

Authorized Items

Fruits

Apples	Peaches
Apricots	Pears
Blackberries	Plums
Cantaloupe (whole)	Raspberries
Cherries	Strawberries
Grapes	Watermelon (whole)
Nectarines	

Herbs (cut)

Basil	Lovage	Thyme
Chives	Marjoram	
Coriander	Mint	
Cilantro	Oregano	
Dill	Parsley	
Garlic	Rosemary	
Horseradish	Sage	

Vegetables

Asparagus	Eggplant	Pumpkins
Beans	Greens (all)	Radishes
Beets	Kohlrabi	Rhubarb
Broccoli	Leeks	Rutabaga
Brussels Sprouts	Mushrooms	Shallots
Cabbage	Okra	Spinach
Carrots	Onions	Squash
Cauliflower	Parsnips	Tomatoes
Celery	Peas	Turnips
Corn on the cob	Peppers	Zucchini
Cucumbers	Potatoes	

Benefits cannot be used for baked goods, processed foods like honey or jams, or tropical and citrus fruits not grown in Ohio such as bananas, pineapples, or lemons.

Why shop at Farmers' Markets?

Fresh fruit, vegetables and herbs are packed with vitamins, minerals, and fiber your body needs.

Farmers' markets provide fresh, nutritious foods directly from the source and not only are a fun outing but a great way to support your local economy as well!

Need recipe ideas or cooking tips for fruits and vegetables?

Check out the new **Fruit & Veggie Hub** on the WIC Shopper app for produce shopping and storage tips, as well as recipe inspiration and meal planning support!



Portage County WIC

999 E Main St, Ravenna

330-297-9422

portagehealth.net/wic

This institution is an equal opportunity provider.



2026 WIC Farmers' Market Nutrition Program (FMNP) Guide

Portage County WIC

Eat local and support local farmers with FMNP, a benefit program to help you buy Ohio-grown fresh vegetables, fruits, and herbs.



Department of Health

Women, Infants, and Children Program (WIC)

How do I redeem my benefits?

Visit one of the [authorized locations](#) and look for a WIC Farmers Market Nutrition Program poster when you shop. Each participating farmer will display a sign at their stand indicating that they accept WIC FMNP benefits.



Look for this poster!

WIC FMNP has gone digital!

New this year, instead of physical coupons you can use your WIC shopper app to purchase authorized produce with your FMNP benefits. Click the Homegrown icon and show the farmer your QR code. The farmer will scan it and charge your FMNP benefits, automatically deducting from your pre-loaded benefits.



Where can I use my WIC FMNP benefits?

Dussel Farm

1109 Old Forge Rd, Ravenna
July 1 – Oct 31
Mon-Fri, 8am – 6pm
Sun, 10am-3pm | Sat, 8am-5pm

Haymaker Farmers Market

350 Franklin Ave, Kent
Year-Round
Saturdays, 9am - 1pm

Stahl's Farm Market

4560 State Route 14,
Ravenna
April 25 – Dec 24
Sun – Sat, 10am – 6pm

Garrettsville Farmers Market

8118 Main St
June 5 – Aug 21
Thursdays, 4pm - 7pm

Thrive Together Farmers' Market

999 East Main, Ravenna
Mid-June – Mid-September
Tuesdays 3-6pm

Rufener Hilltop Farms

1022 State Route 43,
Mogadore
Monday-Saturday, 9am - 7pm
Sunday, 10am - 5pm

Giulitto Farms Market

4052 Lake Rockwell Rd,
Ravenna
Year-Round
Tues – Sun, 11am – 5pm

Walnut Drive Gardens

2129 Randolph Rd, Mogadore
Call to confirm hours
330-628-3213

Sunny Dell Farms

4537 Newcomer Rd, Stow
Year-Round
Monday - Friday, 10am – 6pm
Sat, 10am-5pm | Sun, 11am-3pm

Shopping Tips

- Arrive early for the best selection
- Browse before you buy
- Bring a tote bag to carry home fresh fruits and vegetables
- Talk to the farmers: ask for tips on storage and preparation

Important Reminders

- Benefits can be used through the end of October
- FMNP Benefits cannot be used at regular grocery stores, only at authorized farmer locations