

# PORTAGE COUNTY



## Community Health Improvement Plan 2020-2022

# Priority #1: Mental Health, Substance Use and Addiction

**Strategy 1:** Assess, develop, and provide mental health resources to youth and adults in Portage County.

**Goal:** Improve mental health outcomes.

**Objective:** By December 31, 2022, decrease the percent of adults and youth feeling sad and hopeless by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Provide baseline for number of youths being assessed in the schools for mental health concerns.</p> <p>Develop awareness campaigns on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ resources for youth, colleges, and adults.</p>	<p>April 2020</p>	<p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>April 2020: Karyn Kravetz (via email): Planned a conference to raise awareness of mental health issues among adults, primarily focusing on the workplace dealing with anxiety due to financial and job stress. Conference to be hosted by Leadership Portage County in April 2020.</p> <p>July 2020: Karyn via email: The SOAR Clinic (free community clinic at NEOMED) began a protocol for screening patients. They will use the PHQ4 (depression &amp; anxiety) and the CAGE AID (substance abuse). If there is a positive screening for mental health, the results are sent to the behavioral health coordinator who will consult. The clinic is open on Saturdays from 8am-2pm but had to close due to the pandemic just as the protocol began. During the 2019-2020 school year, Children's Advantage screened 644 of students for mental health concerns.</p> <p>During the 2019-2020 school year, Coleman Professional school-based counselors assessed 45 students and provided counseling to 902 students (from Field, Kent, and Rootstown school districts). The Mental Health Board promoted men's mental health in June on social media and promoted counseling for treatment. The Leadership Portage County Mental Health conference is being rescheduled to spring 2021 due to pandemic.</p> <p>October 2020:</p>

		<p>Karyn: Distributed Mental Health &amp; Recovery Board rack cards to Akron Children's location in Ravenna. Also distributed local Portage mental health &amp; addiction resources at Recovery Drive-thru events and at Kent's Coronavirus testing site. The Record Courier &amp; Weekly Villager ran articles on stress during COVID and overdoses and suicide increasing this year. Several social media posts promoting the crisis phone and text lines.</p> <p>Children's Advantage and Coleman are working with school districts to offer mental health services in the schools and are utilizing Telehealth and face to face service delivery. Children's Advantage held 13 trainings for the staff at James A Garfield, Ravenna, and Streetsboro before the school year began on Staying Mentally Healthy during the Pandemic.</p> <p>Youth in foster care impacted by the opioid crisis participating in Kent State's First Star are being offered group sessions with their caregivers on relationship strengthening, effective communication, conflict resolution, social skills, and strategies to manage their stress and trauma by a Coleman counselor. (This is a new program.)</p> <p>Held a virtual Mental Health First Aid class free to the community. Two more classes will be held in October.</p> <p>January 2021: Karyn: Coleman's First Star Academy Program at Kent State University for youth in foster care due to the opioid epidemic began October 2020. The student groups covered topics such as the importance of staying connected with others during the pandemic, embracing the changes of the upcoming holidays that are occurring due to the pandemic. A group for caregivers focused on self-care during the holidays and the pandemic. Mental Health First Aid classes held virtually this fall. 38 people received the training.</p> <p>Shared information about stress related to the pandemic and local</p>
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		<p>resources through the Portage Safety Council, area food banks, and on social media during the holiday season. Coleman ran radio ads in September and October 2020 for suicide prevention.</p> <p>Janet: had a Mental Health First Aid session held for medical students. A few administrators were present too. Feedback that the material was for general public. Behavioral health consultant from Coleman is at each of the clinics. About 50% of the patients are engaged. In process of developing a MAT clinic. Hope to have it up and running in the next 3 to 6 months.</p> <p>Stephanie: Behavioral health counselor is continuing. Tele-counseling going well. FC will have a part time psychiatrist on site twice per month. This will start end of January.</p> <p>Penny will work with Karyn and Bill Russell on working with primary care providers to incorporate assessment of mental health in regular visits.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>		<p>April 2021: Coleman was awarded almost \$4mil dollars to become a CCBHC demonstration site from SAMHSA. As part of this, we will be implementing over the next several months a Mobile Crisis program and a certified ACT Team.</p> <p>Coleman also is recruiting for, and close to hiring, a Crisis Specialist to being performing after-the-fact outreach to community members who have contact with Law Enforcement but are not arrested or placed on an involuntary hold. This will function somewhat similarly to our Recovery Outreach program</p> <p>MHRB joined the Health &amp; Wellness work group for the Greater Akron LGBTQ+ Community Needs Assessment led by a Kent State Public Health researcher.</p>

			<p>Shared crisis text, Portage Helpline, and stress and depression information at Health District vaccine clinics and area food pantries.</p> <p>July 2021: Karyn: Children’s Advantage screened 434 kids last year and provided therapy to 159 children during the 2020-2021 school year.</p> <p>Coleman served 64 unique individuals in school-based services during the 2020-2021 school year.</p> <p>9 pizza shops in Portage County agreed to distribute our “We’re Here for You” crisis line flyer. The participating shops are located in Atwater, Garrettsville, Kent, Mantua, Ravenna, Rootstown, Streetsboro, and Windham.</p> <p>Packets with local resources we distributed at area Easter Basket give-aways.</p> <p>Joan Seidel: KSU is starting a LGBTQ+ clinic and are working on a health assessment for the county.</p> <p>Nicole: Children’s Advantage has a LGBTQ+ support group.</p>
<b>Year 3:</b> Continue efforts from years 1 and 2.			

Strategy 2: Screening for Adverse Childhood Experiences (ACEs) using a standardized tool.			
Goal: Improve behavioral health outcomes.			
Objective: Implement ACEs screenings in five different Portage County locations by December 31, 2022.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Portage County Trauma Informed Care Collaboration will assess agencies, organizations, disciplines etc. who could benefit from implementation of the ACEs, provide training on ACEs implementation, and collect data on Portage County ACE outcomes.</p> <p>Adopt a community-wide <b>screening tool</b> for ACEs and target the screening towards those who serve economically disadvantaged and/or minority populations.</p>	April 2020	NiCole Thomas, Children’s Advantage	<p>April 2020: NiCole Thomas (via email): The Portage Trauma Informed Care Collaborative met monthly and changed their name to the Portage Resiliency Movement and created a vision statement: The Portage Resiliency Movement will raise awareness of the impact of trauma, embrace a culture of resiliency, and support current &amp; future generations to thrive. The group is exploring</p>

<p>Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.</p> <p>Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.</p> <p>Pilot the tool in at least one new entity.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual abuse, and violence through community awareness event.</p> <p>Hold one community awareness event on the prevention of traumatic experiences.</p>			<p>methods for implementing ACEs across multiple organizations and planning an awareness event. A presentation on trauma's impact was given to Crestwood Middle School students during their "See Something, Say Something" week by a Children's Advantage counselor.</p> <p>July 2020: NiCole Thomas: Family Center was not able to launch in March as previously planned. Gearing to do a virtual open house. Working on implementing the Family Center now and providing the services and programs they have available. Working on getting referrals out to the community so agencies can provide referrals directly. Working on implementing the model even with the center not fully open. Trauma strategy: Portage Resiliency Movement-looking at getting mission and vision out to the community. Community collaboration across agencies. Plan was to have a community event. Looking at planning a virtual event. Looking at how to implement ACES across the scopes of services. Bridges Out of Poverty offered to PCHD staff before COVID-19. They are working on Getting Ahead and doing small groups to teach.</p> <p>October 2020: Karyn: Children's Advantage continues to use the ACEs at diagnostic assessment and has also begun screening parents who we open as clients at The Family Center. This allows us to assess the intergenerational impact of trauma on the family unit.</p> <p>January 2021: NiCole: Portage resiliency is on hold. Talking with Portage DD to reconvene the project to start working on initiatives for the community.</p>
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		<p>ACEs being implemented at Children's Advantage with children and parents. Working well in addressing trauma with the whole family.</p> <p>School counselors trained in trauma. All Children's Advantage counselors continue training.</p> <p>Children's Advantage continues to assess ACEs at diagnostic and included ACEs in the parent assessment as well. Parents are showing an increased number of ACEs that appear to directly impact their parenting.</p> <p>Children's Advantage trained 30 Field School District teachers on the impact of trauma on the brain and how to help the brain development and around 30 Juvenile Detention Center personnel on trauma and children's mental health issues.</p> <p>Stephanie and Bill: Coleman and AxessPointe have a different screening tool they use.</p> <p>Megan: ACEs is being utilized in the behavioral health assessments at AxessPointe.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>	<p>April 2021: The Portage Resiliency Coalition resumed meeting in 2021. A trauma training is being planned for the fall. The group is also exploring Ohio's Handle with Care Model for implementation.</p> <p>July 2021: Karyn: Screening tool for ACEs will be assessed through portage resiliency Movement as part of a project initiative.</p> <p>All families that are being assessed at the Children's Advantage Center Family Center are screened using the ACEs and that data is being used to implement treatment recommendations accordingly. We</p>

		<p>are currently serving 10 families with the Family Center model who are active, serving 127 children of trauma in the center actively, and has begun implementing resilience outcomes to measure the overall resilience of the families. To date we have not had any removals from the home of the children served at the family center. We recently wrapped up our Kinship/Relative placement group, Stepped Up, and received positive feedback from the groups regarding support, respite, and resources they gained from the group.</p> <p>There will be a community-based training on trauma planned by the Portage Resiliency Movement Handle with Care is continuing to be explored and are in planning phase of how to implement and pilot in Portage County with at least one school district.</p> <p>All Townhall II's Horizon House residents are given the ACEs inventory at admission or shortly after their admission. Any score of 4 or more results in a referral for a MH/VOCA assessment. The inventory is scanned into their clinical record. We have been doing this for at least a year.</p> <p>NiCole: Trauma informed care presentation/training will be available for the community- "Handle With Care". Looking at October for start date.</p> <p>All families are assessed with ACEs.</p>
<p><b>Year 3:</b> Continue efforts from years 1 &amp; 2.</p>	<p>December 31, 2022</p>	



**Strategy 3:** Screening for suicide for patients 12 or older using a standardized tool

**Goal:** Decrease suicide deaths.

**Objective:** Implement suicide screenings for patients 12 or older in five Portage County healthcare settings by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Introduce <b>C-SSRS</b> to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p>	<p>December 31, 2020</p>	<p>Bill Russell, Coleman</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>April 2020: Karyn Kravetz (via email): C-SSRS is being used at UH Portage ED and Coleman. Aurora City Schools is planning to train staff. Coleman is building the C-SSRS Brief screener into every appointment (goal to launch by end of 2020). The Board introduced the C-SSRS pocket cards to the Police Chiefs and discussed future trainings. Two trainings for police officers are planned for May 2020. QPR Train the Trainer was held in Feb 2020. 4 staff members from the Board and agencies received training. Suicide Prevention Coalition members attended and distributed gun safety and suicide prevention materials at the Portage Sportsman Banquet with over 200 people in attendance.</p> <p>July 2020: Karyn via email: At UH Portage, every patient who comes into the ED is screened with the CSSRS during the triage process. Coleman is expanding use of the CSSRS 'Screener' and the CSSRS SAFE-T protocol as formal screening/assessment tools internally. Police officers to be trained on the CSSRS Screener at advanced Crisis Intervention Team training when it is held later in 2020 (has been delayed due to pandemic).</p> <p>October 2020: Karyn: Letter to the editor published in Record Courier and Weekly Villager on the importance of gun safety and suicide awareness in September for Suicide Prevention month. All Board funded agencies (Children's Advantage, Coleman, Family &amp; Community Services, and</p>

		<p>Townhall II) utilize the C-SSRS during assessment and as needed throughout client's care. Created a C-SSRS training video to be released in October to the police departments.</p> <p>Bill: Coleman is working internally-in a 5-year long grant-tasked with zero suicide programming. Getting ready to start year 3. Screening internally has changed to Columbia scale. Will be implemented November 1<sup>st</sup>. Working on updating marketing materials and campaign. Continue to offer mental health first aide training virtually.</p> <p>January 2021: Karyn: C-SSRS training video to the police departments. Coleman's Suicide Care Pathway rolled out 11/15 including the use of the CSSRS Screener at every appointment. Clients with a positive screen for suicidal ideation on the Screener then receive a Columbia SAFE-T protocol screening to further determine need for full safety evaluation or prepare a collaborative safety plan and stay in the community with follow up. Suicide awareness and gun safety rack cards were mailed to a dozen gun distributors in Portage County with the help of a local gun store owner.</p> <p>Bill: Working on a zero-suicide pathway for the last two years. Similar to the Care Pathway model. Every client is screened at every session using the Columbia. Indication in chart for up to a year if you meet the risks. Rolled out in November. All clinical staff are required to be trained in this model. These are all evidence-based practices.</p> <p>Townhall II, UH Portage, AxessPointe all use the Columbia tool.</p>
<p><b>Year 2:</b> Evaluate and expand outcomes from year one.</p>	<p>December 31, 2021</p>	<p>April 2021: CSSRS training provided to 44 Kent City law enforcement officers</p>

			<p>through the CIT Refresher training provided by Josh Bartholomew in March.</p> <p>Suicide awareness and gun safety rack cards and gun locks were distributed at the Portage Sportsman Dinner.</p> <p>July 2021: Karyn: CSSRS training provided to 18 law enforcement officers through Crisis Intervention Team training.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Initiate conversations regarding the feasibility of integrating the screening tool into a system(s)-wide electronic medical record system.</p>	December 31, 2022		

