# PORTAGE COUNTY COMBINED GENERAL HEALTH DISTRICT





# FOURTH QUARTER REPORT OCTOBER- DECEMBER 2024

999 East Main Street \* Ravenna \* Ohio \* 44266 330-296-9919 \* www.portagehealth.net

### Who We Serve

#### Serving the Townships of:

Atwater, Brimfield, Charlestown, Deerfield, Edinburg, Franklin, Freedom, Hiram, Mantua, Nelson, Palmyra, Paris, Randolph, Ravenna, Rootstown, Shalersville, Suffield, Windham

#### Serving the Villages of:

Garrettsville, Hiram, Mantua, Mogadore, Sugar Bush Knolls, Windham

> Serving the Cities of: Aurora, Ravenna, Streetsboro

#### Mission

To promote public health, prevent disease, and protect the environment, utilizing leadership and partnership to empower individuals and communities to achieve optimal health.

#### Vision

Healthy People. Healthy Environments. Healthy Communities.

#### Values

Accountability, Communication, Dedication, Ethics, Innovation

### **Board of Health Members**

Ms. Lucy Ribelin, City of Ravenna, President Mr. James Bierlair, Vice-President Ms. Amy Everett, Member Mr. Charles Delaney, Member Mrs. Linda Grimm, City of Streetsboro, Member Mr. Brock Kertoy, Member Ms.Diana Clarke, Member Dr. Philip Keyser, City of Aurora



### **Board of Health Duties:**

As established by Ohio law, our eight- member Board of Health functions as a policy, governance, advisory, and regulatory board and provides oversight of major financial and programmatic decisions.

The Board of Health provides oversight for the health of the public, the prevention or restriction of disease, and the abatement of nuisances. The Board of Health members are appointed by elected officials who serve on the District Advisory Council or by the city they represent.

> The Board of Health meets on the 3rd Tuesday of each month at the Portage County Health District in the Basement Conference Room.

### **Portage County Combined General Health District Employees**

#### **Administration**

Becky Lehman, MPH, MPA, CHES, Health Commissioner Dr. Mark Arredondo, MD, Medical Director Sarah Meduri, BSPH, SHRM-CP, IPMA- CP, PIO, Director of Personnel and Administrative Services Christina M. Jewell, Administrative and Account Clerk Olivia Card, MA, Epidemiologist

#### Finance

Branden Burns, MBA, Director of Finance Lisa Miley, Grants Fiscal Manager Maria Gill, Account Clerk Julia Sykes, AAS, Account Clerk

### **Community Health**

Amy Cooper, BSND, RD, LD, Director of Community Health Joshua Sexton, BSPH, Accreditation Coordinator Kimberly Plough, MEd, CHES, Health Educator Kylee McCracken, BS, Health Educator Robert Walker, BA, Public Health Emergency Preparedness Coordinator Rebecca Barreca, MSN, RN, Director of Nursing Programs Kirsten Orr, BSN, RN, Public Health Nurse Philesia Condor, Clerk Danielle Steighner, RD, LDN, WIC Supervisor Rachael Stratton, BA, CLC, Breastfeeding Peer Helper & Clinic Assistant Briana Robison, MS, MPH, RD, LDN Health Professional 2 Cynthia Hilbish, RDN, LD, CLC, WIC Supervisor Lindy Goist, BSAS, RD, LD, CLC, Health Professional 3 Amy Hall, BS, RD, LD, Health Professional 2 Renee Howe, Clinic Assistant Chelsea Kyer, Clinic Assistant Victoria Caddell, Clinic Assistant Julie Seifert, BHE, CLC, Health Professional 1 Abbie Fitch, BSAS, LD, Health Professional 2 Anita Mackey, Clinic Assistant Amanda Casto, Clinic Assistant

#### **Environmental Health**

Justin Rechichar, MPH, MHHS, REHS, Director of Environmental Health Amos Sarfo, MS, REHS, Environmental Supervisor William Duck, BA, REHS, Environmental Supervisor Natalie Menke, BA, REHS, Environmental Supervisor Emily Speck, BS, Registered Environmental Health Specialist Mike Spies, BS, Registered Environmental Health Specialist Leah Luli, MPH, Registered Environmental Health Specialist Samantha Mellott, BSPH, Registered Environmental Health Specialist Jim Meyer, BS, AA, Environmental Health Specialist in Training Nicole Lipchik MPH, Environmental Health Specialist in Training Cassie Clouser, MSSR, Environmental Health Specialist in Training Seth Nolte, BS, Environmental Health Specialist in Training Debbie Wine, Environmental Health Clerk

Portage County Combined General Health District (PCCGHD) provides comprehensive public health services throughout Portage County (\*excluding Kent City).

