

Portage County

Community Health Improvement Plan

2016-2019

Progress Report: (2018-2019)



**Improving the Health
of Portage County**

**Portage County
Community Health Improvement Plan
Progress Report**

HEAL (Healthy Eating, Active Living)

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Mindful by Sodexo and other Healthier Hospitals Initiatives			
<p>Year 1: UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> • Healthy Cafeterias/Cafes • Healthy Vending Machines • Healthy Meetings and Events <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2019</p>	<p>1-15-19: Mindy (email): Indoor Farmer's Market held at UH Portage on 10/31. Very well attended !!!! Additional Sodexo nutrition educational print materials continue to be developed and distributed in the cafeteria.</p> <p>Additional healthy choices available in the UH Portage cafeteria and for catering. Still working on vending machines.</p> <p>UH Portage is collaborating with Ravenna schools to fulfill a need for a weekend backpack program for elementary students. First distribution will be in late January.</p>

Partner with Portage Park District to implement various programs/policies

<p>Year 1: Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> • Improve trail quality and signage. • Promote and expand the "Wild Hikes Challenge." • Promote park and trail use through social media, Meetup groups, hiking clubs. • Partner with health care providers to distribute maps and brochures of parks and trails. <p>Initiate partnerships for Park Rx program.</p>	<p align="center">Christine Craycroft, Portage Park District</p>	<p>October 1, 2017</p>	
<p>Year 2: Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to pilot groups of healthcare providers, and evaluate progress.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		<p>October 1, 2018</p>	
<p>Year 3: Expand participation in Park Rx and add programming.</p> <p>Install mileage markers along Hike & Bike trails.</p> <p>Open a new public park with at least one mile of new trail.</p>	<p align="center">Andrea Metzler, Portage Park District</p>	<p>October 1, 2019</p>	<p>1-15-19: Andrea: expanding of Park RX. Working with partners to provide actual programming. It is a 13 week session. There is at least one event each week. They will be surveying their participants. UH Portage will be offering screenings to participants. The events are scheduled a variety of days and times. Group hikes is something that people are looking for. That is being built in the program as well. Starts in March. Marketing materials will be created to get people interested in participating.</p> <p>Mileage markers are on the agenda but won't be looked at until late summer/early fall.</p> <p>Working on a new park. More info coming soon.</p> <p>Morgan Park is getting an additional 3 miles of trail.</p> <p>Working to add links to health resources on their website from community partners.</p> <p>Mike: is offering to help Portage Parks implement a smoke free policy. They have anti-smoking marketing materials available.</p>

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HEAL (Healthy Eating, Active Living)

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Complete Streets Policies within the City of Kent			
<p>Year 1: Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	<p>Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2017</p>	
<p>Year 2: Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> • Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations. • Pursue Safe Routes to School status from the National Center for Safe Routes to School. • Pursue city council ordinance that any street needing significant repair transition to a Complete Streets model. • Pursue city ordinance requiring bike riders under 16 to wear a helmet. 		<p>October 1, 2018</p>	
<p>Year 3: Continue pursuit of Complete Streets, Safe Routes to School, and bike helmet ordinance efforts.</p> <p>Conduct walkability assessments of city neighborhoods, especially around school areas.</p>		<p>October 1, 2019</p>	<p>1-15-19: Mike: did a transportation walking assessment for Kent. Will use that info to implement the Safe Routes to School in the future.</p>

Develop a Portage County Obesity Coalition

<p>Year 1: Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p align="center">Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>October 1, 2017</p>	
<p>Year 2: Work towards completion of established action plan goals.</p> <p>Expand coalition to recruit and include all partners interested in decreasing childhood and adult obesity.</p> <p>Collaborate in development of additional goals and pursuit of funding.</p> <p>Research community bike giveaway programs.</p> <p>Partner with community agencies (and PCHD bike helmet program) to distribute bike helmets to children in need.</p>	<p align="center">Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2018</p>	
<p>Year 3: Evaluate other Obesity Prevention Coalition activities and provide recommended actions steps for future CHIP activities.</p>	<p align="center">Christopher Mundorf, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p>1-15-19: Chris: Evaluation of stakeholders and original obesity coalition showed that lack of funding and time that has stalled the process. Some stakeholders talked about limited leadership for HEAL tasks. Also questions about the redundancy of the coalition. The CHIP HEAL group does much of the same things that the coalition would do. Looking at Obesity CHIP priorities from other counties to see what they are doing for a best practice picture. Food Advisory Committees are also being done around the state. This may be a policy level look at approaching the CHIP HEAL priority. Also, can look at combining with neighboring counties committees. Lack of sustainable funding is a barrier. The collective impact model is something to look at as a model to use. Some things to look at is when we meet, where we meet, and how we meet.</p> <p>Mark Frisone: JFS monies will only be available through the end of February for SNAP benefits. There are 15,000 people in Portage County they will lose their SNAP benefits. It would put a hurt on the food pantries. WIC will have funds through February as well. It will also impact the school lunch programs. Is there something that can be done locally? Can public health treat this issue as a disaster? Will need to see what the Governor will do.</p>

