

# Portage County

Community Health Improvement Plan

**2016-2019**

**Progress Report:** (2018-2019)



**Improving the Health  
of Portage County**

**Portage County  
Community Health Improvement Plan  
Progress Report**

**HEAL (Healthy Eating, Active Living)**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Mindful by Sodexo and other Healthier Hospitals Initiatives</b>			
<p><b>Year 1:</b> UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> <li>• Healthy Cafeterias/Cafes</li> <li>• Healthy Vending Machines</li> <li>• Healthy Meetings and Events</li> </ul> <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2019</p>	<p><b>10/15/19:</b> Mindy: UH Portage had 7 successful farmers markets. They were in the main entrance of the hospital.</p> <p>Served 569 hot lunches this summer through the free lunch program.</p> <p>Gave out brown bag lunches for kids to have over the weekend through Raven Packs.</p> <p>UH Portage is part of the Raven Packs program for Ravenna Schools.</p> <p>Windham Garden at Windham Renaissance Center continues to be successful. Master Gardeners are helping with the success of the program. Will be expanding in 2020. Lots of promotion this winter to start a garden club, etc. Planted grapes and fruit trees this summer. They received a \$20,000 grant from Ametec.</p>

**Partner with Portage Park District to implement various programs/policies**

<p><b>Year 1:</b> Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> <li>• Improve trail quality and signage.</li> <li>• Promote and expand the "Wild Hikes Challenge."</li> <li>• Promote park and trail use through social media, Meetup groups, hiking clubs.</li> <li>• Partner with health care providers to distribute maps and brochures of parks and trails.</li> </ul> <p>Initiate partnerships for Park Rx program.</p>	<p align="center">Christine Craycroft, Portage Park District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to pilot groups of healthcare providers, and evaluate progress.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Expand participation in Park Rx and add programming.</p> <p>Install mileage markers along Hike &amp; Bike trails.</p> <p>Open a new public park with at least one mile of new trail.</p>	<p align="center">Andrea Metzler, Portage Park District</p>	<p>October 1, 2019</p>	<p><b>7/16/19:</b> No updates provided.</p>

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**HEAL (Healthy Eating, Active Living)**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Complete Streets Policies within the City of Kent</b>			
<p><b>Year 1:</b> Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	<p>Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> <li>• Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations.</li> <li>• Pursue Safe Routes to School status from the National Center for Safe Routes to School.</li> <li>• Pursue city council ordinance that any street needing significant repair transition to a Complete Streets model.</li> <li>• Pursue city ordinance requiring bike riders under 16 to wear a helmet.</li> </ul>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue pursuit of Complete Streets, Safe Routes to School, and bike helmet ordinance efforts.</p> <p>Conduct walkability assessments of city neighborhoods, especially around school areas.</p>		<p>October 1, 2019</p>	<p><b>10/15/19:</b> Mike via email: Justin has researched and drafted a bike helmet policy for Kent City, but Kent Law Department has put a hold on implementing the policy.</p>

**Develop a Portage County Obesity Coalition**

<p><b>Year 1:</b> Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p align="center">Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Work towards completion of established action plan goals.</p> <p>Expand coalition to recruit and include all partners interested in decreasing childhood and adult obesity.</p> <p>Collaborate in development of additional goals and pursuit of funding.</p> <p>Research community bike giveaway programs.</p> <p>Partner with community agencies (and PCHD bike helmet program) to distribute bike helmets to children in need.</p>	<p align="center">Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Evaluate other Obesity Prevention Coalition activities and provide recommended actions steps for future CHIP activities.</p>	<p align="center">Christopher Mundorf, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> Completed by Chris Mundorf. No additional activities at this time.</p>

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement the Prescription for Health Program</b>			
<p><b>Year 1:</b> Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Amy Lee (NEOMED) and NEOMED SOAR Clinic</p>	<p>October 1, 2018</p>	
<p><b>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</b></p>		<p>October 1, 2019</p>	

