



Portage County					
Community Health Improvement Plan Progress Report					
	HEAL (Healthy Eating Responsible				
Action Step	Person/Agency	Timeline	Progress		
Implement Mino	Iful by Sodexo and oth	ner Healthier Ho	ospitals Initiatives		
Year 1: UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.		October 1, 2017			
Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.	Mindy Gusz, University Hospitals Portage Medical Center				
Implement the Mindful program in at least one of the following priority areas: • Healthy Cafeterias/Cafes • Healthy Vending Machines • Healthy Meetings and Events					
Use marketing materials (posters, table tents, stickers, etc.) to better brand the program					
Year 2: Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital		October 1, 2018	1-16-18: No updates at this time from Mindy regarding UH Portage Medical Center.		
programmal three phonty areas within the nospital			Angela DeJulius (KSU): As of July 1, 2017, KSU has also switched to Sodexo as its food provider, and has implemented Mindful and many of the same initiatives across their campuses.		
			4-17-18: Mindy: With Sodexo, the hospital celebrated National Nutrition Month in March with events and sample tasting in the cafeteria, and sharing educational materials regarding nutrition, healthy food alternatives, and wellness. Goal this year has been to focus on broadening efforts to wider-spread community level awareness.		
			Planning to start a farmer's market at the hospital beginning the end of June, to run through September every other week on "Wellness Wednesdays" from 11am to 2pm. Working on securing vendors. Sodexo will participate and UH Portage will include nutrition education. Interested in partnering with other agencies' involvement. Food trucks will likely also be included.		
Year 3: Introduce the program into other areas of the community (businesses, schools, churches, etc.)		October 1, 2019			
	ge Park District to impl	ement various p	programs/policies		
Year 1: Partner with local communities across the county to promote park planning, funding and development. Increase awareness, access and use of parks: Improve trail quality and signage. Promote and expand the "Wild Hikes Challenge." Promote park and trail use through social media, Meetup groups, hiking clubs. Partner with health care providers to distribute maps and brochures of parks and trails.	Christine Craycroft, Portage Park District	October 1, 2017			
Initiate partnerships for Park Rx program.					

Year 2: Initiate and expand park programming for healthy recreation including walking and biking clubs. Distribute Parks Rx program materials to pilot groups of healthcare providers, and evaluate progress. Partner to create a pump track for bikes in association with the hike and bike trail. Add 3 miles of trails.	October 1, 2018	1-16-18: Andrea (Portage Park District): Wild Hikes Challenge for 2018 is out and posted on website. Saw an increase in 2017 from prior years, including influx from Cuyahoga and Summit counties). Will be doing additional marketing in 2018. Introduced intern, Miranda, who will be responsible for Parks RX program, inventory of walking/hiking meet-up groups, and also help with promoting programs and parks use. Recently acquired more land in Streetsboro, to be open to the public in the coming years. There are winter activities (cross country skiing, sledding, etc.) promoted in the parks 4-17-18: Andrea: Getting close to launching Park Rx. Have developed rack cards that can be placed anywhere throughout the county. Have also developed activity flyers, that include comprehensive information on each park with maps, list of activities, trail info including equivalent calories burned, etc. All info will be posted on the Park District website as well (and are planning to launch a new website soon.) A poster has also been created to advertise the Parks Rx program, planned to first distribute to partner agencies and clinics. Parks Rx materials do not replace, but are in addition to, existing maps and program materials which will also be newly created and updated in the next several weeks. Mindy (UH Portage) offered to assist in distributing Parks Rx materials to PCPs, cardiologists, cardiac rehab offices, etc, when the Park District is ready. Andrea: Owlbert the mascot now has trading cards, geared toward the 4 seasons, which will be handed out during appearances, hoping to encourage participants to keep returning to collect a full set. "Phase II" of Morgan Park is in the planning stages, and will add just under 4 additional miles of trails, targeting completion by end of the year. This will also include an accessible trail. Creation of a pump track is currently on hold. Ravenna Parks applied for a grant to create one and did not receive funding.
Year 3: Expand participation in Parks Rx, Wild Hikes Challenge and group activities. Partner to develop a fitness trail with outdoor exercise equipment. Partner to offer community gardens and associated programming on park property.	October 1, 2019	

Portage County Community Health Improvement Plan Progress Report HEAL (Healthy Eating, Active Living)				
Action Step	Responsible Person/Agency	Timeline	Progress	
Implemen	t Complete Streets Poli	cies within the	City of Kent	
Year 1: Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.		October 1, 2017		
Gather baseline data on all of the Complete Streets Policy objectives. Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.	Jeff Neistadt, Kent City Health Department			
Year 2: Begin to implement the following Complete Streets Objectives: Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations. Pursue Safe Routes to School status from the National Center for Safe Routes to School. Pursue city council ordinance that any street needing significant repair transition to a Complete Streets model. Pursue city ordinance requiring bike riders under 16 to wear a helmet.		October 1, 2018	1-16-18: Jeff: Getting an intern to do assessment of Safe Routes to School program. Plan to apply for grant by year end. Will be working with city engineers office to connect some of the biking/walking trails. Pursing city ordinance to ensure people are wearing helmets while biking. (Many people bike in Kent all year.) Becky (PCHD): PCHD is working with a NEOMED student on a needs assessment for Safe Routes to School. Will share into with Kent. 4-17-18: Mike (Jeff): Kent City Health Department is continuing to work with city engineers in pursuit of implementing Safe Routes to School. Becky (PCHD): PCHD is working with Mary Ellen Liang NEOMED MPH student on Safe Routes to School. The assessment is complete and a strategic plan has been created. Information was shared with Kent City Health Department.	
Year 3: Continue efforts from years 1 and 2.		October 1, 2019		
De	velop a Portage Coun	ty Obesity Coa	lition	
Year 1: Establish the basic principles of the coalition and develop evaluations for progress. Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition. Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.	Natalie Caine- Bish, Kent State University Center for Nutritional	October 1, 2017		
Complete an action plan and set 2-3 goals that the coalition will work towards implementing.	Outreach			
Begin to determine resources and begin to secure funding.				
Year 2: Work towards completion of established action plan goals. Expand coalition to recruit and include all partners interested in decreasing childhood and adult obesity.	Becky Lehman, Portage County Combined General Health District	October 1, 2018	1-16-18: Becky: No progress at this time on expanding the Obesity Coalition. PCHD will be partnering with Ravenna Elks Lodge and Ravenna Police Department to host a Bike Rodeo on 6/2/18. PCHD will be applying to the "Put a Lid on it" grant for the fifth year for bike helmets to	
Collaborate in development of additional goals and pursuit of funding. Research community bike giveaway programs.			be distributed at the rodeo. This will be the second year partnering with the Ravenna Elks for the bike rodeo.	

