

# Portage County

Community Health Improvement Plan

**2016-2019**

**Progress Report:** (2018-2019)



**Improving the Health  
of Portage County**

**Portage County  
Community Health Improvement Plan  
Progress Report**

**HEAL (Healthy Eating, Active Living)**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Mindful by Sodexo and other Healthier Hospitals Initiatives</b>			
<p><b>Year 1:</b> UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> <li>• Healthy Cafeterias/Cafes</li> <li>• Healthy Vending Machines</li> <li>• Healthy Meetings and Events</li> </ul> <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2019</p>	<p><b>4-18-19:</b> Mindy via email:</p> <ul style="list-style-type: none"> <li>• Summer Farmer's Market being planned again to be held at UH Portage during the summer months</li> <li>• Additional Sodexo nutrition educational print materials continue to be developed and distributed in the cafeteria. Nutrition week was celebrated in March with additional resources provided on Heart health fats, hydration, plant centric diets and brain food.</li> <li>• UH Portage is collaborating with Ravenna schools to fulfill a need for a weekend backpack program for elementary students. Distributions have been successful and will continue through the school year.</li> <li>• The Renaissance Community Center garden received a \$20,000.00 grant from Ametek to build handicap accessible paths and infrastructure throughout the garden. Construction will begin in April.</li> </ul> <p>Amy: WIC got in touch with the Raven backpack program. They will start providing recipes every month with WIC info as well.</p>

**Partner with Portage Park District to implement various programs/policies**

<p><b>Year 1:</b> Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> <li>• Improve trail quality and signage.</li> <li>• Promote and expand the "Wild Hikes Challenge."</li> <li>• Promote park and trail use through social media, Meetup groups, hiking clubs.</li> <li>• Partner with health care providers to distribute maps and brochures of parks and trails.</li> </ul> <p>Initiate partnerships for Park Rx program.</p>	<p align="center">Christine Craycroft, Portage Park District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to pilot groups of healthcare providers, and evaluate progress.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Expand participation in Park Rx and add programming.</p> <p>Install mileage markers along Hike &amp; Bike trails.</p> <p>Open a new public park with at least one mile of new trail.</p>	<p align="center">Andrea Metzler, Portage Park District</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Andrea: Doing the Park Rx program. Asking participants to fill out an online survey to identify their goals. Did first hike this past weekend. That hike has been rescheduled. Getting good attendance. Park Rx goes through June. New session will be planned in the fall.</p> <p>They are getting really close to hiring their education program coordinator. This will provide an avenue to increase programs.</p> <p>Mile markers is still being discussed.</p> <p>Hoping that Breakneck Park will open this year.</p> <p>Jackie: Rootstown Community Park is working on expanding the park. Sequoia is working on helping them set up a fitness trail and identify new programming. Looking at incorporating equipment into the fitness trail.</p>

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Progress Report**

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<b>Implement Complete Streets Policies within the City of Kent</b>			
<p><b>Year 1:</b> Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	<p>Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> <li>• Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations.</li> <li>• Pursue Safe Routes to School status from the National Center for Safe Routes to School.</li> <li>• Pursue city council ordinance that any street needing significant repair transition to a Complete Streets model.</li> <li>• Pursue city ordinance requiring bike riders under 16 to wear a helmet.</li> </ul>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue pursuit of Complete Streets, Safe Routes to School, and bike helmet ordinance efforts.</p> <p>Conduct walkability assessments of city neighborhoods, especially around school areas.</p>		<p>October 1, 2019</p>	<p><b>4-18-19:</b> Mike: walkability assessment was complete last fall. Looking at expanding the assessment to include PARTA, bus routes, and health care facilities</p> <p>Looking at applying for a grant for complete streets for the Kent School District.</p>

**Develop a Portage County Obesity Coalition**

<p><b>Year 1:</b> Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p align="center">Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Work towards completion of established action plan goals.</p> <p>Expand coalition to recruit and include all partners interested in decreasing childhood and adult obesity.</p> <p>Collaborate in development of additional goals and pursuit of funding.</p> <p>Research community bike giveaway programs.</p> <p>Partner with community agencies (and PCHD bike helmet program) to distribute bike helmets to children in need.</p>	<p align="center">Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Evaluate other Obesity Prevention Coalition activities and provide recommended actions steps for future CHIP activities.</p>	<p align="center">Christopher Mundorf, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Chris: No updates.</p> <p>Jackie: Diabetes Prevention Program-4 participants. First Step Healthy Weight loss program -9 participants.</p> <p>Next sessions start this week.</p>

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Community Health Improvement Plan  
Progress Report**

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<b>Implement the Prescription for Health Program</b>			
<p><b>Year 1:</b> Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Amy Lee (NEOMED) and NEOMED SOAR Clinic</p>	<p>October 1, 2018</p>	
<p><b>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</b></p>		<p>October 1, 2019</p>	