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Implement the Prescription for Health Program			
<p>Year 1: Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>October 1, 2017</p>	
<p>Year 2: Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Amy Lee (NEOMED) and NEOMED SOAR Clinic</p>	<p>October 1, 2018</p>	
<p>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</p>		<p>October 1, 2019</p>	<p>1-15-19: Amy via email: One of the MPH students did a quality improvement project in SOAR last summer, incorporating a social needs assessment into the clinic. She demonstrated that this assessment can be used without increasing the patient overall time in the clinic. We have a student who is working on strategic planning this spring, which will include how this process can be a permanent fixture of the SOAR process.</p>

Incorporate families and children into community physical activities

<p>Year 1: Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p>Year 2: Provide five family engagement Healthy Kids Running Series events in Portage County.</p> <p>Collaborate with Sequoia on the fitness activity and nutrition programs.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach and Jackie Smallridge, & Jacy Watson, Sequoia Wellness</p>	<p>October 1, 2018</p>	
<p>Year 3: Provide specific physical activities and targeted weight reduction programming for families, children, and youth including camps, race training, hiking and walking clubs, youth performance clubs, and diabetes prevention programming.</p> <p>Offer support groups and progress follow-ups.</p> <p>Explore potential for establishing one or more community recreation centers for area youth, in collaboration with established youth recreation program hubs and/or local churches.</p>	<p>Jackie Smallridge, & Jacy Watson, Sequoia Wellness and John Kovacich, Atwater Township</p>	<p>October 1, 2019</p>	<p>1-15-19: Andrea: Mindfulness hike and stretching fitness hike for the Parks RX program.</p> <p>Jackie: Diabetes prevention programs still running this year. It is proving to be a successful program.</p>

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Implement a Healthier Choices Campaign			
<p>Year 1: Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p>Year 2: Roll out a Healthier Choices -type campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	<p>:</p>
<p>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3 due to barriers in progress in Years 1 and 2.</p>		<p>October 1, 2019</p>	

Increase nutrition/physical education materials being offered to patients by primary care providers

<p>Year 1: Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p>Year 2: Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p>Year 3: Develop local resource guidance information in collaboration with Sequoia Wellness, NEOMED, and additional HEAL partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>Amy Lee Northeast Ohio Medical University</p>	<p>October 1, 2019</p>	<p>1-15-19: Amy via email: Amy has a graduate assistant who will start working on this project this spring. She will start by investigating how resources might get connected into EMR systems and contacting HEAL partners to lay the groundwork for a class to collect the information. A summer class will collect the actual information.</p> <p>Angela: Shared info on an article written by people from KSU College of Public Health. A survey of local providers was done. What do you do for physical activity? What resources do they have to refer patients to physical activity? Angela will reach out to the authors for more information.</p>

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Action Step	Responsible Person/Agency	Timeline	Progress
Expand the Personal Improvement Program (PIP) in schools			
<p>Year 1: Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	<p>William McCluskey, Edinburg Township</p>	<p>October 1, 2017</p>	
<p>Year 2: Implement the PIP program at West Main Elementary School in Ravenna.</p> <p>Recruit exercise physiologists, certified fitness instructors (ACSM), or PE students or teachers to volunteer for classes.</p> <p>Pursue sponsors and donations for healthy snacks and student t-shirts.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	
<p>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</p>		<p>October 1, 2019</p>	

Implement postpartum weight loss educational program at WIC

<p>Year 1: Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	<p align="center">Amy Cooper, WIC Director</p>	<p>October 1, 2017</p>	
<p>Year 2: Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> • Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		<p>October 1, 2018</p>	<p>1-16-18:</p>
<p>Year 3: Continue "Healthier You" educational initiatives (see Years 1 and 2).</p> <p>Utilize text messaging to offer postpartum mothers support and motivational tips for successful postpartum weight loss.</p>		<p>October 1, 2019</p>	<p>1-15-19: Amy: distributed 60 materials this last quarter. Excited to be partnering with Parks RX to get moms out in the community. Text messaging contract is signed and is awaiting final approval. That will allow unlimited texting to help improve attendance.</p> <p>Question if there is any programming between WIC and local libraries for programming. Need a listing of the library resources in Portage County.</p> <p>Amy shared that WIC benefits are approved by the end of February. Lack of funding due to the government shutdown.</p>

