Portage County



Portage County Community Health Improvement Plan Progress Report							
	HEAL (Healthy Eating	, Active Living)					
Action Step	Responsible Person/Agency	Timeline	Progress				
Implement Mind	Implement Mindful by Sodexo and other Healthier Hospitals Initiatives						
Year 1: UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.	Mindy Cust	October 1, 2017					
Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.	Mindy Gusz, University Hospitals Portage Medical Center						
Implement the Mindful program in at least one of the following priority areas: • Healthy Cafeterias/Cafes • Healthy Vending Machines • Healthy Meetings and Events							
Use marketing materials (posters, table tents, stickers, etc.) to better brand the program							
Year 2: Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital		October 1, 2018	1-16-18: No updates at this time from Mindy regarding UH Portage Medical Center. Angela DeJulius (KSU): As of July 1, 2017, KSU has also switched to Sodexo as its food provider, and has implemented Mindful and many of the same institutions agrees their computer.				
Year 3: Introduce the program into other areas of the		October 1,	initiatives across their campuses.				
community (businesses, schools, churches, etc.)	no Dark District to impl	2019	programs/policies				
Year 1: Partner with local communities across the	ge Park District to impl	1	programs/policies				
county to promote park planning, funding and development. Increase awareness, access and use of parks: Improve trail quality and signage. Promote and expand the "Wild Hikes Challenge." Promote park and trail use through social media, Meetup groups, hiking clubs. Partner with health care providers to distribute maps and brochures of parks and trails.	Christine Craycroft, Portage Park District	October 1, 2017					
Initiate partnerships for Park Rx program.							
Year 2: Initiate and expand park programming for healthy recreation including walking and biking clubs. Distribute Parks Rx program materials to pilot groups of healthcare providers, and evaluate progress.		October 1, 2018	1-16-18: Andrea (Portage Park District): Wild Hikes Challenge for 2018 is out and posted on website. Saw an increase in 2017 from prior years, including influx from Cuyahoga and Summit counties). Will be doing additional marketing in 2018.				
Partner to create a pump track for bikes in association with the hike and bike trail.			Introduced intern, Miranda, who will be responsible for Parks RX program, inventory of walking/hiking meet-up groups, and also help with promoting				
Add 3 miles of trails.			programs and parks use.				
			Recently acquired more land in Streetsboro, to be open to the public in the coming years.				
			There are winter activities (cross country skiing, sledding, etc.) promoted in the parks				
Year 3: Expand participation in Parks Rx, Wild Hikes Challenge and group activities.		October 1, 2019					
Partner to develop a fitness trail with outdoor exercise equipment.							
Partner to offer community gardens and associated programming on park property.							

Portage County Community Health Improvement Plan Progress Report				
	HEAL (Healthy Eating			
Action Step	Responsible Person/Agency	Timeline	Progress	
Implement	Complete Streets Poli	icies within the	City of Kent	
Year 1 : Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.		October 1, 2017		
Gather baseline data on all of the Complete Streets Policy objectives.	Jeff Neistadt, Kent City Health			
Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.	Department			
Year 2: Begin to implement the following Complete Streets Objectives: • Increase in total number of miles of on-street		October 1, 2018	1-16-18: Jeff: Getting an intern to do assessment of Safe Routes to School program. Plan to apply for grant by year end.	
bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations. • Pursue Safe Routes to School status from the			Will be working with city engineers office to connect some of the biking/walking trails.	
National Center for Safe Routes to School. Pursue city council ordinance that any street needing significant repair transition to			Pursing city ordinance to ensure people are wearing helmets while biking. (Many people bike in Kent all year.)	
 a Complete Streets model. Pursue city ordinance requiring bike riders under 16 to wear a helmet. 			Becky (PCHD): PCHD is working with a NEOMED student on a needs assessment for Safe Routes to School. Will share into with Kent.	
Year 3: Continue efforts from years 1 and 2.		October 1, 2019		
De	velop a Portage Coun	ty Obesity Coal	lition	
Year 1: Establish the basic principles of the coalition and develop evaluations for progress.		October 1, 2017		
Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.	Natalie Caine- Bish,			
Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.	Kent State University Center for Nutritional Outreach			
Complete an action plan and set 2-3 goals that the coalition will work towards implementing.				
Begin to determine resources and begin to secure funding.				
Year 2: Work towards completion of established action plan goals.		October 1, 2018	1-16-18: Becky: No progress at this time on expanding the Obesity Coalition.	
Expand coalition to recruit and include all partners interested in decreasing childhood and adult obesity.	Becky Lehman, Portage County Combined General Health District		PCHD will be partnering with Ravenna Elks Lodge and Ravenna Police Department to host a Bike Rodeo on 6/2/18. PCHD will be applying to the "Put a Lid on it" grant for the fifth year for bike helmets to	
Collaborate in development of additional goals and pursuit of funding.	Treatity District		be distributed at the rodeo. This will be the second year partnering with the Ravenna Elks for the bike rodeo.	
Research community bike giveaway programs.				
Partner with community agencies (and PCHD bike helmet program) to distribute bike helmets to children in need.				
Year 3: Continue efforts from years 1 and 2.		October 1, 2019		