**Incorporate families and children into community physical activities**

<p><b>Year 1:</b> Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Provide five family engagement Healthy Kids Running Series events in Portage County.</p> <p>Collaborate with Sequoia on the fitness activity and nutrition programs.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach and Jackie Smallridge, &amp; Jacy Watson, Sequoia Wellness</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Provide specific physical activities and targeted weight reduction programming for families, children, and youth including camps, race training, hiking and walking clubs, youth performance clubs, and diabetes prevention programming.</p> <p>Offer support groups and progress follow-ups.</p> <p>Explore potential for establishing one or more community recreation centers for area youth, in collaboration with established youth recreation program hubs and/or local churches.</p>	<p>Jackie Smallridge, &amp; Jacy Watson, Sequoia Wellness and John Kovacich, Atwater Township</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Jackie: Sequoia is having a strong man competition on June 23<sup>rd</sup>, sponsored by the bar bell club and Sequoia. NEOMED alumni have been invited to come back and see the facilities of Sequoia.</p> <p>On August 3<sup>rd</sup>, miles for meals 5K race (using the Rootstown Community Park). Proceeds will go to the SOAR clinic and the Ben Curtis Family Foundation and the Rootstown Park. These events are available on the website.</p> <p>Still have the walking and hiking club. Training for the adventure race, run 2, bike 10, paddle 5 miles in July 13<sup>th</sup>-The Headwater Adventure Race.</p> <p>Always looking to partner with event within the community.</p> <p>Corporate Wellness-new wellness program to include ala cart menu. This allows small businesses to see what a wellness program is like and pick a sampling of programs to try for their agency/business.</p>

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**HEAL (Healthy Eating, Active Living)**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Healthier Choices Campaign</b>			
<p><b>Year 1:</b> Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Roll out a Healthier Choices -type campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	:
<p><b>Year 3:</b> The CHIP Steering Committee decided to table this Action Step for Year 3 due to barriers in progress in Years 1 and 2.</p>		<p>October 1, 2019</p>	



**Increase nutrition/physical education materials being offered to patients by primary care providers**

<p><b>Year 1:</b> Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Develop local resource guidance information in collaboration with Sequoia Wellness, NEOMED, and additional HEAL partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>Amy Lee Northeast Ohio Medical University</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Amy via email: Sandy Vasenda (CEOMPH graduate assistant) is working on putting together a "charge" for the summer capstone project class to put together a resource guide. Because some of the office managers have expressed a desire for hard copy materials, and others have stated that an online source would be better, we thought we would trial both approaches and have a student evaluate the use of both methods in the fall. A discussion with Mindy Gusz on incorporating materials in existing EMR systems revealed that integrating this information would be difficult, since the EMR is standard for all providers on the system, and it cannot be adapted by region.</p> <p>SOAR and addressing social needs. Akanksha Dadlani, who did a quality improvement project last year as an MPH student, is involved in the SOAR clinic this year as a medical student. She has been charged with institutionalizing the use of the social needs assessment (adapted from Health Leads) in the SOAR clinic.</p> <p>Becky: Becky is working with a NEOMED student Sandy Vasenda on a student project to create a healthy living resource guide. Possible ideas:</p> <ul style="list-style-type: none"> <li>Create an electronic guide to be posted on PCHD website.</li> <li>Create a one page summary of what the guide is about and the website for physicians to hand that out.</li> <li>Create hard copy guides for waiting rooms, etc.</li> </ul>

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**HEAL (Healthy Eating, Active Living)**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand the Personal Improvement Program (PIP) in schools</b>			
<p><b>Year 1:</b> Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	<p>William McCluskey, Edinburg Township</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Implement the PIP program at West Main Elementary School in Ravenna.</p> <p>Recruit exercise physiologists, certified fitness instructors (ACSM), or PE students or teachers to volunteer for classes.</p> <p>Pursue sponsors and donations for healthy snacks and student t-shirts.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	
<p><b>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</b></p>		<p>October 1, 2019</p>	

**Implement postpartum weight loss educational program at WIC**

<p><b>Year 1:</b> Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	<p align="center">Amy Cooper, WIC Director</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> <li>• Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park</li> </ul> <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		<p>October 1, 2018</p>	<p><b>1-16-18:</b></p>
<p><b>Year 3:</b> Continue "Healthier You" educational initiatives (see Years 1 and 2).</p> <p>Utilize text messaging to offer postpartum mothers support and motivational tips for successful postpartum weight loss.</p>		<p>October 1, 2019</p>	<p><b>4-18-19:</b> Amy: Distributed 49 materials to post partum mothers. It has been a long process to get the text messaging system in place. Working on making the program use specific messaging for reminders.</p> <p>Working with Park Rx on May 22<sup>nd</sup>.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness and accessibility of available mental health services</b>			
<p><b>Year 1:</b> Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Educate school personnel and social workers in all local school districts on the availability of mental health services.</p> <p>Continue presentations on available mental health services to Portage County groups.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2 and expand outreach including the LGBTQ community.</p>	<p>Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: See list attached for outreach and events on mental health &amp; addiction services</p> <p>Kent Roosevelt High School held a choir concert focusing on mental health &amp; suicide prevention. They invited the community agencies to attend with information tables. Very well attended.</p> <p>Wendy (KSU Nursing): HRSA grant awarded to the College of Nursing. Psych Nursing Students integrated implement the screening into middle schools. This project had to pass the KSU legal. It did not get passed because they were not an employee of the school system. This stalled and thus ended the program.</p>

