to have it up and running in the next 3 to 6 months.</p> <p>Stephanie: Behavioral health counselor is continuing. Tele-counseling going well. FC will have a part time psychiatrist on site twice per month. This will start end of January.</p>

			Penny will work with Karyn and Bill Russell on working with primary care providers to incorporate assessment of mental health in regular visits.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

**Strategy 2: Screening for Adverse Childhood Experiences (ACEs) using a standardized tool.**

**Goal:** Improve behavioral health outcomes.

**Objective:** Implement ACEs screenings in five different Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Portage County Trauma Informed Care Collaboration will assess agencies, organizations, disciplines etc. who could benefit from implementation of the ACEs, provide training on ACEs implementation, and collect data on Portage County ACE outcomes.</p> <p>Adopt a community-wide <b>screening tool</b> for ACEs and target the screening towards those who serve economically disadvantaged and/or minority populations.</p> <p>Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.</p> <p>Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.</p> <p>Pilot the tool in at least one new entity.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual abuse, and violence through community awareness event.</p> <p>Hold one community awareness event on the prevention of traumatic experiences.</p>	<p>December 31, 2020</p>	<p>Nicole Thomas, Children's Advantage</p>	<p>NiCole: Portage resiliency is on hold. Talking with Portage DD to reconvene the project to start working on initiatives for the community.</p> <p>ACEs being implemented at Children's Advantage with children and parents. Working well in addressing trauma with the whole family.</p> <p>School counselors trained in trauma. All Children's Advantage counselors continue training.</p> <p>Children's Advantage continues to assess ACEs at diagnostic and included ACEs in the parent assessment as well. Parents are showing an increased number of ACEs that appear to directly impact their parenting. Children's Advantage trained 30 Field School District teachers on the impact of trauma on the brain and how to help the brain development and around 30 Juvenile Detention Center personnel on trauma and children's mental health issues.</p> <p>Stephanie and Bill: Coleman and AxxessPointe have a different screening tool they use.</p> <p>Megan: ACEs is being utilized in the behavioral health assessments at AxxessPointe.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>		
<p><b>Year 3:</b> Continue efforts from years 1 &amp; 2.</p>	<p>December 31, 2022</p>		

**Strategy 3:** Screening for suicide for patients 12 or older using a standardized tool 

**Goal:** Decrease suicide deaths.

**Objective:** Implement suicide screenings for patients 12 or older in five Portage County healthcare settings by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Introduce <b>C-SSRS</b> to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p>	<p>December 31, 2020</p>	<p>Bill Russell, Coleman</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>Karyn: C-SSRS training video to the police departments. Coleman's Suicide Care Pathway rolled out 11/15 including the use of the CSSRS Screener at every appointment. Clients with a positive screen for suicidal ideation on the Screener then receive a Columbia SAFE-T protocol screening to further determine need for full safety evaluation or prepare a collaborative safety plan and stay in the community with follow up. Suicide awareness and gun safety rack cards were mailed to a dozen gun distributors in Portage County with the help of a local gun store owner.</p> <p>Bill: Working on a zero-suicide pathway for the last two years. Similar to the Care Pathway model. Every client is screened at every session using the Columbia. Indication in chart for up to a year if you meet the risks. Rolled out in November. All clinical staff are required to be trained in this model. These are all evidence-based practices.</p> <p>Townhall II, UH Portage, AxessPointe all use the Columbia tool.</p>
<p><b>Year 2:</b> Evaluate and expand outcomes from year one.</p>	<p>December 31, 2021</p>		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Initiate conversations regarding the feasibility of integrating the screening tool into a system(s)-wide electronic medical record system.</p>	<p>December 31, 2022</p>		

**Strategy 4: Youth alcohol/other drug prevention and mental health programs**

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, decrease youth usage of e-cigarettes, alcohol, and marijuana by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p>	December 31, 2020	<p>Sarah McCully, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>Sarah: Started providing programs in high school and middle school level and working down to the younger grades. Creating lessons to be provided virtually.</p> <p>Kent Roosevelt, and Stanton, James A. Garfield, Streetsboro, Windham, Aurora, and Southeast using in Middle and/or high school.</p> <p>Aurora, Garfield, Southeast, Windham will be implementing the program in elementary schools.</p> <p>K-5: Too Good for Drugs 6-8: Project Alert 9-12: Too Good for Drugs</p> <p>Both programs are nationally accredited, and evidence based.</p> <p>Karyn: Townhall II delivered drug prevention lessons virtually to middle &amp; high school students in Aurora, James A Garfield, Kent, Southeast, Streetsboro, &amp; Windham in the fall of 2020.</p> <p>The Mental Health &amp; Recovery Board received federal funding from the State Opioid Response grant to provide early diversion services to adolescents who are at risk for developing substance abuse disorder. The project is projecting to serve at least 50 clients in the first year. Work will begin in 2021.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from year 2.</p>	December 31, 2022		

**Strategy 5: Community-based comprehensive plan to reduce alcohol and drug abuse****Goal:** Decrease substance use.**Objective:** Decrease adult excessive drinking and risky behaviors and raise awareness of the harmfulness of marijuana and e-cigarettes to adults by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p>	December 31, 2020	Karyn Kravetz, Mental Health and Recovery Board	Karyn: Held a virtual mini-conferences during Coalition meetings – open and promoted to the public.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

