

# PORTAGE COUNTY



## Community Health Improvement Plan 2020-2022

# Priority #1: Mental Health, Substance Use and Addiction

**Strategy 1:** Assess, develop, and provide mental health resources to youth and adults in Portage County.

**Goal:** Improve mental health outcomes.

**Objective:** By December 31, 2022, decrease the percent of adults and youth feeling sad and hopeless by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Provide baseline for number of youths being assessed in the schools for mental health concerns.</p> <p>Develop awareness campaigns on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ resources for youth, colleges, and adults.</p>	December 31, 2020	Karyn Kravetz, Mental Health and Recovery Board	
<p><b>Year 2:</b> Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Increase number of youths being assessed in the schools for mental health issues.</p> <p>Develop awareness campaign on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ+ resources for youth, colleges, and adults.</p> <p>Identify current programs for addressing mental health in Portage County and increase distribution of information on those programs through a resource guide.</p> <p>Inclusion of behavioral health counselors in SOAR clinic. Behavioral health screenings conducted at every appointment.</p>	December 31, 2021		Karyn: Distributed stress, anxiety, depression, and other mental health materials at Portage Financial Fair.
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>	December		

	31, 2022		
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**Strategy 2: Screening for Adverse Childhood Experiences (ACEs) using a standardized tool.**

**Goal:** Improve behavioral health outcomes.

**Objective:** Implement ACEs screenings in five different Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Portage County Trauma Informed Care Collaboration will assess agencies, organizations, disciplines etc. who could benefit from implementation of the ACEs, provide training on ACEs implementation, and collect data on Portage County ACE outcomes.</p> <p>Adopt a community-wide <b>screening tool</b> for ACEs and target the screening towards those who serve economically disadvantaged and/or minority populations.</p> <p>Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.</p> <p>Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.</p> <p>Pilot the tool in at least one new entity.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual abuse, and violence through community awareness event.</p>	December 31, 2020	Nicole Thomas, Children's Advantage	

<p>Hold one community awareness event on the prevention of traumatic experiences.</p>			
<p><b>Year 2:</b> Provide trauma-informed care services through Portage County.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Hold one community awareness event on the prevention of traumatic experiences.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p>	<p>December 31, 2021</p>		<p>Karyn: Portage Resiliency Movement will be launching “Handle With Care” – a trauma-informed procedure for police officers to inform school districts when a child has been involved in an incident and may be experiencing trauma from it. All of the Portage School Districts and most police departments have been agreed to be partners. 18 partners completed the Train the Trainer session. This initiative will begin throughout the county this spring or next school year.</p> <p>NiCole: The Portage Resiliency Movement launched its first community initiative with the Streetsboro PD to train on how to handle with care, a trauma informed approach to police and school engagement. Follow-up will be conducted.</p> <p>NiCole has been asked to train the entire juvenile court on trauma informed care and its application to working with adjudicated youth.</p> <p>Children’s Advantage continues to screen ACEs and look to implement an element of this with the juvenile court.</p> <p>The Family Center continues to increase in whole families receiving trauma care.</p>
<p><b>Year 3:</b> Continue efforts from years 1 &amp; 2.</p>	<p>December 31, 2022</p>		

**Strategy 3:** Screening for suicide for patients 12 or older using a standardized tool

**Goal:** Decrease suicide deaths.

**Objective:** Implement suicide screenings for patients 12 or older in five Portage County healthcare settings by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Introduce <b>C-SSRS</b> to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p>	December 31, 2020		
<p><b>Year 2:</b> Introduce C-SSRS to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p>	December 31, 2021	<p>Bill Russell, Coleman</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>Karyn: Distributed suicide prevention and gun safety information to Fraternal Order of Police.</p> <p>Six professionals trained as trainers for Question, Persuade, Refer.</p> <p>Met with 12 Portage County School districts to plan for staff mental health awareness and suicide prevention trainings.</p> <p>Townhall II offering Signs of Suicide to schools for 7-12 grades.</p> <p>Sarah: Trying to get another program into the schools. Contacted all of the schools at the beginning of the year. Had some interest but it has waned. Sarah will be going to the Superintendents and the School Boards. The program will be a one day program. Some schools are reporting that they already have the program (Crestwood). This is a program for middle and high school. Signs of Suicide (SOS)-creates awareness in students that will teach "red flag" signs for themselves and other students. There is also a</p>

			training for the school staff.
<b>Year 3:</b> Continue efforts from years 1 and 2. Initiate conversations regarding the feasibility of integrating the screening tool into a system(s)-wide electronic medical record system.	December 31, 2022		

**Strategy 4:** Youth alcohol/other drug prevention and mental health programs

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, decrease youth usage of e-cigarettes, alcohol, and marijuana by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p>	<p>December 31, 2020</p>	<p>Sarah McCully, Townhall II</p>	
<p><b>Year 2:</b> Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p>	<p>December 31, 2021</p>	<p>Karyn Kravetz, Mental Health and Recovery Board</p>	<p>Sarah: <b>Too Good for Drugs:</b> Too Good is a comprehensive family of evidence-based substance use and violence prevention interventions designed to mitigate the risk factors linked to problem behaviors and build protection within the child to resist problem behaviors. Too Good develops a framework of social and emotional skills through the development of goal-setting, decision-making, emotion management, and effective communication skills in addition to peer-pressure refusal, pro-social bonding, and conflict resolution skills.</p> <p>Too Good builds the basis for a safe, supportive, and respectful learning environment.</p> <p><b>Grade and School implementation:</b>                      Kindergarten: Windham, Rootstown                      1<sup>st</sup> Grade: Rootstown, Waterloo, Windham                      2<sup>nd</sup> Grade: Windham                      3<sup>rd</sup> Grade:</p>