Portage County Community Health Improvement Plan Progress Report					
	HEAL (Healthy Eating, Active Living)				
Action Step	Responsible Person/Agency	Timeline	Progress		
Imp	element the Prescription	n for Health Pro	gram		
Year 1: Research Prescription for Health program.		October 1,			
Obtain baseline data to document need for Prescription for Health.		2017			
Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.	Jeneane Favaloro, AxessPointe Community Health Center				
Finalize clinic and program partners.					
Decide what program materials are needed.					
Develop program materials.					
Year 2: Research Prescription for Health program.		October 1,	Amy provided email update, 1-16-18: Have initially		
Obtain baseline data to document need for Prescription for Health. Contact potential clinic and farmer's market	Amy Lee (NEOMED) and NEOMED SOAR Clinic	2018	researched Prescription for Health. Currently exploring possibility of implementing alternative program, Health Leads, with the NEOMED SOAR Clinic as a possible pilot site.		
partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.			Andrea (Portage Park District) will contact Amy to see how the Park Rx program may align with these efforts.		
Finalize clinic and program partners.					
Decide what program materials are needed.					
Develop program materials.					
Year 3: Double the number of locations offering the Prescription for Health program.		October 1, 2019			
Incorporate fai	milies and children into	community ph	nysical activities		
Year 1: Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component Provide at least one Community related program	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &	October 1, 2017			
promoting physical activity and families.	The Portage County Obesity Coalition				
Year 2: Provide five family engagement Healthy Kids Running Series events in Portage County. Collaborate with Sequoia on the fitness activity and nutrition programs.	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach and Jackie Smallridge, & Jacy Watson, Sequoia Wellness	October 1, 2018	1-16-18: Becky (PCHD): KSU will continue to host the Healthy Kids Running Series in Portage County. Are revising forms/materials to make it clearer that KSU covers all costs for participants.		
Year 3: Increase child and family participation at		October 1,			
organized physical activity events by 10%		2019			

Portage County Community Health Improvement Plan Progress Report			
	HEAL (Healthy Eating Responsible	, Active Living)	
Action Step	Person/Agency	Timeline	Progress
Ir	nplement a Healthier C	Choices Campa	iign
Year 1: Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign. Secure funding to create campaign materials.	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition	October 1, 2017	
Year 2: Roll out a Healthier Choices -type campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers. Explore potential funding opportunities (United Way Community Needs Grant, etc)		October 1, 2018	1-16-18: Becky (PCHD): Using the Nutrition and Physical Activity Needs Assessment completed in October, an action plan (including such campaign activities) has been submitted to ODH under the Maternal Child Health grant.
Year 3: Roll out campaign to entire County		October 1, 2019	
Continue fundraising.		2017	
Increase nutrition/physical edu	ucation materials being	g offered to pat	ients by primary care providers
Year 1: Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients. Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information. Obtain funding for toolkit printing and training. Year 2: Investigate collaborative opportunities for system solutions with the three major health systems. • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols.	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department	October 1, 2017 October 1, 2018	1-16-18: Joe: Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to healthy eating/active living. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into mental health and substance abuse, with oversight/direction led by the access to healthcare coalition.
Year 3: Offer additional trainings to reach at least 50% of the primary care physician offices in the county.		October 1, 2019	