\*PCCGHD does provide Private Water and Septic System Evaluations by contract in Kent City. PCCGHD also provides WIC Services, Cribs for Kids Program, Child Fatality Review, Children with Medical Handicaps Program and Project DAWN Program to Kent City.

# **ADMINISTRATION & FINANCE**





The Administration and Finance Divisions continuously strive to support and ensure the Health District is meeting the 10 Essential Services of Public Health. This is achieved through public health workforce planning, workforce development, financial and strategic planning.

The Portage County Health District, in partnership with the Akron-Canton Regional Foodbank, organizes monthly pop-up food pantries on the first Thursday of each month from 1:00 PM to 3:00 PM at the Portage County Health District, located at 999 East Main Street, Ravenna, Ohio.

We sincerely appreciate the efforts of our dedicated PCHD staff, the Akron-Canton Regional Foodbank team, and our incredible volunteers for their continued support in making these events successful.

Looking ahead, we are excited to announce plans to reintroduce the market-style pop-up pantry spring 2025—stay tuned for more details!



# **ENVIRONMENTAL HEALTH**

The Environmental Health Division focuses on prevention of disease through sanitation, safe food and water, proper disposal of waste, and promoting safe and healthy environmental conditions throughout Portage County.

### WATER QUALITY PROGRAMS



Trappings

# **COMMUNITY HEALTH**

The Community Health Division strives to help bridge the gap between Portage County residents and health care providers, social service agencies, community organizations, etc. in the provision of community health services such as immunizations, injury prevention programming, harm reduction programming, communicable disease investigations, environmental health education, and emergency preparedness.

### **INJURY PREVENTION**



23 Convertible/Booster Seats Distributed



6 Cribs For Kids/ Pack n' Plays Distributed



### 278 Darticipant

Participants in SAIL (Stay Active & Independent for Life-Falls Prevention)



## 291

Project DAWN (Narcan) Kits Distributed



### **COMMUNICABLE DISEASE**



508 Child & Adult Immunizations



524 Communicable Disease Investigations

### COMMUNITY PROGRAMS & SERVICES



237 *monthly average* Complex Medical Help Clients



28 Animal Bites/Rabies Exposures



8 Emergency Preparedness Trainings & Events

# WOMEN, INFANTS, & CHILDREN (WIC)

The Women, Infants, & Children (WIC) program is an Ohio Department of Health grant funded program that provides nutrition education & supplemental food program for women, infants, and children. The program provides highly nutritious foods, breastfeeding support, nutrition education, and connects families with other area resources.

WIC serves income eligible pregnant, breastfeeding and postpartum women, infants, and children to age 5.

PCHD administers WIC services in Portage and Columbiana County.



**BREASTFEEDING BENEFITS:** 

### **Breastfeeding Mothers**

Reduces their risk for:

- Ovarian cancer
- Breast cancer
- Type 2 diabetes

### Breastfed Infants

Have a reduced risk of:

• SIDS

in Columbiana County WIC

- Lower respiratory infections
- Type 2 diabetes
- Asthma
- Obesity

### Workforce & Environmental

 Infants have less illness so mothers miss less work

Programs

 Less trash & plastic waste compared to formula & bottle supplies





WIC supports all mothers and babies, regardless of their feeding decision. Staff are trained to promote and protect breastfeeding as the optimal feeding method for all infants. WIC staff provide the necessary resources and referrals to assist mother and baby in achieving their breastfeeding goals.

# **PUBLIC HEALTH ACCREDITATION**

Public health accreditation measures a health district's performance against a set of nationally recognized, practice-focused and evidence-based standards. It focuses on the continual development, revision, and distribution of public health standards.

### Accreditation Timeline:



### COMMUNITY HEALTH IMPROVEMENT PLAN PRIORITIES



Chronic Disease



Family, Pregnancy, Infant, & Child Health



Mental Health, Substance Use, & Addiction

### Awarded National Accreditation for Public Health Excellence!