Partner with community agencies (and PCHD bike helmet program) to distribute bike helmets to children in need.			4-17-18: Becky: Plan is to expand Obesity Coalition this summer; having first large meeting by end of summer. ODH MCH grant removed funding for FY19 grant cycle for obesity prevention. PCHD spoke with United Way on funding opportunities for KSU Center of Nutrition Outreach. Shared the grant funding information with Natalie Caine-Bish, to help with funding school-based programs previously funded by MCH grant. PCHD is on track for the bike rodeo event being held on June 2nd in partnership with Ravenna Elks. Maureen (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding. Mindy (UH Portage): Windham Renaissance Family Center community garden is underway. Great community effort in place. Volunteer day was held end of March to bring in compost to start things up for the season.
Year 3: Continue efforts from years 1 and 2.		October 1, 2019	
Imp	lement the Prescription		gram
Year 1: Research Prescription for Health program.		October 1, 2017	
Obtain baseline data to document need for Prescription for Health. Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation. Finalize clinic and program partners. Decide what program materials are needed. Develop program materials.	Jeneane Favaloro, AxessPointe Community Health Center		
Year 2: Research Prescription for Health program. Obtain baseline data to document need for Prescription for Health. Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation. Finalize clinic and program partners. Decide what program materials are needed. Develop program materials.	Amy Lee (NEOMED) and NEOMED SOAR Clinic	October 1, 2018	Amy provided email update, 1-16-18: Have initially researched Prescription for Health. Currently exploring possibility of implementing alternative program, Health Leads, with the NEOMED SOAR Clinic as a possible pilot site. Andrea (Portage Park District) will contact Amy to see how the Park Rx program may align with these efforts. 4-17-18: Amy: Have students investigating Health Leads, looking to adapt to the SOAR clinic to implement such a social needs assessment into the current clinic flow. Also exploring feasibility of stocking canned food and other items at the clinic to meet the population needs. Plan to set up a panel session. Will involve medical and public health students working together, as well as potentially bringing in social work students through collaboration with the University of Akron. Also looking to develop a specific service provider contact call system, so that patients at the clinic on Saturdays as well as clinic providers have specific personal direct contacts to ask questions and follow up with. Lacey (SOAR) indicated that the Portage Park District provides information to the clinic regarding

Vogr 2: Double the number of legations offering the		October 1	physical/recreational opportunities. Stressed the ultimate goal/need for a community liaison, to assess the patient needs and how best to address them within the primary care system.
Year 3: Double the number of locations offering the Prescription for Health program.		October 1, 2019	
Incorporate fai	milies and children into	community ph	nysical activities
Year 1: Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component Provide at least one Community related program promoting physical activity and families.	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition	October 1, 2017	
Year 2: Provide five family engagement Healthy Kids Running Series events in Portage County. Collaborate with Sequoia on the fitness activity and nutrition programs.	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach and Jackie Smallridge, & Jacy Watson, Sequoia Wellness	October 1, 2018	1-16-18: Becky (PCHD): KSU will continue to host the Healthy Kids Running Series in Portage County. Are revising forms/materials to make it clearer that KSU covers all costs for participants. Natalie provided email update, 4-16-18: Healthy Kids Running Series is running this month. Have had one race thus far, and have 40 participants signed up for the 5-week series. The MCH Grant with Center for Nutrition Outreach funding is paying \$30 of the registration fee for each child to participate. (Remaining cost per child is just \$5 to run the entire series.) KIDS Camp (the Center for Nutrition Outreach free weight management program for overweight children and adolescents) finished the 2nd session last week. 30 kids participated between the fall and spring sessions. Andrea (Portage Park District): Will be meeting with Jackie at Sequoia Wellness this week to work on developing a training program for preparation to participate in the Head Waters Adventure Race, collaborating on the Parks Rx program, and other activities.
Year 3: Increase child and family participation at organized physical activity events by 10%		October 1, 2019	

Portage County Community Health Improvement Plan Progress Report			
	HEAL (Healthy Eating		
Action Step	Responsible Person/Agency	Timeline	Progress
In	nplement a Healthier C	Choices Campa	aign
Year 1: Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign. Secure funding to create campaign materials.	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition	October 1, 2017	
Year 2: Roll out a Healthier Choices -type campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers. Explore potential funding opportunities (United Way Community Needs Grant, etc)		October 1, 2018	1-16-18: Becky (PCHD): Using the Nutrition and Physical Activity Needs Assessment completed in October, an action plan (including such campaign activities) has been submitted to ODH under the Maternal Child Health grant. 4-17-18: Becky (PCHD): ODH MCH grant removed funding for FY19 grant cycle for obesity prevention. PCHD spoke with United Way on funding opportunities for KSU Center of Nutrition Outreach. Shared the grant funding information with Natalie to help with funding school based programs previously funded by MCH grant.
Year 3: Roll out campaign to entire County Continue fundraising.		October 1, 2019	
Increase nutrition/physical edu	ucation materials being	g offered to pat	ients by primary care providers
Year 1: Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients. Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information. Obtain funding for toolkit printing and training.	Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition	October 1, 2017	
Year 2: Investigate collaborative opportunities for system solutions with the three major health systems. Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols.	Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department	October 1, 2018	1-16-18: Joe: Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to healthy eating/active living. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into mental health and substance abuse, with oversight/direction led by the access to healthcare coalition. 4-17-18: Joe: Dr. Arrendondo and Dr. Stiffler have been working with two physicians to gain information on their EMR questions and protocols (related to all relevant CHIP priorities.) Will have additional info to report next quarter.
Year 3: Offer additional trainings to reach at least 50% of the primary care physician offices in the county.		October 1, 2019	