**Incorporate families and children into community physical activities**

<p><b>Year 1:</b> Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Provide five family engagement Healthy Kids Running Series events in Portage County.</p> <p>Collaborate with Sequoia on the fitness activity and nutrition programs.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach and Jackie Smallridge, &amp; Jacy Watson, Sequoia Wellness</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Provide specific physical activities and targeted weight reduction programming for families, children, and youth including camps, race training, hiking and walking clubs, youth performance clubs, and diabetes prevention programming.</p> <p>Offer support groups and progress follow-ups.</p> <p>Explore potential for establishing one or more community recreation centers for area youth, in collaboration with established youth recreation program hubs and/or local churches.</p>	<p>Jackie Smallridge, &amp; Jacy Watson, Sequoia Wellness and John Kovacich, Atwater Township</p>	<p>October 1, 2019</p>	<p><b>7/16/19:</b> Jackie via email: Sequoia Wellness had 10 participants in the First Step weight loss program, 14 participants in the Diabetes Prevention Program, and is planning to work with Portage Parks for fitness hiking in November.</p>

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<b>Implement a Healthier Choices Campaign</b>			
<p><b>Year 1:</b> Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Roll out a Healthier Choices -type campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	<p>:</p>
<p><b>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3 due to barriers in progress in Years 1 and 2.</b></p>		<p>October 1, 2019</p>	



**Increase nutrition/physical education materials being offered to patients by primary care providers**

<p><b>Year 1:</b> Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Develop local resource guidance information in collaboration with Sequoia Wellness, NEOMED, and additional HEAL partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>Amy Lee Northeast Ohio Medical University</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> NEOMED students are putting together social media marketing materials for public health use. They are being shared across agencies in public health.</p>

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<b>Expand the Personal Improvement Program (PIP) in schools</b>			
<p><b>Year 1:</b> Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	<p>William McCluskey, Edinburg Township</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Implement the PIP program at West Main Elementary School in Ravenna.</p> <p>Recruit exercise physiologists, certified fitness instructors (ACSM), or PE students or teachers to volunteer for classes.</p> <p>Pursue sponsors and donations for healthy snacks and student t-shirts.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	
<p><b>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</b></p>		<p>October 1, 2019</p>	

**Implement postpartum weight loss educational program at WIC**

<p><b>Year 1:</b> Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	<p align="center">Amy Cooper, WIC Director</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> <li>• Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park</li> </ul> <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b></p>
<p><b>Year 3:</b> Continue "Healthier You" educational initiatives (see Years 1 and 2).</p> <p>Utilize text messaging to offer postpartum mothers support and motivational tips for successful postpartum weight loss.</p>		<p>October 1, 2019</p>	<p><b>10/15/19:</b> Amy: provided 20 steps to a healthier you this past quarter. WIC staff report that there is an issue with providing "how to lose weight" info immediately after delivering a baby.</p>

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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness and accessibility of available mental health services</b>			
<p><b>Year 1:</b> Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p align="center">Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Educate school personnel and social workers in all local school districts on the availability of mental health services.</p> <p>Continue presentations on available mental health services to Portage County groups.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2 and expand outreach including the LGBTQ community.</p>	<p align="center">Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: see list on last page.</p> <p>Clayton: PARTA continues to provide transportation to most of the providers in the county.</p>

**Increase the number of primary care physicians screening for depression during office visits**

<p><b>Year 1:</b> Collect baseline data on the number of primary care physicians that currently screen for depression during office visits.</p> <p>Research screening tool with other 4 priorities.</p>	<p>Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	<p><b>1-17-18:</b></p>
<p><b>Year 3:</b> Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Mental Health partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: moved to Steering Committee</p>

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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand evidence-based suicide prevention and bullying programs targeting youth and families</b>			
<p><b>Year 1:</b> Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.</p> <p>Continue the implementation of Red Flags to the Portage County School Districts.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Increase awareness and participation of available programs. (Red Flags, Life Skills, PBIS, and Start with Hello.)</p> <p>Continue researching the PAX program.</p> <p>Collect data on Red Flags and other programs being utilized.</p> <p>Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts to implement the program(s) in at least one grade level in each school district. Provide mental health trainings during school staff professional development days in at least three school districts. Continue to support school districts with the mental health education efforts and distribute Red Flag booklets to parents.</p>		<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: Programming continues. Through Children's Advantage, Crestwood Schools is using the PAX program. It is in grades K-8. They have received positive feedback from teachers using the program.</p> <p>Schools were provided "wellness money" from the state. MHRB met with superintendents in September. They were open to suggestions being made by the MHRB.</p> <p>Sarah: Stand Up is being done by Townhall II in the middle and high schools.</p>