**Strategy 4: Youth alcohol/other drug prevention and mental health programs**

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, decrease youth usage of e-cigarettes, alcohol, and marijuana by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p>	December 31, 2020	<p>Sarah McCully, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>April 2020: Sarah McCully/Karyn Kravetz (via email): Drug prevention curriculum is being taught in all 11 Portage school districts by the Townhall II prevention specialists. The Board received funding from the state to enhance the programming with the schools after each district completes a needs assessment and action plan. The funds are to be spent by 6/2021.</p> <p>A Youth Leadership Summit was held in Jan 2020 to kick-off a youth-led prevention initiative attended by over 100 high school students from 7 Portage school districts. A prevention specialist from Townhall II is working with the student groups after the summit to keep them engaged.</p> <p><i>Personal Body Safety</i>, a child violence awareness and prevention program for students Pre-K – 5<sup>th</sup> grade, was implemented at West Main Elementary, Suffield, Waterloo, James A. Garfield and</p>

		<p>Walls Elementary. <i>Stand Up</i>, a sexual assault awareness and prevention program for middle and high school students, was implemented at James A Garfield, Windham, Aurora, Streetsboro, BioMed, and Stanton Middle School. <i>Families First</i>, a 6-week family education program, was set to start at Southeast Intermediate on March 12 and had to be cancelled due to the Stay at Home order. Participants are receiving weekly parent newsletter with educational materials they would have received during the program as well as tips and activities for children, online learning resources and self-care tips.</p> <p>All in classroom prevention programming went virtual starting the week of March 22<sup>nd</sup>. All classrooms continue to receive the programs through interactive PowerPoints created by each Prevention Specialist. Specialists also use Kahoot to create interactive workbook pages, pre and post tests and surveys. Kahoot also allows the prevention specialists to communicate with the students when necessary.</p> <p>July 2020:  Karyn via email: During the 2019-2020 school year, provided drug prevention education to 4,218 students in Portage County. The community centers (Community Action Council, Skeels and King Kennedy) are closed due to the pandemic. The Townhall II Prevention Department created weekly packets of games, activities and quick reads for kids and parents around the topics of substance abuse prevention, violence prevention and social and emotional learning distributed to the families at the centers this summer. Townhall II prevention staff compiled tobacco/vaping polices for each school district.</p> <p>October 2020:  Sarah: Townhall II decided to offer programs virtually in all schools.</p>
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		<p>This will look different-taking time to get the programs up and running.</p> <p>Kent Streetsboro Garfield Aurora Southeast Rootstown Ravenna Too Good for Drugs and Project Alert: Starting with older kids first because of the curriculum.</p> <p>Programs for kids who are caught smoking on grounds, etc. are being held virtually.</p> <p>Karyn: MHRB exploring grants to expand prevention programs. Townhall II is conducting Marijuana and Vaping Education classes online as a prerecorded program free to all the school districts. We have had one student complete this training so far this year. The Youth-Led specialist is also in contact with the high school groups from the conference. The Board is exploring other grants to expand prevention offerings.</p> <p>January 2021: Sarah: Started providing programs in high school and middle school level and working down to the younger grades. Creating lessons to be provided virtually.</p> <p>Kent Roosevelt, and Stanton, James A. Garfield, Streetsboro, Windham, Aurora, and Southeast using in Middle and/or high school.</p> <p>Aurora, Garfield, Southeast, Windham will be implementing the program in elementary schools.</p> <p>K-5: Too Good for Drugs 6-8: Project Alert 9-12: Too Good for Drugs</p> <p>Both programs are nationally accredited, and evidence based.</p>
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		<p>Karyn: Townhall II delivered drug prevention lessons virtually to middle &amp; high school students in Aurora, James A Garfield, Kent, Southeast, Streetsboro, &amp; Windham in the fall of 2020.</p> <p>The Mental Health &amp; Recovery Board received federal funding from the State Opioid Response grant to provide early diversion services to adolescents who are at risk for developing substance abuse disorder. The project is projecting to serve at least 50 clients in the first year. Work will begin in 2021.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>	<p>April 2021: Townhall II is continuing drug prevention lessons virtually and working with the high school students on their youth led projects. Staff is being trained in Signs of Suicide, a mental health/suicide prevention curriculum to implement next school year.</p> <p>Townhall II is preparing for a youth 6-week summer camp that will take place in Windham. Sessions to be included on Substance Use and Abuse Prevention, Recreational Therapy (alternatives to substance use) and Life Skills and Violence Prevention.</p> <p>July 2021: Karyn: Townhall II's prevention department service 2416 students during the 2020-2021 school year utilizing the evidence-based Too Good for Drugs and Project Alert curriculums.</p> <p>Townhall II's is hosting a summer camp in Windham with 6 participants. They are also working with over 35 youth this summer at the King Kennedy and Skeels Community Centers.</p> <p>Children's Advantage began providing Early Diversion intervention at the schools for youth who are at risk for developing substance use</p>

		disorders. 4 youth were served in the 2020-2021 school year.
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022	

Strategy 5: Community-based comprehensive plan to reduce alcohol and drug abuse			
Goal: Decrease substance use.			
Objective: Decrease adult excessive drinking and risky behaviors and raise awareness of the harmfulness of marijuana and e-cigarettes to adults by 2%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p>	December 31, 2020	Karyn Kravetz, Mental Health and Recovery Board	<p>April 2020: Karyn Kravetz (via email): The annual Substance Abuse &amp; Mental Health Conference is being planned for fall 2020.</p> <p>July 2020: Karyn via email: The City of Kent is planning to implement a Designated Outdoor Refreshment Area (DORA) in downtown. The Prevention committee requested that adult alcohol awareness messaging be included with the promotion of the DORA and suggested messages about low-risk drinking guidelines, binge &amp; heavy drinking, addiction helpline at Townhall II phone number, and drinking and driving. The city agreed, and will include messages on the DORA cup, poster, and kiosk. The cup includes "Please drink responsibly and never drink and drive.", the poster has a "Health &amp; Safety" heading that asks people to drink responsibly and utilize a taxis and designated drivers. The kiosk includes those items plus the Townhall II Addiction Helpline number. The annual Substance Abuse &amp; Mental Health Conference will not be held in person due to the pandemic. Webinars and video conferencing is being explored.</p> <p>October 2020: Karyn: The Annual Conference is cancelled this year due to the pandemic. Instead, the Portage Substance Abuse Community Coalition we will be hosting</p>

		<p>different speakers and topics in the next several Coalition meetings and promoting the meetings to the community. Some of the topics we are trying to secure speakers for are marijuana risks, adult alcohol use &amp; the pandemic, prevention basics and prevention in practice in Portage County, and a Portage County update.</p> <p>January 2021: Karyn: Held a virtual mini-conferences during Coalition meetings – open and promoted to the public.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>	<p>April 2021: Stats from the Prosecutor's office: 2019 = 1176 OVI cases in Portage County 2020 = 908 OVI cases in Portage County 2019 = 827 felony drug related cases. 2020 = 592 felony drug related cases</p> <p>July 2021: Karyn: The Village of Garrettsville is planning to adopt a Designated Outdoor Refreshment Area in their downtown area this summer. The Board requested that the Village includes prevention messages as the City of Kent has done on their cups, posters, and kiosks. It was also suggested they require the beverage vendors to attend a TIPS training. TIPS provides education and training for the responsible service, sale, and consumption of alcohol. Proven effective by third-party studies, TIPS is a skills-based training program designed to prevent intoxication, underage drinking, and drunk driving.</p>
<p><b>Year 3:</b> Continue efforts from year 2.</p>	<p>December 31, 2022</p>	



**Strategy 6:** Increase awareness and accessibility of treatment options for those with substance use disorder.

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, establish MAT resources and referrals systems in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on the number of Ohio jails that offer Medication Assisted Treatment (MAT) and at what capacity; including MAT upon release from jail.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Explore feasibility for continuing care programs in the schools and community.</p>	<p>December 31, 2020</p>	<p>Rob Young, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>April 2020: Rob Young/Karyn Kravetz (via email): Efforts began to collect baseline data on MAT procedures for Ohio jails. UH Portage discontinued their withdrawal management program. Board and agencies monitoring the detox needs of the community and held meetings with Pinnacle Treatment Centers as they will be opening a detox center at UH Portage in June 2020.</p> <p>July 2020: Karyn via email: Medication-assisted treatment has been available for residents during the pandemic at Townhall II's Opioid Recovery Clinic and AxessPointe. Treatment options increased during the pandemic, with telehealth being available for mental health &amp; addiction clients. Methodone is now available in Portage County at Medmark Treatment Center. Recovery Works Portage (Pinnacle Treatment Centers) detox center opened at UH Portage in June 2020.</p> <p>October 2020: Karyn: In July 2020 Children's Advantage had several staff trained in 7 Challenges for adolescent substance abuse treatment. All staff were trained on ASAM as well. Children's Advantage now offers AoD treatment to adolescents.</p> <p>Al Barber: Is there data to see who/where people are being referred to treatment? Karyn: Over 50% of people in treatment come from those who have experienced an issue in law enforcement.</p> <p>January 2021:</p>

		<p>Karyn: The Mental Health &amp; Recovery Board received federal funding from the State Opioid Response grant to expand medication-assisted treatment and peer recovery support services, initiate a new intensive home-based treatment team, and offer a family-centered group treatment for substance abuse. Work on these projects will begin in 2021. NEOCAP is planning to open at MAT clinic on campus in the spring.</p> <p>Bill: Intensive home-based treatment team-will be covered by Medicaid. 3 or more hours a week with family. 12 weeks of treatment. Integrated co-occurring treatment is part of it. Will be working with Center for Innovative Practices with Case Western Reserve. Clients will come from JFS and Coleman clients.</p> <p>NiCole: Working with developer of a family program. Provide services for the family unit-will bring everyone together as well as separate out as needed. Can be implemented virtually initially and then will move to in person when able. Impacts of addiction on the family unit. Will link to other resources and recovery centers in the community. Hoping to implement in the next few months.</p> <p>Janet: MAT should start in the next 3 to 6 months.</p> <p>Stephanie: Has a new MAT/CHW on site. Working with clients on MAT to get transportation, housing, etc. She is onsite Monday-Friday. She will be fulltime MAT/CHW soon. MAT clinic is busy. Four providers are working it part time. Suboxone and Vivitrol are used. Most Suboxone. The goal is to get the clients to Vivitrol.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>	<p>April 2021: In 2020, Coleman started approximately 11 people in jail on oral naltrexone and had 15 jail clients transition to their</p>

			<p>medication-assisted treatment program after release.</p> <p>July 2021: Karyn: Townhall II's Opioid Recovery Clinic has seen in increase in Medication Assisted Treatment patients.</p> <p>The Board received a donation of 1,000 fentanyl test strips to begin distribution here in Portage County. The Recovery Outreach team will add them to the resource bags on their follow up calls several other organizations will have them available. Each test packet includes the Addiction Helpline number to connect them to treatment when they are ready.</p> <p>Janet: NEOMED provides MAT trainings and certifications. Looking at community-based MAT clinic on campus. Open to all community, not just SOAR. Increase the number of physicians being trained.</p> <p>Numbers of students and physicians being trained on MAT. Number of physicians being certified for MAT.</p>
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

**Strategy 7: Safe Communities campaign**

**Goal:** Reduce drinking and driving.

**Objective:** By December 31, 2022, host nine events per year focused on sober driving in Portage County.


Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.) Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).</p>	<p>December 31, 2020</p>	<p>Lynette Blasiman, Safe Communities Coalition</p>	<p>April 2020: Lynette Blasiman (via email): Monthly meetings were held in January, February, and March. Events/Activities include: Super Bowl collaborative social media messaging, awareness tags in partnership with pizza shops, Love Your Life event at Maplewood Career Center, and St. Patrick's Day collaborative social media messaging.</p> <p>July 2020: Lynette: Due to COVID-19, no events have been held.</p> <p>Safe Communities utilized social media to get messaging to the community. 695,382 people were reached through collaborative social media messaging and partnerships from April 1-June 30, 2020.</p> <p>The Fatal Review Board met on July 13<sup>th</sup> and reviewed 4 fatal crashes</p> <p>October 2020: Lynette via email: July-August-September: reached 1,028,867 people through media, activities and social media Collaborative social media messages: seat belts and Drive Sober or Get Pulled Over Kickoff 0 coalition meetings 1 Fatal Review Board meeting - July Media releases submitted 2 1 event: virtual fair – 5 locations</p> <p>Becky: Coalition will begin meeting in person in November.</p> <p>January 2021: Lynette via email: 4<sup>th</sup> quarter: 2 coalition meetings: November and December</p>