Portage County Community Health Improvement Plan Progress Report				
	HEAL (Healthy Eating			
Action Step	Responsible Person/Agency	Timeline	Progress	
Expand the	Personal Improveme	ent Program (PIP	r) in schools	
Year 1: Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff. Explore feasibility of expanding the program to other schools. Explore funding opportunities to expand program. Year 2: Implement the PIP program at West Main Elementary School in Ravenna.	William McCluskey, Edinburg Township	October 1, 2017 October 1, 2018	1-16-18: Bill: Has not heard from anyone regarding support/volunteers/sponsors. Has speakers and contacts for education. Has approval of Ravenna	
Recruit exercise physiologists, certified fitness instructors (ACSM), or PE students or teachers to volunteer for classes. Pursue sponsors and donations for healthy snacks and student t-shirts. Explore potential funding opportunities (United Way Community Needs Grant, etc)			Schools superintendent. The primary restriction is Bill's personal time to run the program (like he has in the past). Has spoken with KSU exercise physiology department regarding interest in volunteering, but the issues is they don't yet have their student population for the fall semester (when targeting to implement the program at West Main.) Also plans to speak with Hiram College and Sequoia Wellness. Exploring possibility of expanding to Rootstown Schools and NEOMED STEM program.	
Year 3: Continue efforts from years 1 and 2.		October 1, 2019		
Implement po	stpartum weight loss	educational pro	ogram at WIC	
Year 1: Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.	Amy Cooper, WIC Director	October 1, 2017		
Establish a Facebook group to appeal to millennials.				
Year 2: Expand "Healthier You" to include involvement of community partners. Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and momto-mom support.		October 1, 2018	1-16-18: Amy: Distributed 116 "Healthier You" brochures (October-December) to new moms. Facebook group continues to have limited participation. Ordering from state WIC "Mothers in Motion" DVDs with strategies for improving health. Hope to partner with Portage Park District for work on year 2 goals. Joe (PCHD) asked if there is any talk regarding home visits for new moms. Amy reported that HMG does the home visiting program through a contract with Mahoning County. Joe would like to see the home visiting program for new moms reinvigorated through use of public health nurses.	
Year 3: Continue efforts from years 1 and 2.		October 1, 2019		

Portage County Community Health Improvement Plan Progress Report			
	Increase Mental He		
Action Step	Responsible Person/Agency	Timeline	Progress
Increase awarene	ess and accessibility of	f available mer	ntal health services
Year 1: Educate school personnel and social workers in at least three local school districts on the availability of mental health services Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students	Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017	
majoring in social work, etc. Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.			
Year 2: Educate school personnel and social workers in all local school districts on the availability of mental health services. Continue presentations on available mental health services to Portage County groups.		October 1, 2018	1-17-18: Karyn: Held Crisis Team Intervention training for Portage County police officers. 11 officers completed the 40-hour training. Held the "International Survivors of Suicide Loss" Day event on November 18. Four community members attended. (Low turnoutthinking due to Stow having an event the same day.) Are advertising services and the crisis line regularly in the Record Courier and through social media.
Year 3: Continue efforts of years 1 and 2 and expand outreach		October 1, 2019	
Increase the number of prin	mary care physicians	screening for de	epression during office visits
Year 1: Collect baseline data on the number of primary care physicians that currently screen for depression during office visits. Research screening tool with other 4 priorities.	Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health & Recovery Board of Portage County	October 1, 2017	
 Year 2: Investigate collaborative opportunities for system solutions with the three major health systems. Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols. 	Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department	October 1, 2018	1-17-18: Joe (Becky): Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to mental health. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into substance abuse and nutrition/physical activity, with oversight/direction led by the access to healthcare coalition.
Year 3: Increase the number of primary care physicians using the screening tool by 25% from baseline.		October 1, 2019	

Portage County Community Health Improvement Plan Progress Report				
	Increase Mental He Responsible		-	
Action Step	Person/Agency	Timeline	Progress	
Expand evidence-based	suicide prevention and	l bullying progra	ams targeting youth and families	
Year 1: Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.	Karyn Hall, Mental Health &	October 1, 2017		
Continue the implementation of Red Flags to the Portage County School Districts.	Recovery Board of Portage County			
Year 2: Increase awareness and participation of available programs. (Red Flags, Life Skills, PBIS, and Start with Hello.)		October 1, 2018	1-17-18: Karyn: Distributed crisis text line and mental health resource material to Kent City Schools following a student death by suicide.	
Continue researching the PAX program.			Lots of planning going on for this next quarter.	
Collect data on Red Flags and other programs being utilized.				
Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.				
Year 3: Continue efforts to implement the program(s) in at least one grade level in each school district		October 1, 2019		
	Provide mental health	first aid training	ıs	
Year 1: Obtain baseline data on the number of trainings that have taken place.		October 1, 2017		
Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.	Karyn Hall, Mental Health & Recovery Board of Portage County			
Provide at least 2 trainings Year 2: Provide 2 additional trainings and continue		October 1,	1-17-18: Karyn: Mental Health First Aid class held in	
marketing efforts to expand reach of trainings through community partners.		2018	November by Coleman Professional Services and the MHRB. Was first class open to the public. 11 community members attended. Another class is scheduled for March 5 th and 6 th . Will begin advertising for it soon. KSU also does Mental Heath First Aid training.	
Year 3: Continue efforts from year 2.		October 1, 2019		
		2017		

