

2023-2025 Portage County Community Health Improvement Plan (CHIP)

Year 2



CHNA Priority 1: Chronic Disease

CHNA Priority 1: Chronic Disease					
Strategy 1: Establish baselines and provide outreach and education on prevention, treatment, and follow-up with providers and community members.					
Goal: Decrease Communicable Diseases, including Sexually Transmitted Infections in Portage County.					
Objective: By December 31, 2025, reduce the rate of communicable diseases (including STIs) in Portage County.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Gather annual baseline rate of communicable diseases and sexually transmitted infections for Portage County. Additionally, gather baseline rate of communicable diseases (specifically Hepatitis).	X	X	X	Olivia Card, Epidemiologist, Portage County Health District	2024 Jan 1-Jun 30 confirmed cases: <ul style="list-style-type: none">• 157 cases of chlamydia• 27 cases of gonococcal infection• 6 cases of HIV• 2 cases of chronic hepatitis B• 17 cases of chronic hepatitis C• 1 cases of acute hepatitis C• 0 cases of syphilis and acute hepatitis B
<u>Activity 2:</u> Provide education on prevention and treatment with individuals in the community.	X	X	X	Kat Holtz, Health Educator, Portage County Health District Cowen Stevens, Community Health Worker, AxessPointe	Non HIV/Hep C STI Screenings - 43

<u>Activity 3:</u> Provide outreach and education on prevention, treatment, and follow-up with providers through educational newsletters.	X	X	X	Becky Barreca, Portage County Health District	Developing newsletter format and types of content with PCHD Medical Director, Dr. Mark Arrendondo. Still need email list of providers (physicians, NPs, and PAs).
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CHNA Priority 1: Chronic Disease					
Strategy 2: Educate Portage County community on risk factors and obesity prevention as well as increase screenings.					
Goal: Decrease Obesity in Portage County					
Objective: By December 31, 2025, increase the number of prediabetes screenings in Portage County.					
Programs/Activities	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Educate and screen the community on obesity risk factors and prevention which include hypertension, BMI, and pre-diabetes screenings. Work with the Portage County Health District program to implement screening opportunities for obesity risk factors.	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center Cowen Stevens, AxessPointe Becky Barreca, Portage County Health District	820 screenings 105 prediabetes screenings 802 food insecurity screenings 165 CHW template screening 33 food insecurity screenings referred to AxessPointe
<u>Activity 2:</u> Increase awareness of physical activity programming with the Portage Parks.	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center in	54 attendees

				partnership with Portage Parks	
<u>Activity 3:</u> Provide community education on nutrition, and physical activity.	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	776 participants

CHNA Priority 1: Chronic Disease

Strategy 3: Increase access and participation in community-based nutrition programs such as farmers markets.

Goal: Increase Fruit and Vegetable Access and Consumption in Portage County

Objective: By December 31, 2025, increase access to fruit and vegetables in Portage County

Programs/Activities	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<p><u>Activity 1:</u> Partner and provide resources to participants in the WIC Farmers' Market Nutrition Program (FMNP). This program distributes vouchers to WIC eligible families for use at locations licensed by the state, including the Haymaker Farmers' Markets, where they can be used to purchase fresh fruits and vegetables. WIC Perks vouchers are free at the Haymaker market table each week for WIC customers receiving WIC benefits to be used to buy \$10 in fresh fruits & vegetables at the Market. Customers just need to show their current WIC card at the Market table.</p>	X	X	X	<p>Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center</p> <p>Andrew Rome, Manager of Haymaker Farm Market in Kent</p> <p>Amy Cooper, Director of WIC, Portage County WIC</p>	Does not start till Q3
<p><u>Activity 2:</u> Participate and increase awareness in the</p>	X	X	X	Mindy Gusz, Community Outreach	727 visits