		<p>2 Chief of Police meetings: October and December  1 Fatal Crash Review Board meeting: October – reviewed 2 crashes  Activities: material distribution, collaborative social media messages, radio interview/PSA's and Holiday PSA videos  People reached (public awareness goal)  October: 461,422  November: 131,305  December: 615,846  Total for 4<sup>th</sup> quarter: 1,208,573</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>	<p>April 2021:  Lynette: In 2020, there were 13 fatal crashes, and more than half involved drugs or alcohol. First fatal crash was May 1, 2020. Trends from first quarter 2021 – 2 fatal crashes, but neither involved drugs/alcohol. Both occurred on SR 14 and older drivers. ODOT to study both crashes. Safe Communities will receive increased grant funding due to the increase in fatal crashes over the past three years. Community collaborations provide a unified message.</p> <p>July 2021:  Lynette:  April-2 fatal crashes/ at-fault ages: 16 and 32  May- 1 fatal crash / at-fault age: 36  June: 4 fatal crashes/ at-fault ages: 71 – 50 – 40 – 59  Total for quarter: 7  Jan-June, 2021: 10 fatal crashes and 10 related deaths  Alcohol/drug related data incomplete – long delays in toxicology results</p> <ul style="list-style-type: none"> <li>• During same quarter 2020: 4 fatal crashes at-fault ages: 24 – 24- 33- 53</li> </ul>
<p><b>Year 3:</b> Continue efforts from year 2.</p>	<p>December 31, 2022</p>	

**Strategy 8: Tobacco-free policies****Goal:** Decrease tobacco use.**Objective:** By December 31, 2022, implement tobacco-free policies in at least three Portage County multi-unit housing units and at least one school.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on which organizations, multi-unit housing facilities, schools parks, and other businesses currently have <b>tobacco-free policies</b>.</p> <p>Provide education to residents to assist with the transition of the multi-unit housing complexes to a tobacco-free policy.</p>	December 31, 2020	Mike Anguilano, Kent City Health Department	<p>April 2020: Karyn Kravetz (via email): A Vaping Task Force was formed in Jan 2020 and we develop and attempt to implement point of sale policies for e-cigarettes.</p> <p>Mike Anguilano (via email): First round of policy evaluations; three Kent area multi-unit housing complexes have received education regarding the perks of going smoke free.</p> <p>July 2020: Karyn via email: No update regarding surveying of housing complexes in Portage County; Townhall II reported to the PC Vaping Task Force that they are also surveying schools in Portage County for vaping/tobacco policies and enforcement; still would like to collect additional data on other Portage County businesses and their tobacco policies</p> <p>October 2020: Mike: Working to compile info status of tobacco free policies with businesses in Kent.</p> <p>Focusing on at-risk housing complexes in Kent and throughout Portage County.</p> <p>January 2021: Mike: Spread sheet created with current policies for some businesses. Want to focus on behavioral health centers to incorporate a smoke free policy.</p>
<p><b>Year 2:</b> Begin efforts to adopt tobacco-free policy in parks, fairgrounds, schools and other public locations.</p>	December 31, 2021		<p>April 2021: Mike: Will reach out to Portage Parks regarding Tobacco-Free Parks policy. It is challenging to access schools but hopefully programming and partnerships can resume next</p>

Implement a 100% tobacco-free policy in at least 1 Portage County School District.			fall. Hope for at least one school district to adopt NEOLA Policy.  July 2021: No updates.
<b>Year 3:</b> Continue efforts of years 1 and 2. Target 2 additional multi-unit housing complexes and additional school districts to adopt a tobacco-free housing policy.	December 31, 2022		


Strategy 9: Links to cessation support 			
Goal: Decrease tobacco use.			
Objective: By December 31, 2022, increase participation in tobacco cessation program(s) by 15%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p>	December 31, 2020	<p>Mike Anguilano, Kent City Health Department</p> <p>Ali Mitchell, Portage County Health District</p> <p>UH Portage Medical Center</p>	<p>April 2020: Mike Anguilano (via email): Evaluated tobacco cessation options in Kent/Portage County and will reach out about patient load; taking to Kent City School District about working alongside a science teacher to talk about smoking/vaping, quitting, and COVID-19 factor. Created ad for PARTA buses to promote My Life, My Quit (vaping cessation program).</p> <p>Mindy Gusz (via email): Two people completed tobacco cessation series during 1<sup>st</sup> quarter.</p> <p>July 2020: Karyn via email: No update regarding new patient load for current cessation services; discussed vaping cessation (through My Life, My Quit) program with PC Vaping Task Force and how to better integrate it into the schools. Ohio Department of Health said that latest state data showed very low implementation for My Life, My Quit, mostly due to school being abruptly halted.</p> <p>Will need better partner collaboration to promote smoking cessation options in Portage County Portage County Quit Line calls were down 8.1%</p>

			<p>from this time last year (86 in 2018-19 to 79 in 2019-2020)</p> <p>Ali: PCHD is working with UH Portage to develop a cessation program to be held virtually.</p> <p>October 2020: Mike: My Life, My Quit-working with nurse at Kent Roosevelt with this program.</p> <p>Working on a point of sale policy at licensed retailers-offers cessation resources.</p> <p>Karyn: Townhall II is offering classes for free to schools on vaping and marijuana. Tobacco cessation is a topic that may have grant funds.</p> <p>Clayton: PARTA is tobacco free for many years for passengers. Not supposed to have smoking at bus stops, Kent Gateway. Looking at no smoking at main campus as well. No vaping on buses either. Mike asked if there are resources available for employees to quit. Clayton stated now the employees are pushed through the EAP program.</p> <p>January 2021: Mike: Quit Line: Drop in calls to Quit Line. Campaign to increase call numbers will be forthcoming.</p> <p>Vaping Task Force working on point-of-sale policy to require cessation cards at all retailers in the City of Kent. Requires all point-of-sale retailers to have quit line materials. Will put to the Board of Health in Kent tonight.</p> <p>My Life, My Quit: States recommended program for students and vaping. Intent is to work with student led group at Kent Schools. Info may be posted at other community centers in the county.</p>
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		<p>Karyn: The Mental Health &amp; Recovery Board received federal funding from the State Opioid Response grant to purchase Nicotine Replacement Therapies and pay for behavioral health counseling for clients with a Tobacco Use Disorder co-occurring with an opioid use or stimulant use disorder. Work will begin in 2021.</p>
<p><b>Year 2:</b> Continue efforts of year 1. Look for opportunities to reduce out of pocket costs for cessation therapies. Ensure any new tobacco cessation programs are promoted.</p>	<p>December 31, 2021</p>	<p>April 2021:  Mike: PARTA bus signs through June - COVID/Smoking linkage, offer Ohio Quit Line number. Interior bus signs provide e-cigarette educational messaging. Social Media messaging continues. My Life My Quit resource sent to schools.  New ordinance requires all tobacco vendors and retailers to post Ohio Quit Line at point of sale   Ali: No tobacco cessation classes have been offered. Very little interest, although PCHD can offer virtual classes upon request. Attended Kent Vaping Task Force (virtual meeting) in January.   Townhall II programming related to health equity and tobacco cessation to begin in July (mini grant)   July 2021:  Karyn: Townhall II's Opioid Recovery Clinic can offer free Nicotine Replacement Therapy (patches) to anyone with a history of stimulant and/or opioid use or abuse. BH services that focus on nicotine reduction/stop smoking are also available and are incorporated into overall abstinence when clinically appropriate (when the client wishes to discuss their tobacco use or wants to stop).   The Kent City Health Department is partnering with the Mental Health &amp; Recovery Board to raise</p>

			<p>awareness of tobacco/vaping dangers and to connect people to resources through funding from their tobacco grant. The campaign includes ads on billboards, streaming services, and in local newspapers.</p> <p>Mindy: Through UH services, there is a program for physician referral for cessation services. 28 referrals made for Portage County zip codes. Virtual classes being done.</p> <p>PC is re-strategizing local cessation services.</p> <p>Increase communication of referral services of tobacco cessation services at the UH hospital system.</p>
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

Strategy 10: Data sharing 			
Goal: Increase data sharing among Portage County organizations.			
Objective: By December 31, 2022., create and implement a written plan that addresses data sharing for coordination and continuity of care among Portage County agencies.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p> <p>Aggregate data sharing is useful at the micro and macro level. At the micro level, providers need this information to effectively plan and implement care, especially in transitions from agency to agency, or level of care to the next. At the macro level, officials and administrators can use this data to make population health-level decisions about program effectiveness, risk areas, gaps in care. This information can also be helpful in requesting funding or making new collaboration decisions.</p>	December 31, 2020	<p>John Garrity, Mental Health and Recovery Board</p> <p>Bill Russell, Coleman</p>	<p>April 2020: Karyn Kravetz (via email): no updates</p> <p>July 2020: No updates.</p> <p>October 2020: Karyn/Bill: No movement on this strategy. Bill is looking for an individual to fill this role.</p> <p>January 2021: Karyn: Working with Kent State School of Public Health received a 5-year Drug Prevention SAMHSHA grant. They are compiling data with a computer science tracking program to monitor the substance use trends in Portage county by collecting data from Twitter, Instagram, and the dark web with geo location markers. They plan to release a dashboard in 2021.</p>

			<p>Crisis Intervention Team Coordinator are collecting data on the mental health calls police department respond to each month. AT this point, Streetsboro Police is submitting data. The coordinators are reaching out to the other county departments to ask them to participate.</p> <p>Megan: Plan to release a beta version of a dashboard within the year. The following year will release the full version of the dashboard.</p>
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		<p>April 2021: No update. Data will be available at next meeting.</p> <p>July 2021: No updates.</p>
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

Discussion:

Karyn: COVID-19 is putting a weight on people's mental health. Remember self-care as providers as well as our clients.

Note from Mary McCracken: Seeing more suicide gestures and attempts. Families are stressed with remote learning, loss of jobs, and feelings of isolation.

Help line received 239 primary COVID concerned calls in 2020. Secondary COVID calls was 469 calls in 200.

Carrell: promoting travel training for individuals virtually and in person. Taught a hybrid class on bus is still running. All routes are running. Ridership is down. Cleveland Express route is not running at this time.

## Priority #2: Chronic Disease

### Strategy 1: Food insecurity screening and referral

**Goal:** Reduce food insecurity.

**Objective:** Implement a food insecurity screening and referral in at least three additional Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Research the <b>2-item Food Insecurity (FI) Screening Tool</b>, or another screening tool, and determine the feasibility of implementing the food insecurity screening and referral program in another location.</p> <p>Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral. Address food insecurity as part of routine medical visits on an individual and systems-based level.</p> <p>Inform participating locations on existing community resources and referral options such as 2-1-1, WIC, SNAP, school nutrition programs, food pantries, and other resources.</p> <p>Implement the screening tool in at least one additional location with accompanying referral options and evaluation measures. Target screenings towards those who live in or serve economically disadvantaged populations.</p> <p>SOAR will screen patients to identify needs; follow-up resources are provided and tracked.</p>	December 31, 2020	<p>UH Portage Medical Center</p> <p>Janet Raber and Lacy Madison, NEOMED SOAR</p>	<p>April 2020: Mindy Gusz (via email): Investigated and determined which screening tool will be utilized during quarter 1. During the 2<sup>nd</sup> quarter the 2-question food insecurity screening tool will be implemented during outpatient nutrition counseling and at diabetes classes and support group at UH Portage Medical Center.</p> <p>July 2020: Mindy: Outpatient will be doing a questionnaire regarding food insecurity. Intern working on resources guide on food insecurity. Will be out soon. Food sources available in Portage County.</p> <p>Looking at food pharmacy concept for UH Portage physicians. Helps with chronic disease management. UH is looking to expand this concept. The food pharmacy has an educational component that includes shopping with a nurse to best educate on chronic disease.</p> <p>Janet: Would like info on the Odus Moss food pharmacy discussed by Mindy. Looking at a caring fund concept that would include gift cards for food to identified clients. Also include info on food banks.</p> <p>October 2020: Janet: SOAR has a social Determinants of Health team to help with food insecurity.</p> <p>Mindy: Food for Life program-medical staff made a gift of \$60,000. Participating starting the program in December. Physician groups that have been identified will ask</p>

		<p>screening questions. If a person answers yes to food insecurity, then they will receive a referral. Can provide food for a family for 4. This is to manage chronic disease and provide nutritious food. Would like to expand in the next few years. Looking at grants for sustainability. Most of the food comes from the Akron Food Bank.</p> <p>Food insecurity questions were added to the EMR.</p> <p>Amy: WIC recently changed the screening forms and added food insecurity questions. Surprised how many people they are referring to food pantries.</p> <p>Joe: Is there mapping of the food desert areas and areas of the highest food insecurities? Maureen will see if 211 has maps of food pantries.</p> <p>Is anyone looking at the status of food pantries with COVID-19?</p> <p>Maureen: United Way is working with all food pantries. Have a COVID response fund-helped PC food pantry apply for up to \$1000 at a time. Most are applying monthly. They are seeing an increase due to job loss and kids home from school.</p> <p>Center of Hope and Salvation Army moved to drive thru model. Center of Hope is providing boxed meals. There are an abundance of resources available through 211-food, housing, utilities are highest topics.</p> <p>Mindy: Works with KSU on community gardens. The HEAL guide is a comprehensive and current listing of resources available in Portage County.</p> <p>January 2021: Janet: incorporating social determinants of health screening with every visits. Struggle with the telemedicine visits. Looking at ways</p>
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		<p>to formalize the visits to start with the screenings. SOAR has a medical student that is a dietician. She is seeing patients.</p> <p>Mindy: Food for Life program will be opening in January. Providers will do a questionnaire. If they are identified as needing food, they will be referred to the Food for Life program. Akron Food Bank provides a lot of the food. Prioritized the program with cardiologists and Ravenna Primary Care offices to pilot the program. Area provides a venue that the clients will feel like they are shopping. Referral will last 3 months. The person will work with a dietician. At this point, other providers cannot refer to. UH Portage is modeled off of the downtown UH system program.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>	<p>April 2021: Mindy: Food For Life Market opened in January. Primary Care physicians and Cardiology refer patients that screen positive for food insecurity. During first quarter, 28 households (59 individuals) were served. Food is provided through a contract with Akron Canton Regional Food Bank. Outpatient Dietitian is also screening for food insecurity and making referrals. 24 screenings completed first quarter and five were referred to Food for Life by Dietitian. Hope for increased funding and expansion in the future.</p> <p>July 2021: Mindy: UH Portage Medical Center Food for Life Market received 36 new referrals and provided food for those individuals and their families. Dieticians also screened 24 clients and 7 screened positive for food insecurity with referrals made. 50 pounds of UH Portage Medical Center extra food was donated to the Center of Hope. 139 free lunches were provided by the UH Portage Medical Center Kids summer lunch program.</p>