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness and accessibility of available mental health services			
<p>Year 1: Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Educate school personnel and social workers in all local school districts on the availability of mental health services.</p> <p>Continue presentations on available mental health services to Portage County groups.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2 and expand outreach including the LGBTQ community.</p>	<p>Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: See list of community outreach attached.</p> <p>A mental health round table will be held in February at Maplewood. Kat will be providing training for school counselors and principals on LGBTQ+ population.</p> <p>Mike: KCHD has been working with the LGBTQ+ population at KSU. He has been assessing their HIV concerns. There is some cross over into mental health as well. He shared the info from MHRB with them.</p> <p>Becky: Kat created and provided a training for nursing students (Mount Union) to train them on how to effectively communicate with vulnerable populations focusing on the LGBTQ+ population. The plan is to offer it with all the universities health care students.</p> <p>Mary: a prevention case manager did a pod cast in December in Crestwood to provide parent training and Prevention Case Management services and referrals. The school promoted it.</p>

Increase the number of primary care physicians screening for depression during office visits

<p>Year 1: Collect baseline data on the number of primary care physicians that currently screen for depression during office visits.</p> <p>Research screening tool with other 4 priorities.</p>	<p>Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	<p>1-17-18:</p>
<p>Year 3: Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Mental Health partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: Karyn/John: Action step discussed with Advisory Committee.</p>

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Expand evidence-based suicide prevention and bullying programs targeting youth and families			
<p>Year 1: Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.</p> <p>Continue the implementation of Red Flags to the Portage County School Districts.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Increase awareness and participation of available programs. (Red Flags, Life Skills, PBIS, and Start with Hello.)</p> <p>Continue researching the PAX program.</p> <p>Collect data on Red Flags and other programs being utilized.</p> <p>Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts to implement the program(s) in at least one grade level in each school district. Provide mental health trainings during school staff professional development days in at least three school districts. Continue to support school districts with the mental health education efforts and distribute Red Flag booklets to parents.</p>		<p>October 1, 2019</p>	<p>1-16-19: Karyn: Trainings for school staff in Crestwood, Ravenna, and Waterloo.</p> <p>Mary: Children's Advantage may be doing a joint partnership with Crestwood Schools to do a PAX program. This program teaches teachers to provide positive support to students in schools. This is an evidence-based program. Working on getting funding for this program.</p>

Provide mental health first aid trainings

<p>Year 1: Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p align="center">Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Provide 2 additional trainings and continue marketing efforts to expand reach of trainings through community partners.</p>		<p>October 1, 2018</p>	
<p>Year 3: Provide at least 2 mental health first aid trainings open to the community.</p>		<p>October 1, 2019</p>	<p>1-16-19: Karyn: Mental Health First Aid class hosted by the Portage Safety Council October. 20-25 members attended.</p> <p>Kent State provided a training on 10/19 with 14 attendees, a training on 11/26 & 12/3 with 13 attendees, and on 11/30 with 27 attendees.</p>

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness of trauma informed care			
<p>Year 1: Continue community trainings on trauma informed care and adverse childhood experiences (ACEs). Continue to train clinicians on evidence-based trauma programs.</p>	<p>Joel Mowrey and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts of year 1. Provide agency clinician training on Eye Movement Desensitization and Reprogramming psychotherapy treatment in spring 2018.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p>	<p>John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: John/Karyn: Trauma presentation by NiCole Thompson to the Leadership Portage County Class.</p>

Establish a youth-focused community center at the former Mantua Center School

<p>Year 1: Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths</p>	<p>Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church</p>	<p>October 1, 2017</p>	
<p>Year 2: Identify location for after-school program for 7th and 8th graders, Identify advisory board and volunteer coordinator Implement a 3-week trial after-school program for target age group at location in the first quarter of 2018. Plan for full program implementation in the fall of 2018 (to include snacks, homework assistance, leisure activities, and drug prevention education.)</p>	<p>Chad Delaney, Mantua Center Christian Church and Chris McCreight, Hiram Christian Church</p>	<p>October 1, 2018</p>	
<p>Year 3: Establish an After School Club for academic support, programmed activities, and recreation at the Crestwood Middle School. Continue to pursue establishment of community activities and programming within the former Mantua Center School. Pursue establishment of youth centers in the city of Ravenna, through MHRB OMHAS grant funding.</p>	<p>Chad Delaney, Mantua Center Christian Church and John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: Chad (via email): The after school program was started. They have had success in the last two weeks with 5 kids attending. They are going to expand in February. The program will be Monday-Thursday 2:45-5:30 with tutoring, organized activities, and free time. The club (named by the kids) is called The Tator-Tot Kidz! Karyn: MHRB applied for a grant to work with King Kennedy to expand the center and services.</p>