**Increase the number of primary care physicians screening for depression during office visits**

<p><b>Year 1:</b> Collect baseline data on the number of primary care physicians that currently screen for depression during office visits.</p> <p>Research screening tool with other 4 priorities.</p>	<p>Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	<p><b>1-17-18:</b></p>
<p><b>Year 3:</b> Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Mental Health partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: Action step discussed with Advisory Committee</p> <p>Monique: Working with behavioral health providers, meeting weekly. Working on operational procedures to integrate behavioral health into the health care system. All new patients will get a routine visit from the behavioral health provider. No referral process will be needed. All behavioral health specialists went to a training. All new patients will be seen by a behavioral therapist.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand evidence-based suicide prevention and bullying programs targeting youth and families</b>			
<p><b>Year 1:</b> Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.</p> <p>Continue the implementation of Red Flags to the Portage County School Districts.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Increase awareness and participation of available programs. (Red Flags, Life Skills, PBIS, and Start with Hello.)</p> <p>Continue researching the PAX program.</p> <p>Collect data on Red Flags and other programs being utilized.</p> <p>Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts to implement the program(s) in at least one grade level in each school district. Provide mental health trainings during school staff professional development days in at least three school districts. Continue to support school districts with the mental health education efforts and distribute Red Flag booklets to parents.</p>		<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: Suicide Prevention Coalition hosted a speaker from the Stark County Board who shared the CDC report and lessons learned after their experience with the suicide cluster that occurred in their county. Over 60 people (agency staff, Suicide Prevention Coalition members, and NEOMED staff &amp; students) attended.</p> <p>Mental Health &amp; Recovery Board held a Mental Health Roundtable with Gender &amp; Sexual Minorities as the featured topic. Counselors and administrators attended from 9 of our school districts.</p> <p>Over 40 teachers/staff at the Crestwood School District trained in PAX, the Good Behavior game by Children's Advantage (funded by the Mental Health &amp; Recovery Board).</p> <p>Sarah: Townhall II has a grant for sexual assault prevention. Through the ODH grant, Townhall II trains the schools on dating violence awareness teacher training. They have been in 4 schools thus far. They also have a program called Stand Up in the middle and high schools. It is a 5 day training for students.</p> <p>Because Townhall II is the rape crisis center, through attorney general office, if someone is a victim of this type of crime, there is mental health counseling services available.</p>

**Provide mental health first aid trainings**

<p><b>Year 1:</b> Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p align="center">Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Provide 2 additional trainings and continue marketing efforts to expand reach of trainings through community partners.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Provide at least 2 mental health first aid trainings open to the community.</p>		<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: Mental Health First Aid class hosted by Mental Health &amp; Recovery Board and Coleman on March 4 &amp; 5 with 26 participants and on April 13 with 8 participants.</p> <p>KSU held a class on 2/2/2019 with 19 people and one on 3/11&amp;3/12/2019 with 16 people.</p>

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Community Health Improvement Plan  
Progress Report**

**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness of trauma informed care</b>			
<p><b>Year 1:</b> Continue community trainings on trauma informed care and adverse childhood experiences (ACEs). Continue to train clinicians on evidence-based trauma programs.</p>	<p>Joel Mowrey and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts of year 1. Provide agency clinician training on Eye Movement Desensitization and Reprogramming psychotherapy treatment in spring 2018.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	<p>John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: Nothing to report</p>



**Establish a youth-focused community center at the former Mantua Center School**

<p><b>Year 1:</b> Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths</p>	<p>Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Identify location for after-school program for 7<sup>th</sup> and 8<sup>th</sup> graders,  Identify advisory board and volunteer coordinator  Implement a 3-week trial after-school program for target age group at location in the first quarter of 2018.  Plan for full program implementation in the fall of 2018 (to include snacks, homework assistance, leisure activities, and drug prevention education.)</p>	<p>Chad Delaney, Mantua Center Christian Church and Chris McCreight, Hiram Christian Church</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Establish an After School Club for academic support, programmed activities, and recreation at the Crestwood Middle School.  Continue to pursue establishment of community activities and programming within the former Mantua Center School.  Pursue establishment of youth centers in the city of Ravenna, through MHRB OMHAS grant funding.</p>	<p>Chad Delaney, Mantua Center Christian Church and John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Chad: In January, the after school program started at Crestwood. 6, 7, and 8 grades. In partnership with the counselor, teachers and principal at Crestwood. Primary target was for kids that were going home to an empty house. Other factors were included. They put info out to parents. Started with 6 kids and it has expanded to 15 kids participating. They call themselves the "Tator Tot kids". They have 3 Hiram College students that help too. Monday – Thursday (excluding Wednesday's) is when the program runs. Snack, tutoring time, activity time, and free time. They have their own designated space for the program. Runs 2:45-5:30pm. The National Benevolent Association sends interns each year. This year they have 2, next year they will have 4. Hoping to apply for the Hiram Community trust grant. Still looking for volunteers to help the program.</p> <p>Axess Pointe, PCHD, and Townhall II have all said they have programs that they can implement. KCHD can also help facilitate KSU interns that could help with the program as well. KSU Nursing, School of Counseling and Hiram can get students to do internships through this program.</p> <p>Discussion: How are we targeting LGBTQ and nonwhite population issues. The issue is that it doesn't show up in the CHA because we don't have the high numbers. Should we be doing targeted assessments in those communities?</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Develop &amp; implement a community based comprehensive plan to reduce alcohol &amp; drug abuse</b>			
<p><b>Year 1:</b> Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Hold annual conference; continue efforts from year 1.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Hold annual conference; continue efforts from years 1 and 2.</p>	<p>John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: Planning Family Conference on Addiction for May 4th. Fall confence is November 12<sup>th</sup> at NEOMED.</p> <p>February 27: Community Awareness: Addiction, Treatment &amp; Recovery, Crestwood Intermediate</p> <p>March 27: Community Awareness: Addiction, Treatment &amp; Recovery, Windham High School</p> <p>Working committees and substance abuse coalition is very active. Benefits of having a substance abuse coalition have included starting the coalition with diverse members and active subcommittees. The prevention committee has completed many projects and won awards for their work.</p> <p>AI: Treatment committee allows individuals who are involved in treatment to coordinate care. An advocacy committee has recently been started to incorporate grass roots efforts into the mix.</p>