**Strategy 6:** Increase awareness and accessibility of treatment options for those with substance use disorder.

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, establish MAT resources and referrals systems in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on the number of Ohio jails that offer Medication Assisted Treatment (MAT) and at what capacity; including MAT upon release from jail.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Explore feasibility for continuing care programs in the schools and community.</p>	<p>December 31, 2020</p>	<p>Rob Young, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>Karyn: The Mental Health &amp; Recovery Board received federal funding from the State Opioid Response grant to expand medication-assisted treatment and peer recovery support services, initiate a new intensive home-based treatment team, and offer a family-centered group treatment for substance abuse. Work on these projects will begin in 2021. NEOCAP is planning to open at MAT clinic on campus in the spring.</p> <p>Bill: Intensive home-based treatment team-will be covered by Medicaid. 3 or more hours a week with family. 12 weeks of treatment. Integrated co-occurring treatment is part of it. Will be working with Center for Innovative Practices with Case Western Reserve. Clients will come from JFS and Coleman clients.</p> <p>NiCole: Working with developer of a family program. Provide services for the family unit-will bring everyone together as well as separate out as needed. Can be implemented virtually initially and then will move to in person when able. Impacts of addiction on the family unit. Will link to other resources and recovery centers in the community. Hoping to implement in the next few months.</p> <p>Janet: MAT should start in the next 3 to 6 months.</p> <p>Stephanie: Has a new MAT/CHW on site. Working with clients on MAT to get transportation, housing, etc. She is onsite Monday-Friday. She will be fulltime MAT/CHW soon. MAT clinic is busy. Four providers are working it part time. Suboxone and Vivitrol are used. Most Suboxone. The goal is to get the clients to Vivitrol.</p>



<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

<b>Strategy 7: Safe Communities campaign</b>			
<b>Goal:</b> Reduce drinking and driving.			
<b>Objective:</b> By December 31, 2022, host nine events per year focused on sober driving in Portage County.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)</p> <p>Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).</p>	December 31, 2020	Lynette Blasiman, Safe Communities Coalition	<p>Lynette via email: 4<sup>th</sup> quarter:            2 coalition meetings: November and December            2 Chief of Police meetings: October and December            1 Fatal Crash Review Board meeting: October – reviewed 2 crashes            Activities: material distribution, collaborative social media messages, radio interview/PSA's and Holiday PSA videos            People reached (public awareness goal)            October: 461,422            November: 131,305            December: 615,846            Total for 4<sup>th</sup> quarter: 1,208,573</p>
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

Strategy 8: Tobacco-free policies			
Goal: Decrease tobacco use.			
Objective: By December 31, 2022, implement tobacco-free policies in at least three Portage County multi-unit housing units and at least one school.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on which organizations, multi-unit housing facilities, schools parks, and other businesses currently have <b>tobacco-free policies</b>.</p> <p>Provide education to residents to assist with the transition of the multi-unit housing complexes to a tobacco-free policy.</p>	December 31, 2020	Mike Anguilano, Kent City Health Department	<p>Mike: Spread sheet created with current policies for some businesses.</p> <p>Want to focus on behavioral health centers to incorporate a smoke free policy.</p>
<p><b>Year 2:</b> Begin efforts to adopt tobacco-free policy in parks, fairgrounds, schools and other public locations.</p> <p>Implement a 100% tobacco-free policy in at least 1 Portage County School District.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts of years 1 and 2. Target 2 additional multi-unit housing complexes and additional school districts to adopt a tobacco-free housing policy.</p>	December 31, 2022		

Strategy 9: Links to cessation support			
Goal: Decrease tobacco use.			
Objective: By December 31, 2022, increase participation in tobacco cessation program(s) by 15%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p>	December 31, 2020	<p>Mike Anguilano, Kent City Health Department</p> <p>Ali Mitchell, Portage County Health District</p> <p>UH Portage Medical Center</p>	<p>Mike: Quit Line: Drop in calls to Quit Line. Campaign to increase call numbers will be forthcoming.</p> <p>Vaping Task Force working on point-of-sale policy to require cessation cards at all retailers in the City of Kent. Requires all point-of-sale retailers to have quit line materials. Will put to the Board of Health in Kent tonight.</p> <p>My Life, My Quit: States recommended program for students and vaping. Intent is to work with student led group at Kent Schools. Info may be posted at other community centers in the county.</p>

Investigate barriers to nicotine replacement therapy access.			Karyn: The Mental Health & Recovery Board received federal funding from the State Opioid Response grant to purchase Nicotine Replacement Therapies and pay for behavioral health counseling for clients with a Tobacco Use Disorder co-occurring with an opioid use or stimulant use disorder. Work will begin in 2021.
<b>Year 2:</b> Continue efforts of year 1. Look for opportunities to reduce out of pocket costs for cessation therapies. Ensure any new tobacco cessation programs are promoted.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