Portage County Community Health Improvement Plan Progress Report			
Н	IEAL (Healthy Eating Responsible	, Active Living)	
Action Step	Person/Agency	Timeline	Progress
Expand the Po	ersonal Improveme	nt Program (PIP) in schools
Year 1: Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff. Explore feasibility of expanding the program to other schools. Explore funding apportunities to expand program.	William McCluskey, Edinburg Township	October 1, 2017	
Year 2: Implement the PIP program at West Main Elementary School in Ravenna. Recruit exercise physiologists, certified fitness instructors (ACSM), or PE students or teachers to volunteer for classes. Pursue sponsors and donations for healthy snacks and student t-shirts. Explore potential funding opportunities (United Way Community Needs Grant, etc.)		October 1, 2018	1-16-18: Bill: Has not heard from anyone regarding support/volunteers/sponsors. Has speakers and contacts for education. Has approval of Ravenna Schools superintendent. The primary restriction is Bill's personal time to run the program (like he has in the past). Has spoken with KSU exercise physiology department regarding interest in volunteering, but the issues is they don't yet have their student population for the fall semester (when targeting to implement the program at West Main.) Also plans to speak with Hiram College and Sequoia Wellness. Exploring possibility of expanding to Rootstown Schools and NEOMED STEM program. Bill provided email update, 4-17-18: Has not been able to coordinate a fill-in from the Ravenna Board. Has also not been able to gain commitments from others to help form a core volunteer team for the program. Speakers and activity participants have been established, but the physical activity instructors for the 2 days a week classes have not been established.
Year 3: Continue efforts from years 1 and 2.		October 1, 2019	
Implement post	partum weight loss	educational pro	ogram at WIC
Year 1: Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.	Amy Cooper, WIC Director	October 1, 2017	
Vear 2: Expand "Healthier You" to include involvement of community partners. Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and momto-mom support.		October 1, 2018	1-16-18: Amy: Distributed 116 "Healthier You" brochures (October-December) to new moms. Facebook group continues to have limited participation. Ordering from state WIC "Mothers in Motion" DVDs with strategies for improving health. Hope to partner with Portage Park District for work on year 2 goals. Joe (PCHD) asked if there is any talk regarding home visits for new moms. Amy reported that HMG does the home visiting program through a contract with Mahoning County. Joe would like to see the home visiting program for new moms reinvigorated through use of public health nurses.

	Amy provided email update, 4-9-18 : Distributed "Healthier You" brochures to 65 women (Jan-March)
	Referred 21 women who expressed interest to "Mothers in Motion" program on www.wichealth.org and issued 3 Mothers in Motion DVDs to mothers who requested them. ("Mothers in Motion" is an 11-lesson series developed by Michigan WIC to help mothers who often struggle with stress, time management, parenting, meal planning and exercise. Lessons include real WIC mothers who successfully incorporate the lessons to improve their health as well as the health of their families.)
Year 3: Continue efforts from years 1 and 2.	October 1, 2019

Portage County Community Health Improvement Plan Progress Report Increase Mental Health Services				
Action Step	Responsible Person/Agency	Timeline	Progress	
		f available mer	ntal health services	
Year 1: Educate school personnel and social workers in at least three local school districts on the availability of mental health services Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc. Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services. Year 2: Educate school personnel and social workers in all local school districts on the availability of mental health services. Continue presentations on available mental health services to Portage County groups.	Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017 October 1, 2018	1-17-18: Karyn: Held Crisis Team Intervention training for Portage County police officers. 11 officers completed the 40-hour training. Held the "International Survivors of Suicide Loss" Day event on November 18. Four community members attended. (Low turnoutthinking due to Stow having an event the same day.) Are advertising services and the crisis line regularly in the Record Courier and through social media. 4-18-18: Karyn: Continue routinely advertising services and crisis lines in Record Courier and on social media. Crisis text line allows individuals to text 741741 and (in Ohio) text "for hope" to connect with assistance. Have received positive feedback from individuals who have used it. This line will contact local 911 directly if text is suicide focused. Dr. D'Abreau (KSU) indicated that she will include this crisis text line information in revised University materials. "See addendum with a listing of mental health & addiction/substance abuse community outreach events and presentations Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.	
Year 3: Continue efforts of years 1 and 2 and expand outreach		October 1, 2019		

