

PORTAGE COUNTY



Community Health Improvement Plan 2020-2022

Priority #1: Mental Health, Substance Use and Addiction

Strategy 1: Assess, develop, and provide mental health resources to youth and adults in Portage County.

Goal: Improve mental health outcomes.

Objective: By December 31, 2022, decrease the percent of adults and youth feeling sad and hopeless by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Provide baseline for number of youths being assessed in the schools for mental health concerns.</p> <p>Develop awareness campaigns on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ resources for youth, colleges, and adults.</p>	December 31, 2020		
<p>Year 2: Continue efforts from year 1.</p>	December 31, 2021	Karyn Kravetz, Mental Health and Recovery Board	<p>Coleman was awarded almost \$4mil dollars to become a CCBHC demonstration site from SAMHSA. As part of this, we will be implementing over the next several months a Mobile Crisis program and a certified ACT Team.</p> <p>Coleman also is recruiting for, and close to hiring, a Crisis Specialist to being performing after-the-fact outreach to community members who have contact with Law Enforcement but are not arrested or placed on an involuntary hold. This will function somewhat similarly to our Recovery Outreach program</p> <p>MHRB joined the Health & Wellness work group for the Greater Akron LGBTQ+ Community Needs Assessment led by a Kent State Public Health researcher.</p> <p>Shared crisis text, Portage Helpline, and stress and depression information at Health District vaccine clinics and area food pantries.</p>

Year 3: Continue efforts from years 1 and 2.	December 31, 2022		
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Strategy 2: Screening for Adverse Childhood Experiences (ACEs) using a standardized tool.

Goal: Improve behavioral health outcomes.

Objective: Implement ACEs screenings in five different Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Portage County Trauma Informed Care Collaboration will assess agencies, organizations, disciplines etc. who could benefit from implementation of the ACEs, provide training on ACEs implementation, and collect data on Portage County ACE outcomes.</p> <p>Adopt a community-wide screening tool for ACEs and target the screening towards those who serve economically disadvantaged and/or minority populations.</p> <p>Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.</p> <p>Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.</p> <p>Pilot the tool in at least one new entity.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual abuse, and violence through community awareness event.</p>	December 31, 2020	Nicole Thomas, Children's Advantage	.

Hold one community awareness event on the prevention of traumatic experiences.			
Year 2: Continue efforts from year 1.	December 31, 2021		The Portage Resiliency Coalition resumed meeting in 2021. A trauma training is being planned for the fall. The group is also exploring Ohio's Handle with Care Model for implementation.
Year 3: Continue efforts from years 1 & 2.	December 31, 2022		

Strategy 3: Screening for suicide for patients 12 or older using a standardized tool

Goal: Decrease suicide deaths.

Objective: Implement suicide screenings for patients 12 or older in five Portage County healthcare settings by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Introduce C-SSRS to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p>	December 31, 2020	Bill Russell, Coleman	
Year 2: Evaluate and expand outcomes from year one.	December 31, 2021	Karyn Kravetz, Mental Health and Recovery Board	<p>CSSRS training provided to 44 Kent City law enforcement officers through the CIT Refresher training provided by Josh Bartholomew in March.</p> <p>Suicide awareness and gun safety rack cards and gun locks were distributed at the Portage Sportsman Dinner.</p>
<p>Year 3: Continue efforts from years 1 and 2.</p> <p>Initiate conversations regarding the feasibility of integrating the screening tool into a system(s)-wide electronic medical record system.</p>	December 31, 2022		

Strategy 4: Youth alcohol/other drug prevention and mental health programs

Goal: Decrease substance use.

Objective: By December 31, 2022, decrease youth usage of e-cigarettes, alcohol, and marijuana by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p>	December 31, 2020	<p>Sarah McCully, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	
<p>Year 2: Continue efforts from year 1.</p>	December 31, 2021		<p>Townhall II is continuing drug prevention lessons virtually and working with the high school students on their youth led projects. Staff is being trained in Signs of Suicide, a mental health/suicide prevention curriculum to implement next school year.</p> <p>Townhall II is preparing for a youth 6-week summer camp that will take place in Windham. Sessions to be included on Substance Use and Abuse Prevention, Recreational Therapy (alternatives to substance use) and Life Skills and Violence Prevention.</p>
<p>Year 3: Continue efforts from year 2.</p>	December 31, 2022		

Strategy 5: Community-based comprehensive plan to reduce alcohol and drug abuse

Goal: Decrease substance use.