Power of the Produce kids program – a kids club at Haymaker Farm market (the largest farm market in Portage county) that teaches children under 12 about healthy eating and provides a direct benefit to them to try fresh fruit and vegetables at market. \$2.00 tokens are provided to each kid for fruit and vegetable purchases.				Nurse, University Hospitals Portage Medical Center Andrew Rome, Manager of Haymaker Farm market in Kent	
<u>Activity 3:</u> Participate in the Produce Perks - Produce Perks is a grant funded program through “Produce Perks Midwest” that seeks to increase SNAP use at Farmers’ Markets and increase fruit & vegetable consumption. Customers are given a matching benefit of \$25/week in Produce Perk tokens, when they use their SNAP benefits at Market. These green tokens can then be used to buy fresh fruits and vegetables at Market.	X	X	X	Andrew Rome, Manager of Haymaker Farm market in Kent	Q3 AxessPointe and KCHD partnered with Haymakers market for vouchers for produce to promote produce consumption to reduce chronic disease.
<u>Activity 4:</u> Participate and increase awareness in the Senior Nutrition Program vouchers – The Senior Nutrition Program is administered by the Portage County Senior Center, who	X	X	X	Jodie Neu, Community Outreach Nurse, University Hospitals Portage Medical Center	Q3

distributes packets of \$5 vouchers to area senior citizens, which can be used to purchase fresh fruits and vegetables at the Haymaker Farmers' Market.				Andrew Rome, Manager of Haymaker Farm market in Kent Annett Ludwick, Director, Portage Senior Center	
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SDoH assessment at pop up pantry???

NEOMED working on needs assessment including food insecurity...

Akron foodbank to join the CHIP

Coordination opportunities

CHNA Priority 1: Chronic Disease					
Strategy 4: Social Determinants of Health (SDOH) screenings and resource referrals					
Goal: Increase Food Security in Portage County					
Objective: Continue and expand SDOH screenings and referrals in Portage County by December 31, 2025.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1</u> : Continue and expand referrals and participation addressing food insecurity, its impact on health at the University Hospitals Portage Food For Life Market.	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	993 patients referred and seen at UH Portage Food for Life Market, which reached 479 additional individuals in households where these patients live.

<u>Activity 2:</u> Continue to screen patients for insecurities at AxessPointe.	X	X	X	Cowen Stevens, AxessPointe	802 for screenings... see above
<u>Activity 3:</u> Implement a Social Determinant of Health Screening Tool that includes food insecurity.	X	X	X	Hannah Haynie, Northeast Ohio Medical University Soar Clinic	Amy Lee and students are working on developing a SDOH screening tool. Heavier focus on food insecurity but also includes all SDOH. Questions from UH, Student Run Free Clinic, AxessPointe to be given to Amy Lee so the same questions can be asked in the same way for consistency.
<u>Activity 4:</u> Provide education and food security resources at Portage County Food Banks/Pantries prioritizing the zip codes of 44288, 44411, 44266. Resources: HEAL Guide and JFS Resource List	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center Maureen Gebhardt, Community Impact and Volunteers, United Way (partner for identification of resources/data reporting)	1,891 is the number of county pantry hot meals served 217 calls for food insecurity 44201 93 calls Atwater 44240 48 calls Kent 44266 34 calls Ravenna 44288 5 calls Windham 44411 5 calls Deerfield
<u>Activity 5:</u> Continue to partner and participate with the Ravenna School Raven Pack program. Over 75% of the students in the Ravenna School District meet the federal free/reduced lunch income requirements. Raven Packs were established as a community wide initiative to address food insecurity in the	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center Laura Wunderle, Ravenna teacher and program coordinator of the	2205 packs provided

Ravenna School district. A Raven Pack has assorted food items to provide the recipient food when away from school.				Raven pack program	
<u>Activity 6:</u> Sustaining community Gardens focusing on food desserts and vulnerable populations with the goal of expanding access of Portage County community gardens to additional schools, senior living facilities, and shelters.	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center Cindy Widuck, Community Public Health Outreach and Development College of Public Health, Kent state University and Let's Grow Together Coalition, director	No additional gardens, maintenance of existing gardens Historic Southend received a grant to enhance garden
<u>Activity 7:</u> Explore the connection of those in need of fresh produce to those with an abundance of fresh produce.		x		Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	Get from Mindy