Portage County Community Health Improvement Plan Progress Report			
Action Step	Increase Mental He Responsible Person/Agency	Timeline	Progress
Increase the number of pri		screening for de	epression during office visits
Vear 1: Collect baseline data on the number of primary care physicians that currently screen for depression during office visits. Research screening tool with other 4 priorities. Year 2: Investigate collaborative opportunities for system solutions with the three major health systems. • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols.		October 1, 2017 October 1, 2018	1-17-18: Joe (Becky): Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to mental health. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into substance abuse and nutrition/physical activity, with oversight/direction led by the access to healthcare coalition. 4-18-18: Kevin (Joe): Dr. Arrendondo and Dr. Stiffler have been working with two physicians to gain information on their EMR questions and protocols (related to all relevant CHIP priorities.) Will have additional info to report next quarter. Dr. D'Abreau (KSU) shared that KSU used to use the PRQ3 but stopped doing so because they didn't have the time/resources to handle the answers at
			the time of the visit. Renee (UH Portage): Working with UH Institute to implement a screening tool with physicians for substance abuse and mental health, which will be connected with the UH EMR. If concerns are identified, the patient will be referred to the appropriate services. Aiming to work with Coleman and Townhall II counselors, implementing their services into the physicians' offices. Wendy (KSU College of Nursing): shared info about a student project done in another county, where nursing staff conducted the screenings and were trained to score the responses. The score was then shared with the physician to handle the referral process. SAMSA has good guidance available on how to integrate services into physician offices.
Year 3 : Increase the number of primary care physicians using the screening tool by 25% from baseline.		October 1, 2019	

Portage County Community Health Improvement Plan Progress Report Increase Mental Health Services			
Action Step	Responsible Person/Agency	Timeline	Progress
Expand evidence-based s	uicide prevention and	bullying progra	ams targeting youth and families
Year 1: Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs. Continue the implementation of Red Flags to the Portage County School Districts.	Karyn Hall, Mental Health & Recovery Board of Portage	October 1, 2017	
Year 2: Increase awareness and participation of available programs. (Red Flags, Life Skills, PBIS, and Start with Hello.)	County	October 1, 2018	1-17-18: Karyn: Distributed crisis text line and mental health resource material to Kent City Schools following a student death by suicide.
Continue researching the PAX program.			Lots of planning going on for this next quarter.
Collect data on Red Flags and other programs being			33. 3
Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.			4-18-18: Karyn: A Mental Health Roundtable for school counselors and administrators was held on 2/6/18. Had 31 attendees, with 19 school employees representing every district in Portage County. Were two presentations -one on Red Flags by founder Penny Frese, and one on Actively Caring for People by Streetsboro counselor Ira Campbell. Following the presentations was a group discussion to share ideas, with discussion notes as follows: Program ideas: Actively Caring 4 People (Streetsboro) Start with Hello (Streetsboro, Rootstown) Mixi tup" day – during lunch period (Kent, Streetsboro) Project Love (Streetsboro) Re-entry process for suspensions/hospitalizations (Kent) Christopher Mylo (speaker) (Field) Positive Pals – tootsie roll idea (Rootstown) Stick Together Mission Impossible (Aurora) PRIDE program (Aurora) Positive Behavioral Intervention Strategies (PBIS) Small groups w/ teacher involvement (Aurora) Positive Post-it notes on lockers (Streetsboro) Compliment cards to staff / teachers (Ravenna) "Happy" letters home – from children to family members (Ravenna) Train the trainer – trauma-informed care (Crestwood) Crisi Intervention Training (CIT) Education Collaborative being held July 16-20, 2018 Challenges: Academic emphasis Resistance to "mix it up" day No direct lines to consult personnel at CA Teacher attitudes about mental health How do we get the word out on trainings, especially in schools? The committee would like to plan another Roundtable in the fall at a larger venue. Teachers have concerns with taking kids out of the classroom, given limited time and resources. Had 2 completed suicides of children under 18 in 2017. This was rare for Portage County. (Had a total of 13 completed suicides in 2017 across all ages.)
Year 3: Continue efforts to implement the program(s)		October 1,	LODI 2/36Addity stigitid training and education.
in at least one grade level in each school district		2019	

Portage County Community Health Improvement Plan Progress Report Increase Mental Health Services				
Action Step	Responsible Person/Agency	Timeline	Progress	
	Provide mental health	first aid training	gs	
Year 1: Obtain baseline data on the number of trainings that have taken place. Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc. Provide at least 2 trainings	Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017		
Year 2: Provide 2 additional trainings and continue marketing efforts to expand reach of trainings through community partners.		October 1, 2018	1-17-18: Karyn: Mental Health First Aid class held in November by Coleman Professional Services and the MHRB. Was first class open to the public. 11 community members attended. Another class is scheduled for March 5th and 6th. Will begin advertising for it soon. KSU also does Mental Health First Aid training. 4-18-18: Karyn: Mental Health First Aid class held in March with Coleman Professional Services and the MHRB. 13 community members attended. KSU held a class in January and trained 17 people. Al (PSACC): Kent Rotary has its annual auction coming in May, hoping to raise \$30,000 to support Coleman-provided mental health first aid training for Kent City Schools teachers.	
Year 3: Continue efforts from year 2.		October 1, 2019		