Objective: Decrease adult excessive drinking and risky behaviors and raise awareness of the harmfulness of marijuana and e-cigarettes to adults by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p>	December 31, 2020	Karyn Kravetz, Mental Health and Recovery Board	
<p>Year 2: Continue efforts from year 1.</p>	December 31, 2021		<p>Stats from the Prosecutor's office: 2019 = 1176 OVI cases in Portage County 2020 = 908 OVI cases in Portage County 2019 = 827 felony drug related cases. 2020 = 592 felony drug related cases</p>
<p>Year 3: Continue efforts from year 2.</p>	December 31, 2022		

Strategy 6: Increase awareness and accessibility of treatment options for those with substance use disorder.

Goal: Decrease substance use.

Objective: By December 31, 2022, establish MAT resources and referrals systems in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Collect baseline data on the number of Ohio jails that offer Medication Assisted Treatment (MAT) and at what capacity; including MAT upon release from jail.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Explore feasibility for continuing care programs in the schools and community.</p>	December 31, 2020	Rob Young, Townhall II Karyn Kravetz, Mental Health and Recovery Board	
<p>Year 2: Continue efforts from year 1.</p>	December 31, 2021		In 2020, Coleman started approximately 11 people in jail on oral naltrexone and had 15 jail clients transition to their medication-assisted treatment program after release.
<p>Year 3: Continue efforts from year 2.</p>	December 31, 2022		

Strategy 7: Safe Communities campaign**Goal:** Reduce drinking and driving.**Objective:** By December 31, 2022, host nine events per year focused on sober driving in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.) Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).	December 31, 2020		
Year 2: Continue efforts from year 1.	December 31, 2021	Lynette Blasiman, Safe Communities Coalition	Lynette: In 2020, there were 13 fatal crashes, and more than half involved drugs or alcohol. First fatal crash was May 1, 2020. Trends from first quarter 2021 – 2 fatal crashes, but neither involved drugs/alcohol. Both occurred on SR 14 and older drivers. ODOT to study both crashes. Safe Communities will receive increased grant funding due to the increase in fatal crashes over the past three years. Community collaborations provide a unified message.
Year 3: Continue efforts from year 2.	December 31, 2022		

Strategy 8: Tobacco-free policies**Goal:** Decrease tobacco use.**Objective:** By December 31, 2022, implement tobacco-free policies in at least three Portage County multi-unit housing units and at least one school.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collect baseline data on which organizations, multi-unit housing facilities, schools parks, and other businesses currently have tobacco-free policies . Provide education to residents to assist with the transition of the multi-unit housing complexes to a tobacco-free policy.	December 31, 2020	Mike Anguilano, Kent City Health Department	
Year 2: Begin efforts to adopt tobacco-free policy in parks, fairgrounds, schools and other public locations. Implement a 100% tobacco-free policy in at least 1 Portage County School District.	December 31, 2021		Mike: Will reach out to Portage Parks regarding Tobacco-Free Parks policy. It is challenging to access schools but hopefully programming and partnerships can resume next fall. Hope for at least one school district to adopt NEOLA Policy.
Year 3: Continue efforts of years 1 and 2. Target 2 additional multi-unit housing complexes and additional school districts to adopt a tobacco-free housing policy.	December 31, 2022		

Strategy 9: Links to cessation support

Goal: Decrease tobacco use.

Objective: By December 31, 2022, increase participation in tobacco cessation program(s) by 15%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p>	December 31, 2020		
<p>Year 2: Continue efforts of year 1. Look for opportunities to reduce out of pocket costs for cessation therapies. Ensure any new tobacco cessation programs are promoted.</p>	December 31, 2021		<p>Mike: PARTA bus signs through June - COVID/Smoking linkage, offer Ohio Quit Line number. Interior bus signs provide e-cigarette educational messaging. Social Media messaging continues. My Life My Quit resource sent to schools.</p> <p>New ordinance requires all tobacco vendors and retailers to post Ohio Quit Line at point of sale</p> <p>Ali: No tobacco cessation classes have been offered. Very little interest, although PCHD can offer virtual classes upon request. Attended Kent Vaping Task Force (virtual meeting) in January.</p> <p>Townhall II programming related to health equity and tobacco cessation to begin in July (mini grant)</p>
<p>Year 3: Continue efforts of years 1 and 2.</p>	December 31, 2022		

Strategy 10: Data sharing**Goal:** Increase data sharing among Portage County organizations.**Objective:** By December 31, 2022., create and implement a written plan that addresses data sharing for coordination and continuity of care among Portage County agencies.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p> <p>Aggregate data sharing is useful at the micro and macro level. At the micro level, providers need this information to effectively plan and implement care, especially in transitions from agency to agency, or level of care to the next. At the macro level, officials and administrators can use this data to make population health-level decisions about program effectiveness, risk areas, gaps in care. This information can also be helpful in requesting funding or making new collaboration decisions.</p>	December 31, 2020	John Garrity, Mental Health and Recovery Board Bill Russell, Coleman	
Year 2: Continue efforts from year 1.	December 31, 2021		No update. Data will be available at next meeting
Year 3: Continue efforts of years 1 and 2.	December 31, 2022		

Priority #2: Chronic Disease


Strategy 1: Food insecurity screening and referral

Goal: Reduce food insecurity.