**Portage County
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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse			
<p>Year 1: Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p align="center">Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p align="center">October 1, 2017</p>	
<p>Year 2: Hold annual conference; continue efforts from year 1.</p>		<p align="center">October 1, 2018</p>	
<p>Year 3: Hold annual conference; continue efforts from years 1 and 2.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p align="center">October 1, 2019</p>	<p>1-16-19: John/Karyn: Portage Substance Abuse Coalition Conference was held in October with over 200 attendees. Darryl Brake, the executive director of the Summit County Community Partnership, spoke on Ohio's Medical Marijuana Program and perception of risks associated with youth marijuana use. Jim Ryan, the executive director of the Alcohol and Drug Abuse Prevention Association of Ohio presented on the latest prevention interventions. Portage County Common Pleas Court Judge explained the purpose of the drug court in Portage County and how it helps individuals in their recovery. A panel of local leaders provided an update on the progress that is being made in the county. Several individuals shared their recovery stories demonstrating that treatment does work, and people do live in recovery from addiction. Community Awareness presentation on addiction, treatment, and recovery including a Project DAWN training was held in Suffield with 25 attendees.</p> <p>Karyn shared that having an Epi on staff at PCHD providing the overdose reports has been a huge asset.</p>

Increase treatment options for those with substance use disorder

<p>Year 1: Support Quest/Townhall II with the startup of their MAT clinic & ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p align="center">Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect data and monitor success rate of MAT programs.</p> <p>Continue collaborative expansion of MAT training and programming efforts.</p> <p>Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue to strengthen collaboration with and referrals to AxessPointe MAT clinic.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: John /Karyn: No new activity.</p>

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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Implement and increase prevention programs			
<p>Year 1: Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p align="center">Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>	<p align="center">Karyn Hall, Mental Health & Recovery Board of Portage County and Sarah McCully, Townhall II</p>	<p>October 1, 2018</p>	
<p>Year 3: Increase the number of schools and grade levels offering "Too Good For Drugs."</p> <p>Explore programming targeting children affected by parent drug use, in collaboration with Townhall II, Children's Advantage, and schools.</p>		<p>October 1, 2019</p>	<p>1-16-19: Karyn: Record Courier published a magazine called "Save a Life, Maybe Yours" about opioid and other addictions, prevention, treatment, and recovery. It was distributed at all the school districts, in the newspaper, and at major employer sites.</p> <p>Sarah (via email): Townhall II's Substance Abuse Prevention programming is funded through the MHRB. Those funds allow us to staff 4.5 full time employees. For this current school year, our Substance Abuse Prevention Programming received additional funds through the Commissioner's Office with the sales and use tax money. With this addition, Townhall II was able to hire 2 additional full time staff for Substance Abuse Prevention. One of these new staff members made it possible for us to serve the entire Crestwood School District. Townhall II did not serve Crestwood Primary, Intermediate or High School last school year. With our additional resources, we were able to implement Too Good for Drugs in 5 – 1st grade classrooms, 5 – 2nd grade classrooms, 5 – 3rd grade classrooms, 6 – 4th grade classrooms and 5 – 5th grade classrooms at Crestwood's Primary and Intermediate Schools. Project Alert was implemented in 5 – 6th grade classrooms, 2 – 7th grade classrooms and 3 – 8th grade classrooms, at the middle school and Too Good for Drugs and Violence High School was implemented in 5 – 9th grade classrooms.</p> <p>In addition to the 5 – 9th grade classrooms at Crestwood High School, the Sales and Use tax funding through the Commissioner's Office made it possible to implement the program in 9 classrooms at Kent Roosevelt High School, 10 classrooms at Ravenna High School, 5 classrooms at Streetsboro High School, 6 classrooms at Field High School, 4 classrooms at James A. Garfield High School, and 2 classrooms at Windham High School.</p> <p>Overall, the addition of the Sales and Use tax money, helped make it possible to facilitate Substance Abuse Prevention programming to at least 77 ADDITIONAL classrooms, which totals approximately 1, 694 ADDITIONAL students, as compared to the 2017-2018 school year.</p>