Strategy 10: Data sharing			
Goal: Increase data sharing among Portage County organizations.			
Objective: By December 31, 2022., create and implement a written plan that addresses data sharing for coordination and continuity of care among Portage County agencies.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p> <p>Aggregate data sharing is useful at the micro and macro level. At the micro level, providers need this information to effectively plan and implement care, especially in transitions from agency to agency, or level of care to the next. At the macro level, officials and administrators can use this data to make population health-level decisions about program effectiveness, risk areas, gaps in care. This information can also be helpful in requesting funding or making new collaboration decisions.</p>	December 31, 2020	<p>John Garrity, Mental Health and Recovery Board</p> <p>Bill Russell, Coleman</p>	<p>Karyn: Working with Kent State School of Public Health received a 5-year Drug Prevention SAMHSHA grant. They are compiling data with a computer science tracking program to monitor the substance use trends in Portage county by collecting data from Twitter, Instagram, and the dark web with geo location markers. They plan to release a dashboard in 2021. Crisis Intervention Team Coordinator are collecting data on the mental health calls police department respond to each month. AT this point, Streetsboro Police is submitting data. The coordinators are reaching out to the other county departments to ask them to participate.</p> <p>Megan: Plan to release a beta version of a dashboard within the year. The following year will release the full version of the dashboard.</p>
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

Discussion:

Karyn: COVID-19 is putting a weight on people’s mental health. Remember self-care as providers as well as our clients.

Note from Mary McCracken: Seeing more suicide gestures and attempts. Families are stressed with remote learning, loss of jobs, and feelings of isolation.

Help line received 239 primary COVID concerned calls in 2020. Secondary COVID calls was 469 calls in 200.

Carrell: promoting travel training for individuals virtually and in person. Taught a hybrid class on bus is still running. All routes are running. Ridership is down. Cleveland Express route is not running at this time.

## Priority #2: Chronic Disease

### Strategy 1: Food insecurity screening and referral

**Goal:** Reduce food insecurity.

**Objective:** Implement a food insecurity screening and referral in at least three additional Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Research the <b>2-item Food Insecurity (FI) Screening Tool</b>, or another screening tool, and determine the feasibility of implementing the food insecurity screening and referral program in another location.</p> <p>Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral. Address food insecurity as part of routine medical visits on an individual and systems-based level.</p> <p>Inform participating locations on existing community resources and referral options such as 2-1-1, WIC, SNAP, school nutrition programs, food pantries, and other resources.</p> <p>Implement the screening tool in at least one additional location with accompanying referral options and evaluation measures. Target screenings towards those who live in or serve economically disadvantaged populations.</p> <p>SOAR will screen patients to identify needs; follow-up resources are provided and tracked.</p>	December 31, 2020	<p>UH Portage Medical Center</p> <p>Janet Raber and Lacy Madison, NEOMED SOAR</p>	<p>Janet: incorporating social determinants of health screening with every visits. Struggle with the telemedicine visits. Looking at ways to formalize the visits to start with the screenings.</p> <p>SOAR has a medical student that is a dietician. She is seeing patients.</p> <p>Mindy: Food for Life program will be opening in January. Providers will do a questionnaire. If they are identified as needing food, they will be referred to the Food for Life program. Akron Food Bank provides a lot of the food. Prioritized the program with cardiologists and Ravenna Primary Care offices to pilot the program. Area provides a venue that the clients will feel like they are shopping. Referral will last 3 months. The person will work with a dietician. At this point, other providers cannot refer to. UH Portage is modeled off of the downtown UH system program.</p>
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2	December 31, 2022		

**Strategy 2: Nutrition prescriptions**

**Goal:** Increase fruit and vegetable consumption.

**Objective:** Implement nutrition prescription program in Portage County by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Research <b>nutrition prescription programs</b> and determine the feasibility of implementing them in local health care organizations.</p> <p>Explore the feasibility of creating a food pharmacy program that accepts nutrition prescriptions.</p>	December 31, 2020	<p>Stephanie Schulda, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p>	<p>Stephanie: Nutrition Prescription (Food is Medicine) program in Akron has done well.</p> <p>Mary Helen (AxessPointe): Started in 2020 with a large grant. Addresses chronic diseases. Started at Arlington Street, Akron. Found many patients shop at Dollar Stores. Works with Akron Canton Food Bank. Changed status as Food program keeping with food is medicine. Expanding to the Barberton location next. Screening of all patients for food insecurity takes place. Kent will be quarter two. Dollars are in place. Portage County is being served through the Arlington Food Bank.</p> <p>Janet: no updates</p>
<p><b>Year 2:</b> Explore funding opportunities for integrating nutrition prescription programs into primary care venues, such as hospital clinics and FQHCs.</p> <p>Partner with local farmers markets and discuss the possibility of redeeming nutrition prescriptions at participating markets.</p> <p>Continue efforts from year 1.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement nutrition prescription program in Portage County.</p>	December 31, 2022		