**Provide mental health first aid trainings**

<p><b>Year 1:</b> Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p align="center">Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Provide 2 additional trainings and continue marketing efforts to expand reach of trainings through community partners.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Provide at least 2 mental health first aid trainings open to the community.</p>		<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: A training was held in July with 7 attendees. The Record Courier did a feature story on the program.</p>

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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness of trauma informed care</b>			
<p><b>Year 1:</b> Continue community trainings on trauma informed care and adverse childhood experiences (ACEs). Continue to train clinicians on evidence-based trauma programs.</p>	<p>Joel Mowrey and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts of year 1. Provide agency clinician training on Eye Movement Desensitization and Reprogramming psychotherapy treatment in spring 2018.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	<p>John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: The Board of DD is forming a trauma informed care collaborative.</p>



**Establish a youth-focused community center at the former Mantua Center School**

<p><b>Year 1:</b> Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths</p>	<p>Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Identify location for after-school program for 7<sup>th</sup> and 8<sup>th</sup> graders,  Identify advisory board and volunteer coordinator  Implement a 3-week trial after-school program for target age group at location in the first quarter of 2018.  Plan for full program implementation in the fall of 2018 (to include snacks, homework assistance, leisure activities, and drug prevention education.)</p>	<p>Chad Delaney, Mantua Center Christian Church and Chris McCreight, Hiram Christian Church</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Establish an After School Club for academic support, programmed activities, and recreation at the Crestwood Middle School.  Continue to pursue establishment of community activities and programming within the former Mantua Center School.  Pursue establishment of youth centers in the city of Ravenna, through MHRB OMHAS grant funding.</p>	<p>Chad Delaney, Mantua Center Christian Church and John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Mike via email: Mike has been in contact with Chad Delaney and Courtney Sharp (resident intern for the program) regarding using KCHD's academic health department model to get public health/health education students to volunteer at Crestwood and/or integrate it into their classwork. KSU College of Public Health and Colleges of Early and Middle Childhood Education have been contacted with spring as a target date for students.  Karyn: King Kennedy Center is getting a gym built to expand programming.  Sarah: Community Action Council asked Townhall II to do programming for after school program.</p>

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**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Develop &amp; implement a community based comprehensive plan to reduce alcohol &amp; drug abuse</b>			
<p><b>Year 1:</b> Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Hold annual conference; continue efforts from year 1.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Hold annual conference; continue efforts from years 1 and 2.</p>	<p>John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: Planning the conference that will be October 30<sup>th</sup> at NEOMED.</p> <p>Still meeting actively as a community coalition.</p> <p>October 21<sup>st</sup> will be another community conference in Shalersville. We will be adding vaping to the agenda.</p>

**Increase treatment options for those with substance use disorder**

<p><b>Year 1:</b> Support Quest/Townhall II with the startup of their MAT clinic &amp; ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p align="center">Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect data and monitor success rate of MAT programs.</p> <p>Continue collaborative expansion of MAT training and programming efforts.</p> <p>Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to strengthen collaboration with and referrals to AxessPointe MAT clinic.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: Townhall II MAT clinic is up and running. Peer specialists are out in the community.</p> <p>Townhall II and AxessPointe are the two locations for MAT. Coleman has limited amount of MAT services. UH has two prescribers in Portage County.</p> <p>Two part time and one full time providers will be providing MAT at the Kent AxessPointe location. At this time, ~10 suboxone and ~4 vivitrol. Will be getting a behavioral health provider at every appointment for the MAT clinic.</p>

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**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement and increase prevention programs</b>			
<p><b>Year 1:</b> Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County and Sarah McCully, Townhall II</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Increase the number of schools and grade levels offering "Too Good For Drugs."</p> <p>Explore programming targeting children affected by parent drug use, in collaboration with Townhall II, Children's Advantage, and schools.</p>		<p>October 1, 2019</p>	<p><b>10/16/19:</b> Sarah: Townhall II will have served 1767 students with either Too Good or Project Alert in 2019. With the loss of the commissioner money, they are using an existing program (gambling prevention) that teaches addiction as a whole to be used in high schools.</p> <p>26 grade levels are being added to 2020 planning. There continues to be a presence in every school and some community centers.</p> <p>There may be possible funding from OMAS for prevention programming.</p>