		<p>4<sup>th</sup> Grade: Crestwood, Aurora  5<sup>th</sup> Grade: Crestwood, James A. Garfield  High School: Kent, James A. Garfield, Ravenna, Streetsboro, Southeast</p> <p><b>Project Alert:</b> Project ALERT is a classroom-based substance abuse prevention program for 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders that's proven to reduce the experimental and continued use of drugs. Through a series of comprehensive lessons, Project ALERT motivates students against drug use, cultivates new non-use attitudes and beliefs, and equips teens with the skills and strategies they'll use to resist drugs.</p> <p><b>School implementation:</b> Stanton, Streetsboro, Southeast, Crestwood, Rootstown</p> <p>Streetsboro and Aurora are interested in the youth led projects. Townhall is working with them to implement that.</p> <p>Would like to see a conference for schools to be planned next school year.</p>
<p><b>Year 3:</b> Continue efforts from year 2.</p>	<p>December 31, 2022</p>	



**Strategy 5: Community-based comprehensive plan to reduce alcohol and drug abuse**

**Goal:** Decrease substance use.

**Objective:** Decrease adult excessive drinking and risky behaviors and raise awareness of the harmfulness of marijuana and e-cigarettes to adults by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p>	December 31, 2020		
<p><b>Year 2:</b> Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p>	December 31, 2021	Karyn Kravetz, Mental Health and Recovery Board	<p>Karyn: Held conference, 125 attendees, with presentations on addiction and harm reduction, problem gambling, fentanyl test strips, and positive psychology.</p> <p>Distributed low risk drinking guidelines to community members at area Trunk or Treat events, through Salvation Army holiday and UH Portage information bags.</p> <p>Townhall II began support group for women in recovery and learn about parenting, custody issues, and drug prevention for their families.</p> <p>Mindy: 150 bags went to various community organizations.</p> <p>Offering space for displays boards at the UH Portage buildings to post information from MH&amp;R. Karyn will work with Mindy and Kendra from UH Portage.</p> <p>Sarah: <b>Mothers in Recovery Support Group (Let's Talk About It)</b> – This support group brings mothers in recovery together twice a month to provide them with a safe, understanding, and judgment-</p>

		<p>free platform. The groups are peer led with staff on hand to keep the conversations flowing in the right direction. As needed, educational components are added. These components are determined by the needs of the mothers but could focus on discussions regarding discipline, parenting techniques, communication, conflict resolution, stress management, holistic needs, school and family, etc. Our end goal for the program is that participants will learn healthy coping skills, be able to advocate for themselves, and know where to ask for help when they need it.</p> <p><b>Implementation:</b> Started in October and serves anywhere from 6 – 12 participants each session.</p>
<p><b>Year 3:</b> Continue efforts from year 2.</p>	<p>December 31, 2022</p>	

**Strategy 6:** Increase awareness and accessibility of treatment options for those with substance use disorder.

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, establish MAT resources and referrals systems in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on the number of Ohio jails that offer Medication Assisted Treatment (MAT) and at what capacity; including MAT upon release from jail.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Explore feasibility for continuing care programs in the schools and community.</p>	December 31, 2020	<p>Rob Young, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p> <p>Marihelyn Horrigan, AxessPointe</p>	
<p><b>Year 2:</b> Monitor the Portage County Jail Medication Assisted Treatment (MAT) practices.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Educate community on the effectiveness of medication-assisted treatment.</p>	December 31, 2021		<p>Karyn: Campaign to raise awareness that medication-assisted treatment along with counseling is proven effective to treat opioid use disorder in newspaper ads, social media, newsletters, streaming video, PARTA buses, and billboards. Hope Town opened a recovery house in Windham for 20 men.</p> <p>Will have more updates with UH Portage being in the jails now. Plans are being made for 2022.</p>
<p><b>Year 3:</b> Continue efforts from year 2.</p>	December 31, 2022		

**Strategy 7: Safe Communities campaign****Goal:** Reduce drinking and driving.**Objective:** By December 31, 2022, host nine events per year focused on sober driving in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)</p> <p>Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).</p>	December 31, 2020	Lynette Blasiman, Safe Communities Coalition	
<p><b>Year 2:</b> Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)</p> <p>Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).</p>	December 31, 2021		Lynette: Lynette will be retiring February 7 <sup>th</sup> . Ali Mitchell will be taking over this strategy.
<p><b>Year 3:</b> Continue efforts from year 2.</p>	December 31, 2022		

**Strategy 8: Tobacco-free policies**

**Goal:** Decrease tobacco use.

**Objective:** By December 31, 2022, implement tobacco-free policies in at least three Portage County multi-unit housing units and at least one school.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on which organizations, multi-unit housing facilities, schools parks, and other businesses currently have <b>tobacco-free policies</b>.</p> <p>Provide education to residents to assist with the transition of the multi-unit housing complexes to a tobacco-free policy.</p>	December 31, 2020	Mike Anguilano, Kent City Health Department	
<p><b>Year 2:</b> Begin efforts to adopt tobacco-free policy in parks, fairgrounds, schools and other public locations.</p> <p>Implement a 100% tobacco-free policy in at least 1 Portage County School District.</p>	December 31, 2021		Joan: Actively searching for a new candidate for Mike's position. Kyle Kelly is the interim for the tobacco grant.
<p><b>Year 3:</b> Continue efforts of years 1 and 2. Target 2 additional multi-unit housing complexes and additional school districts to adopt a tobacco-free housing policy.</p>	December 31, 2022		

**Strategy 9: Links to cessation support**

**Goal:** Decrease tobacco use.

**Objective:** By December 31, 2022, increase participation in tobacco cessation program(s) by 15%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who</p>	December 31, 2020	<p>Mike Anguilano, Kent City Health Department</p> <p>Ali Mitchell, Portage County Health District</p> <p>UH Portage Medical Center</p>	

<p>attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p>			
<p><b>Year 2:</b> Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p> <p>Increase communication of referral services of tobacco cessation services at the UH Hospital system.</p>	<p>December 31, 2021</p>		<p>Mindy: UH Portage had 37 smoking cessation referrals/contacts.</p>
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	<p>December 31, 2022</p>		