**Increase treatment options for those with substance use disorder**

<p><b>Year 1:</b> Support Quest/Townhall II with the startup of their MAT clinic &amp; ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p align="center">Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect data and monitor success rate of MAT programs.</p> <p>Continue collaborative expansion of MAT training and programming efforts.</p> <p>Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to strengthen collaboration with and referrals to AxessPointe MAT clinic.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: Townhall II opened their Opioid Recovery Clinic in February to serve clients with medication-assisted treatment along with counseling and peer support. – mostly working with suboxone.</p> <p>Monique (AxessPointe): MAT service is available in Kent office. Doing Vivitrol and looking to add suboxone.</p> <p>Carlell: PARTA is working with JFS Net to help individuals get to their appointments for free.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement and increase prevention programs</b>			
<p><b>Year 1:</b> Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p style="text-align: center;">Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>	<p style="text-align: center;">Karyn Hall, Mental Health &amp; Recovery Board of Portage County and Sarah McCully, Townhall II</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Increase the number of schools and grade levels offering "Too Good For Drugs."</p> <p>Explore programming targeting children affected by parent drug use, in collaboration with Townhall II, Children's Advantage, and schools.</p>		<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: See Townhall II list of schools and grade levels.</p> <p>Sarah: Project Alert or Too Good For Drugs-one of them is in EVERY school district. Increased the number of kids educated to over 5000 kids by the end of the year. Last year they reached ~4000 kids.</p>

**Implement and increase harm reduction initiatives**

<p><b>Year 1:</b> Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect data from law enforcement on where Narcan is needed in the community via GIS project between PCHD and KSU.</p> <p>Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.).</p> <p>Investigate incorporating quick response teams in Portage County.</p> <p>Continue to explore feasibility of implementing a needle exchange and/or needle collection program.</p> <p>Promote drug take-back days.</p>	<p>Joseph Diorio &amp; Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to provide Naloxone and education through Project DAWN to community and law enforcement.</p> <p>Continue promoting drug take back boxes and days.</p> <p>Implement Recovery Outreach Teams.</p>	<p>Joseph Diorio &amp; Becky Lehman, Portage County Combined General Health District and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: Held a Recovery Outreach Team event to introduce the program to the fire and police chiefs and elected officials in Portage County, held in March. Officer Dan Malley the founder of Quick Response Team National shared how and why his department in Colerain Township set-up the teams in response to the opioid epidemic. Chris Mundorf from PCHD presented the Portage County overdose report, and Jim Bucks (Streetsboro Fire) and Bridget Stuntz (Townhall II) reviewed our local Recovery Outreach efforts. More agencies are becoming interested.</p> <p>Process: PD make a referral to specialist. They coordinate who makes the visit. Each area is set up a little different, always including peer supporters. Not all groups have the PD go to the visit. Struggle is doing the program in the townships, because Sheriff's Department does not have the budget to have an officer involved in the group. MHRB is looking for funding to pay an individual to act in that role in partnership with the peer supporters.</p> <p>Proper Disposal of Medications and distribution medicine disposal pouches to a UH Lunch &amp; Learn group, and to the Portage Senior Services Network. Need to have a targeted effort towards home health and hospice.</p> <p>Becky: 16 Project DAWN kits were distributed and 92 residents were educated through Project DAWN classes from January 1-March 31, 2019.</p> <p>Drug take back boxes and drug disposal bags are continually promoted during Project DAWN classes and community events.</p> <p>Chris: Looking at using Dr. Curtis's data to identify the hotspots in Ravenna City to target places that we can implement Project DAWN.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase the number of health care providers screening for drugs and alcohol</b>			
<p><b>Year 1:</b> Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> <li>• Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>• Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>• Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>• Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Substance Abuse partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>1-16-19:</b> John/Karyn: Action step discussed with Advisory Committee</p>