CHNA Priority 2: Family, Pregnancy, Infant, and Child Health (FPICH)

CHNA Priority 2: Family, Pregnancy, Infant, and Child Health					
Strategy 1: Pilot home visiting programs that begin prenatally to identify needs and improve pregnancy outcomes.					
Goal: Improve Pregnancy and Birth Outcomes					
Objective: By December 31, 2025, implement a prenatal/postpartum home visiting program (focusing on Windham, Garrettsville, and Ravenna) to reduce preterm birth, low birth weight, and infant mortality.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Implement CHW program at Portage County Health District in partnership with Kent State University. (Year 3 goal: Hire a CHW at PCHD to provide community outreach for Windham, Garrettsville, and Ravenna.)	X	X	X	Becky Barreca, Director of Nursing, Portage County Health District	Partnering with KSU School of Public Health. Students, interns and CHWs are providing services and support for community by volunteering at various community events. Exploring logistics – hire CHW at PCHD
<u>Activity 2:</u> Explore opportunities for home visiting program within PCHD using public health nurses, health educators, and CHWs to achieve healthy birth outcomes and reduce infant mortality.	X	X	X	Becky Barreca, Director of Nursing, Portage County Health District	Exploring Home Visiting opportunities available.
<u>Activity 3:</u> Year 3 goal: Once established, implement opportunities for new parents/guardians who receive home visits to receive education and resources on breastfeeding,	X	X	X	Becky Barreca, Director of Nursing, Portage County Health District	No updates.

WIC, tobacco cessation, immunizations, safe sleep practices, car seat safety, transportation, etc.					
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CHNA Priority 2: Family, Pregnancy, Infant, and Child Health					
Strategy 2: Implement early urgent maternal warning signs education program within Portage County					
Goal: Improve Pregnancy, Birth, and Post-Partum Outcomes					
Objective: By December 31, 2025, increase the knowledge of the signs of hypertension in pregnancy and postpartum outcomes through education and outreach.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Urgent Maternal Warning Signs (UMWS) for identifying preeclampsia education provided prenatally and postpartum to all WIC participants.	X	X	X	Amy Cooper, Director of WIC, Portage County WIC	154 pregnant and postpartum women received UMWS education.
<u>Activity 2:</u> Explore community outreach and education on healthy pregnancy and post-partum outcomes by UH Portage Medical Center.	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	Midwives educated and provided outreach to about 100 people
<u>Activity 3:</u> Explore opportunities for home visiting program within PCHD using public health nurses,	X	X	X	Becky Barreca, Director of Nursing, Portage County Health District	Working with Portage EMS, Physicians, Nurses on obstetrical emergencies to improve birth outcomes.

health educators, and CHWs to improve post-partum outcomes.					
<u>Activity 4:</u> Year 3 goal: Once established, implement opportunities for new parents/guardians who receive home visits to receive education and resources on maternal warning signs.	X	X	X	Becky Barreca, Director of Nursing, Portage County Health District	No update.

CHNA Priority 2: Family, Pregnancy, Infant, and Child Health					
Strategy 3: Develop and implement tools and processes for tracking prenatal care visits and deliveries in Portage County.					
Goal: Improve Pregnancy and Birth Outcomes					
Objective: By December 31, 2025, track and understand impact of University Hospitals Portage Labor and Delivery closing for Portage County.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Track number of EMS transports for pregnancy and labor related conditions.	X	X	X	Olivia Card, Epidemiologist, Portage County Health District & University Hospitals Portage for EMS Database	No updates
<u>Activity 2:</u> Establish a process to obtain and review birth certificate data, comparing residency of	X	X	X	Olivia Card, Epidemiologist, Portage County	No update – as of now there is not a feasible way besides getting data from UH

birthing individual compared to their delivery location.				Health District (back up)	
<u>Activity 3:</u> Maintain and share prenatal care visit options in Portage County and surrounding counties.	X	X	X	Olivia Card, Epidemiologist, Portage County Health District	Map is completed, no plans to share on our website at this time
<u>Activity 4:</u> Track prenatal care and delivery United Way 211 calls for Portage County residents.	X	X	X	Maureen Gebhardt, United Way	