**Strategy 3:** Healthy eating practices through fostering self-efficacy

**Goal:** Increase fruit and vegetable consumption.

**Objective:** By December 31, 2022, at least one Cooking Matters class (per quarter) will be implemented in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Share Our Strength's <b>Cooking Matters</b> program through the Kent State University Nutrition Outreach Program.</p> <p>Work with at least one new organization, such as a school, senior center, or community center, to pilot an additional 6-week course of the Cooking Matters program. Offer the program to adults, youth, and families.</p> <p>Begin to implement Healthy MunchBunch in Portage County Schools with at least one new school to participate in the program. Healthy MunchBunch is a lunch time fruit and vegetable education program to increase fruits and vegetable consumption. Program will be measured by the change in fruit and vegetable consumption before and after program initiation.</p> <p>Measure knowledge gained through evaluations.</p> <p>Search for grants and funding opportunities to support efforts.</p>	December 31, 2020	Natalie Caine-Bish, Kent State University Nutrition Outreach Program	Natalie via email: no updates
<p><b>Year 2:</b> Continue efforts to implement at least one Cooking Matters class per quarter.</p> <p>Utilizing the <b>Cooking Matters at the Store framework</b>, conduct quarterly grocery store tours by a Registered Dietitian or Health Educator in grocery stores throughout the county.</p> <p>Measure knowledge gained through evaluations.</p> <p>Measure knowledge gained through evaluations.</p> <p>Continue to increase the number of schools each quarter participating in Healthy MunchBunch Programming.</p> <p>Continued work on finding grants and funding opportunities to support efforts.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Measure knowledge gained through evaluations</p>	December 31, 2022		

**Strategy 4: Prediabetes screening and referral**

**Goal:** Prevent diabetes in adults.

**Objective:** By December 31, 2022, increase the number of prediabetes screenings by 15%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Establish baseline for prediabetes screenings conducted in Portage County.</p> <p>Raise awareness of prediabetes screening, identification and referral through dissemination of the <b>Prediabetes Risk Assessment</b>.</p> <p>Promote free/reduced cost screening events within the county.</p>	December 31, 2020	<p>Stephanie Schulda, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p> <p>UH Portage Medical Center</p>	<p>Janet: Did a drive-thru flu vaccine clinic in November. Provided diabetes information (pre-diabetes screening tool). Use pre-diabetes screening tool for women who had diabetes/hypertension during pregnancy.</p> <p>Stephanie: Added a CHW in the MAT clinic. Will monitor patients with diabetes.</p> <p>Mindy: screening being implemented via phone. 41% of persons screened are prediabetic. Continue to do prediabetes screening. Allows for connection with PCP's. Virtual diabetes support groups and classes being held.</p> <p>Janet: Seeing an impact between COVID and hypoglycemia. Compound the issue with food insecurity and access to healthy food.</p> <p>Mindy: Will continue to monitor to see what the long-lasting effects with people who have had COVID and chronic disease.</p> <p>Mary Helen: Addressing fear with people who are afraid to leave their homes to get healthy foods.</p>
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		



**Strategy 5:** Hypertension screening and follow up

**Goal:** Promote hypertension management in adults.

**Objective:** By December 31, 2022, increase hypertension medication adherence by to 85%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Gather data on hypertension management interventions currently used in Portage County.</p> <p>Research barriers to medication adherence and best practices for hypertension management.</p> <p>Increase patient/community education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.</p>	December 31, 2020	UH Portage Medical Center	<p>Mindy: Difficult to manage virtually. Is providing counseling over the phone. Outpatient pharmacy has a low cost blood pressure machine available.</p> <p>Janet: Following guidelines from ACA, identifying patients with hypertension. If scheduled for in person or tele medicine call, a home blood pressure monitor and education is sent out. Education is low literacy and visually appealing. When received, a student contacts them and ensures the patient can use the monitor. 80% of patients who have identified high blood pressure have a home monitor.</p>
<p><b>Year 2:</b> Continue efforts from year 1. Increase awareness of hypertension screening, treatment, and follow up.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	December 31, 2022		

**Strategy 6: Increase awareness of nutrition/physical activity resources****Goal:** Decrease obesity.**Objective:** By December 31, 2022, increase the number of Portage County providers utilizing the resource guide by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to offer nutrition/physical activity resources to physicians and develop a local community resource for physician use when referring their patients. Include items such as cost and transportation options in the guide.</p> <ul style="list-style-type: none"><li>• Establish a list/network of Portage County healthcare providers and organizations that would benefit from having a healthy eating, activity living (HEAL) resource guide.</li><li>• Develop a marketing plan for the HEAL guide.</li></ul> <p>Develop and implement a sustainability plan to keep resources updated.</p>	December 31, 2020	Amy Lee, NEOMED	Amy: Movement on this project is on hold due to COVID-19.
<p><b>Year 2:</b> Continue efforts of year 1, including marketing and sustaining the guide. Implement the marketing plan so that at least 50% of the providers/organizations on the list are notified and have received information on the guide.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts of years 1 and 2, including marketing and sustaining the guide. Increase the number of stakeholders receiving information on the guide to 80%.</p>	December 31, 2022		