**Strategy 10: Data sharing****Goal:** Increase data sharing among Portage County organizations.**Objective:** By December 31, 2022., create and implement a written plan that addresses data sharing for coordination and continuity of care among Portage County agencies.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p> <p>Aggregate data sharing is useful at the micro and macro level. At the micro level, providers need this information to effectively plan and implement care, especially in transitions from agency to agency, or level of care to the next. At the macro level, officials and administrators can use this data to make population health-level decisions about program effectiveness, risk areas, gaps in care. This information can also be helpful in requesting funding or making new collaboration decisions.</p>	December 31, 2020	<p>John Garrity, Mental Health and Recovery Board</p> <p>Bill Russell, Coleman</p> <p>Penny Paxton, Portage County Health District</p>	
<p><b>Year 2: 1:</b> Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p>	December 31, 2021		Karyn: Bill Russell, Penny Paxton, and Karyn met once to discuss. Have not met again due to the increase in COVID cases.
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>	December 31, 2022		

Jennifer, Portage Parks: Mindfulness activities: there is a self-guided mindfulness hike at Trail Lake Park in Streetsboro. More to come in 2022. They are linked to QR codes.

Discussion on a partnership between MH&R and Portage Parks in the future.

Kelly: PARTA is Chief of Staff. Just hired a new planner at PARTA.

## Priority #2: Chronic Disease

### Strategy 1: Food insecurity screening and referral

**Goal:** Reduce food insecurity.

**Objective:** Implement a food insecurity screening and referral in at least three additional Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Research the <b>2-item Food Insecurity (FI) Screening Tool</b>, or another screening tool, and determine the feasibility of implementing the food insecurity screening and referral program in another location.</p> <p>Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral. Address food insecurity as part of routine medical visits on an individual and systems-based level.</p> <p>Inform participating locations on existing community resources and referral options such as 2-1-1, WIC, SNAP, school nutrition programs, food pantries, and other resources.</p> <p>Implement the screening tool in at least one additional location with accompanying referral options and evaluation measures. Target screenings towards those who live in or serve economically disadvantaged populations.</p> <p>SOAR will screen patients to identify needs; follow-up resources are provided and tracked.</p>	December 31, 2020	<p>UH Portage Medical Center</p> <p>Janet Raber and Lacy Madison, NEOMED SOAR</p>	
<p><b>Year 2:</b> Continue efforts from year 1.</p>	December 31, 2021		<p>Mindy: UH Portage had 240 referrals to the Food for Life Market. 48 food insecurity screenings were completed by UH Portage outpatient dietitians.</p> <p>Food to Life market is going very well.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2</p>	December 31, 2022		



**Strategy 2: Nutrition prescriptions****Goal:** Increase fruit and vegetable consumption.**Objective:** Implement nutrition prescription program in Portage County by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Research <b>nutrition prescription programs</b> and determine the feasibility of implementing them in local health care organizations.</p> <p>Explore the feasibility of creating a food pharmacy program that accepts nutrition prescriptions.</p>	December 31, 2020		
<p><b>Year 2:</b> Explore funding opportunities for integrating nutrition prescription programs into primary care venues, such as hospital clinics and FQHCs.</p> <p>Partner with local farmers markets and discuss the possibility of redeeming nutrition prescriptions at participating markets.</p> <p>Continue efforts from year 1.</p>	December 31, 2021	<p>Marihelyn Horrigan, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p>	<p>Jennifer: Possible connection with UH Portage and/or WIC for nutrition programming with the parks.</p> <p>Have done a virtual "cooking with herbs".</p> <p>Jackie: Did a cooking demo in the past that was well attended (per COVID). Can do programming virtually.</p> <p>AxessPointe: Opening a food pantry to patients and to be opening to the general public 1-2 days per month. Embedding a Community Healthcare worker to work at local outreaches and food pantries to discuss food insecurity and offer education on increased risk of chronic disease</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement nutrition prescription program in Portage County.</p>	December 31, 2022		

**Strategy 3: Healthy eating practices through fostering self-efficacy****Goal:** Increase fruit and vegetable consumption.**Objective:** By December 31, 2022, at least one Cooking Matters class (per quarter) will be implemented in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Share Our Strength's <b>Cooking Matters</b> program through the Kent State University Nutrition Outreach Program.</p> <p>Work with at least one new organization, such as a school, senior center, or community center, to pilot an additional 6-week course of the Cooking Matters program. Offer the program to adults, youth, and families.</p> <p>Begin to implement Healthy MunchBunch in Portage County Schools with at least one new school to participate in the program. Healthy MunchBunch is a lunch time fruit and vegetable education program to increase fruits and vegetable consumption. Program will be measured by the change in fruit and vegetable consumption before and after program initiation.</p> <p>Measure knowledge gained through evaluations.</p> <p>Search for grants and funding opportunities to support efforts.</p>	December 31, 2020	Natalie Caine-Bish, Kent State University Nutrition Outreach Program	
<p><b>Year 2:</b> Pilot the Independent Living Cooking Program to kids in foster care.</p> <p>Implement the Kids Camp program in schools.</p> <p>Continue providing the Mighty Pack program in schools to address food insecurity in children.</p> <p>Continued work on finding grants and funding opportunities to support efforts.</p>	December 31, 2021		Natalie: The foster cooking program continues as does the Mighty Pack program in select schools. There is no funding at this time for the Kids Camp program.
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Measure knowledge gained through evaluations</p>	December 31, 2022		