		<p>Clayton: Extra Hiram trip and new Garrettsville stops to address food security. Added a stop at Dollar General in Garrettsville.</p> <p>PARTA is looking at better language for riders guide for best practices for groceries on the bus.</p>
<b>Year 3:</b> Continue efforts from years 1 and 2	December 31, 2022	

**Strategy 2: Nutrition prescriptions**

**Goal:** Increase fruit and vegetable consumption.

**Objective:** Implement nutrition prescription program in Portage County by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Research <b>nutrition prescription programs</b> and determine the feasibility of implementing them in local health care organizations.</p> <p>Explore the feasibility of creating a food pharmacy program that accepts nutrition prescriptions.</p>	December 31, 2020	<p>Stephanie Schulda, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p>	<p>April 2020: Janet Raber (via email): SOAR clinic-Patient education for DASH diet for Hypertension and Medical Nutrition Therapy for Diabetes. Meal Planning with portion control and exercise smart goals for obesity. Assessment for Food Insecurity</p> <p>Target BP (American Heart Association) education program. Providing nutrition education and home blood pressure monitors.</p> <p>July 2020: Janet: No progress made at this point.</p> <p>Stephanie: Working on expanding food is medicine program to Portage County. we are researching grants and working with senior leadership and nurse care manager to hopefully get this going soon.</p> <p>October 2020: Janet: No updates due to COVID-19.</p>

		<p>Sarah: Food is Medicine program at Akron/Arlington location. Changing it to a food pantry to be open one Saturday per month. Looking at adding it to the Barberton location. Next project will be in Portage County to include food is medicine program.</p> <p>Will review how they are impacting the patients/clients. Food pantry will allow for fresh fruits/vegetables and meats.</p> <p>Started working with Crown Point for donations of fresh vegetables. \ Working with Akron U to include recipe cards, etc.</p> <p>Provides enough food for the entire family.</p> <p>Amy: Windham will have a Dollar General that will provide fresh fruits and vegetables.</p> <p>January 2021: Stephanie: Nutrition Prescription (Food is Medicine) program in Akron has done well.</p> <p>Mary Helen (AxessPointe): Started in 2020 with a large grant. Addresses chronic diseases. Started at Arlington Street, Akron. Found many patients shop at Dollar Stores. Works with Akron Canton Food Bank. Changed status as Food program keeping with food is medicine. Expanding to the Barberton location next. Screening of all patients for food insecurity takes place. Kent will be quarter two. Dollars are in place. Portage County is being served through the Arlington Food Bank.</p> <p>Janet: no updates</p>
<p><b>Year 2:</b> Explore funding opportunities for integrating nutrition prescription programs into primary care venues, such as hospital clinics and FQHCs.</p> <p>Partner with local farmers markets and discuss the possibility of redeeming nutrition prescriptions at participating markets.</p>	<p>December 31, 2021</p>	<p>April 2021: No updates.</p> <p>July 2021: No updates.</p>



Continue efforts from year 1.			
<b>Year 3:</b> Continue efforts from years 1 and 2. Implement nutrition prescription program in Portage County.	December 31, 2022		


**Strategy 3: Healthy eating practices through fostering self-efficacy**

**Goal:** Increase fruit and vegetable consumption.

**Objective:** By December 31, 2022, at least one Cooking Matters class (per quarter) will be implemented in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Share Our Strength's <b>Cooking Matters</b> program through the Kent State University Nutrition Outreach Program.</p> <p>Work with at least one new organization, such as a school, senior center, or community center, to pilot an additional 6-week course of the Cooking Matters program. Offer the program to adults, youth, and families.</p> <p>Begin to implement Healthy MunchBunch in Portage County Schools with at least one new school to participate in the program. Healthy MunchBunch is a lunch time fruit and vegetable education program to increase fruits and vegetable consumption. Program will be measured by the change in fruit and vegetable consumption before and after program initiation.</p> <p>Measure knowledge gained through evaluations.</p> <p>Search for grants and funding opportunities to support efforts.</p>	December 31, 2020	Natalie Caine-Bish, Kent State University Nutrition Outreach Program	<p>April 2020: Natalie Caine-Bish (via email): Not a lot of progress due to lack of funding and then the swift change to virtual education. The cooking education program to youth who are living in group/foster homes ran in January, February, and March.</p> <p>July 2020: Natalie: KSU Nutrition has not been able to move forward due to COVID-19. Just back on campus since June 22<sup>nd</sup>.</p> <p>A spring program started this spring—free weight program for anyone in the community. 13-week program that is virtual. A person meets with a dietician a total of 7 times for 30-60 minutes each. Healthy eating is the foundation of the program.</p> <p>Haymakers Farmers Market is doing a program for SNAP program. \$20 of free tokens per week. Garrettsville Farmers Market is also running this program.</p> <p>October 2020: Natalie via email: KSU is still doing the MightyPack program on a very limited basis. KSU are completing a second round of weight management telehealth clients now.</p>


			KSU will be offering a diabetes telehealth program in January along with weight management.  January 2021: No updates.
<b>Year 2:</b> Continue efforts to implement at least one Cooking Matters class per quarter.  Utilizing the <b>Cooking Matters at the Store framework</b> , conduct quarterly grocery store tours by a Registered Dietitian or Health Educator in grocery stores throughout the county. Measure knowledge gained through evaluations.  Measure knowledge gained through evaluations.  Continue to increase the number of schools each quarter participating in Healthy MunchBunch Programming.  Continued work on finding grants and funding opportunities to support efforts.	December 31, 2021		April 2021: No updates.  July 2021: No updates.
<b>Year 3:</b> Continue efforts from years 1 and 2.  Measure knowledge gained through evaluations	December 31, 2022		

Strategy 4: Prediabetes screening and referral 			
Goal: Prevent diabetes in adults.			
Objective: By December 31, 2022, increase the number of prediabetes screenings by 15%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Establish baseline for prediabetes screenings conducted in Portage County.  Raise awareness of prediabetes screening, identification and referral through dissemination of the <b>Prediabetes Risk Assessment</b> .  Promote free/reduced cost screening events within the county.	December 31, 2020	Stephanie Schulda, AxessPointe  Janet Raber, NEOMED SOAR  UH Portage Medical Center	April 2020: Mindy Gusz (via email): Identified a prediabetes screening tool during quarter 1 which will be implemented during 2 <sup>nd</sup> quarter 2020. Had a total of 9 people attended the diabetes education series and support group.  Janet Raber (via email): SOAR Clinic: ODH T2DM Collaborative Project;

		<p>Screening for Prediabetes/Diabetes in women 18-44 years with gestational diabetes. Feb. 2020-Feb, 2021</p> <p>Screening for prediabetes with Family Medical History, Obesity.</p> <p>Target Diabetes (American Heart Association) education program. Will provide glucose meters and test strips to those who need them.</p> <p>July 2020: Janet: SOAR is working on a collaborative with ODH to screen for diabetes. All women until age 44 are screened.</p> <p>Blood pressure and glucose meters are available for all patients that have hypertension and diabetes. There is a follow up call by student volunteer for education and ensuring the client is able to use the equipment correctly. They received a grant for test strips and monitors. Encourages self-management.</p> <p>Stephanie: Staying the same course that includes a diabetic questionnaire. Now doing telehealth for current diabetic patients. They are still seeing patients in office as needed.</p> <p>Mindy: Outreach strategies are on hold due to COVID-19. Physician offices are continuing to provide care.</p> <p>Jackie: Diabetes program continues. Looking at expanding to a chronic disease program. Looking at providing services during COVID-19. Looking at seeing how the small groups can be changed to meet safely. More updates to follow.</p> <p>October 2020: Janet: SOAR involved in a diabetes collaborative. Women 18-34 who have had gestational diabetes. Providing glucose meters to diabetic patients along with BP monitors. There is a patient education team to</p>
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		<p>ensure monitors are being used correctly-helping with self-management of disease.</p> <p>Sarah, AxessPointe: Looking at diabetes patients through a HRSA grant. Data is being collected.</p> <p>Mindy: Classes being held virtually through Ahuja Medical.</p> <p>January 2021: Janet: Did a drive-thru flu vaccine clinic in November. Provided diabetes information (pre-diabetes screening tool). Use pre-diabetes screening tool for women who had diabetes/hypertension during pregnancy.</p> <p>Stephanie: Added a CHW in the MAT clinic. Will monitor patients with diabetes.</p> <p>Mindy: screening being implemented via phone. 41% of persons screened are prediabetic. Continue to do prediabetes screening. Allows for connection with PCP's. Virtual diabetes support groups and classes being held.</p> <p>Janet: Seeing an impact between COVID and hypoglycemia. Compound the issue with food insecurity and access to healthy food.</p> <p>Mindy: Will continue to monitor to see what the long-lasting effects with people who have had COVID and chronic disease.</p> <p>Mary Helen: Addressing fear with people who are afraid to leave their homes to get healthy foods.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>	<p>April 2021: Mindy: Prediabetes screening completed on 11 individuals at a hospital event and 50% were prediabetic. Provided education and information on prediabetes to 43 individuals.</p>

			<p>Jackie: Sequoia will expand Diabetes Prevention Program to Prevention Works and will include all chronic diseases. Program will begin in May and will include a nutrition component by Registered Dietitian and small group personal training.</p> <p>July 2021: Mindy: Prediabetes screening completed on 60 people with 60% screening high risk for developing Type 2 Diabetes. Education and referrals made. 72 people received education and information on prediabetes at community education events.</p>
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

Strategy 5: Hypertension screening and follow up 			
Goal: Promote hypertension management in adults.			
Objective: By December 31, 2022, increase hypertension medication adherence by to 85%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Gather data on hypertension management interventions currently used in Portage County.</p> <p>Research barriers to medication adherence and best practices for hypertension management.</p> <p>Increase patient/community education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.</p>	December 31, 2020	UH Portage Medical Center	<p>April 2020: Mindy Gusz (via email): Provided 69 hypertension screenings and hypertension education to 194. Will research barriers and initiate best practices to increase medication adherence in quarter 2.</p> <p>July 2020: Mindy: Struggling with connecting with people during COVID-19.</p> <p>Using outpatient pharmacy to service community.</p> <p>Did identify some patient based and provider gaps.</p> <p>Janet: Sending blood pressure monitors to all patients with high blood pressure. Asking them to use the monitor that is sent for consistency. Education is also</p>

		<p>provided by student volunteers: including proper way to get a good blood pressure reading.</p> <p>October 2020: Janet: SOAR are using the target BP from American Heart Association. Following the guidelines for home monitoring. Sending out free BP monitors. They have a patient education team to help with getting an accurate BP. One of the medical students is a registered dietician and setting up visits.</p> <p>Mindy: Not able to provide in person education. Provides the opportunity to provide a machine through the pharmacy. Offers one-on-one education as needed.</p> <p>January 2021: Mindy: Difficult to manage virtually. Is providing counseling over the phone. Outpatient pharmacy has a low cost blood pressure machine available.</p> <p>Janet: Following guidelines from ACA, identifying patients with hypertension. If scheduled for in person or tele medicine call, a home blood pressure monitor and education is sent out. Education is low literacy and visually appealing. When received, a student contacts them and ensures the patient can use the monitor. 80% of patients who have identified high blood pressure have a home monitor.</p>
<p><b>Year 2:</b> Continue efforts from year 1. Increase awareness of hypertension screening, treatment, and follow up.</p>	<p>December 31, 2021</p>	<p>April 2021: Mindy: Provided information during Heart Month to 128 attendees (informational tables within hospital). Unable to perform blood pressure screenings at this time. Outpatient Pharmacy offers affordable BP monitors for patients to use at home.</p> <p>July 2021: Mindy: Provided 102 attendees education and information at</p>

		community education events. 60 people received BP screening at an outdoor event and referrals and education provided.
		Janet: Distributed 45 BP monitors since January 2020. Provide education on hypertension. Monitoring the adherence of medication. Pharmacy students follow up on medication adherence.
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022	