**Implement and increase harm reduction initiatives**

<p><b>Year 1:</b> Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect data from law enforcement on where Narcan is needed in the community via GIS project between PCHD and KSU.</p> <p>Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.).</p> <p>Investigate incorporating quick response teams in Portage County.</p> <p>Continue to explore feasibility of implementing a needle exchange and/or needle collection program.</p> <p>Promote drug take-back days.</p>	<p>Joseph Diorio &amp; Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to provide Naloxone and education through Project DAWN to community and law enforcement.</p> <p>Continue promoting drug take back boxes and days.</p> <p>Implement Recovery Outreach Teams.</p>	<p>Joseph Diorio &amp; Becky Lehman, Portage County Combined General Health District and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Becky: PCHD continues to provide the Project DAWN program. 72 people were educated, and 44 kits were distributed this last quarter.</p> <p>PCHD promotes the drug take back boxes and the DeTerra pouches during Project DAWN classes.</p> <p>PCHD received the IN20/IN21 grant that provides funding for infrastructure of the Project DAWN program and 500 kits. The funding has allowed for the program to expand. PCHD will be providing a train-the-trainer program to targeted agencies that will allow the trained agencies to distribute Project DAWN kits.</p>

**Portage County  
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**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase the number of health care providers screening for drugs and alcohol</b>			
<p><b>Year 1:</b> Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>• Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>• Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>• Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>• Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Substance Abuse partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: moved to the Steering Committee.</p> <p>AxessPointe: KSU students are doing a full social determinants of health screening to all patients: Touch Point.</p>

**Advocate for substance abuse and criminal justice issues**

<p><b>Year 1:</b> Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health &amp; Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p align="center">Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue advocating for Medicaid expansion.</p> <p>Consult with Portage County jail to encourage expansion of treatment services within the jail clinic.</p> <p>Work with Ohio legislature on the failed Issue One for decriminalizing possession and recommend treatment instead of incarceration.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>10/16/19:</b> Karyn: The Advocacy Committee is still watching senate bill 3 (funding for drug courts). Senator Eklund will be speaking at our conference on October 30<sup>th</sup>.</p>

**Portage County  
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**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Tobacco and Smoke Free Policy on Kent State University campuses</b>			
<b>Year 1:</b> Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*	Shay Davis Little, Kent State University	October 1, 2017	
<p><b>Year 2:</b> Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule.</p> <p>Increase promotion of tobacco cessation initiatives for both students and employees.</p> <p>Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population.</p> <p>Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks</p> <p>Implement tobacco free community festivals throughout the broader population within Kent City</p>	Melissa Celko, Kent State University and Jeff Neistadt, Kent City Health Department	October 1, 2018	
<p><b>Year 3:</b> Review tobacco laws/initiatives for effectiveness:</p> <ul style="list-style-type: none"> <li>• Complaints received</li> <li>• #s and %s of cessation services graduates</li> <li>• Enforcement data from KSU</li> <li>• Violations issued from Kent city Tobacco 21 law</li> </ul>		October 1, 2019	<p><b>10/16/19:</b> Mike via email: State of Ohio will implement T21 state-wide on October 17, though no clear indication on who will conduct enforcement for those jurisdictions who do not currently have a T21 compliance check program. KCHD will be starting the second round of compliance checks in November. ODH has also provided a new series of grant deliverables targeting vaping/e-cig use including the creation of a task force and youth training. Mike will be getting in contact with several stakeholders asking if they would like to be part of the task force.</p> <p>Becky: PCHD has continued to provide tobacco cessation classes (in partnership with UH Portage). This last quarter, PCHD provided 3-5 week sessions and had 3 people complete the program.</p> <p>PCHD is also providing the tobacco cessation program (under contract with Kent City HD) at Kentway Apartments.</p> <p>Clayton-PARTA: does not allow smoking and vaping on buses, in the gateway, in the main office, or bus stops.</p> <p>Bus stops are located at or very close to the MAT, mental health, medical services. There is a new bus stop at The Haven.</p>