Implement and increase harm reduction initiatives

<p>Year 1: Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect data from law enforcement on where Narcan is needed in the community via GIS project between PCHD and KSU.</p> <p>Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.).</p> <p>Investigate incorporating quick response teams in Portage County.</p> <p>Continue to explore feasibility of implementing a needle exchange and/or needle collection program.</p> <p>Promote drug take-back days.</p>	<p>Joseph Diorio & Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2018</p>	
<p>Year 3: Continue to provide Naloxone and education through Project DAWN to community and law enforcement.</p> <p>Continue promoting drug take back boxes and days.</p> <p>Implement Recovery Outreach Teams.</p>	<p>Joseph Diorio & Becky Lehman, Portage County Combined General Health District and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: Becky; 2018 Project DAWN numbers: Community Project DAWN: Kits distributed: 188 Classes held: 56 People trained: 518</p> <p>Law Enforcement/First Responders: Kits distributed: 6 Doses distributed: 336 (uses and replacement of expired) Revivals: 27 Deaths after Narcan use by law enforcement: 3 Unknown outcomes after Narcan use by law enforcement: 2</p> <p>Karyn: A Recovery Outreach Team (peer support specialists from Townhall II, Coleman, and Family & Community Services) began working with the first responders Streetsboro, Brimfield, and Aurora to follow up after an incident involving drugs/alcohol. Between Oct-Dec, they responded to 4 incidents.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Increase the number of health care providers screening for drugs and alcohol			
<p>Year 1: Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)</p>	<p>October 1, 2017</p>	
<p>Year 2: Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p>Year 3: Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Substance Abuse partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: John/Karyn: Action step discussed with Advisory Committee</p>

Advocate for substance abuse and criminal justice issues

<p>Year 1: Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health & Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p align="center">Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts of year 1.</p> <p>Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue advocating for Medicaid expansion.</p> <p>Consult with Portage County jail to encourage expansion of treatment services within the jail clinic.</p> <p>Work with Ohio legislature on the failed Issue One for decriminalizing possession and recommend treatment instead of incarceration.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>1-16-19: John/Karyn: The Coalition and the Mental Health & Recovery Board decided to take a neutral position on State Issue One known as the "Neighborhood Safety, Drug Treatment, and Rehabilitation Amendment." The overall purpose of the issue was to reduce the number of people in state prison for low-level, nonviolent crimes that reduces charges for drug possession offenses from felonies to misdemeanors and requires community services and treatment instead of prison. The issue did fail in November. The Coalition decided to create an advocacy committee in 2019 to address this issue with our legislatures.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Implement a Tobacco and Smoke Free Policy on Kent State University campuses			
Year 1: Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*	Shay Davis Little, Kent State University	October 1, 2017	
<p>Year 2: Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule.</p> <p>Increase promotion of tobacco cessation initiatives for both students and employees.</p> <p>Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population.</p> <p>Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks</p> <p>Implement tobacco free community festivals throughout the broader population within Kent City</p>	Melissa Celko, Kent State University and Jeff Neistadt, Kent City Health Department	October 1, 2018	
<p>Year 3: Review tobacco laws/initiatives for effectiveness:</p> <ul style="list-style-type: none"> • Complaints received • #s and %s of cessation services graduates • Enforcement data from KSU • Violations issued from Kent city Tobacco 21 law 		October 1, 2019	<p>1-16-19: Mike: Working on starting the tobacco 21 compliance checks for retailers to see how many are complying to this. Kent 27 facilities that sell tobacco and vaping products.</p> <p>Chris met with Julie Volchek from KSU to discuss tobacco use on campus. At this time, it doesn't seem that this is an issue they think we (PCHD) can do assessments on.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB			
<p>Year 1: Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p align="center">Jeneane Favaloro, AcessPointe Community Health Center</p>	<p align="center">October 1, 2017</p>	
<p>Year 2: Research the Community Pathways Model which addresses social determinants of health and potential implementation mechanisms to increase access and health outcomes.</p>	<p align="center">Joseph Diorio, Portage County Combined General Health District</p>	<p align="center">October 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2.</p> <p>Implement a series of educational workshops on Medicaid programs throughout the community that includes underutilized Medicaid programs and resources; such as NET, specialized recovery services, buy in for workers with disabilities and Medicare premium assistance programs.</p> <p>Utilize ACESSPointe's CAC's (Certified Application Counselors) to educate the community on accessing health insurance by creating a bi-monthly Health Insurance Outreach events; ACESSPointe CAC's will educate individuals at outreach events about the healthcare options for those who qualify for Medicaid/Medicare and what insurance option plans are available for those that don't qualify.</p>	<p align="center">Christina Herra, Job and Family Services</p> <p align="center">and Denico Buckley-Knight, AcessPointe Community Health Center</p>	<p align="center">October 1, 2019</p>	<p>1-15-19: Stephanie: Denico and Ana Thiesen are no longer with ACESSPointe. Bhujel CHW will be for Kent.</p> <p>Stephanie: provided outreach to international students at the resource fair to offer information on healthcare access.</p> <p>A project called Touch Point (similar to Health Leads) was started last semester. Students from college of Public Health goes into ACESSPointe. They provide a standardized survey to assess social determinants of health. It fits into their EMR. It is called Touch Point. It is given in the waiting room with the thought that people may open up to someone that is not a physician. If there is a flag from the answers, then that person will be contacted by the CHW. They had 75 participants and 40 refusals. They are putting this in as part of the check in service now. Will continue this next semester. Data is being collected and looking at seeing if there is a link to chronic diseases.</p> <p>Cinnamon goes to the Windham Food Pantry monthly to address that portion of PC. She provides info on insurances available.</p> <p>Christina: September 27 they will host a transportation forum and in June they will have a senior forum.</p> <p>Shared services for all benefit programs. Now working on getting food stamp vouchers out before shutdown.</p>

Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities

<p>Year 1: Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beaird, Kent State University College of Public Health and Amy Lee, NEOMED and CHIP steering committee</p>	<p>October 1, 2017</p>	
<p>Year 2: Share relevant student projects (undergrad, MPH, PhD)</p> <p>Continue to develop the Kent City Academic health department through projects related to access to care needs and opportunities.</p> <p>Expand the use of NEOMED SOAR (student run free clinic) for community education and outreach.</p>	<p>Chris Mundorf, Hiram College and Ken Slenkovich, Kent State University and Amy Lee, Northeast Ohio Medical University</p>	<p>October 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p> <p>Develop a referral system for SOAR to obtain diagnostic tests and preventative screenings such as x-rays, ultrasounds, and mammograms. Track the number of patients screened in accordance with recommendations.</p>	<p>Maria Lamontagne and Lacy Madison, SOAR Student Run Free Clinic</p>	<p>October 1, 2019</p>	<p>1-15-19: Maria: visited Lorain County to see how they get diagnostic care. Right now they get their labs from UH Portage. Working on some providers are having specialty care days. Also working with KSU for nutrition students to offer those services. Now open 3 Saturday's each month.</p> <p>Amy via email: no change in status—for any type of project that would be good to include university students, would be good to contact Ken for KSU, and Amy for Consortium of Eastern Ohio Master of Public Health, and Chris for Hiram. We have provided a list of types of projects that our students do. I will touch bases with them to see if we can also provide some guidance on how you/agencies might determine the best school to contact.</p> <p>Mindy (via email): In 2018, UH Portage had a total of 135 undergraduate nursing students. This includes both students in clinical rotation with instructors and students doing a practicum placement with preceptors. Spring 2018: 77 Summer 2018: 16 Fall 2018: 42</p> <p>There were 46 pharmacy students at UH Portage in 2018.</p> <p>Mike KCHD: they had a forum with the LGBTQ community. There is not enough HIV testing sites available. They are uncomfortable to go to Planned Parenthood, using PARTA, and using the Kent Health Center.</p> <p>Packets were made to advertise health care services available in and around Kent.</p> <p>They had 7 interns last semester.</p> <p>A webinar was given to show how they utilize the academic health department to address gaps.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase transportation through a county Transportation Plan			
<p>Year 1: Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		<p>October 1, 2018</p>	
<p>Year 3: Increase efforts of years 1 and 2.</p> <p>Explore the idea of follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p> <p>Promote transportation training to more community organizations and track NET usage.</p>	<p>Karen Towne, Portage County Combined General Health District and Rebecca Abbott, Job and Family Services</p>	<p>October 1, 2019</p>	<p>1-15-19: Claudia: Katherine has left PARTA. Would like to continue the project of providing another training in 2019.</p> <p>Clayton-PARTA: map project will continue. Meeting will be held next Monday to discuss the next steps on the mapping project. This uses PARTAs fixed routes and shows where the medical providers are.</p> <p>Christina-JFS: 800 rides per month for the NET program. Has seen an increase of use. Now has their own driver to fill in gaps for when PARTA is not able to fill in that route.</p>