**Strategy 6:** Increase awareness of nutrition/physical activity resources

**Goal:** Decrease obesity.


**Objective:** By December 31, 2022, increase the number of Portage County providers utilizing the resource guide by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to offer nutrition/physical activity resources to physicians and develop a local community resource for physician use when referring their patients. Include items such as cost and transportation options in the guide.</p> <ul style="list-style-type: none"> <li>Establish a list/network of Portage County healthcare providers and organizations that would benefit from having a healthy eating, activity living (HEAL) resource guide.</li> <li>Develop a marketing plan for the HEAL guide.</li> </ul> <p>Develop and implement a sustainability plan to keep resources updated.</p>	December 31, 2020	Amy Lee, NEOMED	<p>April 2020: Amy Lee (via email): An MPH class of students is identifying physician offices in Portage County that can benefit from the Healthy Eating/Active Living guide that a previous class updated. A medical student has been selected to find out how these offices want to use the guide (e.g. hard copy vs. online vs. electronic copy); she will ask offices over the summer during her summer fellowship.</p> <p>July 2020: Amy Lee (Sophie Bell): Provided a powerpoint presentation on Healthy Eating Active Living guide. Local resources guide developed by students including food and activity. Updated with new resources and weblinks. Will reach out to Mindy and Natalie to include their resources. Quick reference guide was also created for resources.</p> <p>Network of Portage County healthcare providers was updated focusing on primary care providers (110, 38 practices). Also broke down</p>

		<p>to identify most needed locations for the resource guide. So far Sophie has contacted 8 offices. Most physicians are interested in the quick reference guide. Small guide that is business size will be printed and laminated. Also has a flyer made as well.</p> <p>PCHD will print and laminate signage. The resource guide will be posted on PCHD website.</p> <p>Mindy will work with Sophie to merge the two documents from both projects.</p> <p>Andrea: Is Portage County Regional Planning opportunities included on the resources list? Andrea shared the website on the recreation opportunities.</p> <p>Jackie: Challenge was closing of Sequoia due to COVID-19. Provided services through social media. Posted many wellness postings that are available-free to all. Looking at virtual memberships.</p> <p>October 2020: Amy Lee via email: MPH student spring class generated a listing of healthcare providers that would benefit from having a HEAL resource guide. A summer fellow medical student, Sophie Bell, contacted the providers to see if they wanted the guide electronically or hard copy. She also developed signage for offices. She collaborated with Mindy Gusz so that UH facilities could access the same resources. The HEAL guide is posted on the health district website.</p> <p>Mindy: HEAL guide was distributed to UH physicians and community agencies.</p> <p>January 2021: Amy: Movement on this project is on hold due to COVID-19.</p>
<p><b>Year 2:</b> Continue efforts of year 1, including marketing and sustaining the guide.</p>	<p>December 31, 2021</p>	<p>April 2021:</p>



Implement the marketing plan so that at least 50% of the providers/organizations on the list are notified and have received information on the guide.			Amy Lee: A listing of providers that received signage and link was provided. Student identified 24 primary care offices, and 71% received the guide and supporting materials. Information shared with Mindy Gusz for distribution to UH Network physicians.  July 2021: No updates.
<b>Year 3:</b> Continue efforts of years 1 and 2, including marketing and sustaining the guide. Increase the number of stakeholders receiving information on the guide to 80%.	December 31, 2022		

Strategy 7: Prescriptions for health 			
Goal: Increase participation and active engagement with parks and programs.			
Objective: By December 31, 2022, increase participation in the Parks Rx program by 13% from the baseline.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Parks Rx program in Portage County.</p> <p>Increase participation among mental health and addiction communities. Increase participation by 3% from baseline.</p>	December 31, 2020	Andrea Metzler, Portage Park District	<p>April 2020: Andrea Metzler (via email): Held 4 Park Rx Classes were created in a series which included two yoga sessions, and two nutrition classes. Classes moving forward will likely be in a similar format.</p> <p>New campaign- Partnering with Portage County Safety Council on #GetOutside campaign to promote evidence that getting at least 120 minutes outside a week increases your health benefits. ** We are not official launched on this campaign but intend to fully promote as things begin to open back up.</p> <p>Due to COVID, programming has gone to a remote setting for all things related to Park Ex and education. As we navigate through social distancing requirements – it is even more essential to share the message that being outside and getting exercise outdoors is a benefit to your physical and mental health.</p> <p>July 2020:</p>

		<p>Andrea: Many things are being done remotely. Herb class was done remotely with UH Portage. Yoga offered virtually with PCHD. Partnered with Safety Council to do a Get Outside program. Promoted heavily with parks and activities listed. Plan to continue throughout the fall. Not yet tapped into the mental health and addiction side of programming.</p> <p>Streetsboro trail is under construction and opening this year.</p> <p>October 2020: Andrea via email: Update – Trail Lake Park in Streetsboro is coming right along and slated to open in late late October. Will have more information in the next week or so. We will continue park rx as we are able – it’s going to be REALLY important this fall/winter for mental and physical health.</p> <p>Al Barber: Utilization of Portage Parks has increased.</p> <p>Andrea via email: Park District is reporting that the trail ambassadors are seeing numbers that are double or triple typical usage. Summary is in the notes section.</p> <p>January 2021: Andrea via email: Park Rx programming has been primarily halted due to the pandemic, however we continue to use the platform and nature (see what I did there) of the program to share information on the importance of being outside for your mental and physical health.</p> <p>We are hoping to once again connect with partners to hold a spring/summer session of park rx. Similar programs as before – yoga, mindfulness, health and wellness, group hikes.</p>
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			<p>I am also hoping to connect with some of the mental health community members to see where our program fits their needs.</p> <p>Trail Lake Park opened in Nov 2020, and has since had over 11,000 visitors per our counter at the park! The park includes 1.62 miles of paved trail and 1.48 natural surface trail. While not directly park rx, it was certainly a great addition to our county at a much needed time.</p>
<p><b>Year 2:</b> Continue to monitor participation, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 8% from baseline.</p>	<p>December 31, 2021</p>		<p>April 2021: Andrea via email: We are working on bringing back limited in person programming to all of our programs including Park Rx. We have hired a PT Education Specialist who will assist in getting additional programs implemented as well as work with volunteers so we can grow our education offerings. We continue to offer a variety of ways to engage including podcasts for mindfulness hikes, yoga, guided hikes and more. Benches have been added at Trail Lake Park and Morgan Park – making it easier for those with lower mobility to visit the parks and work on their daily movement goals.</p> <p>July 2021: No updates.</p>
<p><b>Year 3:</b> Continue efforts, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 13% from baseline.</p>	<p>December 31, 2022</p>		

**Strategy 8: Community gardens**

**Goal:** Increase fruit and vegetable accessibility.

**Objective:** By December 31, 2022, maintain four community gardens in Portage County prioritizing food deserts.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Obtain baseline data regarding how many school districts, churches, and other community organizations currently have <b>community gardens</b> and where they are located, such as the Windham garden.</p> <p>Identify need for additional community gardens, focusing on food desert areas, and secure volunteers and/or Master Gardeners (ex: potential partnership with OSU Extension).</p>	<p>December 31, 2020</p>	<p>UH Portage Medical Center</p>	<p>April 2020: Mindy Gusz (via email): Multiple meetings have taken place during quarter 1 which identified two community gardens in Kent and Windham. Both gardens have collaboration between the KSU School of Public Health, Portage County Master Gardeners, and UH Portage Medical Center. Coordination was taking place to initiate a youth garden club at both locations to provide nutrition education and assess to the garden's production of fruits and vegetables to the youth and their families. Interns were identified to assist during the spring and summer seasons. Things sadly came to a quick stop with COVID-19.</p> <p>July 2020: Mindy: There is a community garden at Windham Renaissance Center. Using an intern with KSU Public Health-Ready Set Go program. No flowers in the garden. Picked 32 pints of strawberries in the last two months.</p> <p>There is a student run garden at NEOMED. Janet is looking into if the overflow can be accessed by the community.</p> <p>Stephanie Schulda: There is a community garden at Walls Schools.</p> <p>October 2020: Al Barber (Master Gardener): Food Forrest at the Windham Renaissance Community Center. Post pandemic will be to establish a program with the elementary school--start at garden club in Windham. Also would like to start an adult garden club in Windham as well.</p> <p>Another project is the Let's Grow Together in Kent--Working on</p>

		<p>starting a garden at The Haven in Ravenna.</p> <p>Mindy: Had a successful garden in Windham and provided produce to the free lunch program and food bank.</p> <p>January 2021: Mindy: continue to meet and plan for 2021. Additional Master Gardeners coming on board. Ready Set Grow collaboration led by KSU Public Health. Bringing the community gardens in the county together. Looking to expand into additional schools. Also looking into expanding into the recovery community. Let's Grow Together has a Facebook page.</p>
<p><b>Year 2:</b> Research grants and funding opportunities to increase the number of community gardens. Develop a sustainability plan to maintain existing and future community gardens year-round.</p> <p>Market current and future community gardens within the county (i.e. location, offerings, etc.). Update the marketing information on an annual basis.</p> <p>Implement 1 new community garden.</p>	<p>December 31, 2021</p>	<p>April 2021: Mindy: Community garden volunteers and advocates participating in Let's Grow Together Coalition started by KSU College of Public Health professor and students <a href="http://www.facebook.com/LetsGrowTogetherOH/">www.facebook.com/LetsGrowTogetherOH/</a> Goal is to increase funding through donations and grants to expand and sustain Portage County community gardens. Currently gardens are located at Renaissance Center and Walls Elementary. The Haven will also have a garden.</p> <p>July 2021: Mindy: Let's Grow Together Coalition Inc. was established to produce healthier communities by uniting educators, community leaders, and community members to engage and promote healthier living through gardens. Fund raising and grants are being established through the Portage County organization. 50 pounds of strawberries were grown and picked and distributed through the Renaissance Family Community Center in Windham. An additional garden was planted</p>

			at Bryn Mawr, an affordable senior apartment community. UH Portage is involved with 3 gardens located at the Windham Renaissance Community Center, Walls Elementary school in Kent, and Bryn Mawr senior apartment in Ravenna.
<b>Year 3:</b> Continue efforts from year 2. Implement 1 new community gardens.  Explore partnership opportunities to educate community members and families on gardening and healthy eating practices.	December 31, 2022		

**Strategy 9: Shared use (joint use agreements)**

**Goal:** Increase physical activity.

**Objective:** Implement at least three shared-use agreements by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on how many Portage County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.).</p> <p>Create an inventory of known organizations that possess physical activity equipment, space, and other resources.</p>	December 31, 2020	Amy Lee, NEOMED	<p>April 2020: Amy Lee (via email): An MPH class is compiling a list of organizations in Portage County that might have physical activity facilities. A summer fellowship medical student will use this list to find out more detail (e.g. hours of use, cost, etc.) of these facilities and see if they are willing to enter into an agreement for the public to use.</p> <p>July 2020: Amy Lee (Sophie Bell): Students put together a guide with 400+ facilities that may be interested with shared-use agreements. Looking at barriers due to COVID-19.</p> <p>October 2020: Amy Lee via email: An MPH student spring class generated a listing of organizations (58 schools, 112 churches, 49 businesses, and 192 other sports-related facilities) that might have facilities that they might share. These facilities were linked to a map with PARTA stops on PARTA website.</p>

			<p>A summer fellow medical student, Sophie Bell, found examples of shared use agreements for Portage County Health District to review. She generated a template of questions to ask the facilities, but without an example of a shared use agreement, she did not contact the facilities on the list.</p> <p>Becky: The program has been stalled due to COVID-19.</p> <p>January 2021: Movement on this project is on hold due to COVID-19.</p>
<p><b>Year 2:</b> Collaborate with local organizations to create a proposal for a shared-use agreement.</p> <p>Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters.</p>	December 31, 2021		<p>April 2021: Amy Lee: The health department was asked to agree on a boiler-plate agreement for organizations to view.</p> <p>July 2021: No updates.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement at least 2 additional shared-use agreements for community use in Portage County.</p>	December 31, 2022		

### Strategy 10: Community fitness programs

**Goal:** Increase physical activity.

**Objective:** By December 31, 2022, increase participation in organized physical activities by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to offer organized physical activities to adults, youth, and children. Obtain baseline data on the type, amount, and locations of organized physical activities in the county, and how many people participate.</p> <p>Identify the need for additional organized physical activities in specific locations. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from baseline.</p>	December 31, 2020	Jackie Smallridge, Sequoia Wellness	<p>April 2020: No updates.</p> <p>July 2020: Jackie: Sequoia just opened back up a few weeks ago. Working on engaging using virtual and social media. Working with the parks a lot to encourage physical activity aspect. Challenge: How do we do community outreach with no fairs and festivals.</p> <p>October 2020: No updates.</p>

			January 2021: Jackie: no updates this quarter.
<b>Year 2:</b> Continue efforts from year 1.  Implement additional organized physical activities. Target underserved areas of the county.  Increase participation in community fitness programs by 3% from year 1 baseline.	December 31, 2021		April 2021: Jackie: creating survey to send to local gyms, fitness facilities, parks and recreation programs to determine what activities are being offered now and in the future. The hope is that agencies can partner to offer programming in the future. Sequoia would like to partner with Portage Park District for their hike and walking club. Plan to offer small groups. Also increased planning with local senior centers.  July 2021: No updates.
<b>Year 3:</b> Continue efforts from years 1 and 2. Increase participation in community fitness programs by 3% from year 2 baseline.	December 31, 2022		

### Notes from Chronic Disease meeting:

Do we have a method to capture the id of food insecurities over the last few months as a result of COVID and closure of schools throughout our communities? UH Portage has partnered with the backpack program. Not sure if that will capture the number of identified food insecurities. At NEOMED, meals have been provided for Rootstown families-United Way grant.