**Advocate for substance abuse and criminal justice issues**

<p><b>Year 1:</b> Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health &amp; Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p align="center">Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts of year 1.</p> <p>Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue advocating for Medicaid expansion.</p> <p>Consult with Portage County jail to encourage expansion of treatment services within the jail clinic.</p> <p>Work with Ohio legislature on the failed Issue One for decriminalizing possession and recommend treatment instead of incarceration.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health &amp; Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p><b>4-17-19:</b> Karyn: The Advocacy Committee of the Substance Abuse Community Coalition met and determined its goal for the year would be to advocate for treatment in lieu of incarceration on the state and local level. Although there are some systems and laws in place currently, the group plans to determine the gaps in knowledge and service in this area.</p> <p>Senator Echlund is sponsoring Senate Bill 3 to move simple possession to a misdemeanor. The committee will follow this closely.</p> <p>The Committee met with representatives from Adult Probation in March to learn about what is already in place in Portage County.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Decrease Substance Abuse**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Tobacco and Smoke Free Policy on Kent State University campuses</b>			
<b>Year 1:</b> Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*	Shay Davis Little, Kent State University	October 1, 2017	
<p><b>Year 2:</b> Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule.</p> <p>Increase promotion of tobacco cessation initiatives for both students and employees.</p> <p>Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population.</p> <p>Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks</p> <p>Implement tobacco free community festivals throughout the broader population within Kent City</p>	Melissa Celko, Kent State University and Jeff Neistadt, Kent City Health Department	October 1, 2018	
<p><b>Year 3:</b> Review tobacco laws/initiatives for effectiveness:</p> <ul style="list-style-type: none"> <li>• Complaints received</li> <li>• #s and %s of cessation services graduates</li> <li>• Enforcement data from KSU</li> <li>• Violations issued from Kent city Tobacco 21 law</li> </ul>		October 1, 2019	<p><b>4-17-19:</b> Mike: Tobacco 21 passed in Summit County townships. Some of the cities have failed including Cuyahoga Falls. Illinois passed a state wide Tobacco 21.</p> <p>Kent City has 27 compliance checks in the past few weeks. Will have 30 places done this week. So far 6 have been noncompliant. Dollar General and Circle K in Kent were noncompliant. Will do a second check for all noncompliantancy 30 to 60 days. Second time noncompliant is a \$500 fine, \$1000 for third time of ncompliant.</p> <p>Mike presented to the substance abuse coalition on the tobacco issue. Also presented to Stanton Middle school teachers on signs of identifying vape devices. The lack of knowledge shows that the teachers thought the vapes were actually flash drives.</p> <p>Becky: PCHD continues to partner with UH Portage to offer tobacco cessation classes. 2 people completed the 5 week sessions from January 1- March 31, 2019. 2 5-week sessions were offered. Looking at providing tobacco cessation program in Horizon House.</p> <p>Sarah: Townhall II does substance classes for students who are caught using substances on school property. They work in partnership with the schools. Having only been seeing students caught vaping. E-cig/nicotine education.</p>



**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Healthcare Access**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB</b>			
<p><b>Year 1:</b> Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p align="center">Jeneane Favaloro, AxxessPointe Community Health Center</p>	<p align="center">October 1, 2017</p>	
<p><b>Year 2:</b> Research the Community Pathways Model which addresses social determinants of health and potential implementation mechanisms to increase access and health outcomes.</p>	<p align="center">Joseph Diorio, Portage County Combined General Health District</p>	<p align="center">October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement a series of educational workshops on Medicaid programs throughout the community that includes underutilized Medicaid programs and resources; such as NET, specialized recovery services, buy in for workers with disabilities and Medicare premium assistance programs.</p> <p>Utilize AxxessPointe's CAC's (Certified Application Counselors) to educate the community on accessing health insurance by creating a bi-monthly Health Insurance Outreach events; AxxessPointe CAC's will educate individuals at outreach events about the healthcare options for those who qualify for Medicaid/Medicare and what insurance option plans are available for those that don't qualify.</p>	<p align="center">Christina Herra, Job and Family Services</p> <p align="center">and Denico Buckley-Knight, AxxessPointe Community Health Center</p>	<p align="center">October 1, 2019</p>	<p><b>4-18-19:</b> Rebecca: Talked about doing education workshops and staff training relating to NET, Medicaid, specialist recovery services and having them done in a webinar format (may be better used than in person). The goal is to have a series of workshops done by October. Can do an in person training if needed.</p> <p>Stephanie (AxxessPointe): received a grant for a MAT nurse. A nurse can do the Vivitrol program and engage community in the program. Terra will be housed in Portage County. A pilot program Project 4.0, physicians will see patients every 15 minutes to help address the no show rate and open up more appointments.</p> <p>A new phone system has been put into place to ensure that all calls are taken.</p> <p>New collaboration with Kentway Senior Housing. One nurse will go in and provide education to residents once a month. Can also help them register for appointments if needed.</p> <p>Touch Point-KSU collaboration is going well. KSU volunteers (college of public health students) come into the office and administer surveys about social determinants of health. If a need is identified, then a community health worker is contacted. Over 200 surveys were complete this semester. About 20% of all surveys are linked to a community health worker.</p> <p>Cinnamon: As a CHW she is going through training to address Medicare issues (she currently works with Medicaid).</p>

**Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities**

<p><b>Year 1:</b> Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beaird, Kent State University College of Public Health and Amy Lee, NEOMED and CHIP steering committee</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Share relevant student projects (undergrad, MPH, PhD)</p> <p>Continue to develop the Kent City Academic health department through projects related to access to care needs and opportunities.</p> <p>Expand the use of NEOMED SOAR (student run free clinic) for community education and outreach.</p>	<p>Chris Mundorf, Hiram College and Ken Slenkovich, Kent State University and Amy Lee, Northeast Ohio Medical University</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p> <p>Develop a referral system for SOAR to obtain diagnostic tests and preventative screenings such as x-rays, ultrasounds, and mammograms. Track the number of patients screened in accordance with recommendations.</p>	<p>Maria Lamontagne and Lacy Madison, SOAR Student Run Free Clinic</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Amy Lee via email: academic institutions have established that anyone with projects should email all through institutions KSU (Ken Slenkovich), CEOMPH (Amy Lee), Hiram (Chris Mundorf) so that contacts can best fit the project with type of student and available students.</p> <p>SOAR: right now they are open 3 Saturday's per month. They are tracking if persons are up to date on screenings, getting flu shots, etc. to ensure the patients have the needed resources.</p> <p>They are working on developing referral services.</p> <p>A cancer screening and referral sheet have been created. Can refer to free screenings if they meet the qualifications.</p> <p>No new info on x-rays. Working on ultrasounds as the next resource.</p> <p>Lacy: Working with Health Affairs department at NEOMED to help better relationships with the community. Building on the diagnostics, screenings, and labs priorities. Will be opening 4 Saturday's per month this year.</p> <p>Attended the Charitable Network Conference and got great resources to help patients and strengthen clinic.</p> <p>Rose: Talked to SOAR about the Joanie Abdu program as a resource to provide mammograms.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Healthcare Access**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase transportation through a county Transportation Plan</b>			
<p><b>Year 1:</b> Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Increase efforts of years 1 and 2.</p> <p>Explore the idea of follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p> <p>Promote transportation training to more community organizations and track NET usage.</p>	<p>Karen Towne, Portage County Combined General Health District and Rebecca Abbott, Job and Family Services</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Becky: PCHD plans to work with PARTA and JFS to do another agency training in July.</p> <p>Rebecca: Annual transportation forum is held each year to help people understand and use NET services.</p> <p>Frank: PARTA transports many people for health services. Need to look at how we can inform the public on health issues. Marketing can be done to target the public using the bus signs (inside and outside). This is a good way of reaching the populations at need. JFS and Vet Services reported that they use the bus ads for advertisement, and they prove to be successful.</p> <p>Cartell is the travel trainer for PARTA. He does excellent work and he is able to provide travel training on how to use PARTA for any agency/individual for free.</p>

**Develop an Access to Care Coalition**

<p><b>Year 1:</b> Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favalaro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p> <p>Continue to expand partnership of the coalition.</p> <p>Review baseline data and gaps of services (dental needs).</p> <p>Assist in coordination of efforts across HEAL, Mental Health, and Substance Abuse priorities in reference to primary care office screenings to investigate collaborative opportunities for system solutions with the three major health systems regarding the following:</p> <ul style="list-style-type: none"> <li>• Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared.</li> <li>• Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity).</li> <li>• Obtain EMR <b>required</b> questions from all the health care systems.</li> <li>• Determine PCP assessment criteria and follow up/referral protocols.</li> </ul>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue and expand upon efforts from years 1 and 2.</p> <p>Explore prevention/enabling services/programming to address the population needs.</p> <p>Create a committee to put together an information packet regarding healthcare options in Portage County that can be distributed easily in schools, churches, and other groups. Include access to transportation, how to apply for insurance coverage and clinic info. Compare Medicaid statistics of each community vs census data to identify target communities.</p>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department  and Christine Herra Job and Family Services</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Joseph: We do have an access to coalition in place; since the first year of the CHIP.</p> <p>PCHD is revitalizing the Access to Care Coalition, in working with the new CHA/CHIP, to transition into the new CHIP process. PCHD staff will work with agencies individually and gather information on that agency's goals, objectives, improvement projects and channel the focus the coalition to help meet those goals in the next round of the CHIP.</p> <p>Rebecca: Working on putting together resource packets.</p> <p>Chris: is working on independent assessments for the CHA. As an agency we are working on identifying topics to include into the CHIP. Looking at WIC enrollment and the decrease of WIC enrollment. Nelson Township and Streetsboro/Aurora are the two hotspots that have Medicaid paid births but a low percentage of WIC participation. We are also looking at dental disparities in the county. There are questions in the CHA, but we would like to learn more about the barriers of dental care and change of behaviors due to cost of dental services.</p> <p>Frank suggested to work with food cupboards/pantries to help reach the people we are trying to survey.</p> <p>AxessPointe: got a grant from United Way to allow them to do root canals. They have dental services as well. Has a staff individual provide school education programs for students. They also give dental bags to the students. There is a sliding scale fee and payment plans. They have availability in the appointments made. Patients should not have to wait more than a few days for an appointment.</p> <p>Rich: Is seeing a lack of dental services as an issue for the veteran's population.</p>