Objective: Implement a food insecurity screening and referral in at least three additional Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Research the 2-item Food Insecurity (FI) Screening Tool, or another screening tool, and determine the feasibility of implementing the food insecurity screening and referral program in another location.</p> <p>Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral. Address food insecurity as part of routine medical visits on an individual and systems-based level.</p> <p>Inform participating locations on existing community resources and referral options such as 2-1-1, WIC, SNAP, school nutrition programs, food pantries, and other resources.</p> <p>Implement the screening tool in at least one additional location with accompanying referral options and evaluation measures. Target screenings towards those who live in or serve economically disadvantaged populations.</p> <p>SOAR will screen patients to identify needs; follow-up resources are provided and tracked.</p>	December 31, 2020	<p>UH Portage Medical Center</p> <p>Janet Raber and Lacy Madison, NEOMED SOAR</p>	
<p>Year 2: Continue efforts from year 1.</p>	December 31, 2021		<p>Mindy: Food For Life Market opened in January. Primary Care physicians and Cardiology refer patients that screen positive for food insecurity. During first quarter, 28 households (59 individuals) were served. Food is provided through a contract with Akron Canton Regional Food Bank. Outpatient Dietitian is also screening for food insecurity and making referrals. 24 screenings completed first quarter and five were referred to Food for Life by Dietitian. Hope for increased funding and expansion in the future.</p>

Year 3: Continue efforts from years 1 and 2	December 31, 2022		
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Strategy 2: Nutrition prescriptions 			
Goal: Increase fruit and vegetable consumption.			
Objective: Implement nutrition prescription program in Portage County by December 31, 2022.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Research nutrition prescription programs and determine the feasibility of implementing them in local health care organizations.</p> <p>Explore the feasibility of creating a food pharmacy program that accepts nutrition prescriptions.</p>	December 31, 2020	<p>Stephanie Schulda, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p>	
<p>Year 2: Explore funding opportunities for integrating nutrition prescription programs into primary care venues, such as hospital clinics and FQHCs.</p> <p>Partner with local farmers markets and discuss the possibility of redeeming nutrition prescriptions at participating markets.</p> <p>Continue efforts from year 1.</p>	December 31, 2021		No updates
<p>Year 3: Continue efforts from years 1 and 2.</p> <p>Implement nutrition prescription program in Portage County.</p>	December 31, 2022		

Strategy 3: Healthy eating practices through fostering self-efficacy

Goal: Increase fruit and vegetable consumption.

Objective: By December 31, 2022, at least one Cooking Matters class (per quarter) will be implemented in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Continue to implement the Share Our Strength's Cooking Matters program through the Kent State University Nutrition Outreach Program.</p> <p>Work with at least one new organization, such as a school, senior center, or community center, to pilot an additional 6-week course of the Cooking Matters program. Offer the program to adults, youth, and families.</p> <p>Begin to implement Healthy MunchBunch in Portage County Schools with at least one new school to participate in the program. Healthy MunchBunch is a lunch time fruit and vegetable education program to increase fruits and vegetable consumption. Program will be measured by the change in fruit and vegetable consumption before and after program initiation.</p> <p>Measure knowledge gained through evaluations.</p> <p>Search for grants and funding opportunities to support efforts.</p>	December 31, 2020	Natalie Caine-Bish, Kent State University Nutrition Outreach Program	
<p>Year 2: Continue efforts to implement at least one Cooking Matters class per quarter.</p> <p>Utilizing the Cooking Matters at the Store framework, conduct quarterly grocery store tours by a Registered Dietitian or Health Educator in grocery stores throughout the county.</p> <p>Measure knowledge gained through evaluations.</p> <p>Measure knowledge gained through evaluations.</p> <p>Continue to increase the number of schools each quarter participating in Healthy MunchBunch Programming.</p> <p>Continued work on finding grants and funding opportunities to support efforts.</p>	December 31, 2021		No updates.
<p>Year 3: Continue efforts from years 1 and 2.</p> <p>Measure knowledge gained through evaluations</p>	December 31, 2022		