**Strategy 7: Prescriptions for health**

**Goal:** Increase participation and active engagement with parks and programs.

**Objective:** By December 31, 2022, increase participation in the Parks Rx program by 13% from the baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Parks Rx program in Portage County.</p> <p>Increase participation among mental health and addiction communities. Increase participation by 3% from baseline.</p>	<p>December 31, 2020</p>	<p>Andrea Metzler, Portage Park District</p>	<p>Andrea via email: Park Rx programming has been primarily halted due to the pandemic, however we continue to use the platform and nature (see what I did there) of the program to share information on the importance of being outside for your mental and physical health.</p> <p>We are hoping to once again connect with partners to hold a spring/summer session of park rx. Similar programs as before – yoga, mindfulness, health and wellness, group hikes.</p> <p>I am also hoping to connect with some of the mental health community members to see where our program fits their needs.</p> <p>Trail Lake Park opened in Nov 2020, and has since had over 11,000 visitors per our counter at the park! The park includes 1.62 miles of paved trail and 1.48 natural surface trail. While not directly park rx, it was certainly a great addition to our county at a much needed time.</p>
<p><b>Year 2:</b> Continue to monitor participation, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 8% from baseline.</p>	<p>December 31, 2021</p>		
<p><b>Year 3:</b> Continue efforts, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 13% from baseline.</p>	<p>December 31, 2022</p>		

**Strategy 8: Community gardens****Goal:** Increase fruit and vegetable accessibility.**Objective:** By December 31, 2022, maintain four community gardens in Portage County prioritizing food deserts.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Obtain baseline data regarding how many school districts, churches, and other community organizations currently have <b>community gardens</b> and where they are located, such as the Windham garden.</p> <p>Identify need for additional community gardens, focusing on food desert areas, and secure volunteers and/or Master Gardeners (ex: potential partnership with OSU Extension).</p>	December 31, 2020	UH Portage Medical Center	Mindy: continue to meet and plan for 2021. Additional Master Gardeners coming on board. Ready Set Grow collaboration led by KSU Public Health. Bringing the community gardens in the county together. Looking to expand into additional schools. Also looking into expanding into the recovery community. Let's Grow Together has a Facebook page.
<p><b>Year 2:</b> Research grants and funding opportunities to increase the number of community gardens. Develop a sustainability plan to maintain existing and future community gardens year-round.</p> <p>Market current and future community gardens within the county (i.e. location, offerings, etc.). Update the marketing information on an annual basis.</p> <p>Implement 1 new community garden.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from year 2. Implement 1 new community gardens.</p> <p>Explore partnership opportunities to educate community members and families on gardening and healthy eating practices.</p>	December 31, 2022		

**Strategy 9:** Shared use (joint use agreements) 

**Goal:** Increase physical activity.

**Objective:** Implement at least three shared-use agreements by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on how many Portage County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.).</p> <p>Create an inventory of known organizations that possess physical activity equipment, space, and other resources.</p>	December 31, 2020	Amy Lee, NEOMED	Movement on this project is on hold due to COVID-19.
<p><b>Year 2:</b> Collaborate with local organizations to create a proposal for a shared-use agreement.</p> <p>Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement at least 2 additional shared-use agreements for community use in Portage County.</p>	December 31, 2022		

**Strategy 10: Community fitness programs**

**Goal:** Increase physical activity.

**Objective:** By December 31, 2022, increase participation in organized physical activities by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to offer organized physical activities to adults, youth, and children. Obtain baseline data on the type, amount, and locations of organized physical activities in the county, and how many people participate.</p> <p>Identify the need for additional organized physical activities in specific locations. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from baseline.</p>	December 31, 2020	Jackie Smallridge, Sequoia Wellness	Jackie: no updates this quarter.
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Implement additional organized physical activities. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from year 1 baseline.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Increase participation in community fitness programs by 3% from year 2 baseline.</p>	December 31, 2022		

Clayton: Looked at funding source for food delivery. Will reach out to see if there is any other funding/grants that may be available in Portage County. Service goal is to incorporate fresh foods into the transportation system.

Janet: Library services at NEOMED has a Stark County grant for community engagement with resources. Will work to try and disperse resources out to the community. If you have a community or educational resource that we would like to catalog or distribute that resource.

Joe: COVID-19 vaccine rollout for phase 1B is for individuals with congenital conditions-Not underline chronic disease.

## Priority #3: Maternal, Infant, and Child Health

### Strategy 1: Reproductive health interventions

**Goal:** Increase sustainability of women's reproductive health and wellness services.

**Objective:** By December 31, 2022, implement a women's reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible residents.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Implement activities to support infrastructure and sustainability of a women's reproductive health and wellness program. Activities to include insurance of billing infrastructure, Medicaid enrollment, direct health care services (family planning and prevention services, STI testing, pregnancy testing, and referrals).	December 31, 2020	Rosemary Ferraro, Portage County Health District  Stephanie Schulda, AxessPointe	Stephanie: Title X grant-wrapping up ends with ODH. Exploring options for continuation of funding.  End of November: 556 patients in Title X in Kent.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

### Strategy 2: Home visiting programs that begin prenatally

**Goal:** Improve pregnancy and birth outcomes.

**Objective:** By December 31, 2022, implement a prenatal/postpartum home visiting program to reduce preterm birth, low birth weight, and infant mortality.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with local agencies and health care organizations to develop a home visiting program in Portage County that provides support to pregnant mothers to achieve healthier pregnancies and births and stronger child development to ensure babies reach their first birthdays.	December 31, 2020	Rosemary Ferraro, Portage County Health District	Joe: Project still on the Strategic Plan for PCHD. PCHD has a new public health nurse that has experience with this program.
<b>Year 2:</b> Continue efforts from year 1. Work with local agencies to identify and enroll pregnant women into the program.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