Develop an Access to Care Coalition

<p>Year 1: Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favalaro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p> <p>Continue to expand partnership of the coalition.</p> <p>Review baseline data and gaps of services (dental needs).</p> <p>Assist in coordination of efforts across HEAL, Mental Health, and Substance Abuse priorities in reference to primary care office screenings to investigate collaborative opportunities for system solutions with the three major health systems regarding the following:</p> <ul style="list-style-type: none"> • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p>Year 3: Continue and expand upon efforts from years 1 and 2.</p> <p>Explore prevention/enabling services/programming to address the population needs.</p> <p>Create a committee to put together an information packet regarding healthcare options in Portage County that can be distributed easily in schools, churches, and other groups. Include access to transportation, how to apply for insurance coverage and clinic info. Compare Medicaid statistics of each community vs census data to identify target communities.</p>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department and Christine Herra Job and Family Services</p>	<p>October 1, 2019</p>	<p>1-15-19: Joe: Coalition did not meet this last quarter. Karen Towne will transition into the access to care coalition to combine the transportation coalition into the access to care coalition. Will be working on developing strategies to increase access to care in the county. There are 2 UH Portage locations now (Ravenna and Kent). They are seeing an increase in students from KSU being seen at the UH Kent site. The student health center is not open on weekends. The goal is looking at all of the services that are available in the county and getting those services to the residents.</p> <p>Rose: Faithful Servants opened a free care clinic in February in Windham at the Renaissance Center. They closed in November due to lack of people using the clinic. My Choice Medical health center, a for profit, opened on 10/26-18 in Windham. They are reporting that they are doing well. Opened limited days. Would like to open a small hospital in the future. PCHD is still providing immunizations the same day as the food drive day. My Choice is willing to allow PCHD to offer immunizations at that clinic. Rose is exploring that idea.</p> <p>Joe: Pointed out that the CHA identified the need for health care in the eastern portion of Portage County. That is what drove Faithful Servants to open in Windham. It is still being looked at for AxessPointe to open a clinic in Windham.</p> <p>Chris: There is a Windham resident that is also a student that is doing an internship project to do a health survey in Windham. Chris offered that if there is something that anyone is looking to gain info about Windham residents.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Increase the Use of Safe Sleep Practices			
<p>Year 1: Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment.</p> <p>Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.</p>		<p>October 1, 2018</p>	
<p>Year 3: Explore opportunities for additional community partnerships and funding sources to continue pack n' play and safe sleep education to families in need.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman and Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p>1-15-19: Becky: Contacted Akron Children's Hospital to see if we could partner with them. They receive Cribs for Kids funding and list Portage County as one of the counties they serve. They are not able to provide us any pack n' plays from that grant. Also worked with Portage Foundation for funding. They are not able to provide funding. They have changed their criteria for providing grant dollars. PCHD continues to provide pack n' plays using general fund dollars until additional funding can be found. 5 distributed in last quarter.</p> <p>Kim: Need to look at Safe Kids funding for this initiative,</p>

Implement a Safe Kids Coalition			
<p>Year 1: Research implementation of a Safe Kids Coalition.</p>	<p>Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p>Year 2: Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)</p> <p>Explore gun safety programming.</p>		<p>October 1, 2018</p>	
<p>Year 3: Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.</p> <p>Increase partnership and funding sources for the Akron YMCA's Safety Around Water program to be delivered in Portage County elementary schools (2nd grade). Sequoia Wellness plans to add at least one additional school to the program in 2019 (previously implemented in Rootstown Schools).</p>	<p>Ali Mitchell, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p> <p>and</p> <p>Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p>1-15-19: Ali: first meeting held on 10/25 and the next meeting was on 11/29. The next meeting is January 24th. Working on vision, mission, etc.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Safe Routes to School			
<p>Year 1: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>		<p>October 1, 2018</p>	
<p>Year 3: Raise awareness to the Kent Community on Safe Routes to School.</p> <p>Explore and recruit potential members to Serve on a Safe Routes to School committee.</p> <p>Research and apply for safe routes to school funding sources to incentivize participation in the program.</p>	<p>Jeff Neistadt, Kent City Health Department and Portage County Safe Kids Coalition</p>	<p>October 1, 2019</p>	<p>1-15-19: Mike: Did a transportation walkability assessment in Kent. Will use the data to apply for a Safe Routes to School for the city.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Expand the evidence based Fall Risk Reduction Program			
<p>Year 1: Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue to increase Matter of Balance program in multiple locations. Deliver at least two Matter of Balance programs through Sequoia Wellness at the NEW Center.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p>1-15-19: Ali: MOB completed at Aurora Senior Center with 13 graduated in October. Scheduled to start MOB classes at UH Portage in January. Seven participants signed up. PCHD finally received the new curriculum. Jackie: Had 14 participants in the last quarter take part of the MOB at Sequoia. Looking to schedule next session in March.</p>