Portage County Community Health Improvement Plan Progress Report			
	Increase Mental Ho Responsible	ealth Services	
Action Step	Person/Agency	Timeline	Progress
Inc	rease awareness of tra	auma informed	care
Year 1: Continue community trainings on trauma informed care and adverse childhood experiences (ACEs). Continue to train clinicians on evidence-based trauma programs.	Joel Mowrey and Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017	
Year 2: Continue efforts of year 1. Provide agency clinician training on Eye Movement Desensitization and Reprogramming psychotherapy treatment in spring 2018.		October 1, 2018	1-17-18: Karyn: Dr. Jamie Marich spoke on the relationship between trauma and addiction at the Portage Opiate Conference held October 31 to over 225 attendees. Trainings are being scheduled for the agency counselors in Eye Movement Desensitization and Reprocessing (EMDR) for March 2018. Dr. D'Abreau (KSU): From Coleman, Dr. Pacer is now at KSU ½ day per week, and Heather Shehan is now
Voar 2: Continue offerts of years 1 and 2		October 1,	at KSU one day per week. All psychologists are becoming trained in trauma informed care.
Year 3: Continue efforts of years 1 and 2.		2019	
Establish a youth-focu	used community cente	er at the former	Mantua Center School
Year 1: Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths	Jeff Jackson, Hilltop Christian Church - Mantua and Chad Delaney, Mantua Center Christian Church	October 1, 2017	
Year 2: Identify location for after-school program for 7th and 8th graders, Identify advisory board and volunteer coordinator Implement a 3-week trial after-school program for target age group at location in the first quarter of 2018. Plan for full program implementation in the fall of 2018 (to include snacks, homework assistance, leisure activities, and drug prevention education.)	Chad Delaney, Mantua Center Christian Church and Chris McCreight, Hiram Christian Church	October 1, 2018	1-17-18: Chad: Hiram College and its Educational Dept. are not able to take on the after-school program due to liability insurance coverage issues. FCS was then asked and interested, but were also unable to support the insurance requirements. The church could house it, but is not an ideal location. Crestwood middle school has offered a room to covert for the program. This would reduce the transportation barriers. Hoping to pilot the program there. Aim to include fun as well as educational (especially drug prevention) components. Possibly also bring in speakers for career path discussions, etc. Hiram College still wants to be involved with student volunteers, etc. Mantua Center School task force is meeting with county and township officials and lawyers to gain a 10 year lease on the building, which would allow the Board under the task force to make decisions as needed. Holding an event (Sweetheart Cookie Walk and Art Auction) on 2/10 in the Mantua Center School building to serve as an intro to the building in the community (as long as the contract goes through in time). Hope to host a tutoring program here in the future as well.
Year 3: Expand programming Establish a community meeting room and offer additional community-wide programming including all CHIP priorities		October 1, 2019	
Incorporate a Social Enterprise Incubator		1	

Portage County Community Health Improvement Plan Progress Report					
Decrease Substance Abuse					
Action Step	Responsible Person/Agency	Timeline	Progress		
Develop & implement a com	munity based compre	hensive plan to	reduce alcohol & drug abuse		
Year 1: Hold an annual conference to educate the public and organizations. Plan community awareness campaign. Establish working committees for the Substance Abuse Coalition (the Oversight Committee).	Joel Mowrey, Mental Health & Recovery Board of Portage County	October 1, 2017			
Year 2: Hold annual conference; continue efforts from year 1.		October 1, 2018	1-17-18: Karyn (MHRB): Annual conference held October 31 with over 225 attendees. Video of the panel and two speakers are available on MHRB website. Evaluations were very positive. Held community awareness events in Mantua, Kent, and Streetsboro with Project DAWN naloxone distribution. Average of 25 attendees at each. Renee (UH Portage): Offers routine presentations to various community audiences. Will be speaking about addiction as a chronic disease to KSU students on 2/20.		
Year 3: Hold annual conference; continue efforts from years 1 and 2.		October 1, 2019			
-	atment options for those	e with substanc	e use disorder		
Year 1: Support Quest/Townhall II with the startup of their MAT clinic & ambulatory detox. Work with Coleman to expand their MAT program. Continue to explore MAT program with AxessPointe. Explore other treatment options for detox, recovery housing, etc.	Joel Mowrey, Mental Health & Recovery Board of Portage County	October 1, 2017			
Year 2: Collect data and monitor success rate of MAT programs. Continue collaborative expansion of MAT training and programming efforts. Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)		October 1, 2018	1-17-18: Karyn (MHRB): Received grant from ODMHAS for medical withdrawal management services, which will establish UH Portage Medical Center as a regional provider (10 Boards serving 12 counties.) Will pay for un- or under-insured or those with high deductibles, and allow PC residents to remain in county for services (though will also serve out-of-county residents.) MHRB is currently working with UH Portage and other county boards to set the procedure-residents expected to be able to access the service and funding in early 2018. (Mahoning County has a similar program using St. Elizabeth Hospital.) Start Talking Portage identified a lack of Narcotics Anonymous (NA) meetings for PC residents (despite many AA meetings) and started 2 additional NA meetings: Tuesday nights in Kent; Saturday nights in Mantua. Renee (UH Portage): Working through a grant to field Coleman personnel at the UH ED (2-10pm) with an accompanying peer support person. Renee: UH received a \$100,000 gift from a private family to treat uninsured at \$25,000/year for 4 years. Renee: UH has hired an addictionologist, with goals to get PCPs to treat with Suboxone and Naltrexone.		