**Strategy 4:** Prediabetes screening and referral **Goal:** Prevent diabetes in adults.**Objective:** By December 31, 2022, increase the number of prediabetes screenings by 15%.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Establish baseline for prediabetes screenings conducted in Portage County.  Raise awareness of prediabetes screening, identification and referral through dissemination of the <b>Prediabetes Risk Assessment</b> .  Promote free/reduced cost screening events within the county.	December 31, 2020		
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021	  Marihelyn Horrigan, AxessPointe  Janet Raber, NEOMED SOAR  UH Portage Medical Center	  Mindy: Able to do some screenings with scheduled appointments. 44 prediabetes screenings completed. 52% per at high risk.  Would like to do more community programming for prediabetes focusing on the non-medical interventions.  Jackie: Prevention Works is a program that have at Sequoia. It is an in-person programming. Slow start so far.  Becky: KSU Nutrition Outreach is offering diabetes management program virtually. Contact Natalie to learn more at <a href="mailto:ncaine@kent.edu">ncaine@kent.edu</a> .  Janet: No updates.  Marihelyn: Embedded a new diabetic template to screen all patients. Screening for patients with prediabetes risk factors. Pharmacy offering education for all newly dx diabetics.
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

**Strategy 5: Hypertension screening and follow up****Goal:** Promote hypertension management in adults.**Objective:** By December 31, 2022, increase hypertension medication adherence by to 85%.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Gather data on hypertension management interventions currently used in Portage County.  Research barriers to medication adherence and best practices for hypertension management.  Increase patient/community education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.	December 31, 2020	UH Portage Medical Center  Janet Raber, NEOMED SOAR	
<b>Year 2:</b> Continue efforts from year 1. Increase awareness of hypertension screening, treatment, and follow up.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		Mindy: doing small scale screening. Did 33 BP screenings with other programs.  Janet: No updates.

**Strategy 6:** Increase awareness of nutrition/physical activity resources**Goal:** Decrease obesity.**Objective:** By December 31, 2022, increase the number of Portage County providers utilizing the resource guide by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to offer nutrition/physical activity resources to physicians and develop a local community resource for physician use when referring their patients. Include items such as cost and transportation options in the guide.</p> <ul style="list-style-type: none"><li>• Establish a list/network of Portage County healthcare providers and organizations that would benefit from having a healthy eating, activity living (HEAL) resource guide.</li><li>• Develop a marketing plan for the HEAL guide.</li></ul> <p>Develop and implement a sustainability plan to keep resources updated.</p>	December 31, 2020	Amy Lee, NEOMED	
<p><b>Year 2:</b> Continue efforts of year 1, including marketing and sustaining the guide. Implement the marketing plan so that at least 50% of the providers/organizations on the list are notified and have received information on the guide.</p>	December 31, 2021		Jackie: Looking at getting a base line of resources available to increase physical activity in the county. What are out there and how many are participating. Will be putting together a survey to send to resources to gain access to what is out there. Let Portage Parks know if they are including parks and outside physical activity resources.
<p><b>Year 3:</b> Continue efforts of years 1 and 2, including marketing and sustaining the guide. Increase the number of stakeholders receiving information on the guide to 80%.</p>	December 31, 2022		

**Strategy 7: Prescriptions for health****Goal:** Increase participation and active engagement with parks and programs.**Objective:** By December 31, 2022, increase participation in the Parks Rx program by 13% from the baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement the Parks Rx program in Portage County.</p> <p>Increase participation among mental health and addiction communities. Increase participation by 3% from baseline.</p>	December 31, 2020	Andrea Metzler, Portage Park District	
<p><b>Year 2:</b> Continue to monitor participation, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 8% from baseline.</p>	December 31, 2021		<p>Jennifer: Portage Parks will be doing a reboot with Parks Rx this Spring. Most programs are virtual at this point. Continuing senior hikes-put together by request by Portage Senior Center. Opened up to all seniors. Many participants that are not part of the senior center. Continuing in the winter. Small dip in attendance, but still actively going. Will be changing how the Parks Rx is being advertised. Still going to do a partner centered offerings, but also including Parks Rx on advertisements for guided hikes, etc. Would like to work with PARTA and FCS to transfer people to the parks. Look at where the scheduled stops are in relation to the parks. Most of the parks are not on a bus route. Some are.</p> <p>Working to adjust the website to make it more accessible to persons of all abilities. Over 20 miles of the trails that are ADA.</p> <p>Andrea: received grant funding for Z-cards (folding maps)-credit card sized. Will be receiving 5000 of the maps to be used with Parks Rx.</p> <p>Jackie: Wild MED group is eager to do a program with parks again.</p>
<p><b>Year 3:</b> Continue efforts, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 13% from baseline.</p>	December 31, 2022		

**Strategy 8: Community gardens****Goal:** Increase fruit and vegetable accessibility.**Objective:** By December 31, 2022, maintain four community gardens in Portage County prioritizing food deserts.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Obtain baseline data regarding how many school districts, churches, and other community organizations currently have <b>community gardens</b> and where they are located, such as the Windham garden.</p> <p>Identify need for additional community gardens, focusing on food desert areas, and secure volunteers and/or Master Gardeners (ex: potential partnership with OSU Extension).</p>	December 31, 2020	UH Portage Medical Center	
<p><b>Year 2:</b> Research grants and funding opportunities to increase the number of community gardens. Develop a sustainability plan to maintain existing and future community gardens year-round.</p> <p>Market current and future community gardens within the county (i.e. location, offerings, etc.). Update the marketing information on an annual basis.</p> <p>Implement 1 new community garden.</p>	December 31, 2021		<p>Mindy: slow time for gardens. Expect the gardens to continue in the next year. Successfully introduced a garden club at Windham Elementary School using the Windham Renaissance Center garden. Also, a successful garden club at Walls elementary. Let's Grow Together program is focused on starting garden clubs at all elementary schools in the county. There is also a piece that teaches about good nutrition. UH Portage is also partnering with Hope Town for the Windham community garden.</p> <p>Jennifer: much interest in connecting with the gardens on the topic of pollinator plants. Mindy will connect Jennifer with Master Gardeners.</p>
<p><b>Year 3:</b> Continue efforts from year 2. Implement 1 new community gardens.</p> <p>Explore partnership opportunities to educate community members and families on gardening and healthy eating practices.</p>	December 31, 2022		