	Portage Co Community Health Im Progress Ro	provement Pla eport	n
Action Step	Responsible Person/Agency	Timeline	Progress
Inc	rease awareness of tra	uma informed	care
Year 1: Continue community trainings on trauma informed care and adverse childhood experiences (ACEs). Continue to train clinicians on evidence-based trauma programs.	Joel Mowrey and Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017	
Year 2: Continue efforts of year 1.		October 1,	1-17-18: Karyn: Dr. Jamie Marich spoke on the
Provide agency clinician training on Eye Movement Desensitization and Reprogramming psychotherapy treatment in spring 2018.		2018	relationship between trauma and addiction at the Portage Opiate Conference held October 31 to over 225 attendees. Trainings are being scheduled for the agency counselors in Eye Movement Desensitization and
			Reprocessing (EMDR) for March 2018. Dr. D'Abreau (KSU): From Coleman, Dr. Pacer is now at KSU ½ day per week, and Heather Shehan is now at KSU one day per week. All psychologists are becoming trained in trauma informed care.
			4-18-18: Karyn: 29 of agency counselors were trained in EMDR at a 3-day training in March, funded by MHRB. They will receive the second part of the training in the fall.
			Dr D'Abreau (KSU): Doing a group webinar today on Victim Services through the Trauma Informed Lens at the KSU Women's Center, focused on multi-discipline sexual assault response services.
			Gave a brief presentation on trauma informed care to their clinicians, focused on how to not retraumatize patients in pursuit of answers.
Year 3: Continue efforts of years 1 and 2.		October 1, 2019	
Establish a youth-focu	used community cente	1	Mantua Center School
Year 1: Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths	Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church	October 1, 2017	
Year 2: Identify location for after-school program for 7th and 8th graders, Identify advisory board and volunteer coordinator Implement a 3-week trial after-school program for target age group at location in the first quarter of 2018. Plan for full program implementation in the fall of 2018 (to include snacks, homework assistance, leisure activities, and drug prevention education.)	Chad Delaney, Mantua Center Christian Church and Chris McCreight, Hiram Christian Church	October 1, 2018	1-17-18: Chad: Hiram College and its Educational Dept. are not able to take on the after-school program due to liability insurance coverage issues. FCS was then asked and interested, but were also unable to support the insurance requirements. The church could house it, but is not an ideal location. Crestwood middle school has offered a room to covert for the program. This would reduce the transportation barriers. Hoping to pilot the program there. Aim to include fun as well as educational (especially drug prevention) components. Possibly also bring in speakers for career path discussions, etc. Hiram College still wants to be involved with student volunteers, etc.
			Mantua Center School task force is meeting with county and township officials and lawyers to gain a 10 year lease on the building, which would allow the Board under the task force to make decisions as needed.

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			Holding an event (Sweetheart Cookie Walk and Art Auction) on 2/10 in the Mantua Center School building to serve as an intro to the building in the community (as long as the contract goes through in time). Hope to host a tutoring program here in the future as well. 4-18-18: Chad: The after-school program for youth will be held at Crestwood Middle School. Have 2 empty class rooms and the library available for use. 1 teacher, Hiram College staff, and church members are on board. Plan to hold Monday-Thursday after school. Goal is to set up room/s before this school year ends, to be ready to implement the program in the fall, for the entire school year. Targeting 7th and 8th graders. Capacity will be around 30 students. Would like a gaming room (TV, couches, pool/ping pong tables) and have Hiram College educational department students and staff assist with homework. Need to form a leadership team with youth to help set things up. Becky (PCHD) suggested looking to Hiram and/or KSU students in the grant writing class(es) for assistance with grant fund seeking and writing.
			Chad: Still in conversation with lawyers to acquire a 3-year lease for the former Mantua Center School building, to then be able to move forward there.
			Disciples Churches are also sponsoring an "After Purity" program event on April 24th at Hiram College. The speaker is poet/lecturer Emily Joy. The event is free and open to the public, with donations welcome. It focuses on the 90's-fueled stigma around sexuality and the resultant trauma suffered, includes acknowledgement of the role faith-based institutions play, and aims at empowering people suffering from this type of trauma.
Year 3: Expand programming		October 1,	
Establish a community meeting room and offer additional community-wide programming including all CHIP priorities		2019	
			1

Portage County Community Health Improvement Plan Progress Report Decrease Substance Abuse				
Action Step	Responsible Person/Agency	Timeline	Progress	
Develop & implement a com	nmunity based compre	hensive plan to	reduce alcohol & drug abuse	
Year 1: Hold an annual conference to educate the public and organizations. Plan community awareness campaign. Establish working committees for the Substance Abuse Coalition (the Oversight Committee).	Joel Mowrey, Mental Health & Recovery Board of Portage County	October 1, 2017		
Year 2: Hold annual conference; continue efforts from year 1.		October 1, 2018	1-17-18: Karyn (MHRB): Annual conference held October 31 with over 225 attendees. Video of the panel and two speakers are available on MHRB website. Evaluations were very positive. Held community awareness events in Mantua, Kent, and Streetsboro with Project DAWN naloxone distribution. Average of 25 attendees at each. Renee (UH Portage): Offers routine presentations to various community audiences. Will be speaking about addiction as a chronic disease to KSU students on 2/20. 4-18-18: Karyn (MHRB): A community awareness event was held in Mantua in March with 24 attendees. Becky (PCHD): Next such event is being scheduled in Suffield. *See addendum with a listing of mental health & addiction/substance abuse community outreach events and presentations Becky: We are planning the annual conference for October. Also holding a family conference (after feedback from annual conference last year) this Saturday at NEOMED. Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities,	
Voor 2. Hold oppud conference, continue efferts		October 1	indicators, and outcomes for proposed projects submitted to United Way requesting funding.	
Year 3: Hold annual conference; continue efforts from years 1 and 2.		October 1, 2019		
Increase tre	atment options for those	e with substanc	e use disorder	
Year 1: Support Quest/Townhall II with the startup of their MAT clinic & ambulatory detox. Work with Coleman to expand their MAT program. Continue to explore MAT program with AxessPointe. Explore other treatment options for detox, recovery housing, etc.	Joel Mowrey, Mental Health & Recovery Board of Portage County	October 1, 2017		
Year 2: Collect data and monitor success rate of MAT programs. Continue collaborative expansion of MAT training and programming efforts. Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)		October 1, 2018	1-17-18: Karyn (MHRB): Received grant from ODMHAS for medical withdrawal management services, which will establish UH Portage Medical Center as a regional provider (10 Boards serving 12 counties.) Will pay for un- or under-insured or those with high deductibles, and allow PC residents to remain in county for services (though will also serve out-of-county residents.) MHRB is currently working with UH Portage and other county boards to set the	