Strategy 3: Increase enrollment in WIC program			
Goal: Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants and children.			
Objective: By December 31, 2022, increase WIC enrollment by 20%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Conduct an assessment on WIC enrollment in the past 10 years and identify barriers to enrollment.</p> <p>Determine strategies to increase awareness and accessibility of WIC.</p>	December 31, 2020	Amy Cooper, WIC	<p>Amy: Many strategies on hold due to COVID. Being creative in getting education and messaging out. Serving clients curbside. Goal is to get clients in early to have an impact on chronic disease. Continuing to work on outreach.</p> <p>Heather: Would like to include WIC flyers in newborn packets and in the offices.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Implement strategies to increase awareness and accessibility of WIC.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>	December 31, 2022		

Strategy 4: Provide referrals/resources to all patients on health insurance access to ensure reproductive health care.			
Goal: Improve birth outcomes.			
Objective: By December 31, 2022, increase number of client referrals by 25%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with community health workers (CHWs), home visitors, or patient navigators to connect women of childbearing age to health insurance, resources, and a medical home.</p> <p>Identify and mitigate barriers to care.</p> <p>Establish baseline for client referrals</p>	December 31, 2020	Stephanie Schulda, Cinnamon Young, and Sara Russo, AxessPointe	<p>Stephanie: Still continuing CACs. The three CACs work from home and help people via phone. Open enrollment ended December 15<sup>th</sup>. AxessPointe ensures that all clients are hooked into the application counselors if needed.</p>
<p><b>Year 2:</b> Increase efforts from year 1.</p> <p>Increase client referrals by 25%.</p>	December 31, 2021		
<p><b>Year 3:</b> Increase efforts from years 1 and 2.</p>	December 31, 2022		



Strategy 5: Create and implement a Safe Kids Coalition plan			
Goal: Reduce child injury.			
Objective: By December 31, 2022, create and implement a plan with targeted activities for the Safe Kids coalition.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Safe Kids coalition.</p> <p>Work with coalition members to create a plan to guide coalition planning, outreach and activities. Include strategies such as Safe Route to School, Child Passenger Safety, Safe Sleep, etc.</p>	December 31, 2020	Ali Mitchell, Portage County Health District	<p>Ali: Safe Kids was stalled due to COVID. Gave out 63 pack n' plays through Akron Children's Rite Aid grant. Services provided through curbside. Starting the Cribs for Kids grant this month. Moms must be 32 weeks pregnant and WIC income eligible. A pre-approval process is implemented.</p> <p>Stephanie: Car seats and cribs are available at Kent location.</p>
<p><b>Year 2:</b> Continue efforts from year 1. Implement strategies from the Safe Kids Coalition plan</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Implement strategies from the Safe Kids Coalition plan.</p>	December 31, 2022		

Discussion:

Becky: All PCHD services are being offered curbside.

Joe: Connection between Amy and Mindy through the birth center for outreach. Amy reported that there is continued outreach through birth center.

# Cross-Cutting Strategies (Strategies that Address Multiple Priorities)

## Cross-Cutting Factor: Social Determinants of Health

Cross-Cutting Factor: Social Determinants of Health			
Strategy 1: Home improvement loans and grants			
Goal: Decrease severe housing problems.			
Objective: By December 31, 2022, increase the number residents obtaining home improvement loans or grants by 5%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with the Portage County Home Improvement Program to collect baseline data on the number of home improvement loans and grant opportunities available to Portage County residents, including local, state, and federal loans or grants.</p>	December 31, 2020	Brad Cromes, Portage County Treasurer	Brad via email: As to the home improvement program, we remain at status quo with that program. Interest rates are historically low, and as a result there is less incentive for folks to take advantage of that program (which essentially is an interest rate reduction program). Some funds remain available via Portage Community Bank and Middlefield Banking Company. We are continuing to look into a restructuring of this program to more closely align with similar programs offered by the Treasurer of State, which will leverage local dollars to potentially do more (across more areas of service, i.e. farm loans, small business loans, environmental upgrades and more). We hope to roll those changes out in Spring 2022.
<p><b>Year 2:</b> Create a marketing plan to promote the housing program to Portage County residents, targeting economically disadvantaged communities. Provide technical assistance to residents throughout the process of procuring a home improvement loan or grant.</p> <p>Work with the Portage County Home Improvement Program to collect baseline data on the number residents obtaining home improvement loans or grants.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Increase the number residents obtaining home improvement loans or grants by 5%.</p>	December 31, 2022		

**Cross-Cutting Factor: Social Determinants of Health****Strategy 2: Service-enriched housing****Goal:** Increase economic self-sufficiency.**Objective:** By December 31, 2022, increase PMHA client's ability to support their economic independence and stability.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local service providers, partner agencies and other community resources to provide support to public housing residents to achieve economic independence and stability through education, employment, and financial literacy programs.</p> <p>Assist public housing residents to address barriers with access to internet, transportation, and child care services.</p> <p>Serve 50 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2020	Carolyn Budd and Sabrina Moss, Portage Metropolitan Housing Authority	Carolyn: provided quarterly report. See notes below for quarterly report.
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2022		