**Strategy 9: Shared use (joint use agreements)****Goal:** Increase physical activity.**Objective:** Implement at least three shared-use agreements by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Collect baseline data on how many Portage County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.).</p> <p>Create an inventory of known organizations that possess physical activity equipment, space, and other resources.</p>	December 31, 2020	Amy Lee, NEOMED	
<p><b>Year 2:</b> Collaborate with local organizations to create a proposal for a shared-use agreement.</p> <p>Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters.</p>	December 31, 2021		<p>Jackie: Looking at getting a base line of resources available to increase physical activity in the county. What are out there and how many are participating. Will be putting together a survey to send to resources to gain access to what is out there.</p> <p>Let Portage Parks know if they are including parks and outside physical activity resources.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Implement at least 2 additional shared-use agreements for community use in Portage County.</p>	December 31, 2022		



**Strategy 10: Community fitness programs****Goal:** Increase physical activity.**Objective:** By December 31, 2022, increase participation in organized physical activities by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to offer organized physical activities to adults, youth, and children. Obtain baseline data on the type, amount, and locations of organized physical activities in the county, and how many people participate.</p> <p>Identify the need for additional organized physical activities in specific locations. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from baseline.</p>	December 31, 2020	Jackie Smallridge, Sequoia Wellness	
<p><b>Year 2:</b> Continue efforts from year 1. Implement additional organized physical activities. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from year 1 baseline.</p>	December 31, 2021		Jackie: looking at what kind of community programs are available in Portage County. Will have a meeting on Thursday. More to come.
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Increase participation in community fitness programs by 3% from year 2 baseline.</p>	December 31, 2022		

Amy: WIC has an increase in fruits and vegetables: kids \$24, pregnant \$43, breastfeeding moms \$47. With regards to hypertension, statewide program, educate participants on pre-eclampsia and hypertension. Education provided during pregnancy and after delivery. Anticipates the next grant starting in October will have tracking of these numbers.

Mindy: Possible partnership with UH Portage to get those identified as high BP can get a free BP unit.

Mindy: the outpatient pharmacies have grown at the UH facilities. There is an outpatient pharmacy at the UH Portage location. This pharmacy does have BP machines available.

Maureen: looking forward to using partnering programming and funding resources into the CHIP. Children's Advantage has a kitchen in the Family Center that they provide cooking and nutrition education. Looking at aligning United Ways health priorities with the CHIP and using the semi-annual reports in CHIP updates. New 3-year funding cycle coming up. Becky to look at past semi annual reports to see if there is information that should/could be implemented.

## Priority #3: Maternal, Infant, and Child Health

### Strategy 1: Reproductive health interventions

**Goal:** Increase sustainability of women's reproductive health and wellness services.

**Objective:** By December 31, 2022, implement a women's reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible residents.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Implement activities to support infrastructure and sustainability of a women's reproductive health and wellness program. Activities to include insurance of billing infrastructure, Medicaid enrollment, direct health care services (family planning and prevention services, STI testing, pregnancy testing, and referrals).	December 31, 2020	Marihelyn Horrigan, AxessPointe  Rosemary Ferraro, AxessPointe	
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021	Portage County Health District (PCHD removed for Year 2)	AxessPointe: Ongoing. CHWs working with pregnant mothers referred to us through the HUB pathway model.
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

### Strategy 2: Home visiting programs that begin prenatally

**Goal:** Improve pregnancy and birth outcomes.

**Objective:** By December 31, 2022, implement a prenatal/postpartum home visiting program to reduce preterm birth, low birth weight, and infant mortality.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with local agencies and health care organizations to develop a home visiting program in Portage County that provides support to pregnant mothers to achieve healthier pregnancies and births and stronger child development to ensure babies reach their first birthdays.	December 31, 2020		
<b>Year 2:</b> Implement ACEs and motivational interviewing practices within the health department staff that will participate in the "Mom and Baby Bundle" program.  Create and implement policies and procedures for home visiting program that include evidence-based practices.  Create educational materials on home visiting program to be distributed to community partners.	December 31, 2021	Rosemary Ferraro, Portage County Health District	Becky: PCHD did apply for a grant to start this program. They did not receive the funding.
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

**Strategy 3: Increase enrollment in WIC program**

**Goal:** Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants and children.

**Objective:** By December 31, 2022, increase WIC enrollment by 20%.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Conduct an assessment on WIC enrollment in the past 10 years and identify barriers to enrollment.  Determine strategies to increase awareness and accessibility of WIC.	December 31, 2020	Amy Cooper, WIC	
<b>Year 2:</b> Continue efforts from year 1.  Implement strategies to increase awareness and accessibility of WIC.	December 31, 2021		Amy: WIC continues to decline due to barriers-many associated with COVID. This trend is being seen statewide. It is challenging to shop for WIC foods, and SNAP benefits are easier. Looking to help streamline the WIC process in the far future. Program is still being offered curbside. WIC shopper app does allow participants to check balances and appointments.
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

**Strategy 4:** Provide referrals/resources to all patients on health insurance access to ensure reproductive health care.