<p><b>Year 3:</b> Continue and expand upon efforts from years 1 and 2.</p> <p>Explore prevention/enabling services/programming to address the population needs.</p> <p>Create a committee to put together an information packet regarding healthcare options in Portage County that can be distributed easily in schools, churches, and other groups. Include access to transportation, how to apply for insurance coverage and clinic info. Compare Medicaid statistics of each community vs census data to identify target communities.</p>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department</p> <p>and</p> <p>Christine Herra Job and Family Services</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b></p> <p>Lacy: is surveying patients and dental needs is the number one identified need of their patients. A dentist is opening an office in the NEW center.</p> <p>Lacy: SOAR has recently put together a Community Advisory Board. If anyone is interested, contact Lacy. The purpose is to gain expertise and expand services. Have met twice so far, next meeting in June. Just now forming committees. Identified three major objectives:</p> <ol style="list-style-type: none"> <li>1. Growth and Sustainability: Increase knowledge and opportunities related to financial decisions for funding, sustainability, and growth of the clinic</li> <li>2. Partnerships and Accessibility: Identify opportunities for potential partnerships to promote care and growth. Increase community collaboration and access to health care</li> <li>3. Capacity and Resource Building: Raise awareness of clinic services to reach potential patients, providers, and partners. Assists with policy, procedures, resources and workflow</li> </ol> <p>Looking at opening the clinic during the week and exploring opportunities to expand into other areas within the county. The biggest barrier is getting enough physicians to precept the students. There is more than enough med students who are interested in working in the clinic. Striving to stay no cost. Also looking at sustainability and funding for the clinic. Home visits is also something that can be explored. Getting ready to embark on a feasibility study on telemedicine. Rich recommended contacting the VA, they have been doing it awhile. AxxessPointe is also looking at mobile units for home visits. They already have a pharmacy delivery service. Found that delivery service is cheaper than the mail order medications.</p> <p>Rose: Exploring working with United Healthcare at a mobile unit of services.</p>
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**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
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**Increase the Use of Safe Sleep Practices**

<p><b>Year 1:</b> Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment.</p> <p>Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Explore opportunities for additional community partnerships and funding sources to continue pack n' play and safe sleep education to families in need.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman and Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Becky: PCHD has distributed 13 pack n' plays from January 1-March 31, 2019. Funding for the pack n' plays continues to come from PCHD. No additional funding sources have been found yet. PCHD is conducting trainings for Children's Service new staff.</p> <p>JFS has This Side Up onesies to donate to WIC and PCHD.</p>

Implement a Safe Kids Coalition			
<p><b>Year 1:</b> Research implementation of a Safe Kids Coalition.</p>	<p>Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)</p> <p>Explore gun safety programming.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.</p> <p>Increase partnership and funding sources for the Akron YMCA's Safety Around Water program to be delivered in Portage County elementary schools (2nd grade). Sequoia Wellness plans to add at least one additional school to the program in 2019 (previously implemented in Rootstown Schools).</p>	<p>Ali Mitchell, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p> <p>and</p> <p>Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Ali: The last SKC meeting was in March. Nominations were asked for the executive board. Kim Trowbridge will be the President. Still seeking other board members. Next steps is to approve the by-laws. Looking at implementing a Safe Routes to School day in the fall. Also looking at hosting a certification training in Portage County. Also looking at hosting bike rodeo's.</p> <p>Heat stroke due to kids being left in schools is also an issue, July 31<sup>st</sup> is the day to promote this safety campaign.</p> <p>Chris: Asking if Safe Kids can assist the Mantua After-School program with programming towards injury prevention focuses.</p> <p>Jackie: Continuing safety around water program in Rootstown schools. Talking with Suffield and Waterloo Schools to implement the program. They are looking for funding for these programs.</p> <p>Ali: PCHD received 72 bike helmets from the Put a Lid on It grant. A bike rodeo will be held in partnership with the Parks Rx program.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Safe Routes to School</b>			
<p><b>Year 1:</b> Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>		<p>October 1, 2018</p>	
<p>Year 3: Raise awareness to the Kent Community on Safe Routes to School.</p> <p>Explore and recruit potential members to Serve on a Safe Routes to School committee.</p> <p>Research and apply for safe routes to school funding sources to incentivize participation in the program.</p>	<p>Jeff Neistadt, Kent City Health Department and Portage County Safe Kids Coalition</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Kim: Looking at implementing a Safe Routes to School day in the fall. Will be looking for volunteers. It includes a large education component on pedestrian safety.</p>



**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand the evidence based Fall Risk Reduction Program</b>			
<p><b>Year 1:</b> Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue to increase Matter of Balance program in multiple locations. Deliver at least two Matter of Balance programs through Sequoia Wellness at the NEW Center.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p><b>4-18-19:</b> Ali: Held a class at UH Portage for the volunteers. Four people graduated from the program. Sally Kelly from UH Volunteers wrote a letter to the editor promoting the program.</p> <p>Jackie: 15 signed up for their current MOB classes. 8 to 10 attends regularly. Plan to have another one in September.</p>