**Cross-Cutting Factor: Social Determinants of Health** **Strategy 3:** Outreach to increase financial stability through free tax preparation services.**Goal:** Decrease poverty.**Objective:** By December 31, 2022, increase use of free tax preparation services available to Portage County residents.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Collaborate with county agencies, such as United Way, to increase awareness about the myfreetaxes.com program and how it can reduce the tax burden for low-to-moderate income working people, and who is eligible.	December 31, 2020	Maureen Gebhardt and Bill Childers, United Way	Maureen via email: Calls for taxes is still down. Expect it to pick up anytime now. Information on statistics for Portage County 211 calls can be found at <a href="https://summit.211counts.org/">https://summit.211counts.org/</a> . Weblink for MyFreeTaxes <a href="https://www.myfreetaxes.org/">https://www.myfreetaxes.org/</a>
<b>Year 2:</b> Continue efforts from year 1. Implement awareness strategies identified in Year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 1 and year 2.	December 31, 2022		

**Cross-Cutting Factor: Social Determinants of Health****Strategy 4: Financial literacy****Goal:** Decrease poverty.**Objective:** By December 31, 2022, offer multiple financial literacy classes throughout the year in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement financial literacy classes in Portage County.</p> <p>Expand the frequency of the classes and offer them annually. Target economically disadvantaged populations and schools.</p> <p>Provide Bridges Out of Poverty to 2 community agencies who serve individuals/families who live in households at or below poverty level.</p> <p>Provide 1 session of the Getting Ahead program to adult clients through the Children's Advantage Family Center.</p> <p>Provide 1 session1 of the R-Rules program through the Children's Advantage Family Center and in Portage County schools.</p>	December 31, 2020	<p>Brad Cromes, Portage County Treasurer</p> <p>Nicole Thomas, Children's Advantage</p>	<p>Karyn: Bridges Out of Poverty: R-Rules has been held once for the community and once for a private group home group. That group wrapped up in December. More are looking to be scheduled in 2021. Getting Ahead will convene when face to face groups can commence.</p> <p>Brad via email: As to the Financial Wellness Fair, we completed a successful virtual Fair in November 2020. We had more participation than ever before, with more than 1,600 viewers joining us via Facebook and YouTube. We intend to incorporate a virtual participation option in future versions of the Fair, and are now evaluating responses from our presenters and attendees to shape the 2021 version of the event.</p>
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2	December 31, 2022		

**Cross-Cutting Factor: Social Determinants of Health** 

**Strategy 5: Increase transportation through a county transportation plan.**

**Goal:** Increase access to transportation.

**Objective:** By December 31, 2022, create a strategic plan to address transportation needs.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with members of the Access to Care Coalition to review the 2018 transportation assessment and identify themes, needs and barriers.	December 31, 2020	Mandy Berardinelli, Ohio Means Jobs	No updates reported.
<b>Year 2:</b> Continue efforts from year 1. Work with members of the Access to Care Coalition to create a strategic plan to address transportation needs, as well as lack of awareness of current transportation opportunities.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2. Implement strategies from the strategic plan and conduct another transportation assessment.	December 31, 2022		

## Cross-Cutting Factor: Healthcare System and Access

Cross-Cutting Factor: Healthcare System and Access			
Strategy 1: School-based health centers (SBHC)			
Goal: Increase access to health care.			
Objective: By December 31, 2022, pilot a SBHC in at least one Portage County school district.			
Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Research <u>school-based health centers</u> (SBHC) and explore the feasibility of implementing one in Portage County.	December 31, 2020	Randy Griffith, Maplewood Career Center	Randy via email: Our UH partnership began last school year. We worked for six months to determine the terms of our agreement for a school based clinic at Maplewood. We built a clinic exam room in our nurses office. Since October we have had a pediatrician and OBGYN visit the school weekly. Each visits on a different day for four hours. Our student participation is picking up. Last Thursday five student were seen.
<b>Year 2:</b> Pilot a school-based health center within at least one school in Portage County.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

<b>Cross-Cutting Factor: Healthcare System and Access</b>			
<b>Strategy 2: Health transportation outreach</b>			
<b>Goal: Increase access to transportation.</b>			
<b>Objective: By December 31, 2022, expand transportation training to organizations serving Portage County residents.</b>			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue collaborating for annual all-day health transportation training to local organizations.</p> <p>Collaborate to create condensed version of annual training to increase staff trained.</p>	December 31, 2020	<p>Clayton Popik, PARTA</p> <p>Christine Herra, Job and Family Services</p>	Clayton: Looked at funding source for food delivery. Will reach out to see if there is any other funding/grants that may be available in Portage County. Service goal is to incorporate fresh foods into the transportation system.
<b>Year 2:</b> Pilot condensed training to 3 organizations.	December 31, 2021	Karen Towne, Portage County Health District	
<b>Year 3:</b> Expand efforts from year 2.	December 31, 2022		