Strategy 4: Prediabetes screening and referral**Goal:** Prevent diabetes in adults.**Objective:** By December 31, 2022, increase the number of prediabetes screenings by 15%.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Establish baseline for prediabetes screenings conducted in Portage County. Raise awareness of prediabetes screening, identification and referral through dissemination of the Prediabetes Risk Assessment . Promote free/reduced cost screening events within the county.	December 31, 2020	Stephanie Schulda, AxessPointe Janet Raber, NEOMED SOAR UH Portage Medical Center	
Year 2: Continue efforts from year 1.	December 31, 2021		Mindy: Prediabetes screening completed on 11 individuals at a hospital event and 50% were prediabetic. Provided education and information on prediabetes to 43 individuals. Jackie: Sequoia will expand Diabetes Prevention Program to Prevention Works and will include all chronic diseases. Program will begin in May and will include a nutrition component by Registered Dietitian and small group personal training.
Year 3: Continue efforts of years 1 and 2.	December 31, 2022		

Strategy 5: Hypertension screening and follow up

Goal: Promote hypertension management in adults.

Objective: By December 31, 2022, increase hypertension medication adherence by to 85%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Gather data on hypertension management interventions currently used in Portage County.</p> <p>Research barriers to medication adherence and best practices for hypertension management.</p> <p>Increase patient/community education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.</p>	December 31, 2020	UH Portage Medical Center	
<p>Year 2: Continue efforts from year 1. Increase awareness of hypertension screening, treatment, and follow up.</p>	December 31, 2021		Mindy: Provided information during Heart Month to 128 attendees (informational tables within hospital). Unable to perform blood pressure screenings at this time. Outpatient Pharmacy offers affordable BP monitors for patients to use at home.
<p>Year 3: Continue efforts of years 1 and 2.</p>	December 31, 2022		

Strategy 6: Increase awareness of nutrition/physical activity resources

Goal: Decrease obesity.

Objective: By December 31, 2022, increase the number of Portage County providers utilizing the resource guide by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Continue to offer nutrition/physical activity resources to physicians and develop a local community resource for physician use when referring their patients. Include items such as cost and transportation options in the guide.</p> <ul style="list-style-type: none"> Establish a list/network of Portage County healthcare providers and organizations that would benefit from having a healthy eating, activity living (HEAL) resource guide. Develop a marketing plan for the HEAL guide. <p>Develop and implement a sustainability plan to keep resources updated.</p>	December 31, 2020	Amy Lee, NEOMED	
<p>Year 2: Continue efforts of year 1, including marketing and sustaining the guide. Implement the marketing plan so that at least 50% of the providers/organizations on the list are notified and have received information on the guide.</p>	December 31, 2021		Amy Lee: A listing of providers that received signage and link was provided. Student identified 24 primary care offices, and 71% received the guide and supporting materials. Information shared with Mindy Gusz for distribution to UH Network physicians.
<p>Year 3: Continue efforts of years 1 and 2, including marketing and sustaining the guide. Increase the number of stakeholders receiving information on the guide to 80%.</p>	December 31, 2022		

Strategy 7: Prescriptions for health**Goal:** Increase participation and active engagement with parks and programs.**Objective:** By December 31, 2022, increase participation in the Parks Rx program by 13% from the baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement the Parks Rx program in Portage County. Increase participation among mental health and addiction communities. Increase participation by 3% from baseline.	December 31, 2020	Andrea Metzler, Portage Park District	
Year 2: Continue to monitor participation, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 8% from baseline.	December 31, 2021		Andrea via email: We are working on bringing back limited in person programming to all of our programs including Park Rx. We have hired a PT Education Specialist who will assist in getting additional programs implemented as well as work with volunteers so we can grow our education offerings. We continue to offer a variety of ways to engage including podcasts for mindfulness hikes, yoga, guided hikes and more. Benches have been added at Trail Lake Park and Morgan Park – making it easier for those with lower mobility to visit the parks and work on their daily movement goals.
Year 3: Continue efforts, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 13% from baseline.	December 31, 2022		