**Portage County  
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**Increase Healthcare Access**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB</b>			
<p><b>Year 1:</b> Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Research the Community Pathways Model which addresses social determinants of health and potential implementation mechanisms to increase access and health outcomes.</p>	<p>Joseph Diorio, Portage County Combined General Health District</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement a series of educational workshops on Medicaid programs throughout the community that includes underutilized Medicaid programs and resources; such as NET, specialized recovery services, buy in for workers with disabilities and Medicare premium assistance programs.</p> <p>Utilize AxessPointe's CAC's (Certified Application Counselors) to educate the community on accessing health insurance by creating a bi-monthly Health Insurance Outreach events; AxessPointe CAC's will educate individuals at outreach events about the healthcare options for those who qualify for Medicaid/Medicare and what insurance option plans are available for those that don't qualify.</p>	<p>Christina Herra, Job and Family Services</p> <p>and</p> <p>Denico Buckley-Knight, AxessPointe Community Health Center</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> Jenny (JFS): 10-minute JFS webinars are completed and are at the director and state level for approval.</p> <p>Library Project-succession planning is final. Did a training with Kent Free Library last week. Working with Reed Memorial Library this week. Hope to have scanners up and running next week. Working on the rest of the library's in the next months. Hoping to be live with the program by end of October. Small training will be put together for future library trainings to provide info on services of JFS to librarians. Looking at expanding to other places in the future. AxessPointe is being looked at as a future site.</p> <p>There is a Resource Guide that will help people at the computers step-by-step. The guide is color coded for each program. The guide directs people to call the 1-800 number for the services. Presumptive eligibility can happen on the phone. As of August, JFS is approving 53% for benefits on the phone.</p> <p>There is not a direct route to referrals to WIC for moms that are pregnant or have children under 5 years. Health Check forms do get completed with each call.</p> <p>Claudia: reported that PARTA has changed some of their route times to meet the needs for workers. They have less routes in the middle of the day.</p>

**Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities**

<p><b>Year 1:</b> Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beaird, Kent State University College of Public Health and Amy Lee, NEOMED and CHIP steering committee</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Share relevant student projects (undergrad, MPH, PhD)</p> <p>Continue to develop the Kent City Academic health department through projects related to access to care needs and opportunities.</p> <p>Expand the use of NEOMED SOAR (student run free clinic) for community education and outreach.</p>	<p>Chris Mundorf, Hiram College and Ken Slenkovich, Kent State University and Amy Lee, Northeast Ohio Medical University</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p> <p>Develop a referral system for SOAR to obtain diagnostic tests and preventative screenings such as x-rays, ultrasounds, and mammograms. Track the number of patients screened in accordance with recommendations.</p>	<p>Maria Lamontagne and Lacy Madison, SOAR Student Run Free Clinic</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> SOAR is seeing patients 3 Saturdays a month with the hope of 4 Saturday's at the beginning of the year. They received a grant; able to hire a clinic manager. They are looking to expand to weeknights next year.</p> <p>Stephanie is asking if there is a one-sheet that she can share to get volunteers for SOAR.</p>

**Portage County  
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**Increase Healthcare Access**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase transportation through a county Transportation Plan</b>			
<p><b>Year 1:</b> Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Increase efforts of years 1 and 2.</p> <p>Explore the idea of follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p> <p>Promote transportation training to more community organizations and track NET usage.</p>	<p>Karen Towne, Portage County Combined General Health District and Rebecca Abbott, Job and Family Services</p>	<p>October 1, 2019</p>	<p><b>10/15/19: Becky:</b> Training was held at PARTA from 10-3 pm on 8/13/19. Audience included 36 people from 15 local organizations; pre/post-test knowledge change indicated a 35% increase. 100% of participants agreed or strongly agreed they completed the training understanding various transportation resources and referral systems. 59% plan to implement Transportation Enabling Policy/Procedure.</p> <p>Carrell: PARTA launched the mobile ticketing app. There are 11 other transits that are part of the app. Akron Metro and SARTA are also part of the program. Can purchase and gift tickets all on your phone. Getting good reviews so far.</p>