Natalie: currently looking at young adults and will start collecting data with COVID and food insecurities-before and during. Many kids getting fed through summer meal programs. Big question is are we missing the gap kids of families that don't know about or how to use services that are available. Campus Kitchen Food Pantry needs to be put on the food security list.

Is there any info from Parks with increase in usage due to COVID?  
Yes, there are some stats on Google. Early on there was a 35% increase. Put in counters in some of the heavier trafficked trails. Summit County saw an over 100% increase.

Joe: Wanted to mention a free 40-day course that teaches concepts to integrate mindfulness daily at work in less than 15 minutes per day. [www.insighttimer.com](http://www.insighttimer.com) is free website for mindfulness resource.

January 2021 Notes:

Clayton: Looked at funding source for food delivery. Will reach out to see if there is any other funding/grants that may be available in Portage County. Service goal is to incorporate fresh foods into the transportation system.



Janet: Library services at NEOMED has a Stark County grant for community engagement with resources. Will work to try and disperse resources out to the community. If you have a community or educational resource that we would like to catalog or distribute that resource.

Joe: COVID-19 vaccine rollout for phase 1B is for individuals with congenital conditions-Not underline chronic disease.

## Priority #3: Maternal, Infant, and Child Health


### Strategy 1: Reproductive health interventions

**Goal:** Increase sustainability of women's reproductive health and wellness services.

**Objective:** By December 31, 2022, implement a women's reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible residents.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Implement activities to support infrastructure and sustainability of a women's reproductive health and wellness program. Activities to include insurance of billing infrastructure, Medicaid enrollment, direct health care services (family planning and prevention services, STI testing, pregnancy testing, and referrals).</p>	December 31, 2020	<p>Rosemary Ferraro, Portage County Health District</p> <p>Stephanie Schulda, AxessPointe</p>	<p>April 2020: Rosemary Ferraro: PCHD received Women's Reproductive Health grant from Ohio Department of Health. PCHD contracts with AxessPointe to provide services.</p> <p>July 2020: Stephanie: 230 patients since implementing Title 10. Had a women's health day with mammo van. Another day scheduled for July 23<sup>rd</sup>. Able to give goodie bags with handouts and education on women's health. There is some screenings being done via telehealth.</p> <p>October 2020: Stephanie: AxessPointe is moving on increasing access to Title 10 patients. Have had some women health clinics even during COVID. Scheduled the end of 2020 and 2021 420 Title 10 patients since the start of the program. Telehealth is being provided. Also scheduling in person appointments.</p> <p>Still working on a platform on the EMR that will bridge reporting. This will allow AxessPointe to see additional patients.</p> <p>Janet: SOAR is encouraging mammograms.</p> <p>January 2021: Stephanie: Title X grant-wrapping up ends with ODH. Exploring options for continuation of funding.</p> <p>End of November: 556 patients in Title X in Kent.</p>

<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021	<p>April 2021: No updates.</p> <p>July 2021: PCHD is no longer receiving Title X funding.</p>
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022	

Strategy 2: Home visiting programs that begin prenatally 			
Goal: Improve pregnancy and birth outcomes.			
Objective: By December 31, 2022, implement a prenatal/postpartum home visiting program to reduce preterm birth, low birth weight, and infant mortality.			
Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with local agencies and health care organizations to develop a home visiting program in Portage County that provides support to pregnant mothers to achieve healthier pregnancies and births and stronger child development to ensure babies reach their first birthdays.	December 31, 2020	Rosemary Ferraro, Portage County Health District	<p>April 2020: Rosemary Ferraro: No progress due to COVID-19 response.</p> <p>July 2020: Joe: Prior to COVID-19, we were planning on starting up a program with the hospital for home visits for new moms working to get newborn to its first birthday. PCHD has a new nurse with home health experience. Right now PCHD is working on COVID-19 response.</p> <p>October 2020: Rose: On hold due to COVID.</p> <p>January 2021: Joe: Project still on the Strategic Plan for PCHD. PCHD has a new public health nurse that has experience with this program.</p>
<b>Year 2:</b> Continue efforts from year 1. Work with local agencies to identify and enroll pregnant women into the program.	December 31, 2021		<p>April 2021: No updates.</p> <p>July 2021: As COVID-19 cases decrease, PCHD is planning on doing a feasibility assessment for home visiting program.</p>
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

**Strategy 3: Increase enrollment in WIC program**

**Goal:** Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants and children.

**Objective:** By December 31, 2022, increase WIC enrollment by 20%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Conduct an assessment on WIC enrollment in the past 10 years and identify barriers to enrollment.</p> <p>Determine strategies to increase awareness and accessibility of WIC.</p>	December 31, 2020	Amy Cooper, WIC	<p>April 2020: Amy Cooper (via email): We are continuing to explore barriers to enrollment in WIC, and strategies to increase awareness and accessibility, especially in light of COVID-19. This past quarter, staff visited Head Start classrooms to present a nutrition-themed puppet show and to promote our program. Children received WIC coloring books and outreach materials for their parents.</p> <p>In addition, we have drastically increased our social media outreach efforts and are continually adapting our service delivery methods to maintain social distancing and the safety of participants and staff.</p> <p>July 2020: WIC has seen a decline in enrollment. WIC has continued using a curbside model. WIC benefits are not available for curbside at grocery stores. WIC has some barriers that some of the other programs such as SNAP does not have.</p> <p>WIC did see a problem with some WIC products at the beginning of COVID-19. USDA did provide a waiver with types of milk due to the availability of 1% milk. Issues have resolved overall.</p> <p>October 2020: Amy: Services are being offered curbside. Push in August with the birth center. Would like to continue and increase collaboration. Provided outreach flyer to food banks, etc. Numbers are down but working to improve the numbers.</p> <p>January 2021:</p>

		<p>Amy: Many strategies on hold due to COVID. Being creative in getting education and messaging out. Serving clients curbside. Goal is to get clients in early to have an impact on chronic disease. Continuing to work on outreach.</p> <p>Heather: Would like to include WIC flyers in newborn packets and in the offices.</p>
<p><b>Year 2:</b> Continue efforts from year 1. implement strategies to increase awareness and accessibility of WIC.</p>	<p>December 31, 2021</p>	<p>April 2021: Amy: Increased outreach efforts to promote WIC and National Nutrition Month in March. Targeted outreach to employers including home health care, long term care facilities, pharmacies, Clinical Dietitians, and physicians. WIC is offering increased Cash Value Benefit for fruits and vegetables through July, as part of COVID-19 Relief Package. Participants over one year of age will receive \$35/month. Cheese is once again available as part of WIC's monthly food package.</p> <p>July 2021: Amy: Continued curbside WIC services. Current waivers expire in August. Telehealth and curbside services improve accessibility of WIC services.</p> <p>Recent outreach efforts</p> <ul style="list-style-type: none"> <li>○ All Portage County libraries received WIC coloring books and flyers for distribution to summer reading participants</li> <li>○ WIC flyers provided to Center of Hope, Kent Social Services, Salvation Army, Windham Renaissance Family Center</li> <li>○ PMHA Health Fair – promoted WIC to attendees, networked with other community partners</li> <li>○ Farmers' Market – distributed farmers' market coupons at Haymaker Market</li> <li>○ WIC materials distributed to Head Start/Early Head Start</li> </ul>

			for program enrollment packets
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

Strategy 4: Provide referrals/resources to all patients on health insurance access to ensure reproductive health care.			
Goal: Improve birth outcomes.			
Objective: By December 31, 2022, increase number of client referrals by 25%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with community health workers (CHWs), home visitors, or patient navigators to connect women of childbearing age to health insurance, resources, and a medical home.</p> <p>Identify and mitigate barriers to care.</p> <p>Establish baseline for client referrals</p>	December 31, 2020	Stephanie Schulda, Cinnamon Young, and Sara Russo, AxessPointe	<p>April 2020: No report</p> <p>July 2020: AxessPointe has seen a decline of CHW's due to COVID-19. Working with patients to get the resources by the front staff workers—right as they walk into the door of AxessPointe.</p> <p>October 2020: Stephanie: Continuing to provide referrals. They have CACs that contact patients that don't have insurance to see if they qualify for Medicaid. The reproductive health appointments are covered by Title 10 funding, even if they don't have insurance.</p> <p>January 2021: Stephanie: Still continuing CACs. The three CACs work from home and help people via phone. Open enrollment ended December 15<sup>th</sup>. AxessPointe ensures that all clients are hooked into the application counselors if needed.</p>
<p><b>Year 2:</b> Increase efforts from year 1.</p> <p>Increase client referrals by 25%.</p>	December 31, 2021		<p>April 2021: No updates.</p> <p>July 2021: no updates.</p>
<p><b>Year 3:</b> Increase efforts from years 1 and 2.</p>	December 31, 2022		

**Strategy 5: Create and implement a Safe Kids Coalition plan**

**Goal:** Reduce child injury.

**Objective:** By December 31, 2022, create and implement a plan with targeted activities for the Safe Kids coalition.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Safe Kids coalition.</p> <p>Work with coalition members to create a plan to guide coalition planning, outreach and activities. Include strategies such as Safe Route to School, Child Passenger Safety, Safe Sleep, etc.</p>	December 31, 2020	Ali Mitchell, Portage County Health District	<p>April 2020: Ali Mitchell (via email): A Safe Kids Coalition meeting was held on January 23, 2020. It was agreed that the coalition would focus on fall prevention in February.</p> <p>PCHD applied for the Put a Lid On It bike helmet grant and was awarded helmets for the summer of 2020.</p> <p>The March meeting was canceled due to COVID-19.</p> <p>July 2020: Ali: PCHD has been providing curbside pack n' play classes. WIC continued the program while PCHD was not able to continue due to COVID-19. Working with Rite Aid grant with Akron Children's Hospital. Including training for additional agencies to be part of the program.</p> <p>Amy: Columbiana County WIC worked with their Safe Kids to do a curbside Infant Safety Day. They were able to provide education and the participants could receive car seats, highchairs, etc. Looking to do something similar in Portage County.</p> <p>Heather Wuench: This was an event from Akron Children's through a grant. 72 families served with aim to provide services to 75 families at the end of the year. Heather Trnka would be the person to reach out to.</p> <p>October 2020: Becky: Car seat and pack n' play programs are being offered curbside.</p> <p>January 2021: Ali: Safe Kids was stalled due to COVID. Gave out 63 pack n' plays</p>

		<p>through Akron Children’s Rite Aid grant. Services provided through curbside. Starting the Cribs for Kids grant this month. Moms must be 32 weeks pregnant and WIC income eligible. A pre-approval process is implemented.</p> <p>Stephanie: Car seats and cribs are available at Kent location.</p>
<p><b>Year 2:</b> Continue efforts from year 1. Implement strategies from the Safe Kids Coalition plan</p>	<p>December 31, 2021</p>	<p>April 2021: Ali: Distributed three Pack and Plays in February. Challenges reported include pre-approval process and distribution at minimum 32 weeks gestation. Attended Akron Children’s Safe Sleep Advisory Meeting.</p> <p>July 2021: Ali: PCHD continues to provide curbside car seat and pack n’ play program appointments. There are new requirements from the Akron Children’s Cribs for Kids program. Participants need to be at least 32 weeks pregnant, WIC income eligible. Akron Children’s held a safe sleep drive thru on July 9<sup>th</sup> at the ACHIP office. They only had 1 person registered.</p> <p>PCHD will be revamping the Safe Kids Coalition to restart it after COVID-19.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Implement strategies from the Safe Kids Coalition plan.</p>	<p>December 31, 2022</p>	



# Cross-Cutting Strategies (Strategies that Address Multiple Priorities)



## Cross-Cutting Factor: Social Determinants of Health

Cross-Cutting Factor: Social Determinants of Health			
Strategy 1: Home improvement loans and grants			
Goal: Decrease severe housing problems.			
Objective: By December 31, 2022, increase the number residents obtaining home improvement loans or grants by 5%.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with the Portage County Home Improvement Program to collect baseline data on the number of home improvement loans and grant opportunities available to Portage County residents, including local, state, and federal loans or grants.</p>	December 31, 2020	Brad Cromes, Portage County Treasurer	<p>April 2020: Brad Cromes (via email): Finishing up the current Home Improvement Program and entering into a new phase of the project. Planning on reinvesting those funds in a new version of the program tied to the State of Ohio's programming, making it a more flexible for use by small businesses, farms, etc. The cratering of the bond market is making that a difficult proposition, so the effort is on hold.</p> <p>July 2020: Brad Cromes via email: This program remains in existence, with about \$149,000 left available for lending at our three partner banks (Portage Community, Hometown and Middlefield Banking Co.). At this juncture, we are pausing plans to add new funds to the program due to the extremely low interest rate environment we now find ourselves in (this program relies heavily on discounting loans, and there is little room for downward movement at this point). Having said that, we are in discussions with the Treasurer of State's office to expand at the earliest opportunity, mirroring our local program on state-level linked deposit programs that will free up capital for home improvements, environmental upgrades, small business development and more. This program will make County funds "first in" locally, and serve as</p>