CHNA Priority 2: Family, Pregnancy, Infant, and Child Health

Strategy 4: Improve birthing person, fetal, and child health outcomes through increasing WIC participation.

Goal: Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants, and children.

Objective: By December 31, 2025, increase WIC enrollment by 10%.

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Increase enrollment in WIC program.	X	X	X	Amy Cooper, Director of WIC, Portage County WIC	Avg caseload Q3 (April-June) 2024 = 1,809. Increased 30 participants compared to last quarter. April = 1,799 May = 1,810 June = 1,818
<u>Activity 2:</u> Track initial birth weight and growth/ development of WIC participants.	X	X	X	Amy Cooper, Director of WIC, Portage County WIC	Low birth weight = 57 participants (15%)

<u>Activity 3:</u> Implement one pop-up clinic within a targeted community each quarter.	X	X	X	Amy Cooper, Director of WIC, Portage County WIC	Total of 4 pop-up events to load WIC Nutrition Cards (2 pop-up food pantry events, Haymaker Farmers' Market and Reed Memorial Library's Baby Shower)
<u>Activity 4:</u> Track breastfeeding rates of mom WIC participants.	X	X	X	Amy Cooper, Director of WIC, Portage County WIC	Initiation rate is 79.4%

CHNA Priority 2: Family, Pregnancy, Infant, and Child Health

Strategy 5: Implement reproductive health and wellness interventions.

Goal: Increase sustainability of reproductive health and wellness services

Objective: By December 31, 2025, implement a health and reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible and un/underinsured residents.

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Explore opportunities for home visiting program within PCHD using public health nurses, health educators, and CHWs to increase use of reproductive health interventions.	X	X	X	Becky Barreca, Director of Nursing, Portage County Health District	Continue to explore home visiting program opportunities available.
<u>Activity 2:</u> Year 3 goal: Once established, implement opportunities for new parents/guardians who receive home visits to receive education	X	X	X	Becky Barreca, Director of Nursing, Portage County Health District	No update.

and resources on reproductive health interventions.					
<u>Activity 3</u> : Provide referrals and resources to individuals to ensure reproductive health care access.	X	X	X	Cowen Stevens, Community Health Worker, AxessPointe Job and Family Services	38 referrals

CHNA Priority 2: Family, Pregnancy, Infant, and Child Health

Strategy 6: Reduce the use of tobacco products used during pregnancy.

Goal: Reduce number of pregnant individuals in Portage County who smoke during pregnancy.

Objective: By December 31, 2025, increase screening of pregnant individuals for smoking by 5%.

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Provide outreach for cessation services through the development and distribution of resource guide.	X	X	X	Jalessa Caples, Accreditation Coordinator, Kent City Health Department	KCHD to partner with DeWeese Health Center at Kent State
<u>Activity 2:</u> Track number of pregnant WIC participants who use nicotine and/or tobacco or nicotine replacement during pregnancy.	X	X	X	Amy Cooper, Director of WIC, Portage County WIC	33% (45 women)
<u>Activity 3:</u> Track number of pregnant individuals smoking tobacco in the third trimester or at all during pregnancy.	X	X	X	Jalessa Caples, Accreditation Coordinator, Kent City Health Department Oivia Card, Epidemiologist, Portage County Health District	Ohio DataWarehouse removed Tobacco data when they moved to a new platform.
<u>Activity 4:</u> Educate University Hospitals OB/GYN providers about tobacco treatment counseling resources (early 2023)	X	X	X	Mindy Gusz, Community Outreach Nurse, University	3 referrals