**Develop an Access to Care Coalition**

<p><b>Year 1:</b> Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favalaro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p> <p>Continue to expand partnership of the coalition.</p> <p>Review baseline data and gaps of services (dental needs).</p> <p>Assist in coordination of efforts across HEAL, Mental Health, and Substance Abuse priorities in reference to primary care office screenings to investigate collaborative opportunities for system solutions with the three major health systems regarding the following:</p> <ul style="list-style-type: none"> <li>• Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>• Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>• Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>• Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue and expand upon efforts from years 1 and 2.</p> <p>Explore prevention/enabling services/programming to address the population needs.</p> <p>Create a committee to put together an information packet regarding healthcare options in Portage County that can be distributed easily in schools, churches, and other groups. Include access to transportation, how to apply for insurance coverage and clinic info. Compare Medicaid statistics of each community vs census data to identify target communities.</p>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department  and Christine Herra Job and Family Services</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> Joe: Karen Towne from PCHD met with all identified people/agencies to create a workplan for Access to Care. The coalition met on 9/11/19 and provided updates to the plan.</p> <p>AxessPointe Stephanie: Expanding new staff. New fiscal person hired specializing in grant management. Sarah is the new Community Health Worker for Portage County. Looking at expanding the building at Gougler-2<sup>nd</sup> floor renovations. Potential for a physical therapy clinic and office space. Dr. Stellato is a new full-time physician-5 days per week.</p> <p>FC&amp;S will be getting an onsite physiatrist that will be in the office 2 days per week starting in January. Cinnamon is working with JFS and Ohio Means Jobs to get clients enrolled in Medicaid.</p> <p>Jenny: hired a new driver in the transportation program. The NET program and other JFS programs are growing and the need for additional drivers is great.</p> <p>Joe: PCHD will be applying for a reproductive health and wellness grant. We are looking at what services we can provide and may need to contract with AxessPointe to help with direct care services.</p> <p>Stephanie reported they had a successful women's health day at AxessPointe.</p> <p>AxessPointe did receive a grant for a food pharmacy. It will be set up at Arlington office first. Coming to Kent later. It will link individuals to a CHW for additional resource referrals.</p>

**Portage County  
Community Health Improvement Plan  
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**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase the Use of Safe Sleep Practices</b>			
<p><b>Year 1:</b> Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment.</p> <p>Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Explore opportunities for additional community partnerships and funding sources to continue pack n' play and safe sleep education to families in need.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman and Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> Becky: PCHD provided 9 pack n' plays to families in need. Still working with Children's Services and WIC to provide pack n' plays as needed.</p> <p>Becky worked with Akron Children's Hospital on a grant application that would provide pack n' plays to Portage County. We have not heard back yet.</p>

Implement a Safe Kids Coalition			
<p><b>Year 1:</b> Research implementation of a Safe Kids Coalition.</p>	<p>Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)</p> <p>Explore gun safety programming.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.</p> <p>Increase partnership and funding sources for the Akron YMCA's Safety Around Water program to be delivered in Portage County elementary schools (2nd grade). Sequoia Wellness plans to add at least one additional school to the program in 2019 (previously implemented in Rootstown Schools).</p>	<p>Ali Mitchell, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p> <p>and</p> <p>Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> Ali via email: Safe Kids last meeting as held June 25, 2019.</p> <p>We hadn't had a meeting due to figuring out the next steps for the executive board. Ali had a call with Heather Trnka who runs the Safe Kids at Summit County and is our representative for Safe Kids Ohio. It was found out that we can run our Safe Kids Portage as a normal coalition. We do not need to have an executive board or by-laws.</p> <p>Ali is scheduling a meeting November 14<sup>th</sup> (tentatively) to get Safe kids back on track.</p> <p>Jackie via email: Sequoia Wellness had 100 2<sup>nd</sup> graders from Rootstown Elementary School participating in the Safety Around Water program.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Safe Routes to School</b>			
<p><b>Year 1:</b> Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>		<p>October 1, 2018</p>	
<p>Year 3: Raise awareness to the Kent Community on Safe Routes to School.</p> <p>Explore and recruit potential members to Serve on a Safe Routes to School committee.</p> <p>Research and apply for safe routes to school funding sources to incentivize participation in the program.</p>	<p>Jeff Neistadt, Kent City Health Department and Portage County Safe Kids Coalition</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> Mike via email: Reached out to Kim Trowbridge about the next Safe Kids meeting; no further updates regarding Safe Routes to School program at Holden Elementary.</p> <p>Kim: There is an identified need to have Safe Kids Coalition up and running to get this into place. There needs to be an assessment for that school done (hope to have Walk this Day at Holden) in spring.</p> <p>Joe: reported that there is a lot of construction happening by Holden School-adding sidewalks, etc.</p> <p>Kim: May want to target a different school system.</p> <p>Clayton: PARTA: Goal is to get everyone where they need to go safely. Placement of bus stop is continually looked at in regards to injury prevention.</p>