Strategy 8: Community gardens**Goal:** Increase fruit and vegetable accessibility.**Objective:** By December 31, 2022, maintain four community gardens in Portage County prioritizing food deserts.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Obtain baseline data regarding how many school districts, churches, and other community organizations currently have community gardens and where they are located, such as the Windham garden.</p> <p>Identify need for additional community gardens, focusing on food desert areas, and secure volunteers and/or Master Gardeners (ex: potential partnership with OSU Extension).</p>	December 31, 2020	UH Portage Medical Center	
<p>Year 2: Research grants and funding opportunities to increase the number of community gardens. Develop a sustainability plan to maintain existing and future community gardens year-round.</p> <p>Market current and future community gardens within the county (i.e. location, offerings, etc.). Update the marketing information on an annual basis.</p> <p>Implement 1 new community garden.</p>	December 31, 2021		<p>Mindy: Community garden volunteers and advocates participating in Let's Grow Together Coalition started by KSU College of Public Health professor and students https://www.facebook.com/LetsGrowTogetherOH/</p> <p>Goal is to increase funding through donations and grants to expand and sustain Portage County community gardens. Currently gardens are located at Renaissance Center and Walls Elementary. The Haven will also have a garden.</p>
<p>Year 3: Continue efforts from year 2. Implement 1 new community gardens.</p> <p>Explore partnership opportunities to educate community members and families on gardening and healthy eating practices.</p>	December 31, 2022		

Strategy 9: Shared use (joint use agreements)

Goal: Increase physical activity.

Objective: Implement at least three shared-use agreements by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Collect baseline data on how many Portage County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.).</p> <p>Create an inventory of known organizations that possess physical activity equipment, space, and other resources.</p>	December 31, 2020	Amy Lee, NEOMED	
<p>Year 2: Collaborate with local organizations to create a proposal for a shared-use agreement.</p> <p>Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters.</p>	December 31, 2021		Amy Lee: The health department was asked to agree on a boiler-plate agreement for organizations to view.
<p>Year 3: Continue efforts from years 1 and 2.</p> <p>Implement at least 2 additional shared-use agreements for community use in Portage County.</p>	December 31, 2022		

Strategy 10: Community fitness programs

Goal: Increase physical activity.

Objective: By December 31, 2022, increase participation in organized physical activities by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Continue to offer organized physical activities to adults, youth, and children. Obtain baseline data on the type, amount, and locations of organized physical activities in the county, and how many people participate.</p> <p>Identify the need for additional organized physical activities in specific locations. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from baseline.</p>	December 31, 2020	Jackie Smallridge, Sequoia Wellness	
<p>Year 2: Continue efforts from year 1. Implement additional organized physical activities. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from year 1 baseline.</p>	December 31, 2021		Jackie: creating survey to send to local gyms, fitness facilities, parks and recreation programs to determine what activities are being offered now and in the future. The hope is that agencies can partner to offer programming in the future. Sequoia would like to partner with Portage Park District for their hike and walking club. Plan to offer small groups. Also increased planning with local senior centers.
<p>Year 3: Continue efforts from years 1 and 2. Increase participation in community fitness programs by 3% from year 2 baseline.</p>	December 31, 2022		

Priority #3: Maternal, Infant, and Child Health

Strategy 1: Reproductive health interventions

Goal: Increase sustainability of women's reproductive health and wellness services.

Objective: By December 31, 2022, implement a women's reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible residents.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Implement activities to support infrastructure and sustainability of a women's reproductive health and wellness program. Activities to include insurance of billing infrastructure, Medicaid enrollment, direct health care services (family planning and prevention services, STI testing, pregnancy testing, and referrals).	December 31, 2020	Rosemary Ferraro, Portage County Health District	
Year 2: Continue efforts from year 1.	December 31, 2021	Stephanie Schulda, AxessPointe	No updates
Year 3: Continue efforts from years 1 and 2.	December 31, 2022		

Strategy 2: Home visiting programs that begin prenatally

Goal: Improve pregnancy and birth outcomes.

Objective: By December 31, 2022, implement a prenatal/postpartum home visiting program to reduce preterm birth, low birth weight, and infant mortality.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Work with local agencies and health care organizations to develop a home visiting program in Portage County that provides support to pregnant mothers to achieve healthier pregnancies and births and stronger child development to ensure babies reach their first birthdays.	December 31, 2020	Rosemary Ferraro, Portage County Health District	
Year 2: Continue efforts from year 1. Work with local agencies to identify and enroll pregnant women into the program.	December 31, 2021		No updates
Year 3: Continue efforts from years 1 and 2.	December 31, 2022		