Portage County Community Health Improvement Plan Progress Report				
Decrease Substance Abuse Responsible				
Action Step	Person/Agency	Timeline	Progress	
Im	olement and increase p	orevention prog	grams	
Year 1: Continue to introduce "Too Good For Drugs" to school administrators. Research parent program already in place with Townhall II. Identify groups (youth, faith community, sports, etc) and how to reach them. Secure funding for program.	Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017		
Year 2: Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups. Outreach to PTA and other parent organizations.	Karyn Hall, Mental Health & Recovery Board of Portage County and Sarah McCully, Townhall II	October 1, 2018	1-17-18: Karyn: Every school district in Portage County has drug prevention programming through Townhall II confirmed for this school year. Added since last quarter report: Southeast (6th, 7th, and 8th grades), St. Patricks (7th and 8th grades), and Streetsboro (8th and 9th grades.) Kent City Schools and Ravenna City Schools had presentations from N.O.P.E. Task Force for their high school and middle school students and parents. Dr D'Abreau (KSU): Recovery Ally Training was held on 1/12/18 at KSU University Health Services led by Ashley Holt. Goal is to create a recovery community on campus.	
Year 3: Increase the number of schools and grade levels offering "Too Good For Drugs" by 25%.		October 1, 2019		
Imple	ment and increase har	m reduction in	itiatives	
Year 1: Increase Naloxone kit distribution. Research needle exchange. Promote the drug drop off locations	Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017		
Year 2: Collect data from law enforcement on where Narcan is needed in the community via GIS project between PCHD and KSU. Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.). Investigate incorporating quick response teams in Portage County. Continue to explore feasibility of implementing a needle exchange and/or needle collection program. Promote drug take-back days.	Joseph Diorio & Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2018	1-17-18: Becky: PCHD is partnering with Dr. Curtis from KSU GIS program on a system that uses law enforcement experts to highlight and map areas with drug activity. Have worked with Streetsboro PD, Brimfield PD and Ravenna PD. Working with Kent PD today. Becky: PCHD will be meeting with Stark County HD regarding their needle exchange program in a few weeks. Will report back lessons learned. Drug take back day was held and promoted in October.	
Year 3: Continue efforts of years 1 and 2.		October 1, 2019		

Portage County Community Health Improvement Plan Progress Report					
	Decrease Substance Abuse				
Action Step	Responsible Person/Agency	Timeline	Progress		
Increase the numbe	r of health care provid	lers screening f	or drugs and alcohol		
Year 1: Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse. Research a screening tool.	Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)	October 1, 2017			
Year 2: Investigate collaborative opportunities for system solutions with the three major health systems. Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols.	Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department	October 1, 2018	1-17-18: Joe (Becky): Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to substance abuse. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into mental health and nutrition/physical activity, with oversight/direction led by the access to healthcare coalition. Renee (UH Portage): CEO of UH has declared that Psychiatry and Addiction is now part of the Pain Institute at UH. Renee is the chair. Reviewing prescribing practices of all physicians, putting together protocols, building into EMRs, having physicians review OARS reports (tracking individuals' receipt of prescription drugs.)		
Year 3: Increase the number of primary care physicians using the model by 25% from baseline.		October 1, 2019			
Advocate	for substance abuse	and criminal jus	stice issues		
Year 1: Organize methods for sharing information and call in/email campaigns to legislators. Support and promote the effectiveness of the Portage County Mental Health & Drug Courts. Advocate for Medicaid for people in jail	Joel Mowrey, Mental Health & Recovery Board of Portage County	October 1, 2017			
Year 2: Continue efforts of year 1. Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)		October 1, 2018	1-17-18: Karyn (MHRB): Investigating the issue of inmates at the Portage County jail current inability to receive Suboxone at the jail if already being prescribed by a physician. (Can receive other chronic disease medications at the jail.) Joel is discussing with Community Health Solutions, the company contracted by the jail to serve the medical needs of inmates. UH addictionologist Dr. Meleske is also supporting this initiative. Working with Coleman to provide Vivitrol injections after being incarcerated. Ongoingly advocate with representatives for Medicaid expansion.		
Year 3: Continue efforts of years 1 and 2.		October 1, 2019			