**Goal:** Improve birth outcomes.

**Objective:** By December 31, 2022, increase number of client referrals by 25%.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with community health workers (CHWs), home visitors, or patient navigators to connect women of childbearing age to health insurance, resources, and a medical home.</p> <p>Identify and mitigate barriers to care.</p> <p>Establish baseline for client referrals</p>	December 31, 2020	Marihelyn Horrigan, AxessPointe	
<p><b>Year 2:</b> Increase efforts from year 1.</p> <p>Increase client referrals by 25%.</p>	December 31, 2021		<p>Amy: There is a new community health worker at AxessPointe.</p> <p>AxessPointe: There are two new community health workers embedded and ready to do outreach. Both have been dually trained with certified application specialists. Working with the pathway HUB model to use the pathway to close any social determinants of health or barriers to care.</p>
<p><b>Year 3:</b> Increase efforts from years 1 and 2.</p>	December 31, 2022		

**Strategy 5: Create and implement a Safe Kids Coalition plan****Goal:** Reduce child injury.**Objective:** By December 31, 2022, create and implement a plan with targeted activities for the Safe Kids coalition.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue to implement the Safe Kids coalition.  Work with coalition members to create a plan to guide coalition planning, outreach and activities. Include strategies such as Safe Route to School, Child Passenger Safety, Safe Sleep, etc.	December 31, 2020	Ali Mitchell, Portage County Health District	
<b>Year 2:</b> Continue efforts from year 1. Implement strategies from the Safe Kids Coalition plan	December 31, 2021		Heather: Safe Kids Worldwide put out a national assessment. Portage County should have received the assessment. Looking at all the areas that education is being provided. This is the slow season, start to plan for the new year.
<b>Year 3:</b> Continue efforts from years 1 and 2. Implement strategies from the Safe Kids Coalition plan.	December 31, 2022		

PARTA: Kelly: not brought back the Cleveland route (ended April 2020). Other routes are on reduced services. Sitting at about 80% of capacity. Few demand response routes are picked back up. Still in need of drivers and employees (~30 drivers).

# Cross-Cutting Strategies (Strategies that Address Multiple Priorities)

## Cross-Cutting Factor: Social Determinants of Health

### Cross-Cutting Factor: Social Determinants of Health

#### Strategy 1: Home improvement loans and grants

**Goal:** Decrease severe housing problems.

**Objective:** By December 31, 2022, increase the number residents obtaining home improvement loans or grants by 5%.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with the Portage County Home Improvement Program to collect baseline data on the number of home improvement loans and grant opportunities available to Portage County residents, including local, state, and federal loans or grants.	December 31, 2020	Brad Cromes, Portage County Treasurer	
<b>Year 2:</b> Create a marketing plan to promote the housing program to Portage County residents, targeting economically disadvantaged communities. Provide technical assistance to residents throughout the process of procuring a home improvement loan or grant.  Work with the Portage County Home Improvement Program to collect baseline data on the number residents obtaining home improvement loans or grants.	December 31, 2021		Brad: We have been working for the past two years to better align Portage County's linked deposit programming with programs offered by the Ohio Treasurer of State. We learned late last year that the Treasurer of State was no longer interested in a direct partnership with us in that effort, and we are now moving forward with a revamp of the program that mirrors (but does not tie directly to) Treasurer of State offerings. We have a pending proposal to make funds available for home energy efficiency projects, small business/job creation, and family farm supports. It is our intention to approve those and make them available in 2022.  As such, efforts on marketing the pre-existing program are on hold. We will work diligently when the new programs are available to spread the word and ensure that they are utilized, with a special emphasis on economically disadvantaged portions of our community.
<b>Year 3:</b> Continue efforts from years 1 and 2. Increase the number residents obtaining home improvement loans or grants by 5%.	December 31, 2022		

**Cross-Cutting Factor: Social Determinants of Health**

**Strategy 2: Service-enriched housing**

**Goal:** Increase economic self-sufficiency.

**Objective:** By December 31, 2022, increase PMHA client's ability to support their economic independence and stability.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local service providers, partner agencies and other community resources to provide support to public housing residents to achieve economic independence and stability through education, employment, and financial literacy programs.</p> <p>Assist public housing residents to address barriers with access to internet, transportation, and child care services.</p> <p>Serve 50 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2020	Carolyn Budd and Sabrina Moss, Portage Metropolitan Housing Authority	
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2021		See below.
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p>	December 31, 2022		

**Cross-Cutting Factor: Social Determinants of Health** 

**Strategy 3:** Outreach to increase financial stability through free tax preparation services.

**Goal:** Decrease poverty.

**Objective:** By December 31, 2022, increase use of free tax preparation services available to Portage County residents.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Collaborate with county agencies, such as United Way, to increase awareness about the myfreetaxes.com program and how it can reduce the tax burden for low-to-moderate income working people, and who is eligible.	December 31, 2020	Maureen Gebhardt and Bill Childers, United Way	
<b>Year 2:</b> Continue efforts from year 1. Implement awareness strategies identified in Year 1.	December 31, 2021		No updates.
<b>Year 3:</b> Continue efforts from year 1 and year 2.	December 31, 2022		

**Cross-Cutting Factor: Social Determinants of Health** 

**Strategy 4:** Financial literacy

**Goal:** Decrease poverty.

**Objective:** By December 31, 2022, offer multiple financial literacy classes throughout the year in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Continue to implement financial literacy classes in Portage County.</p> <p>Expand the frequency of the classes and offer them annually. Target economically disadvantaged populations and schools.</p> <p>Provide Bridges Out of Poverty to 2 community agencies who serve individuals/families who live in households at or below poverty level.</p> <p>Provide 1 session of the Getting Ahead program to adult clients through the Children's Advantage Family Center.</p> <p>Provide 1 session1 of the R-Rules program through the Children's Advantage Family Center and in Portage County schools.</p>	December 31, 2020	<p>Brad Cromes, Portage County Treasurer</p> <p>Nicole Thomas, Children's Advantage</p>	
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		Brad: The Portage County Financial Wellness Fair in 2021 was a tremendous success. We