		<p>a force multiplier for local homeowners and businesses.</p> <p>October 2020:  Brad: The Home Improvement Program remains in a winding-down phase. As I mentioned previously, the current interest rate environment is such that a rate-reduction program is of limited utility (though our program would provide access to capital for a small portion of the public who might not otherwise have it). Funds remain available for borrowing (about \$150,000), but we are not renewing the underlying CDs as they mature (meaning new funds are not being made available). It remains my hope to launch a new version of this program as soon as possible, closely modeled on and complimentary of state-level linked deposit programs offered by the Treasurer of the State of Ohio.</p> <p>January 2021:  Brad via email: As to the home improvement program, we remain at status quo with that program. Interest rates are historically low, and as a result there is less incentive for folks to take advantage of that program (which essentially is an interest rate reduction program). Some funds remain available via Portage Community Bank and Middlefield Banking Company. We are continuing to look into a restructuring of this program to more closely align with similar programs offered by the Treasurer of State, which will leverage local dollars to potentially do more (across more areas of service, i.e. farm loans, small business loans, environmental upgrades and more). We hope to roll those changes out in Spring 2022.</p>
<p><b>Year 2:</b> Create a marketing plan to promote the housing program to Portage County residents, targeting economically</p>	<p>December 31, 2021</p>	<p>April 2021:  Brad via email: We are in the process of winding down the</p>

<p>disadvantaged communities. Provide technical assistance to residents throughout the process of procuring a home improvement loan or grant.</p> <p>Work with the Portage County Home Improvement Program to collect baseline data on the number residents obtaining home improvement loans or grants.</p>			<p>Home Improvement Program as it currently exists, and the planning stages for a relaunch later this year or in spring 2022. Interest rates remain very low, and as a result there is little incentive for folks to take advantage of the program (which essentially is an interest rate reduction program). Some funds remain available via Portage Community Bank and Middlefield Banking Company, but the monies that underly the rate reduction are in the process of being folded back into the County's investment portfolio. The restructured program will more closely align with similar programs offered by the Treasurer of State, and will leverage local dollars to do more across more areas of service, i.e. farm loans, small business loans, environmental upgrades and more.</p> <p>July 2021:  Brad via email: The Portage Co. Home Improvement Program is still available in its original form, but we are no longer renewing any of the underlying CDs (meaning that this year will be the last one where full five-year loan rate reductions are available). That is because we are in conversation with the Treasurer of State about expanding our linked deposit programming to mirror programs offered at the state level. These new programs would cover home improvements (greening primarily, similar to "ECO-Link"), agriculture (similar to "AG-Link") and small business development (similar to "Re-Energize" and "Grow Now"). This new programming is aimed at a spring 2022 rollout, and we're hoping will improve access to capital for Portage Co. families and businesses and act as a force multiplier for these existing programs. It may also provide a</p>
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			framework for future partnerships on other public policy priorities.
<b>Year 3:</b> Continue efforts from years 1 and 2. Increase the number residents obtaining home improvement loans or grants by 5%.	December 31, 2022		

<b>Cross-Cutting Factor:</b> Social Determinants of Health 			
<b>Strategy 2:</b> Service-enriched housing 			
<b>Goal:</b> Increase economic self-sufficiency.			
<b>Objective:</b> By December 31, 2022, increase PMHA client's ability to support their economic independence and stability.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local service providers, partner agencies and other community resources to provide support to public housing residents to achieve economic independence and stability through education, employment, and financial literacy programs.</p> <p>Assist public housing residents to address barriers with access to internet, transportation, and child care services.</p> <p>Serve 50 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2020	Carolyn Budd and Sabrina Moss, Portage Metropolitan Housing Authority	<p>April 2020: Carolyn Budd (via email): Between 1/1/2020 and 3/31/2020, the PMHA Resident Services Department has provided service coordination, referrals, and support in connection with community partners to <u>66 Public Housing residents</u>. The breakdown of service categories is below. Please note, some residents have received referrals, support and assistance in multiple service categories.</p> <p>Food assistance not related to COVID-19 needs: 15 Food assistance - COVID-19 food relief: 39 Youth homework assistance and literacy: 9 Passages program referrals (services for single fathers): 7 Transportation assistance: 3 Health informational meetings: 17 GED services: 4 Utilities assistance: 1 Clothing assistance: 1 Household goods assistance: 1 Housing retention services: 1</p> <p>July 2020: Carolyn via email: 180 residents were served this past quarter; many of whom were served in response to COVID-19.</p>

			<p>October 2020: Carolyn via email: 199 public housing residents were served this past quarter. See notes for breakdown of services provided.</p> <p>January 2021: Carolyn: provided quarterly report. See notes below for quarterly report.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2021		<p>April 2021: Carolyn via email: provided quarterly report. See below.</p> <p>July 2021: Carolyn via email: provided quarterly report. See below.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2022		

<b>Cross-Cutting Factor:</b> Social Determinants of Health 			
<b>Strategy 3:</b> Outreach to increase financial stability through free tax preparation services.			
<b>Goal:</b> Decrease poverty.			
<b>Objective:</b> By December 31, 2022, increase use of free tax preparation services available to Portage County residents.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collaborate with county agencies, such as United Way, to increase awareness about the myfreetaxes.com program and how it can reduce the tax burden for low-to-moderate income working people, and who is eligible.</p>	December 31, 2020	Maureen Gebhardt and Bill Childers, United Way	<p>April 2020: Maureen Gebhardt (via email): Using monthly reports for Tax Preparation Assistance calls to United Way:</p> <ul style="list-style-type: none"> <li>January: 409 calls</li> <li>February: 486 calls</li> <li>March: 198 calls</li> </ul> <p>Also reported that AARP tax services have closed due to COVID-19.</p> <p>July 2020: Maureen Gebhardt (via email): Using monthly reports for Tax Preparation Assistance calls to United Way:</p> <ul style="list-style-type: none"> <li>April- 16 calls</li> <li>May- 48 calls</li> </ul>

			<ul style="list-style-type: none"> <li>• June- 99 calls</li> </ul> <p>October 2020: Maureen: Tax information- collaborating with county agencies. They are increasing awareness of the tax program until July 15<sup>th</sup>. 211Portage.org is user friendly and has an abundance of information on taxes and tax prep. 211 is collaborating with multiple programs. Reach out to Maureen via email for support.</p> <p>January 2021: Maureen via email: Calls for taxes is still down. Expect it to pick up anytime now. Information on statistics for Portage County 211 calls can be found at <a href="https://summit.211counts.org/">https://summit.211counts.org/</a>. Weblink for MyFreeTaxes <a href="https://www.myfreetaxes.org/">https://www.myfreetaxes.org/</a></p>
<p><b>Year 2:</b> Continue efforts from year 1. Implement awareness strategies identified in Year 1.</p>	<p>December 31, 2021</p>		<p>April 2021: Maureen via email: Employment &amp; Income ranked 30.6% or 474 calls (98.9% or 469 of those calls were for Tax Prep. Services) Portage County calls for 211 from January 1, 2021 to April 12, 2021. The following cities made up most of these calls as follows:</p> <ul style="list-style-type: none"> <li>• Ravenna – 144</li> <li>• Kent 130</li> <li>• Streetsboro 110</li> </ul> <p>July 2021: Maureen: Employment &amp; Income with 53 calls (38 those calls were for Tax Prep. Services) Portage County calls for 211 from April 1, 2021 to June 30, 2021.</p>
<p><b>Year 3:</b> Continue efforts from year 1 and year 2.</p>	<p>December 31, 2022</p>		

**Cross-Cutting Factor: Social Determinants of Health**

**Strategy 4: Financial literacy**

**Goal:** Decrease poverty.

**Objective:** By December 31, 2022, offer multiple financial literacy classes throughout the year in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement financial literacy classes in Portage County.</p> <p>Expand the frequency of the classes and offer them annually. Target economically disadvantaged populations and schools.</p> <p>Provide Bridges Out of Poverty to 2 community agencies who serve individuals/families who live in households at or below poverty level.</p> <p>Provide 1 session of the Getting Ahead program to adult clients through the Children's Advantage Family Center.</p> <p>Provide 1 session1 of the R-Rules program through the Children's Advantage Family Center and in Portage County schools.</p>	December 31, 2020	<p>Brad Cromes, Portage County Treasurer</p> <p>Nicole Thomas, Children's Advantage</p>	<p>April 2020: Brad Cromes (via email): The Financial Wellness Fair is still scheduled for November. The organizing team has not met due to COVID-19, but will be moving ahead on planning efforts soon. Working on promoting the other financial literacy initiatives in the County via social media (i.e. Portage Community Bank's work in this area, ASPIRE/PMHA classes, and more), and will continue to do so.</p> <p>July 2020: Brad Cromes via email: In early July, our planning committee made the difficult decision to cancel an in-person Financial Wellness Fair for 2020. We are now planning to conduct an online version the 2<sup>nd</sup> week of November that will present much of the same program content in an on-demand context. We are still working on the development of the program, and additional information will be forthcoming in the weeks ahead. Once completed, these sessions will be archived on our website and available to the public.</p> <p>October 2020: Brad: The Financial Wellness Fair will be moving forward this year in a virtual only format. They will be also expanding it from a single morning to a full week of activities, November 16-20. At 10am, 2pm, and 6pm daily, with Brad's office posting videos (in some cases live videos) to their Facebook page (and in some cases, the County's YouTube channel). Additional info can be</p>

			<p>found at <a href="https://www.facebook.com/events/335102281107621">www.facebook.com/events/335102281107621</a>.</p> <p>Karyn: Children’s Advantage is starting programming in October-Getting Ahead and R Rules. Maureen-these are programs that United Way has provided funding for. One is focused on children aging out of the system- self-sustaining resources. The other one is for young families. Part of bridges out of poverty.</p> <p>January 2021: Karyn: Bridges Out of Poverty: R-Rules has been held once for the community and once for a private group home group. That group wrapped up in December. More are looking to be scheduled in 2021. Getting Ahead will convene when face to face groups can commence.</p> <p>Brad via email: As to the Financial Wellness Fair, we completed a successful virtual Fair in November 2020. We had more participation than ever before, with more than 1,600 viewers joining us via Facebook and YouTube. We intend to incorporate a virtual participation option in future versions of the Fair, and are now evaluating responses from our presenters and attendees to shape the 2021 version of the event.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p>	<p>December 31, 2021</p>		<p>April 2021: Brad via email: We completed a successful virtual Financial Wellness Fair in November 2020. We had more participation than ever before, with more than 1,600 viewers joining us via Facebook and YouTube. Those resources are now available on those channels and our website for continued use by the public. Our planning committee has</p>



			<p>begun conversations about the 2021 version of the Fair, and we intend to incorporate a virtual participation option again this year. At present, we are planning a full week's worth of virtual programming November 8-12, 2021, culminating in an in-person expo event on November 13<sup>th</sup>.</p> <p>July 2021:  Brad via email: Our 5<sup>th</sup> Annual Financial Wellness Fair is planned for November 8 - 13, 2021. It will be a hybrid event this year, with a full slate of online classes 11/8 – 11/12 (at 10am, 2pm and 6pm daily) and an in-person expo event to close out on 11/13. We are currently recruiting sponsors and presenters, and working to finalize details RE: times and location for the expo. Our targeting work will focus on lower-income populations, seniors, and students. We are relying on partnerships with area service providers and educational institutions to spread the word and improve attendance, and look forward to a strong event.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2</p>	<p>December 31, 2022</p>		

**Cross-Cutting Factor:** Social Determinants of Health 

**Strategy 5:** Increase transportation through a county transportation plan.

**Goal:** Increase access to transportation.


**Objective:** By December 31, 2022, create a strategic plan to address transportation needs.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with members of the Access to Care Coalition to review the 2018 transportation assessment and identify themes, needs and barriers.</p>	<p>December 31, 2020</p>	<p>Mandy Berardinelli, Ohio Means Jobs</p>	<p>April 2020: Mandy Berardinelli (via email): In addition to a PARTA contract, Ohio Means Jobs is also working with FCS to give participants access to transportation to and from work/appointments. Additionally, Ohio Means Jobs has started a program with the court, jail, Hope Village and Paris linen where they are transporting inmates to and from work while still incarcerated.</p> <p>July 2020: No updates provided.</p> <p>October 2020: No updates provided.</p> <p>January 2021: No updates provided.</p>
<p><b>Year 2:</b> Continue efforts from year 1. Work with members of the Access to Care Coalition to create a strategic plan to address transportation needs, as well as lack of awareness of current transportation opportunities.</p>	<p>December 31, 2021</p>		<p>April 2021: No updates.</p> <p>July 2021: No updates.</p>
<p><b>Year 3:</b> Continue efforts from year 2. Implement strategies from the strategic plan and conduct another transportation assessment.</p>	<p>December 31, 2022</p>		