**Portage County  
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**Increase Injury Prevention**

<b>Action Step</b>	<b>Responsible Person/Agency</b>	<b>Timeline</b>	<b>Progress</b>
<b>Expand the evidence based Fall Risk Reduction Program</b>			
<p><b>Year 1:</b> Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to increase Matter of Balance program in multiple locations. Deliver at least two Matter of Balance programs through Sequoia Wellness at the NEW Center.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p><b>10/15/19:</b> Ali: Lynette and Ali are currently providing the MOB class to 9 participants at Kent Tower 43 (low income senior housing).  Jackie via email: Sequoia Wellness is currently holding a MOB class with 6 participants.</p>



**Expand the Child Passenger Safety Program**

<p><b>Year 1:</b> Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Provide car seat check events throughout the county throughout the year.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p> <p>Explore partnering with local hospital to provide child passenger safety seat education; focusing on safety seats involved in car accidents.</p>		<p>October 1, 2019</p>	<p><b>10/15/19:</b> Becky/Ali: PCHD provided 17 convertible car seats and 1 booster seat to Portage County residents this past quarter. One car seat check event was held at UH Portage in July.</p> <p>Ali researched the feasibility of PCHD hosting a car seat training course in PC. It was identified that it would be very costly and many of the neighboring counties have classes with open spots.</p>

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**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand Activities of Safe Communities Fatal Crash Review</b>			
<b>Year 1:</b> Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.	Lynette Blasiman, Portage County Combined General Health District	October 1, 2017	
<b>Year 2:</b> Continue efforts from year 1 to meet Fatal Crash Review Board requirements.		October 1, 2018	
<b>Year 3:</b> Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.		October 1, 2019	<b>10/15/19:</b> Lynette via email: There were 4 fatal crashes in the 3 <sup>rd</sup> quarter; with a total of 10 this year. Compared to 2018-there were 7 at this time last year.

**Expand Activities of Child Fatality Review**

<p><b>Year 1:</b> Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.</p>	<p>Rosemary Ferraro, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts from year 1 to meet Child Fatality Review Board requirements.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Collaborate with county-wide partners to review child fatalities. An annual report will be produced by PCHD. It is hoped this report will provide communities with the tools to make significant, lasting policy changes that will have a positive effect on the children in Portage County for generations to come.</p>		<p>October 1, 2019</p>	<p><b>10/15/19:</b> Anne: Final of the year will be November 14<sup>th</sup>. Did not have a meeting last quarter due to the low number of child deaths. As of now, there are 6 cases that will be reviewed (1 carryover, 4 new, 1 pending). Most deaths are listed as natural.</p> <p>Gun lock-9 agencies give out locks. There is an info card available at Mental Health &amp; Recovery Board-agencies listed that provide locks.</p>

<b>Date</b>	<b>Event</b>	<b>Agency</b>	<b>Attendees</b>
7/6/2019	Kent Fest	MHRB	500+
7/22-23/2019	Mental Health First Aid	MHRB, CPS	8
7/23/2019	Chamber Breakfast Blender	MHRB	15
7/31/2019	JFS Back to School Fair	MHRB, TH2, CA	75+
8/6/2019	Family Center Open House	CA, TH2	100
8/15/2019	Celebrate Portage Awards Dinner	MHRB, TH2	150
8/18/2018	UH Streetsboro Health Fair	MHRB	100
8/20/2019	Discover Kent	MHRB	100+
9/7/2019	Winfield Church	MHRB	15
9/12/2019	Community Resource Connect	MHRB, TH2, CPS, CA	30
9/18/2019	Senior Mental Health	MHRB, CPS	50
9/21/2019	Balloon A-Fair	MHRB, TH2, CPS, CA, FCS	200+