Portage County Community Health Improvement Plan Progress Report				
	Decrease Substa	nce Abuse		
Action Step	Responsible Person/Agency	Timeline	Progress	
Implement a Tobacco	o and Smoke Free Poli	cy on Kent State	e University campuses	
Year 1: Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*	Shay Davis Little, Kent State University	October 1, 2017		
Year 2: Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule. Increase promotion of tobacco cessation initiatives for both students and employees. Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population. Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks Implement tobacco free community festivals throughout the broader population within Kent City	Melissa Celko,	October 1, 2018	1-17-18: Mike (Kent City HD): There had been talk of ODH changing the type of grant for tobacco cessation programming, but they have not. Jeff would like to partner with KSU to assist with compliance of smoke free campus.	
Year 3: Continue efforts of years 1 and 2.		October 1, 2019		

Portage County Community Health Improvement Plan Progress Report					
Increase Healthcare Access					
Action Step	Responsible Person/Agency	Timeline	Progress		
Increase community education on health insurance	ce opportunities/utiliza	ation and suppo	ort the implementation of Pathways Model or HUB		
Year 1: Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county Explore the feasibility of using health kiosks. Explore opportunities for employees to become certified application counselors. Create a list of physicians that accept Medicaid products. Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes. Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.	Jeneane Favaloro, AxessPointe Community Health Center	October 1, 2017			
Year 2: Research the Community Pathways Model which addresses social determinants of health and potential implementation mechanisms to increase access and health outcomes.	Joseph Diorio, Portage County Combined General Health District	October 1, 2018	1-16-18: Joe: Summit County has a HUB model in place. SCPH houses some of the CHWs, administered through Summit County Community Action Council. Exploring options of operating as an extension of Summit County model (as opposed to starting our own.) JFS expressed interest in partnership possibility, perhaps housing CHWs in Portage and billing through SCPH. Will see if any changes in new year. Melinda (AxessPointe): Has 1 CHW in place at Kent location (focused on North Hill Nepali population). Do well with outreach aspects (and connection to Medicaid), but limited clinical due to regulations.		
Year 3: Continue efforts from years 1 and 2		October 1,	, ,		
Increase the number of sites and CHWs		2019			
Support collaboration between local universities and	healthcare agencies	through other:	social service agencies and graduate opportunities		
Year 1: Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community. Create a formal arrangement between universities and providers to provide external internships and graduate assistantships. Universities can use these opportunities to recruit more students into their programs.	Asha Goodner, Hiram College and Heather Beaird, Kent State University College of Public Health and Amy Lee, NEOMED and CHIP steering committee	October 1, 2017			
Year 2: Share relevant student projects (undergrad, MPH, PhD) Continue to develop the Kent City Academic health department through projects related to access to care needs and opportunities. Expand the use of NEOMED SOAR (student run free clinic) for community education and outreach.	Chris Mundorf, Hiram College and Ken Slenkovich, Kent State University and Amy Lee, Northeast Ohio Medical University	October 1, 2018	Amy provided email update, 1-16-18: Reps from KSU, Hiram, and CEOMPH have meeting scheduled for the end of January. Melinda (AxessPointe): Bringing in 3 rd year medical students from NEOMED and KSU nurse practitioner students to shadow. Jeff (Kent City HD): Had 12 student interns last semester. Grouped into 3 sets of 4, on various projects. Conducted vaccination perception interviews and focus groups. Continuing this semester with 8-12 interns. Melinda suggested a 40-minute vaccine documentary called "Invisible Threat" as another resource. Dr. D'Abreau (KSU) advised of a study being conducted by Dr. Gonstead at KSU on the perception of HPV on college students. Health Center was a recruitment site for the study.		
Year 3: Continue efforts of years 1 and 2.		October 1, 2019			

Portage County Community Health Improvement Plan Progress Report					
Increase Healthcare Access					
Action Step	Responsible Person/Agency	Timeline	Progress		
Increase tra	ensportation through a	county Transpo	ortation Plan		
Year 1: Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs. Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input. Analyze survey results, including successes, challenges, and recommendations for future projects. Release data to public.	Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District	October 1, 2017			
Year 2: Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County. Create strategies to address gaps and increase efficiency in transportation. Address strategies to increase the use of public transportation and reduce stigma. Begin implementing strategies identified.		October 1, 2018	1-16-18: Becky: A press release was sent out by PCHD (with approval by transportation coalition) to release data from the Transportation Needs Assessment in October. The Needs Assessment was open for public comment in November. No comments were submitted. The final Transportation Needs Assessment was complete on 1/2/18. Using data from the Transportation Needs Assessment, an intervention plan is being created to address the gaps identified. This plan will be submitted to ODH by 2/1/18 for approval. A transportation coalition meeting was held on 11/16/17 to discuss an action plan for programming to train agencies on public transportation usage, to increase the use of and reduce the stigma of using public transportation. Public Health will engage to stress the public health and access to care relationship. The ODH grant would cover cost of training MCH-related agencies, with hopes that once the plan is created the trainings can be expanded to other agencies. Per request by KSU, Becky will share with the coalition that they should be included on the list of providers to be trained.		
Year 3: Increase efforts of years 1 and 2. Facilitate follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.		October 1, 2019			