## Cross-Cutting Factor: Healthcare System and Access



Cross-Cutting Factor: Healthcare System and Access			
Strategy 1: School-based health centers (SBHC)			
Goal: Increase access to health care.			
Objective: By December 31, 2022, pilot a SBHC in at least one Portage County school district.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Research <b>school-based health centers</b> (SBHC) and explore the feasibility of implementing one in Portage County.</p>	December 31, 2020	Randy Griffith, Maplewood Career Center	<p>April 2020: Randy Griffith (via email): Exploring the feasibility with both UH and AxessPointe.</p> <p>July 2020: Randy Griffith via email: Maplewood is finalizing the plan to provide on-site health care access during the school day for students. University Hospital will be the provider. Hoping to provide services at the start of they year.</p> <p>October 2020: Randy via email: The Clinic at Maplewood opened on October 1, 2020. There is a pediatrician and a OBGYN that visit weekly. There are currently 5 students participating.</p> <p>January 2021: Randy via email: Our UH partnership began last school year. We worked for six months to determine the terms of our agreement for a school based clinic at Maplewood. We built a clinic exam room in our nurses office. Since October we have had a pediatrician and OBGYN visit the school weekly. Each visits on a different day for four hours. Our student participation is picking up. Last Thursday five student were seen.</p>
<p><b>Year 2:</b> Pilot a school-based health center within at least one school in Portage County.</p>	December 31, 2021		<p>April 2021: Randy via email: We continue to run the clinic. We are looking for ways to increase participation.</p> <p>July 2021:</p>

			Randy via email: We are in talks with UH to continue the clinic and serve more students this coming school year.
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

<b>Cross-Cutting Factor:</b> Healthcare System and Access 			
<b>Strategy 2:</b> Health transportation outreach			
<b>Goal:</b> Increase access to transportation.			
<b>Objective:</b> By December 31, 2022, expand transportation training to organizations serving Portage County residents.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue collaborating for annual all-day health transportation training to local organizations.</p> <p>Collaborate to create condensed version of annual training to increase staff trained.</p>	December 31, 2020	<p>Clayton Popik, PARTA</p> <p>Christine Herra, Job and Family Services</p> <p>Karen Towne, Portage County Health District</p>	<p>April 2020: No progress reported.</p> <p>July 2020: Christine: We are planning on holding a virtual Transportation Forum the week of 9/21/2020. We had some quiet months with tele-health, but we are starting to get very busy once again. We have installed partitions in our vehicles to keep our drivers and riders safe. We are sanitizing vehicles after every single ride, completing a health questionnaire with each rider daily, and have equipped my drivers with PPE. My staff also have all completed COVID safety training with Bob Walker. So we are fully prepared and really excited to finally be back out on the road!</p> <p>October 2020: Clayton-Discussion during Chronic Disease Priority updates: Food sources are always a priority for PARTA. Works to ensure neighborhoods are linked to the grocery stores. Worked on Windham to link</p>

		<p>them to Garrettsville and Hiram for access to food. Kent has a grocery store at both ends of town-PARTA links to both ends of town.</p> <p>Al: Are there any bus stops at parks?  Clayton: Marketing out there for routes that go past parks. Bikes can be put on the bus for transport to a park/trail. All buses have bike racks.  Suggestion: collaboration between PARTA and Portage Parks to promote bussing to parks and bike availability.</p> <p>Clayton: No fixed route to Rootstown at this time. Door to door shard ride is available. Book ride 1-3 days ahead of time.</p> <p>Carlell is a resource to help get transportation. He is starting to provide one to one trainings and organization trainings.  PARTA usage is coming back up. Sitting at about 50% down. PARTA put their drivers on weekly furloughs to protect them from COVID.</p> <p>January 2021:  Clayton: Looked at funding source for food delivery. Will reach out to see if there is any other funding/grants that may be available in Portage County. Service goal is to incorporate fresh foods into the transportation system.</p>
<p><b>Year 2:</b> Pilot condensed training to 3 organizations.</p>	<p>December 31, 2021</p>	<p>April 2021:  No updates.</p> <p>July 2021:  Clayton: A couple of updates from PARTA that fit in the Chronic Disease Cross-Cutting factors are changes that have been made in recent months to our Windham/Garrettsville (70) route. We added a trip</p>

			between Garrettsville and Hiram to aid in shopping travel for those who need to reach a fresh food source. We have also added stops at the Total Lifetime Care Center to this route in Garrettsville. PARTA also added bus stops to the Akron Children's facility on State Route 59.
<b>Year 3:</b> Expand efforts from year 2.	December 31, 2022		

<b>Cross-Cutting Factor:</b> Healthcare System and Access 			
<b>Strategy 3:</b> Health insurance enrollment and outreach 			
<b>Goal:</b> Increase health insurance enrollment.			
<b>Objective:</b> Enroll 15% of identified uninsured residents into a health insurance option by December 31, 2022.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Coordinate with community agencies to identify uninsured residents.</p> <p>Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicare, Medicaid, or another health insurance option.</p> <p>Enroll 5% of identified uninsured residents into a health insurance option.</p>	December 31, 2020	Stephanie Schulda/ Cinnamon Young, AxessPointe	<p>April 2020: No updates.</p> <p>July 2020: No updates provided.</p> <p>October 2020: No updates provided.</p> <p>January 2021: No updates provided.</p>
<p><b>Year 2:</b> Continue efforts from year 1. Enroll an additional 5% of identified uninsured residents into a health insurance option.</p>	December 31, 2021		<p>April 2021: No updates.</p> <p>July 2021: No updates.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Enroll an additional 5% of identified uninsured residents into a health insurance option.</p>	December 31, 2022		

**Cross-Cutting Factor:** Healthcare System and Access 

**Strategy 4:** Expand SOAR Student-Run Free Clinic

**Goal:** Increase access to health care.

**Objective:** December 31, 2022, increase the number of days the SOAR Free Clinic is open to a total of six (6) days per month.


Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the SOAR Free Clinic. Expand hours of the SOAR clinic from three to four Saturdays each month.</p> <p>Promote health services of SOAR in underserved communities.</p>	<p>December 31, 2020</p>	<p>Janet Raber and Lacy Madison, SOAR</p>	<p>April 2020: Janet Raber (via email): SOAR Clinic: Three clinics per month for Jan-March 2020. Converted to Telehealth visits March 21 due to COVID-19. Continued with Telehealth throughout April.</p> <p>Plan to increase to 4 clinics/month for May, 2020.</p> <p>Will continue Telehealth until July 11. Will assess ability to have on-site visits. Will add Telehealth visits during the week if needed.</p> <p>Behavioral Health Counselor at each clinic beginning Feb. 2020.</p> <p>Health Director hired and returned from Maternity Leave on April 20, 2020.</p> <p>Converted Paper charts to Electronic Health Record (Practice Fusion) as of April, 2020.</p> <p>July 2020: Janet: SOAR has expanded to every Saturday via Telemedicine since March. We plan to reopen to on site visits August 1, 2020. We will continue to offer Telemedicine visits. We expanded our Behavioral Health visits and screenings from PHQ2 to PHQ9 plus GAD7 for new patients and those with positive PHQ2. Also CAGE AID for alcohol and substance use. Smoking Cessation is also addressed. We are participating in ODH T2DM Collaborative for Prediabetes and Diabetes screen for women</p>

			<p>18-44 w/PMH of Gestational DM. Also AHA Target BP and Target DM Programs. We are providing Home monitoring-BP and glucose for self management, and to aid in the Telemedicine visits. We provide free lab studies to our patients. We hope to expand to other diagnostic studies like Radiology, Ultrasound, stress echos. Etc. working on setting up a Pharmacy Assistance Program.</p> <p>Also, SOAR has a new social media platform and NEOMED marketing to get info out to community.</p> <p>October 2020: Janet: SOAR clinic went through mental health first aid training with med students and staff. Working with Ashley from Coleman-she continues to enhance the behavioral health aspect of the clinic. She is available at every clinic and does follow up calls and offers continuing counseling. Looking at implementing SUD and MAT programming by first of the year.</p> <p>Karyn: Dr. Wilton from NEOMED – MAT possibilities at SOAR Clinic reached out to MHRB.</p> <p>January 2021: Janet: SOAR clinic continues.</p>
<p><b>Year 2:</b> Continue efforts of year 1. Expand services with integration of Behavioral Health Counseling from Coleman at the clinics.</p> <p>Expand Social Determinants of Health screening and referral and tracking.</p> <p>Investigate the feasibility of Telemedicine.</p> <p>Investigate the feasibility of EMR.</p>	<p>December 31, 2021</p>		<p>April 2021: No updates.</p> <p>July 2021: No updates.</p>



Add Physician Assistant Students from University of Mount Union to participate in clinic visits.			
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p> <p>Purchase equipment, develop curriculum/training and pilot Telemedicine at SOAR</p> <p>Provide specialty clinic days, once a month</p> <p>Develop a referral base for diagnostics and specialties at free or reduced cost.</p>	December 31, 2022		

### Cross-Cutting Factor: Health Equity

Cross-Cutting Factor: Health Equity 			
Strategy 1: Implicit bias training			
Goal: Decrease discrimination.			
Objective: By December 31, 2022, implement at least one implicit bias training per quarter.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local stakeholders to create a formal implicit bias training detailing the association between implicit bias and inequity.</p> <p>Pilot the training in one location, such as a school, church, healthcare organization, local business or social service agency. Evaluate the training and make necessary changes.</p>	December 31, 2020	Mike Thompson, Family and Community Services	<p>April 2020: Mike Thompson (via email): no progress.</p> <p>July 2020: Mike Thompson: Working on completing an implicit bias and inequity training. Hoping to pilot the training this next quarter.</p> <p>October 2020: Mike Anguilano: Health Equity is an addition to the tobacco grant. Need to partner with another agency that deals with tobacco. To collaborate in regard to tobacco and e-cig use.</p> <p>Karyn: Minority Health: MHRB has started a committee on minority outreach. Surveying counselors on how many minority clients have been served. Looking at trainings as well.</p> <p>January 2021:</p>

			No updates.
<b>Year 2:</b> Continue efforts from year 1. Implement the training at least once per quarter.	December 31, 2021		April 2021: No updates.  July 2021: No updates.
<b>Year 3:</b> Continue efforts from years 1 and 2. Implement the training at least once per quarter.	December 31, 2022		

Portage County Health District CHIP: Year 2021

Quarter 1 Update

SERVICE CATEGORIES	RESIDENTS SERVED (By Quarter & Service Category)*			
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
Akron Children's Hospital hygiene kit distribution	20			
Unemployment fraud complaint assistance	1			
PMHA hats, gloves, scarves, etc. distribution (families)	20			
Childcare referrals	3			
Wi-Fi/internet connectivity assistance	2			
Rent delinquency assistance referrals	2			
COVID-19 vaccinations administered @ on-site clinics	24			
COVID-19 vaccination appointments w/o follow-through	1			
Community resource guidebooks distribution	10			
Direction Home's "Stay Healthy" program referrals for elderly	2			
Employment services referrals	3			
Summer Food Service Program extended service (children)	100			
Financial literacy assistance & referrals	5			
Food assistance & referrals	19			
Family counseling referrals	1			
Mental health resources distribution & referrals	20			
Ohio Means Jobs educational resources distribution & referrals	5			
Time management tips distribution	1			
Household masks & hand sanitizer distribution referrals	27			
Post-secondary education assistance	1			
Transportation assistance or referrals	1			
Youth homework assistance & literacy	1			
Youth Easter basket distribution (families/children)	18 families / 44 children			
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
<b>Unduplicated Residents Served**</b>	<b>110</b>			

\* Many households receive ongoing assistance over the course of the year. Due to this, the "Total Residents Served" in each quarter is a compounding number, and Quarter 4 will reflect the grand total number of unduplicated residents served in each service category for the entire year.

\*\* Many household have received a variety of services, under more than one service category. Therefore, the "Unduplicated Residents Served" row is not a sum of each column.

SERVICE CATEGORIES	RESIDENTS SERVED (By Quarter & Service Category)*			
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
Akron Children's Hospital hygiene kit distribution	20	20		
Akron Children's Hospital "Produce Perks" program enrollment	0	7		
Akron Children's Hospital Nurturing Families program referrals	0	2		
Unemployment fraud complaint assistance	1	1		
PMHA hats, gloves, scarves, etc. distribution (families)	20	20		
Childcare referrals	3	3		
Chromebook lending program distributions	0	33		
Wi-Fi/internet connectivity assistance	2	2		
Rent delinquency assistance referrals	2	2		
COVID-19 vaccinations administered @ on-site clinics	24	46		
COVID-19 2nd dose vaccinations administered @ on-site clinics (all who received Moderna got both shots)	0	12		
COVID-19 vaccination appointments w/o follow-through	1	1		
Community resource guidebooks distribution	10	10		
Direction Home's "Stay Healthy" program referrals for elderly	2	2		
Employment services referrals	3	3		
Cleaning classes for housing retention efforts	0	12		
Summer Food Service Program extended service (children)	100	100		
Summer Food Service Program summer service (children)	0	95		
Financial literacy assistance & referrals	5	8		
Food assistance & referrals	19	19		
Family counseling referrals	1	1		
Mental health resources distribution & referrals	20	20		
Ohio Means Jobs educational resources distribution & referrals	5	5		
Time management tips distribution	1	1		
Household masks & hand sanitizer distribution referrals	27	40		
GED classes referrals	0	1		
Post-secondary education assistance	1	1		
Transportation assistance or referrals	1	1		
Youth homework assistance & literacy	1	4		
Youth Easter basket distribution (families/children)	18 families / 44 children	18 families / 44 children		
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
<b>Unduplicated Residents Served**</b>	<b>110</b>	<b>171</b>		

\* Many households receive ongoing assistance over the course of the year. Due to this, the "Total Residents Served" in each quarter is a compounding number, and Quarter 4 will reflect the grand total number of unduplicated residents served in each service category for the entire year.

\*\* Many household have received a variety of services, under more than one service category. Therefore, the "Unduplicated Residents Served" row is not a sum of each column.