Track the number of pregnant individuals referred for tobacco treatment counseling.				Hospitals Portage Medical Center	
<u>Activity 5</u> : Smoke-free policy passed and implemented in at least one establishment in Portage County (i.e., Schools, private housing, behavioral health facility).	X	X	X	Jalessa Caples, Accreditation Coordinator, Kent City Health Department	Policy established at OUR Place

CHNA Priority 2: Family, Pregnancy, Infant, and Child Health					
Strategy 7: Address the need for affordable and reliable childcare in Portage County.					
Goal: Increase the availability and accessibility of affordable and reliable childcare in Portage County.					
Objective: By December 31, 2025, better understand the gaps and opportunities to address affordable and reliable childcare in Portage County.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1</u> : Assure affordable and reliable childcare in Portage County.				Kimberly Macphail, Job and Family Services	Get from JFS
<u>Activity 2</u> : Establish and implement processes to investigate this as a community issue.		X	X	Lanika Mutsach, Kent City Health Department	When completed, it will lay out how we can assess the childcare access priority, who needs it, what exists, who can qualify for it, and the deficit. The next step is successful models within Ohio, their community wide impact, what can we replicate, and contacting the organizations spearheading those efforts for guidance.

Activity 3: Track childcare referrals from United Way 211 calls for Portage County residents.	X	X	X	Maureen Gebhardt, United Way	
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CHNA Priority 3: Mental Health, Substance Use, and Addiction

CHNA Priority 3: Mental Health, Substance Use, and Addiction					
Strategy 1: Provide community-based activities and trainings to raise awareness.					
Goal: Decrease suicide related deaths in Portage County.					
Objective: By December 31, 2025, reduce stigma surrounding suicide and mental illness.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
Activity 1: Conduct suicide prevention trainings for community and school staff.	X	X	X	Karyn Kravetz, Associate Director, Mental Health & Recovery Board	From April-June 2024, 99 people received suicide prevention training. 59 were school employees. 23 Portage County Jobs & Family Service employees were trained and 17 community members attended trainings.
Activity 2: Engage with employers to learn their struggles with employees on mental health & addiction issues.	X	X	X	Karyn Kravetz, Associate Director, Mental Health & Recovery Board Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	The employees at Delta Systems in Streetsboro received a mental health awareness and stigma information from the Mental Health & Recovery Board. A presentation was given to all shifts, approximately 150 employees, and each received a folder full of resources.
Activity 3: Engage community centers on mental health issues to reach key community groups.	X	X	X	Karyn Kravetz, Associate Director, Mental Health & Recovery Board	No updates

				Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	
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CHNA Priority 3: Mental Health, Substance Use, and Addiction

Strategy 2: Raise awareness of loss support groups and connect to resources for “traditional” loss and for all loss

Goal: Address and reduce community-level risk factors for suicidal ideation in Portage County.

Objective: By December 31, 2025, address the role of loss in suicide risk.

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Support Grief Recovery Method through outreach; information sharing.	X	X	X	Jalessa Caples, Accreditation Coordinator, Kent City Health Terra Howell-Muth, Clinical Manager, Mental Health & Recovery Board	No updates
<u>Activity 2:</u> Provide mental health resources for individuals going through divorce.	X	X	X	Terra Howell-Muth, Clinical Manager, Mental Health & Recovery Board	Continue to distribute folders to the individuals going through the Children Are Forever class.

Activity 3: Develop plan to reach individuals experiencing financial loss.	X	X	X	Terra Howell-Muth, Clinical Manager, Mental Health & Recovery Board	No update
Activity 4: Provide resources to families of those who have lost loved ones to suicide and overdose in Portage County.	X	X	X	Terra Howell-Muth, Clinical Manager, Mental Health & Recovery Board	No update

CHNA Priority 3: Mental Health, Substance Use, and Addiction

Strategy 3: Identify and evaluate data available for suicide deaths and suicide attempts in Portage County.