procedure-residents expected to be able to access the service and funding in early 2018. (Mahoning County has a similar program using St. Elizabeth Hospital.) Start Talking Portage identified a lack of Narcotics Anonymous (NA) meetings for PC residents (despite many AA meetings) and started 2 additional NA meetings: Tuesday nights in Kent; Saturday nights in Mantua. Renee (UH Portage): Working through a grant to field Coleman personnel at the UH ED (2-10pm) with an accompanying peer support person. Renee: UH received a \$100,000 gift from a private family to treat uninsured at \$25,000/year for 4 years. Renee: UH has hired an addictionologist, with goals to get PCPs to treat with Suboxone and Naltrexone. 4-18-18: Karyn (MHRB): Working with Townhall II and talking to AxessPointe about MAT clinics. ComQuest is not going to be working with Townhall II. Talks continue with their physician for potential future partnerships. Groups just opened in Ravenna. Hope Recovery in Rootstown is opening today, 4/18/18. Renee (UH Portage): UH got a \$250,000 state grant to help uninsured patients (spans 7 counties) regarding withdrawal treatment. UH also received a \$290,000 grant to place a Coleman employee into the UH ED to do intervention along with a peer support person. This is Portage County specific funding. Dr. Moleski is up and running, located in Streetsboro. Her office is also treating many alcohol related patients. She and her nurse practitioner are able to treat with Suboxone and Vivitrol. Dr. Moleski aims to further work with and train other physicians to expand these treatment services, including treating KSU students. October 1, Year 3: Continue efforts of years 1 and 2 2019

Portage County Community Health Improvement Plan Progress Report				
	Decrease Substa	nce Abuse		
Action Step	Responsible Person/Agency	Timeline	Progress	
lmp	olement and increase	orevention prog	yrams	
Year 1: Continue to introduce "Too Good For Drugs" to school administrators. Research parent program already in place with Townhall II. Identify groups (youth, faith community, sports, etc) and how to reach them.	Karyn Hall, Mental Health & Recovery Board of Portage County	October 1, 2017		
Year 2: Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups. Outreach to PTA and other parent organizations.	Karyn Hall, Mental Health & Recovery Board of Portage County and Sarah McCully, Townhall II	October 1, 2018	1-17-18: Karyn: Every school district in Portage County has drug prevention programming through Townhall II confirmed for this school year. Added since last quarter report: Southeast (6th, 7th, and 8th grades), St. Patricks (7th and 8th grades), and Streetsboro (8th and 9th grades.) Kent City Schools and Ravenna City Schools had presentations from N.O.P.E. Task Force for their high school and middle school students and parents. Dr D' Abreau (KSU): Recovery Ally Training was held on 1/12/18 at KSU University Health Services led by Ashley Holt. Goal is to create a recovery community on campus. 4-18-18: Karyn: Every school district in Portage County has drug prevention programming through Townhall II confirmed for this school year. Sarah: To date, 3,819 Portage County children have been served by Too Good for Drugs and/or Project Alert programming. Townhall II has written a grant to OMHAS to provide Too Good for Drugs in high schools. Currently doing a state program, The Truth About Drugs, but feel that Too Good for Drugs will be more engaging and effective. Becky (PCHD): PCHD is currently in Windham Schools providing the Say it Straight (One Life) pro-social skills building program to middle and high school students. Al (PSACC): Kent Rotary has its annual auction coming in May, hoping to raise \$30,000 to support Coleman-provided mental health first aid training for Kent City Schools teachers.	
Year 3: Increase the number of schools and grade levels offering "Too Good For Drugs" by 25%.		October 1, 2019		

Portage County Community Health Improvement Plan Progress Report				
	Decrease Substa			
Action Step	Responsible Person/Agency	Timeline	Progress	
Imple	ement and increase har	m reduction ini	tiatives	
Year 1: Increase Naloxone kit distribution. Research needle exchange. Promote the drug drop off locations	Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &	October 1, 2017		
Year 2: Collect data from law enforcement on	Recovery Board of Portage County	October 1,	1-17-18: Becky: PCHD is partnering with Dr. Curtis	
where Narcan is needed in the community via GIS project between PCHD and KSU. Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.).	Joseph Diorio & Becky Lehman, Portage County Combined General	2018	from KSU GIS program on a system that uses law enforcement experts to highlight and map areas with drug activity. Have worked with Streetsboro PD, Brimfield PD and Ravenna PD. Working with Kent PD today.	
Investigate incorporating quick response teams in Portage County. Continue to explore feasibility of implementing a	Health District and Karyn Hall, Mental Health & Recovery Board of	Health District and Karyn Hall, Mental Health &		Becky: PCHD will be meeting with Stark County HD regarding their needle exchange program in a few weeks. Will report back lessons learned.
needle exchange and/or needle collection program. Promote drug take-back days.	Portage County		Drug take back day was held and promoted in October. 4-18-18: Becky: Becky and Kat toured the Canton	
			City Health Department needle exchange program on 2/2/18. They shared that it took about a year to get started. Ohio law allows for needle exchange programs under the injury prevention umbrella. There is limited, non-sustainable, state funding available to help with set-up costs. Were able to see the process of how the program worked. Additional information on how to set up needle exchange programs can be found from the Indiana Harm Reduction Coalition.	
			Project DAWN program is still working well (community and law enforcement.) There are new updated laws for service entities. Example policies are available.	
			Karyn: Explored placing a new drug drop off box at the police station in Rootstown at NEOMED. Discovered that the location and associated laws prevent this as an option.	
			4795 pounds of medication were collected from the drop boxes in Portage County in 2017.	
			Currently in the process of officially hiring the peer support recovery coaches for the quick response teams. Streetsboro and Atwater/Randolph communities have expressed the greatest interest, and are likely where these response teams will start. Atwater had 16 overdose calls involving 8 individuals in 2017.	
Year 3: Continue efforts of years 1 and 2.		October 1, 2019		