<p>Update: Portage County Treasurer is no longer providing the Bridges Out of Poverty Program. It is being offered by Children's Advantage and Job and Family Services.</p>		<p>presented our Fair in a hybrid format, with classes offered electronically via Zoom and Facebook Live and an in-person capstone expo where residents were offered the opportunity to interact directly with financial services vendors. Our efforts to market the program digitally resulted in 42,709 impressions, 1,166 engagements, and 106 site visits. Our Facebook ads resulted in 19,438 views, 629 engagements, and 478 link clicks, and our print ad reach included 4,500 inserts. We also advertised with locally-owned <i>The Portager</i>, where our web ad received 89,237 impressions and our newsletter ads resulted in 3,026 opens and 23 clicks on a Nov. 5 email and 2,757 opens and 35 clicks on a Nov. 8 email.</p> <p>Virtual class attendance included 1,085 combined YouTube/Facebook views, and related content is now available at <a href="https://www.portagecounty-oh.gov/treasurer-brad-cromes-cgfm/pages/financial-wellness-fair-0">https://www.portagecounty-oh.gov/treasurer-brad-cromes-cgfm/pages/financial-wellness-fair-0</a>.</p> <p>Our in-person expo saw attendance from 16 vendors and 20 attendees, and included a raffle of 23 door prizes valuing more than \$1,200.</p> <p>We are currently working plans for the 2022 Financial Wellness Fair, and anticipate that we will replicate the hybrid model from 2021. Our tentative dates for the event are 11/7/2022 – 11/12/2022.</p>
<p><b>Year 3:</b> Continue efforts from years 1 and 2</p>	<p>December 31, 2022</p>	

**Cross-Cutting Factor: Social Determinants of Health** **Strategy 5:** Increase transportation through a county transportation plan.**Goal:** Increase access to transportation.**Objective:** By December 31, 2022, create a strategic plan to address transportation needs.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with members of the Access to Care Coalition to review the 2018 transportation assessment and identify themes, needs and barriers.	December 31, 2020	Mandy Berardinelli, Ohio Means Jobs	
<b>Year 2:</b> Continue efforts from year 1. Work with members of the Access to Care Coalition to create a strategic plan to address transportation needs, as well as lack of awareness of current transportation opportunities.	December 31, 2021		No progress.
<b>Year 3:</b> Continue efforts from year 2. Implement strategies from the strategic plan and conduct another transportation assessment.	December 31, 2022		

## Cross-Cutting Factor: Healthcare System and Access

Cross-Cutting Factor: Healthcare System and Access			
Strategy 1: School-based health centers (SBHC)			
Goal: Increase access to health care.			
Objective: By December 31, 2022, pilot a SBHC in at least one Portage County school district.			
Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Research <b>school-based health centers</b> (SBHC) and explore the feasibility of implementing one in Portage County.	December 31, 2020	Randy Griffith, Maplewood Career Center	
<b>Year 2:</b> Pilot a school-based health center within at least one school in Portage County.	December 31, 2021		Randy: During the second year of the program, Maplewood struggled with the provider. They were not showing up on days when they were supposed to provide services. The person in charge was contacted and the issue were discussed. He said he would address the problems; however, that never happened. Randy informed him, via email, that would plan to search for another provider. He was instructed to let them know when we found a different provider. Unfortunately, they never returned after he informed them of our intentions in November. At present, they (Maplewood) are working with Summa to restart the program.
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

**Cross-Cutting Factor: Healthcare System and Access****Strategy 2: Health transportation outreach****Goal:** Increase access to transportation.**Objective:** By December 31, 2022, expand transportation training to organizations serving Portage County residents.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue collaborating for annual all-day health transportation training to local organizations.  Collaborate to create condensed version of annual training to increase staff trained.	December 31, 2020		
<b>Year 2:</b> Pilot condensed training to 3 organizations.	December 31, 2021	Clayton Popik, PARTA  Christine Herra, Job and Family Services  Karen Towne, Portage County Health District	Christine: transportation remains very challenging. Dealing with staffing concerns. Working with vendors for solutions.  Medicaid programs are providing gift cards for COVID vaccines. Making sure all COVID related issues are addressed.  Transportation forums were provided virtually.  PARTA has not hired a travel trainer at this time.
<b>Year 3:</b> Expand efforts from year 2.	December 31, 2022		

Wendy, JFS: working on a collaboration with KSU to extend SNAP benefits to KSU students. Managed Care plans provides transportation for vaccines. State continues to provide maximum food benefits for households. For a single person: \$234 in food stamps, etc. This is a month-to-month basis program. JFS lobby is open. They encourage the phone line for applications. This may take a little time, but there is a call back feature.


**Cross-Cutting Factor:** Healthcare System and Access **Strategy 3:** Health insurance enrollment and outreach **Goal:** Increase health insurance enrollment.**Objective:** Enroll 15% of identified uninsured residents into a health insurance option by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Coordinate with community agencies to identify uninsured residents.  Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicare, Medicaid, or another health insurance option.  Enroll 5% of identified uninsured residents into a health insurance option.	December 31, 2020	Marihelyn Horrigan, AxessPointe	
<b>Year 2:</b> Continue efforts from year 1. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2021		AxessPointe: Community healthcare workers embedded and dually trained to do insurance education and assist with navigating any barriers to receiving Medicaid or Medicare if eligible.
<b>Year 3:</b> Continue efforts from years 1 and 2. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2022		

**Cross-Cutting Factor:** Healthcare System and Access **Strategy 4:** Expand SOAR Student-Run Free Clinic**Goal:** Increase access to health care.**Objective:** December 31, 2022, increase the number of days the SOAR Free Clinic is open to a total of six (6) days per month.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue to implement the SOAR Free Clinic. Expand hours of the SOAR clinic from three to four Saturdays each month.  Promote health services of SOAR in underserved communities.	December 31, 2020	Janet Raber and Lacy Madison, SOAR	
<b>Year 2:</b> Continue efforts of year 1. Expand services with integration of Behavioral Health Counseling from Coleman at the clinics.  Expand Social Determinants of Health screening and referral and tracking.  Investigate the feasibility of Telemedicine.  Investigate the feasibility of telehealth visits during the weekdays.  Investigate the feasibility of EMR.  Add Physician Assistant Students from University of Mount Union to participate in clinic visits.	December 31, 2021		Janet: no updates.
<b>Year 3:</b> Continue efforts of years 1 and 2.  Purchase equipment, develop curriculum/training and pilot Telemedicine at SOAR  Provide specialty clinic days, once a month  Develop a referral base for diagnostics and specialties at free or reduced cost.	December 31, 2022		