Goal: Address and reduce community-level risk factors for suicidal ideation in Portage County.

Objective: Identify groups at highest risk for suicide for intervention and risk reduction.

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Track and report 988 data for Portage County.	X	X	X	Amanda Parrin, Townhall II	Townhall II answered 151 calls through 988 crisis line between April 1 to June 30. Safety forces were needed 1 time.
<u>Activity 2:</u> Track and report Portage County resident data for ED and urgent care for attempted suicides to identify possible trends.	X	X	X	Olivia Card, Epidemiologist, Portage County Health District	No data available from Epicenter for UH Portage at this time
<u>Activity 3:</u> Evaluate Coroner's Data Report (monthly) to determine number of deaths by suicide to identify possible trends and/or prevention strategies.	X	X	X	Olivia Card, Epidemiologist, Portage County Health District Terra Howell-Muth, Clinical Manager, Mental Health & Recovery Board	7 reported completed suicides for 2024 so far (below normal halfway point). All 7 were Portage County residents.
<u>Activity 4:</u> Collect and Evaluate ACEs scores from behavioral health agencies in Portage County.	X	X	X	Karyn Kravetz, Associate Director, Mental Health & Recovery Board	All agencies on board with collecting data in 2024. Once we have 6-12 months' worth, we will begin to evaluate within our mental health collaboration committee that meets quarterly.

CHNA Priority 3: Mental Health, Substance Use, and Addiction

Strategy 4: Promotion of gun safety.					
Goal: Address and reduce community-level risk factors for suicidal ideation in Portage County.					
Objective: By December 31, 2025, decrease risk of suicide among gun owners in Portage County.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Create and implement a plan to reach home bound older adults.	X	X	X	Terra Howell-Muth, Clinical Manager, Mental Health & Recovery Board Suicide Prevention Coalition	No update.
<u>Activity 2:</u> Provide social service and faith-based agencies with gun safety and suicide prevention information to distribute.	X	X	X	Terra Howell-Muth, Clinical Manager, Mental Health & Recovery Board Suicide Prevention Coalition	No update.
<u>Activity 3:</u> Reach sportsmen with gun locks and suicide prevention materials.	X	X	X	Luke Barker, Clinical Manager, Mental Health & Recovery Board Suicide Prevention Coalition Mindy Gusz, Community Outreach Nurse, University	No update.

				Hospitals Portage Medical Center	
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CHNA Priority 3: Mental Health, Substance Use, and Addiction

Strategy 5: Comprehensive community-based plan to reduce alcohol abuse among adults in Portage County.

Goal: Decrease substance use in Portage County.

Objective: By December 31, 2025, decrease adult excessive drinking and risky behaviors in Portage County.

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Engage with employers to learn their struggles with employees on mental health & addiction issues.	X	X	X	Karyn Kravetz, Associate Director, Mental Health & Recovery Board Substance Abuse Coalition Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	150 employees at Delta Systems in Streetsboro received a handout about Adult Alcohol Drinking guideline and discussed that alcohol is not a good coping mechanism during a mental health presentation.
<u>Activity 2:</u> Develop and implement a 45-min presentation to offer to community.	X	X	X	Karyn Kravetz, Associate Director, Mental Health & Recovery Board	No update.
<u>Activity 3:</u> Develop and implement marketing campaigns and programs to raise awareness about adult excessive drinking and risky behaviors.	X	X	X	Karyn Kravetz, Associate Director, Mental Health & Recovery Board	No update.