Portage County Community Health Improvement Plan Progress Report				
	Decrease Substa	nce Abuse		
Action Step	Responsible Person/Agency	Timeline	Progress	
Increase the number	r of health care provid	ers screening f	or drugs and alcohol	
Year 1: Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse. Research a screening tool.	Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)	October 1, 2017		
Year 2: Investigate collaborative opportunities for system solutions with the three major health systems. Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols.	Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department	October 1, 2018	1-17-18: Joe (Becky): Starting from square one in this second year, looking at having the medical directors from both health departments reach out to the medical community to determine what questions are being asked to patients in the community on their EMRs related to substance abuse. (Have identified that at least 3 different systems are currently being used throughout providers in the county.) Also seeking to learn what they are doing to refer people to resources. This same concept spills over into mental health and nutrition/physical activity, with oversight/direction led by the access to healthcare coalition. Renee (UH Portage): CEO of UH has declared that Psychiatry and Addiction is now part of the Pain Institute at UH. Renee is the co-chair. Reviewing prescribing practices of all physicians, putting together protocols, building into EMRs, having physicians review OARS reports (tracking individuals' receipt of prescription drugs.) 4-18-18: Kevin (Joe): Dr. Arrendondo and Dr. Stiffler have been working with two physicians to gain information on their EMR questions and protocols (related to all relevant CHIP priorities.) Will have additional info to report next quarter.	
Year 3: Increase the number of primary care physicians using the model by 25% from baseline.		October 1, 2019	additional line to report next quarter	
	for substance abuse a		stice issues	
Year 1: Organize methods for sharing information and call in/email campaigns to legislators. Support and promote the effectiveness of the Portage County Mental Health & Drug Courts. Advocate for Medicaid for people in jail	Joel Mowrey, Mental Health & Recovery Board of Portage County	October 1, 2017		
Year 2: Continue efforts of year 1. Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)		October 1, 2018	1-17-18: Karyn (MHRB): Investigating the issue of inmates at the Portage County jail current inability to receive Suboxone at the jail if already being prescribed by a physician. (Can receive other chronic disease medications at the jail.) Joel is discussing with Community Health Solutions, the company contracted by the jail to serve the medical needs of inmates. UH addictionologist Dr. Moleski is also supporting this initiative. Working with Coleman to provide Vivitrol injections after being incarcerated. Ongoingly advocate with representatives for Medicaid expansion.	

Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative. Year 2: Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule. Increase promotion of tobacco cessation initiatives for both students and employees. Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population. Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks Implement tobacco free community festivals throughout the broader population within Kent City	Kent State University Melissa Celko,	October 1, 2018	1-17-18: Mike (Kent City HD): There had been talk of ODH changing the type of grant for tobacco cessation programming, but they have not. Jeff would like to partner with KSU to assist with compliance of smoke free campus. 4-18-18: Melissa: KSU continues to expand programming and communication for tobacco free education. Building curators at each campus facility help provide resources and information for students, faculty, and outside vendors to assist with any questions or issues that arise or continue. Campus policy is smoke and tobacco free, which includes electronic cigarettes. Efforts are expanding beyond campuses in collaboration with the Kent City Health Department. Mike (Kent City HD): In March, The Kent City Board of Health approved pursuing "Tobacco 21" in the city of Kent, to raise the legal age to 21 for tobacco use. Aiming to have a city ordinance passed by July 2019. Tobacco grant was filed with ODH for funding.
Year 1: Kent State University will implement a	Shay Davis Little,	October 1, 2017	
Implement a Tobacco	o and Smoke Free Polic	2019 cy on Kent State	University campuses
Year 3: Continue efforts of years 1 and 2.		October 1,	
			4-18-18: Karyn (MHRB): The Portage Substance Abuse Community Coalition is concerned about the fact that individuals at the Portage County jail may continue their medications (e.g. heart, diabetes, medications for mental illness) when they are incarcerated, but if they are on medications like Suboxone, Methadone and Vivitrol, those medications are typically not continued. Joel has spoken with the Portage County jail medical clinic (that is run by a private company) and is still waiting to receive the promised documentation of federal standards that they state they are following, thus believing they are complying with current standards and are not required to provide MAT. The Kent League of Women's Voters has joined in support of the use of MAT in the jails/prisons. Continually advocating for Medicaid expansion.

Portage County Community Health Improvement Plan Progress Report				
Increase Healthcare Access				
Action Step	Responsible Person/Agency	Timeline	Progress	
Increase community education on health insurance	e opportunities/utiliza	ation and suppo	ort the implementation of Pathways Model or HUB	
Year 1: Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county Explore the feasibility of using health kiosks. Explore opportunities for employees to become certified application counselors. Create a list of physicians that accept Medicaid products. Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes. Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.	Jeneane Favaloro, AxessPointe Community Health Center	October 1, 2017		
Year 2: Research the Community Pathways Model which addresses social determinants of health and potential implementation mechanisms to increase access and health outcomes.	Joseph Diorio, Portage County Combined General Health District	October 1, 2018	1-16-18: Joe: Summit County has a HUB model in place. SCPH houses some of the CHWs, administered through Summit County Community Action Council. Exploring options of operating as an extension of Summit County model (as opposed to starting our own.) JFS expressed interest in partnership possibility, perhaps housing CHWs in Portage and billing through SCPH. Will see if any changes in new year. Melinda (AxessPointe): Has 1 CHW in place at Kent location (focused on North Hill Nepali population). Do well with outreach aspects (and connection to Medicaid), but limited clinical due to regulations. 4-17-18: Joe: No progress to report at this time. Will be attending 2 upcoming related conferences, and will have more information to report at next quarterly CHIP meeting. Amy (NEOMED): Have students investigating Health Leads, looking to adapt to the SOAR clinic to implement such a social needs assessment into the current clinic flow. Also exploring feasibility of stocking canned food and other items at the clinic to meet the population needs. Plan to set up a panel session. Will involve medical and public health students working together, as well as potentially bringing in social work students through collaboration with the University of Akron. Also looking to develop a specific service provider contact call system, so that patients at the clinic on Saturdays as well as clinic providers have specific personal direct contacts to ask questions and follow up with. Lacey (SOAR) indicated that the Portage Park District provides information to the clinic regarding physical/recreational opportunities. Stressed the ultimate goal/need for a community liaison, to assess the patient needs and how best to address them within the primary care system.	
Year 3: Continue efforts from years 1 and 2		October 1,		
Increase the number of sites and CHWs		2019		