**Expand the Child Passenger Safety Program**

<p><b>Year 1:</b> Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Provide car seat check events throughout the county throughout the year.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p> <p>Explore partnering with local hospital to provide child passenger safety seat education; focusing on safety seats involved in car accidents.</p>		<p>October 1, 2019</p>	<p><b>4-18-19:</b> Becky: PCHD distributed 19 convertible and 5 booster seats from January 1-March 31, 2019. A car seat check event was held at the Rootstown Fire Department in February in partnership with the Ravenna Elks; which PCHD purchased 34 convertible car seats through grant funding from the Ravenna Elks.</p> <p>PCHD will be looking at hosting more car seat check events using fire departments.</p> <p>Jackie: Would like to have a car seat check event in the week of August. PCHD will provide that event.</p>

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand Activities of Safe Communities Fatal Crash Review</b>			
<b>Year 1:</b> Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.	Lynette Blasiman, Portage County Combined General Health District	October 1, 2017	
<b>Year 2:</b> Continue efforts from year 1 to meet Fatal Crash Review Board requirements.		October 1, 2018	
<b>Year 3:</b> Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.		October 1, 2019	<b>4-18-19:</b> Lynette (via email) reported that the Fatal Crash Review Board reviewed 2 fatal crashes in the last quarter. The meeting was held in April.

**Expand Activities of Child Fatality Review**

<p><b>Year 1:</b> Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.</p>	<p>Rosemary Ferraro, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p><b>Year 2:</b> Continue efforts from year 1 to meet Child Fatality Review Board requirements.</p>		<p>October 1, 2018</p>	
<p><b>Year 3:</b> Collaborate with county-wide partners to review child fatalities. An annual report will be produced by PCHD. It is hoped this report will provide communities with the tools to make significant, lasting policy changes that will have a positive effect on the children in Portage County for generations to come.</p>		<p>October 1, 2019</p>	<p><b>4-18-19:</b> Anne: First quarter the 2018 cases were completed. 9 cases completed. So far, for 2019, there are 4 deaths of children. Looking at scheduling a meeting in June. Annual report was completed and submitted to the state.</p>

**Mental Health & Addiction Community Outreach  
2019**

<b>Date</b>	<b>Event</b>	<b>Agency</b>	<b>Attendees</b>
1/15/2019	StarkMHAR Suicide Prevention presentation	MHRB, Coleman, Townhall II	70
1/18/2019	Medication disposal presentation UH Lunch n Learn	MHRB	20
2/12/2019	MH Roundtable	MHRB	30
2/27/2019	Community Awareness in Crestwood	MHRB, PCHD, Townhall II	25
3/4/2019	Mental Health First Aid	MHRB, Coleman	27
3/5/2019	Mental Health First Aid	MHRB, Coleman	27
3/6/2019	Aurora Rotary Addiction Panel	MHRB	20
3/12/2019	Recovery Outreach Event	MHRB, PCHD, Townhall II	40
3/14/2019	Choir Concert, Suicide Prevention message	MHRB, Coleman, CA, Townhall II	200
3/15/2019	Assembly presentation on opioids at Rootstown High	MHRB	400
3/27/2018	Community Awareness in Windham	MHRB, PCHD, Townhall II	15
3/28/2019	PSSN -Addiction & Safe Medication disposal	MHRB	25

2018/2019 SCHOOL YEAR

Aurora

Too Good for Drugs: 1, 4

Crestwood

Too Good for Drugs: K, 1, 2, 3, 4, 5, 9

Project Alert: 6, 7, 8

Field

Too Good for Drugs: 4 (Suffield), 9

Project Alert: 6

James A Garfield

Too Good for Drugs: K, 3, 5, 10

Project Alert: 7, 8

Kent

Project Alert: 6

Too Good for Drugs: 9

Ravenna

Project Alert: 7, 8,

Too Good for Drugs: 10

Rootstown

Too Good For Drugs: 1, 2, 4

Southeast

Too Good For Drugs: 3

Project Alert: 6, 7, 8

Streetsboro:

Too Good for Drugs: K, 10

Project Alert: 8

Waterloo:

Too Good for Drugs: K, 1, 2

Windham:

Too Good for Drugs: K, 1, 2, 3, 4, 5, 9

Project Alert: 6, 8

St. Patrick's

Project Alert: 8

**Elementary Grades: Too Good For Drugs**

Too Good for Drugs is an evidence-based, skill-building program promoting positive attitudes and behavior, while fostering healthy relationships, resistance to substance abuse and conflict, and resistance to negative peer pressure and influence.

Students develop skills in, goal setting, decision making, conflict resolution, effective communication, social and emotional competency.

Developed by the Mendez Foundation, the program is taught in 10 sessions and offered to grades kindergarten-5.

**Middle School: Project ALERT**

Through a series of 10 comprehensive lessons, Project ALERT motivates students against drug use, cultivates new non-use attitudes and beliefs, and equips teens with the skills and strategies they will use to resist drugs.

The course is offered to grades 6-8 and was developed by the RAND Corporation.

**High School: Too Good For Drugs & Violence**

The evidence-based Too Good For Drugs & Violence High School prepares students with the skills they need for academic, social, and life success. Lessons and activities provide practical guidance on dating and relationships, the impact of social media on decision making, resolving conflicts, and refusing negative peer pressure.

This course is offered for one grade level in each school district.

**Families First**

Parent and child education through themes such as parenting styles, communication, self-esteem, discipline, parent/child needs, stress management, problem solving, building supports and school readiness.