Strategy 3: Increase enrollment in WIC program			
Goal: Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants and children.			
Objective: By December 31, 2022, increase WIC enrollment by 20%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Conduct an assessment on WIC enrollment in the past 10 years and identify barriers to enrollment.</p> <p>Determine strategies to increase awareness and accessibility of WIC.</p>	December 31, 2020	Amy Cooper, WIC	
<p>Year 2: Continue efforts from year 1.</p> <p>Implement strategies to increase awareness and accessibility of WIC.</p>	December 31, 2021		<p>Amy: Increased outreach efforts to promote WIC and National Nutrition Month in March. Targeted outreach to employers including home health care, long term care facilities, pharmacies, Clinical Dietitians, and physicians.</p> <p>WIC is offering increased Cash Value Benefit for fruits and vegetables through July, as part of COVID-19 Relief Package. Participants over one year of age will receive \$35/month. Cheese is once again available as part of WIC's monthly food package.</p>
<p>Year 3: Continue efforts from years 1 and 2.</p>	December 31, 2022		

Strategy 4: Provide referrals/resources to all patients on health insurance access to ensure reproductive health care.			
Goal: Improve birth outcomes.			
Objective: By December 31, 2022, increase number of client referrals by 25%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Work with community health workers (CHWs), home visitors, or patient navigators to connect women of childbearing age to health insurance, resources, and a medical home.</p> <p>Identify and mitigate barriers to care.</p> <p>Establish baseline for client referrals</p>	December 31, 2020	Stephanie Schulda, Cinnamon Young, and Sara Russo, ACESSPointe	
<p>Year 2: Increase efforts from year 1.</p> <p>Increase client referrals by 25%.</p>	December 31, 2021		No update
<p>Year 3: Increase efforts from years 1 and 2.</p>	December 31, 2022		

Strategy 5: Create and implement a Safe Kids Coalition plan**Goal:** Reduce child injury.**Objective:** By December 31, 2022, create and implement a plan with targeted activities for the Safe Kids coalition.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement the Safe Kids coalition. Work with coalition members to create a plan to guide coalition planning, outreach and activities. Include strategies such as Safe Route to School, Child Passenger Safety, Safe Sleep, etc.	December 31, 2020	Ali Mitchell, Portage County Health District	
Year 2: Continue efforts from year 1. Implement strategies from the Safe Kids Coalition plan	December 31, 2021		Ali: Distributed three Pack and Plays in February. Challenges reported include pre-approval process and distribution at minimum 32 weeks gestation. Attended Akron Children's Safe Sleep Advisory Meeting.
Year 3: Continue efforts from years 1 and 2. Implement strategies from the Safe Kids Coalition plan.	December 31, 2022		

Cross-Cutting Strategies (Strategies that Address Multiple Priorities)

Cross-Cutting Factor: Social Determinants of Health

Cross-Cutting Factor: Social Determinants of Health			
Strategy 1: Home improvement loans and grants			
Goal: Decrease severe housing problems.			
Objective: By December 31, 2022, increase the number residents obtaining home improvement loans or grants by 5%.			
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Work with the Portage County Home Improvement Program to collect baseline data on the number of home improvement loans and grant opportunities available to Portage County residents, including local, state, and federal loans or grants.	December 31, 2020	Brad Cromes, Portage County Treasurer	
<p>Year 2: Create a marketing plan to promote the housing program to Portage County residents, targeting economically disadvantaged communities. Provide technical assistance to residents throughout the process of procuring a home improvement loan or grant.</p> <p>Work with the Portage County Home Improvement Program to collect baseline data on the number residents obtaining home improvement loans or grants.</p>	December 31, 2021		Brad via email: We are in the process of winding down the Home Improvement Program as it currently exists, and the planning stages for a relaunch later this year or in spring 2022. Interest rates remain very low, and as a result there is little incentive for folks to take advantage of the program (which essentially is an interest rate reduction program). Some funds remain available via Portage Community Bank and Middlefield Banking Company, but the monies that underly the rate reduction are in the process of being folded back into the County's investment portfolio. The restructured program will more closely align with similar programs offered by the Treasurer of State, and will leverage local dollars to do more across more areas of service, i.e. farm loans, small business loans, environmental upgrades and more.
Year 3: Continue efforts from years 1 and 2. Increase the number residents obtaining home improvement loans or grants by 5%.	December 31, 2022		

Cross-Cutting Factor: Social Determinants of Health**Strategy 2: Service-enriched housing****Goal:** Increase economic self-sufficiency.**Objective:** By December 31, 2022, increase PMHA client's ability to support their economic independence and stability.

Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Work with local service providers, partner agencies and other community resources to provide support to public housing residents to achieve economic independence and stability through education, employment, and financial literacy programs.</p> <p>Assist public housing residents to address barriers with access to internet, transportation, and child care services.</p> <p>Serve 50 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2020	Carolyn Budd and Sabrina Moss, Portage Metropolitan Housing Authority	
<p>Year 2: Continue efforts from year 1.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2021		Carolyn via email: provided quarterly report. See below.
<p>Year 3: Continue efforts from years 1 and 2.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2022		

Cross-Cutting Factor: Social Determinants of Health **Strategy 3:** Outreach to increase financial stability through free tax preparation services.**Goal:** Decrease poverty.**Objective:** By December 31, 2022, increase use of free tax preparation services available to Portage County residents.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collaborate with county agencies, such as United Way, to increase awareness about the myfreetaxes.com program and how it can reduce the tax burden for low-to-moderate income working people, and who is eligible.	December 31, 2020	Maureen Gebhardt and Bill Childers, United Way	
Year 2: Continue efforts from year 1. Implement awareness strategies identified in Year 1.	December 31, 2021		Maureen via email: Employment & Income ranked 30.6% or 474 calls (98.9% or 469 of those calls were for Tax Prep. Services) Portage County calls for 211 from January 1, 2021 to April 12, 2021. The following cities made up most of these calls as follows: <ul style="list-style-type: none">• Ravenna – 144• Kent 130• Streetsboro 110
Year 3: Continue efforts from year 1 and year 2.	December 31, 2022		

Cross-Cutting Factor: Social Determinants of Health**Strategy 4: Financial literacy****Goal:** Decrease poverty.**Objective:** By December 31, 2022, offer multiple financial literacy classes throughout the year in Portage County.


Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Continue to implement financial literacy classes in Portage County.</p> <p>Expand the frequency of the classes and offer them annually. Target economically disadvantaged populations and schools.</p> <p>Provide Bridges Out of Poverty to 2 community agencies who serve individuals/families who live in households at or below poverty level.</p> <p>Provide 1 session of the Getting Ahead program to adult clients through the Children’s Advantage Family Center.</p> <p>Provide 1 session1 of the R-Rules program through the Children’s Advantage Family Center and in Portage County schools.</p>	December 31, 2020	Brad Cromes, Portage County Treasurer Nicole Thomas, Children’s Advantage	
<p>Year 2: Continue efforts from year 1.</p>	December 31, 2021		Brad via email: We completed a successful virtual Financial Wellness Fair in November 2020. We had more participation than ever before, with more than 1,600 viewers joining us via Facebook and YouTube. Those resources are now available on those channels and our website for continued use by the public. Our planning committee has begun conversations about the 2021 version of the Fair, and we intend to incorporate a virtual participation option again this year. At present, we are planning a full week’s worth of virtual programming November 8-12, 2021, culminating in an in-person expo event on November 13 th .
<p>Year 3: Continue efforts from years 1 and 2</p>	December 31, 2022		



Cross-Cutting Factor: Social Determinants of Health **Strategy 5:** Increase transportation through a county transportation plan.**Goal:** Increase access to transportation.**Objective:** By December 31, 2022, create a strategic plan to address transportation needs.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Work with members of the Access to Care Coalition to review the 2018 transportation assessment and identify themes, needs and barriers.	December 31, 2020	Mandy Berardinelli, Ohio Means Jobs	
Year 2: Continue efforts from year 1. Work with members of the Access to Care Coalition to create a strategic plan to address transportation needs, as well as lack of awareness of current transportation opportunities.	December 31, 2021		No updates.
Year 3: Continue efforts from year 2. Implement strategies from the strategic plan and conduct another transportation assessment.	December 31, 2022		

Cross-Cutting Factor: Healthcare System and Access

Cross-Cutting Factor: Healthcare System and Access			
Strategy 1: School-based health centers (SBHC)			
Goal: Increase access to health care.			
Objective: By December 31, 2022, pilot a SBHC in at least one Portage County school district.			
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Research school-based health centers (SBHC) and explore the feasibility of implementing one in Portage County.	December 31, 2020	Randy Griffith, Maplewood Career Center	
Year 2: Pilot a school-based health center within at least one school in Portage County.	December 31, 2021		Randy via email: We continue to run the clinic. We are looking for ways to increase participation.
Year 3: Continue efforts from years 1 and 2.	December 31, 2022		


Cross-Cutting Factor: Healthcare System and Access 			
Strategy 2: Health transportation outreach			
Goal: Increase access to transportation.			
Objective: By December 31, 2022, expand transportation training to organizations serving Portage County residents.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Continue collaborating for annual all-day health transportation training to local organizations.</p> <p>Collaborate to create condensed version of annual training to increase staff trained.</p>	December 31, 2020	<p>Clayton Popik, PARTA</p> <p>Christine Herra, Job and Family Services</p>	
Year 2: Pilot condensed training to 3 organizations.	December 31, 2021	<p>Karen Towne, Portage County Health District</p>	No updates.
Year 3: Expand efforts from year 2.	December 31, 2022		