Portage County Community Health Improvement Plan Progress Report				
Antion Cham	Increase Healtho Responsible		Dynamica	
Action Step	Person/Agency	Timeline	Progress	
Variation Callabarata with appropriation	Develop an Access to	ı	n T	
Year 1: Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition. Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan. Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed. Year 2: Develop strategies collaboratively to address	Jeneane Favaloro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District	October 1, 2017	1-16-18: Joe: Collecting data specifically from the	
gaps/barriers.	Joseph Diorio	2018	medical community to get an accurate assessment of where we are as a community. Will use this	
Begin implementing strategies. Continue to expand partnership of the coalition.	Portage County Combined General		assessment to identify gaps and barriers for access to care, and develop strategies to address them.	
Review baseline data and gaps of services (dental needs).	Health District and		Already recognizing through the transportation assessment that there are transportation barriers	
Assist in coordination of efforts across HEAL, Mental Health, and Substance Abuse priorities in reference to primary care office screenings to investigate collaborative opportunities for system solutions with the three major health systems regarding the following: • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols.	Jeff Neistadt, Kent City Health Department		plan to combine this info and the transportation coalition into the larger picture by next quarter report. Cancelled 4th-quarter coalition meeting scheduled in December due to awaiting further desired information. Currently focusing work with medical community. Jeff suggested including Mental Health on coalition and through activities, which Melinda (AxessPointe) voiced support for. She shared they are planning to start a Vivitrol Clinic including at the Kent site. Melinda also shared that Better Health Partnerships had a summit in Summit County with Dr. Andrew Curtis on GIS programming on health services. Becky (PCHD) Working with Hiram College to develop an updated medical provider contact list. Dr. D'Abreau (KSU) wants to ensure that KSU Medical Center is included. Rose (PCHD): Regarding the Windham Free Clinic, there is a meeting scheduled at 4pm this Friday, 1/19 as a "mini open house" to bring community members and local pharmacies, churches, etc. to view the progress thus far and see how they can participate. Looking at Wednesday and Thursday evenings to initially open. Will be run entirely by volunteers, led by Faithful Servants, Dr. Sue Meyer. This clinic is to serve un- and under-insured individuals. Brittany (AxessPointe): Shared her past experience with access to care and available home health care resources that many are unaware of. E-visits and tele-health can be utilized to address the lack of transportation.	
Year 3: Continue and expand upon efforts from years		October 1,		
1 and 2.		2019		

Portage County Community Health Improvement Plan Progress Report			
Action Step	Increase Injury Responsible	Prevention Timeline	Progress
<u> </u>	Person/Agency		
	ncrease the Use of Saf	-	es T
Year 1 : Work with local partnering agencies to train staff on Safe Sleep practices.		October 1, 2017	
Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.	Becky Lehman, Portage County Combined General Health		
Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.	District		
Provide pack n' plays to families who are in need of a safe sleep environment for their infant.			
Year 2: Train additional community members to serve as Safe Sleep ambassadors.		October 1, 2018	1-16-18: Becky: Provided agency training on Safe Sleep to Children's Advantage staff on 10/23/17 and to PMHA on 1/10/18.
Implement a community wide Safe Sleep campaign.			
Continue to provide pack n' plays to families who are in need of a safe sleep environment.			PCHD provided 18 pack n' plays from October- December 2017 to community residents.
Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.			
Year 3: Work with Portage County Commissioners to create a resolution to ban bumper pad sales in Portage County.		October 1, 2019	
	Implement a Safe	Kids Coalition	
Year 1: Research implementation of a Safe Kids Coalition.	Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University	October 1, 2017	
Year 2: Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.) Explore gun safety programming.		October 1, 2018	1-16-18: Becky: Talking with Summit County Safe Kids Coalition and Safe Kids Ohio to learn more about coalition expectations, objectives, etc. for the purpose of establishing a Safe Kids Coalition in Portage County. Goal is to have first coalition meeting by July 1. Kim: Has email prepared to send out to potential coalition members. Working on list of contacts to invite. Heather (Akron Children's/Safe Kids) will send Portage County individuals (who have been attending Summit County Safe Kids) to our coalition. Becky: Researching existing gun safety educational materials. Heather has some Akron Children's resources to share, including pamphlets with gun safety questions to ask child care providers. Kim indicated some EMRs include the question of whether there is a gun in the home. Anne (PCHD): Ravenna City PD donated gun locks to PCHD to be given to families who need them.
Year 3 : Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.		October 1, 2019	