<b>Cross-Cutting Factor: Healthcare System and Access</b>			
<b>Strategy 3: Health insurance enrollment and outreach</b>			
<b>Goal: Increase health insurance enrollment.</b>			
<b>Objective: Enroll 15% of identified uninsured residents into a health insurance option by December 31, 2022.</b>			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Coordinate with community agencies to identify uninsured residents.</p> <p>Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicare, Medicaid, or another health insurance option.</p> <p>Enroll 5% of identified uninsured residents into a health insurance option.</p>	December 31, 2020	Stephanie Schulda/ Cinnamon Young, AxessPointe	No updates reported.
<b>Year 2:</b> Continue efforts from year 1. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2022		



**Cross-Cutting Factor:** Healthcare System and Access 

**Strategy 4:** Expand SOAR Student-Run Free Clinic

**Goal:** Increase access to health care.

**Objective:** December 31, 2022, increase the number of days the SOAR Free Clinic is open to a total of six (6) days per month.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue to implement the SOAR Free Clinic. Expand hours of the SOAR clinic from three to four Saturdays each month.  Promote health services of SOAR in underserved communities.	December 31, 2020	Janet Raber and Lacy Madison, SOAR	Janet: SOAR clinic continues.
<b>Year 2:</b> Continue efforts of year 1. Expand services with integration of Behavioral Health Counseling from Coleman at the clinics.  Expand Social Determinants of Health screening and referral and tracking.  Investigate the feasibility of Telemedicine.  Investigate the feasibility of EMR.  Add Physician Assistant Students from University of Mount Union to participate in clinic visits.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.  Purchase equipment, develop curriculum/training and pilot Telemedicine at SOAR  Provide specialty clinic days, once a month  Develop a referral base for diagnostics and specialties at free or reduced cost.	December 31, 2022		

## Cross-Cutting Factor: Health Equity

Cross-Cutting Factor: Health Equity			
Strategy 1: Implicit bias training			
Goal: Decrease discrimination.			
Objective: By December 31, 2022, implement at least one implicit bias training per quarter.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local stakeholders to create a formal implicit bias training detailing the association between implicit bias and inequity.</p> <p>Pilot the training in one location, such as a school, church, healthcare organization, local business or social service agency. Evaluate the training and make necessary changes.</p>	December 31, 2020	Mike Thompson, Family and Community Services	No updates.
<p><b>Year 2:</b> Continue efforts from year 1. Implement the training at least once per quarter.</p>	December 31, 2021		
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Implement the training at least once per quarter.</p>	December 31, 2022		

Portage County Health District  
 CHIP: Year 2020  
 PMHA

Quarter 4 Update

SERVICE CATEGORIES	RESIDENTS SERVED (By Quarter & Service Category)*			
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
Food Assistance (general needs)	15	17	57	58
Food Assistance (COVID-19 related needs)	39	39	39	39
MighyPack Program weekend food (for youth)	26	26	26	26
Youth homework assistance & literacy	9	13	15	15
Passages program referrals	7	7	7	7
Transportation assistance or referrals	3	9	14	17
Health informational meeting attendees	18	18	18	18
GED/HSE Services	4	4	4	5
GED/HSE program referrals	0	0	0	25
Utilities assistance	1	1	1	1
Clothing assistance	1	1	1	1
Household goods assistance	1	1	1	1
Housing retention services & referrals	1	1	1	18
Household cleaning/sanitizing supplies (COVID-19)	0	41	59	59
Household masks & hand sanitizer distribution	0	180	206	213
Homeownership service referrals	0	1	1	1
Imagination Library referrals	0	1	1	1
Small business resources referral	0	1	1	1
Summer Food Service Programs (SFSP) for youth	0	126	126	126
Extended SFSP for youth	0	0	0	17
Innovation Food Service Program for elderly	0	17	17	17
Childcare referrals	0	4	4	4
Financial literacy assistance & referrals	0	0	1	26

Health & wellness activities for elderly/disabled (e/d)	0	0	70	70
Direction Home's "Stay Healthy" program referrals for e/d	0	0	0	53
Direction Home wellness kit distribution for e/d	0	0	0	82
Akron Children's Hospital safety & fun kit distribution	0	0	66	66
Akron Children's Hospital hygiene kit distribution	0	0	0	18
School supplies & backpacks distribution	0	0	23	23
Good neighbor meeting attendees (adults)	0	0	18	18
Post-secondary education assistance	0	0	0	2
Employment referrals	0	0	0	25
PMHA's adopt-a-child for Christmas	0	0	0	34 youth in 15 households
Christmas signups referrals to Salvation Army	0	0	0	18
Home Instead's "Be a Santa to a Senior" program participants	0	0	0	54
WIC information distribution	0	0	0	25
Care seat safety and safe sleep information distribution	0	0	0	25
	<b>QUARTER 1</b>	<b>QUARTER 1 + QUARTER 2</b>	<b>QUARTER 1 + QUARTER 2 + QUARTER 3</b>	<b>QUARTERS 1, 2, 3, &amp; 4 (Grand Total for the Year)</b>
<b>Unduplicated Residents Served**</b>	<b>66</b>	<b>180</b>	<b>199</b>	<b>218</b>

\* Many households receive ongoing assistance over the course of the year. Due to this, the "Total Residents Served" in each quarter is a compounding number, and Quarter 4 will reflect the grand total number of unduplicated residents served in each service category for the entire year.

\*\* Many household have received a variety of services, under more than one service category. Therefore, the "Unduplicated Residents Served" row is **not** a sum of each column.