Cross-Cutting Factor: Healthcare System and Access 			
Strategy 3: Health insurance enrollment and outreach 			
Goal: Increase health insurance enrollment.			
Objective: Enroll 15% of identified uninsured residents into a health insurance option by December 31, 2022.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Coordinate with community agencies to identify uninsured residents.</p> <p>Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicare, Medicaid, or another health insurance option.</p> <p>Enroll 5% of identified uninsured residents into a health insurance option.</p>	December 31, 2020	<p>Stephanie Schulda/ Cinnamon Young, AxessPointe</p>	
Year 2: Continue efforts from year 1. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2021		No updates.
Year 3: Continue efforts from years 1 and 2. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2022		

Cross-Cutting Factor: Healthcare System and Access **Strategy 4:** Expand SOAR Student-Run Free Clinic**Goal:** Increase access to health care.**Objective:** December 31, 2022, increase the number of days the SOAR Free Clinic is open to a total of six (6) days per month.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement the SOAR Free Clinic. Expand hours of the SOAR clinic from three to four Saturdays each month. Promote health services of SOAR in underserved communities.	December 31, 2020	Janet Raber and Lacy Madison, SOAR	
Year 2: Continue efforts of year 1. Expand services with integration of Behavioral Health Counseling from Coleman at the clinics. Expand Social Determinants of Health screening and referral and tracking. Investigate the feasibility of Telemedicine. Investigate the feasibility of EMR. Add Physician Assistant Students from University of Mount Union to participate in clinic visits.	December 31, 2021		No updates.
Year 3: Continue efforts of years 1 and 2. Purchase equipment, develop curriculum/training and pilot Telemedicine at SOAR Provide specialty clinic days, once a month Develop a referral base for diagnostics and specialties at free or reduced cost.	December 31, 2022		

Cross-Cutting Factor: Health Equity

Cross-Cutting Factor: Health Equity 			
Strategy 1: Implicit bias training			
Goal: Decrease discrimination.			
Objective: By December 31, 2022, implement at least one implicit bias training per quarter.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p>Year 1: Work with local stakeholders to create a formal implicit bias training detailing the association between implicit bias and inequity.</p> <p>Pilot the training in one location, such as a school, church, healthcare organization, local business or social service agency. Evaluate the training and make necessary changes.</p>	December 31, 2020	Mike Thompson, Family and Community Services	
<p>Year 2: Continue efforts from year 1. Implement the training at least once per quarter.</p>	December 31, 2021		No updates.
<p>Year 3: Continue efforts from years 1 and 2. Implement the training at least once per quarter.</p>	December 31, 2022		

SERVICE CATEGORIES	RESIDENTS SERVED (By Quarter & Service Category)*			
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
Akron Children's Hospital hygiene kit distribution	20			
Unemployment fraud complaint assistance	1			
PMHA hats, gloves, scarves, etc. distribution (families)	20			
Childcare referrals	3			
Wi-Fi/internet connectivity assistance	2			
Rent delinquency assistance referrals	2			
COVID-19 vaccinations administered @ on-site clinics	24			
COVID-19 vaccination appointments w/o follow-through	1			
Community resource guidebooks distribution	10			
Direction Home's "Stay Healthy" program referrals for elderly	2			
Employment services referrals	3			
Summer Food Service Program extended service (children)	100			
Financial literacy assistance & referrals	5			
Food assistance & referrals	19			
Family counseling referrals	1			
Mental health resources distribution & referrals	20			
Ohio Means Jobs educational resources distribution & referrals	5			
Time management tips distribution	1			
Household masks & hand sanitizer distribution referrals	27			
Post-secondary education assistance	1			
Transportation assistance or referrals	1			
Youth homework assistance & literacy	1			
Youth Easter basket distribution (families/children)	18 families / 44 children			
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
Unduplicated Residents Served**	110			

* Many households receive ongoing assistance over the course of the year. Due to this, the "Total Residents Served" in each quarter is a compounding number, and Quarter 4 will reflect the grand total number of unduplicated residents served in each service category for the entire year.

** Many household have received a variety of services, under more than one service category. Therefore, the "Unduplicated Residents Served" row is not a sum of each column.

Additional Meeting Notes:

A series of horizontal lines for taking notes, consisting of 27 empty rows.