Expand the Child Passenger Safety Program

<p>Year 1: Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts from year 1.</p> <p>Provide car seat check events throughout the county throughout the year.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p> <p>Explore partnering with local hospital to provide child passenger safety seat education; focusing on safety seats involved in car accidents.</p>		<p>October 1, 2019</p>	<p>1-15-19: Ali: One car seat check event held in October. Total for 2018 was 5. There will be a car seat check event at the Rootstown Fire Department on February 23 from 10am -noon.</p> <p>Total of 5 car seat check events were held in 2018. 21 convertible seats distributed Oct-Dec 2018. 113 for the year. 7 booster seats distributed Oct-Dec 2018. 34 for the year.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Expand Activities of Safe Communities Fatal Crash Review			
<p>Year 1: Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.</p>	<p>Lynette Blasiman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts from year 1 to meet Fatal Crash Review Board requirements.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.</p>		<p>October 1, 2019</p>	<p>1-15-19: Lynette: 2018 had a record low of fatal crashes with 7 crashes. 2 fatal crashes this last quarter, with one of those pending.</p> <p>2018Stats: 57% of leading cause, failure to yield No commercial driver fatal crashes 71% of drivers killed, 67% last year 3 motorcycle related crashes. None of the victims were wearing a helmet. Zero last year. Youngest at fault driver was 52 this year. Will be looking at a senior driving refresher course for defensive drivers to address the amount of impaired drivers and distracted drivers.</p>

Expand Activities of Child Fatality Review

<p>Year 1: Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.</p>	<p>Rosemary Ferraro, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts from year 1 to meet Child Fatality Review Board requirements.</p>		<p>October 1, 2018</p>	
<p>Year 3: Collaborate with county-wide partners to review child fatalities. An annual report will be produced by PCHD. It is hoped this report will provide communities with the tools to make significant, lasting policy changes that will have a positive effect on the children in Portage County for generations to come.</p>		<p>October 1, 2019</p>	<p>1-15-19: Anne: Last meeting was held in September. The next meeting is January 31st to discuss the last quarter. Total deaths 17 10 infants 5 children 2 teens Top four causes of death for 2018 Medical Prematurity Accidents Suicide</p> <p>Programming to address: Red Flags Education, safe sleep Child birth education Gun safety awareness, gun locks intervention Safe Kids</p>

**Mental Health & Addiction Community Outreach
2018**

Date	Event	Agency	Attendees
10/02	Coleman Coffee (introduction on coleman's services)	Coleman	5
10/06	Family Fall Festival, Ravenna Middle School	Townhall II, Children's Advantage	200
10/09	Portage Senior Celebration	MHRB	500
10/11	Ravenna School Staff Training	Children's Advantage	75-100
10/13	Ravenna on Display	MHRB	200
10/16	Mental Health Awareness for 9th grade Streetsboro	MHRB, Coleman	1000
10/23	Portage Substance Abuse Conference	MHRB, Health District	225
10/24	Community Awareness on Addiction, Treatment	MHRB, PCHD, Townhall II	30
10/25	Mental Health First Aid, Safety Council	MHRB, Coleman	25
10/26	Crestwood Staff Training	Children's Advantage	75
10/27	Rootstown Expo	MHRB, Townhall II	300
11/1	Leadership Portage Human Services Day	MHRB & all	30
11/8	Waterloo teacher training	Children's Advantage	30-50

2018/2019 SCHOOL YEAR

Aurora

Too Good for Drugs: 1, 4

Crestwood

Too Good for Drugs: K, 1-5

Project Alert

Field

Too Good for Drugs: 4 (Suffield), 9

Project Alert: 7, 8

Ravenna

Project Alert: 7, 8

Too Good for Drugs: 10

Rootstown

Too Good for Drugs: 1, 2, 4

Southeast

Too Good for Drugs: 3

Project Alert: 6, 7, 8

Streetsboro

Too Good for Drugs: K, 10

Project Alert: 8

Waterloo

Too Good for Drugs: K, 1, 2

Windham

Too Good for Drugs: K, 1, 2, 3, 4, 5, 9

Project Alert: 6, 8

St. Patrick's

Project Alert: 8