Portage County Community Health Improvement Plan Progress Report				
A ation Claus	Increase Injury F Responsible		Disc overes	
Action Step	Person/Agency	Timeline	Progress	
Year 1: Collect baseline data on current Safe Routes	Implement Safe Roo	October 1,		
programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location. Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process	Kim Trowbridge, Northeast Ohio Medical University	2017		
for tracking outcomes. Look for funding sources to incentivize participation in the Safe Routes program.				
Year 2: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location. Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes. Look for funding sources to incentivize participation in the Safe Routes program.		October 1, 2018	1-16-18: Mary Ellen (NEOMED): Completed county needs assessment in December. Sent surveys to all school administration and transportation departments in the county. Next step is to create a strategic plan, beginning today, to be completed by May. Kim indicated that the plan will be completed before the first Safe Kids Coalition meeting, with intent that this will be one of the first activating the coalition will be working on. Hope is to implement in schools this September.	
Year 3: Recruit individuals to serve as walking/biking leaders.		October 1, 2019		
Decide on the locations, walking routes and number of walking/biking groups.				
Link the walking/biking groups with existing organizations to increase participation. Consider faith-based organizations, schools, community-based organizations, and health care providers.				
Begin implementing the program with 1 new school district.				
Raise awareness and promote the Safe Routes programs.				
Evaluate program goals.				
Increase the number of Safe Routes programs by 25%.				
Look for funding sources to incentivize participation in the Safe Routes program.				

Portage County Community Health Improvement Plan Progress Report			
Action Step	Increase Injury Responsible Person/Agency	Prevention Timeline	Progress
Expand th	ne evidence based Fa	II Risk Reductio	n Program
Year 1: Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)	Ali Mitchell, Portage County Combined General Health District	October 1, 2017	
Year 2: Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county.		October 1, 2018	1-16-18: Ali: No progress to report at this time. 3 total MOB programs were conducted in 2017 by PCHD. Becky (PCHD): Hiram intern currently working on updated physician list. Once complete, will enable opportunity to work with them for referrals to MOB.
Year 3: Continue to increase Matter of Balance program in multiple locations.		October 1, 2019	
Exp	pand the Child Passen	ger Safety Prog	gram
Year 1: Continue to implement the Car Seat Program at Portage County Health District. Continue to participate in the Ohio Buckles Buckeye program. Raise awareness of the program and the importance of car seat safety. Research additional funding to increase the number of available car seat technicians. Year 2: Continue efforts from year 1.	Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District	October 1, 2017 October 1, 2018	1-16-18: Ali: 112 convertible car seats and 16 booster seats were distributed in 2017.
Provide car seat check events throughout the county throughout the year.			PCHD had a site visit from OBB Program Coordinator from ODH in November. Reported that PCHD ran a quality OBB program with no changes needed. Heather (Akron Children's) reiterated that those positive comments and excellent PCHD site visit were reported to ODH. One car seat check event was held in October during JFS Health Fair. New additional trained car seat tech on PCHD staff (Kim Plough).
Year 3: Continue efforts from year 2. Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.		October 1, 2019	

Portage County Community Health Improvement Plan Progress Report			
	Increase Injury I	Prevention	
Action Step	Responsible Person/Agency	Timeline	Progress
Expand A	ctivities of Safe Comm	unities Fatal Cra	ash Review
Year 1: Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.	Lynette Blasiman, Portage County Combined General Health District	October 1, 2017	
Year 2: Continue efforts from year 1 to meet Fatal Crash Review Board requirements.		October 1, 2018	1-16-18: Lynette: Ended 2017 with 9 total fatal crashes, many involving non seatbelt use. (Second lowest in 50 years 3 years ago has just 8.) 0 fatal crashes from 4th quarter October-December. (Second year in a row this has been the case.) Had a front page report in Record Courier this past weekend on fatal review for the year. Heather (Akron Children's) reported that it was in the Akron Beacon as well. Next awareness events will be focused around the Super Bowl.
Year 3: Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.		October 1, 2019	
E	xpand Activities of Ch	ild Fatality Revie	ew
Year 1: Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.	Rosemary Ferraro, Portage County Combined General Health District	October 1, 2017	
Year 2: Continue efforts from year 1 to meet Child Fatality Review Board requirements.		October 1, 2018	1-16-18: Rose: Last quarter saw 5 deaths (1 under 1 year of age.) 19 total deaths in 2017. Will be meeting with UH Portage next week to determine what education is being provided to new parents before leaving the hospital, and how it is delivered. Interested in exploring possibility of PCHD nurses providing newborn screening home visits 1 to 2 months after birth. Anne (PCHD): Next child fatality review meeting is scheduled for early February.
Year 3: Continue efforts from years 1 and 2 to meet Child Fatality Review Board requirements.		October 1, 2019	