## Cross-Cutting Factor: Health Equity

Cross-Cutting Factor: Health Equity 			
Strategy 1: Implicit bias training			
Goal: Decrease discrimination.			
Objective: By December 31, 2022, implement at least one implicit bias training per quarter.			
Action Step	Timeline	Lead Contact/Agency	Progress
<p><b>Year 1:</b> Work with local stakeholders to create a formal implicit bias training detailing the association between implicit bias and inequity.</p> <p>Pilot the training in one location, such as a school, church, healthcare organization, local business or social service agency. Evaluate the training and make necessary changes.</p>	December 31, 2020	Mike Thompson, Family and Community Services	
<p><b>Year 2:</b> Continue efforts from year 1. Implement the training at least once per quarter.</p>	December 31, 2021		No updates.
<p><b>Year 3:</b> Continue efforts from years 1 and 2. Implement the training at least once per quarter.</p>	December 31, 2022		

## PMHA updates:

Portage County Health District CHIP: Year 2021

Quarter 4 Update

SERVICE CATEGORIES & PARTICIPATION/ATTENDANCE	RESIDENTS SERVED (By Quarter & Service Category)*			
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTERS 1, 2, 3, & 4 (Grand Total for the Year)
Akron Children's Hospital "Produce Perks" program enrollment (families)	0	7	7	7
Akron Children's Hospital hygiene kit distribution (families)	20	20	20	56
Akron Children's Hospital feminine products distribution (families)	0	0	0	13
Akron Children's Hospital Nurturing Families program referrals (families)	0	2	2	2
Birdie Bags food distributions (households)	0	0	16	16
Campus Kitchen at KSU food deliveries (families)	0	0	7	62
Childcare referrals (families)	3	3	3	3
Chromebook lending program distributions (households)	0	33	33	33
Cleaning classes for housing retention efforts (households)	0	12	12	12
Cleaning supplies distribution (households)	0	0	17	17
Community resource guidebooks distribution (households)	10	10	10	10
COVID-19 2nd dose vaccinations administered @ on-site clinics / all who received Moderna got both shots (individuals)	0	12	12	12
COVID-19 vaccination appointments w/o follow-through (individuals)	1	1	1	1
COVID-19 vaccinations administered @ on-site clinics (individuals)	24	46	46	46
Direction Home's "Stay Healthy" program referrals for elderly (households)	2	2	2	2
Direction Home "Be a Santa to a Senior" program signups and gift distribution (individuals)	0	0	0	88
Employment services referrals	3	3	3	3
Family counseling referrals (families)	1	1	1	1
Farmers Markets at PMHA sites (individuals)	0	0	70	70
Field Day community building events	0	0	14	14
Financial literacy assistance & referrals (individuals)	5	8	8	8



Flashes Fighting Hunger pop-up food pantry assistance (households)	0	0	0	34
Food assistance & referrals (households)	19	19	19	19
GED classes referrals (individuals)	0	1	2	3
Good Neighbor Program meetings (individuals)	0	0	46	46
Homework Buddies tutoring and mentoring program (children)	3	3	24	24
Masks & hand sanitizer distribution referrals (households)	27	40	40	40
Mental health resources distribution & referrals (individuals)	20	20	20	20
MightyPack food distributions (children)	0	0	41	41
OSU Extension free food distributions (households)	0	0	0	37
Ohio Means Jobs educational resources distribution & referrals (individuals)	5	5	23	23
Other service coordination for education, employment and financial literacy (individuals)	0	0	10	16
Parent Café meetings (individuals)	0	0	7	7
PMHA hats, gloves, scarves, etc. distribution (families)	20	20	20	30
Post-secondary education assistance (individuals)	1	2	4	4
PPE distributions (households)	0	0	24	55
Rent delinquency assistance referrals (households)	2	2	12	21
Resident Services meet & greet (households)	0	0	3	3
School supplies giveaways (children)	0	0	36	36
Social events for elderly/disabled residents (individuals)	0	0	6	15
Summer Food Service Program extended service (children)	100	100	100	100
Summer Food Service Program summer service (children)	0	95	95	95
Time management tips distribution (households)	1	1	1	1
Transportation assistance or referrals (individuals)	1	2	6	11
Unemployment fraud complaint assistance	1	1	1	1
Wi-Fi/internet connectivity assistance (households)	2	2	3	29
Youth Easter basket distribution (families/children)	18 families / 44 children	18 families / 44 children	18 families / 44 children	18 families / 44 children
Youth Christmas adopt-a-family distribution (families/children)	0	0	0	7 families / 24 children

Youth Christmas free photos with Santa and giveaways (families)	0	0	0	21
Youth homework assistance & literacy (children)	1	4	13	13
Youth homework program meet & greet (families)	0	0	6	6
	<b>QUARTER 1</b>	<b>QUARTER 1 + QUARTER 2</b>	<b>QUARTER 1 + QUARTER 2 + QUARTER 3</b>	<b>QUARTERS 1, 2, 3, &amp; 4 (Grand Total for the Year)</b>
<b>Unduplicated Residents Served**</b>	<b>110</b>	<b>171</b>	<b>229</b>	<b>277</b>

\* Many households receive ongoing assistance over the course of the year. Due to this, the "Total Residents Served" in each quarter is a compounding number, and Quarter 4 will reflect the grand total number of unduplicated residents served in each service category for the entire year.

\*\* Many household have received a variety of services, under more than one service category. Therefore, the "Unduplicated Residents Served" row is not a sum of each column.