				Substance Abuse Coalition	
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CHNA Priority 3: Mental Health, Substance Use, and Addiction					
Strategy 6: Comprehensive community-based plan to reduce substance misuse (including overdose) among adults in Portage County					
Goal: Decrease substance use in Portage County.					
Objective: By December 31, 2025, decrease adult opioid related deaths in Portage County.					
Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Monitor and track NARCAN use by EMS and Law Enforcement.	X	X	X	Olivia Card, Epidemiologist, Portage County Health District	Dashboard has not been updated since 2/13/24, at which time 26 doses were reported
<u>Activity 2:</u> Project DAWN Narcan (Narcan) distribution.	X	X	X	Kat Holtz, Health Educator, Portage County Health District	449 Project DAWN kits distributed
Activity 3: Continued overdose death review.	X	X	X	Olivia Card, Epidemiologist, Portage County Health District Karyn Kravetz, Associate Director, Mental Health & Recovery Board	14 deaths due to unintentional overdose so far in 2024. All 14 were Portage county residents. Raising awareness of dangers of fentanyl in cocaine & meth in newspapers, social media, and flyers. Exploring sites for naloxbox placement.

				Substance Abuse Coalition	
<u>Activity 4:</u> Establish at least one primary care based comprehensive harm reduction clinic.	X	X	X	AxessPointe	

CHNA Priority 3: Mental Health, Substance Use, and Addiction

Strategy 7: Provide access to support resources and raise awareness of the risks of tobacco, smoking, and vaping.

Goal: Decrease use of tobacco, smoking, and vaping in Portage County.

Objective: By December 31, 2025, increase awareness of and participation in the Ohio Quit Line by 5%

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Increase the awareness of the Ohio Tobacco Quitline.	X	X	X	Jalessa Caples, Accreditation Coordinator, Kent City Health Department	
<u>Activity 2:</u> Increase awareness of other cessation programs/ resources in Portage County.	X	X	X	Jalessa Caples, Accreditation Coordinator, Kent City Health Department	
<u>Activity 3:</u> Increase referrals by primary care to smoking cessation services within University Hospitals Portage Medical Center.	X	X	X	Mindy Gusz, Community Outreach Nurse, University Hospitals Portage Medical Center	

CHNA Priority 3: Mental Health, Substance Use, and Addiction

Strategy 8: Remove barriers and increase access to mental health, addiction, and crisis services.

Goal: Improve access to mental health and addiction services in Portage County.

Objective: By December 31, 2025, identify and address barriers to mental health and addiction services in Portage County.

Action Step:	Timeline			Lead Person or Organization(s)	Progress
	2023	2024	2025		
<u>Activity 1:</u> Explore feasibility of mobile van for basic health care services including harm reduction.	X			Cowen Stevens, Community Health Worker, AxessPointe	
<u>Activity 2:</u> Increase Mobile Crisis for mental health.	X	X	X	Bill Russell, Coleman Health Services	Between April 1 - June 30, 2024 Youth mobile and adult community referrals for mental health outreach with Coleman served; 22 for youth, 35 for adults.
<u>Activity 3:</u> Transportation training for agencies to increase transportation; ensure participating agencies implement internal policies for training of new staff.	X	X	X	Becky Lehman, Director of Health Education, Portage County Health District	Becky: Reached out to PARTA to see if they are interested in partnering for a transportation training for 2024.
<u>Activity 4:</u> Explore the feasibility of adding 23-hr Observation units for Crisis services.	X			Bill Russell, Coleman Health Services John Garrity, Director, Mental Health and Recovery Board	MHRB & Coleman finalizing plans with architects, getting ready to bid the new construction and break ground this fall.

Activity 5: Recruit a workforce for crisis services at area universities.	X	X	X	Bill Russell, Coleman Health Services John Garrity, Director, Mental Health and Recovery Board	No updates.
Activity 6: Engage law enforcement and medical stakeholders about the county's crisis continuum needs.	X	X	X	John Garrity, Director, Mental Health and Recovery Board	UH Portage ED staff, Coleman, police, and MHRB staff met in May to troubleshoot issues. The Stepping Up committee also met in May and discussed the goals of the youth committee. The youth committees are working on parental engagement, re-entry at JDC, transportation, resource sharing, and increasing the capacity of Intensive Home-based Treatment.