Portage County Community Health Improvement Plan Progress Report				
	Increase Healthc	•		
Action Step	Responsible Person/Agency	Timeline	Progress	
Support collaboration between local universities a	nd healthcare agenc	ies through oth	ner social service agencies and graduate opportunities	
Year 1: Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community. Create a formal arrangement between universities and providers to provide external internships and graduate assistantships. Universities can use these opportunities to recruit more students into their programs. Year 2: Share relevant student projects (undergrad, MPH, PhD)	Asha Goodner, Hiram College and Heather Beaird, Kent State University College of Public Health and Amy Lee, NEOMED and CHIP steering committee	October 1, 2017 October 1, 2018	Amy provided email update, 1-16-18 : Reps from KSU, Hiram, and CEOMPH have meeting scheduled for the	
Continue to develop the Kent City Academic health department through projects related to access to care needs and opportunities. Expand the use of NEOMED SOAR (student run free clinic) for community education and outreach.	Hiram College and Ken Slenkovich, Kent State University and Amy Lee, Northeast Ohio Medical University		end of January. Melinda (AxessPointe): Bringing in 3 rd year medical students from NEOMED and KSU nurse practitioner students to shadow. Jeff (Kent City HD): Had 12 student interns last semester. Grouped into 3 sets of 4, on various projects. Conducted vaccination perception interviews and focus groups. Continuing this semester with 8-12 interns. Melinda suggested a 40-minute vaccine documentary called "Invisible Threat" as another resource. Dr. D'Abreau (KSU) advised of a study being conducted by Dr. Gonstead at KSU on the perception of HPV on college students. Health Center was a recruitment site for the study. 4-17-18: Amy: Met with Ken (KSU) and Chris (Hiram) in January. If agencies have desired projects, send email to all 3 of them. Have various frameworks where students at differing levels and projects can be appropriately matched. Beginning next meeting, Amy will share list of all relevant student projects from all 3 schools. This will help inform county agencies of the types of efforts students can take part in/assist with. Some projects may be able to be built upon in subsequent semesters. Mike (Kent City HD): Currently have 2 interns working on a GIS mapping project of health care facilities in the city of Kent. Presented first draft to the BOH last night. Will continue through summer, hoping to push out to the community and expand beyond the city, working with partners like NEOMED. Lacey (SOAR): Just completed business plan projecting growth, hoping to expand to 3 Saturdays per month by year end. Have had great support by NEOMED faculty and providers, also sending residents to serve in clinic as part of their residency training. Assembling a community and providers, also sending residents to serve in clinic as part of their residency training. Assembling a community and providers as expertise to guide further growth, hoping to have first meeting by end of May. Stressed community liaison importance, and emulating comprehensive primary care addressing the whole patient/family needs. Uber Health	

		Dr. Weisblat (NEOMED) provided additional email information, 4-21-18: NEOMED received funding from AmeriCorps to support 30 full-time members to create a rural volunteer health corps to implement the Health Professions Affinity Community (HPAC) program, which helps youth (students from middle school through the med school) identify pressing health concerns in their community and seek, obtain and combine resources to formulate health improvement programs while advancing themselves toward health care careers.
		First year NEOMED medical and pharmacy students participate in the HPAC program and/or projects through the Community Experience class co-taught by Dr. Gina Weisblat and Dr. Amy Lee.
		Much of the HPAC work will be highlighted through posters and presentations at the Scholar's Day on April 29 th .
Year 3: Continue efforts of years 1 and 2.	October 1, 2019	

Portage County Community Health Improvement Plan Progress Report				
Increase Healthcare Access				
Action Step	Responsible Person/Agency	Timeline	Progress	
Increase tra	ansportation through a	county Transpo	ortation Plan	
·	Person/Agency		1-16-18: Becky: A press release was sent out by PCHD (with approval by transportation coalition) to release data from the Transportation Needs Assessment in October. The Needs Assessment was open for public comment in November. No comments were submitted. The final Transportation Needs Assessment was complete on 1/2/18. Using data from the Transportation Needs Assessment, an intervention plan is being created to address the gaps identified. This plan will be submitted to ODH by 2/1/18 for approval. A transportation coalition meeting was held on 11/16/17 to discuss an action plan for programming to train agencies on public transportation usage, to increase the use of and reduce the stigma of using public transportation. Public Health will engage to stress the public health and access to care relationship. The ODH grant would cover cost of training MCH-related agencies, with hopes that once the plan is created the trainings can be expanded to other agencies. Per request by KSU, Becky will share with the coalition that they should be included on the list of providers to be trained. 4-17-18: Becky (Kevin): After the completion of the Transportation Assessment (January 2018), through ODH MCH funding, an agency training is being developed through the partnership between PCHD and PARTA. This training will be available to healthcare organizations and social service agencies to train staff on how to utilize public transportation and how front line staff can assist clients/patients in transportation needs. The plan is to do this training in a conference setting partnering with managed care organizations, JFS, and PARTA. Rebecca (JFS): Working with partners (PARTA, Emerald, etc.) to increase NET program awareness. Can provide gas cards, and public transportation rides to & from pharmacy or medical appointments	
			through Medicaid. WIC clients are not eligible, unless they have a managed care plan (which many do), because WIC does not bill to Medicaid. NET may be able to fill in gaps after managed care	
			plans for some individuals.	
Year 3: Increase efforts of years 1 and 2. Facilitate follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.		October 1, 2019		

Portage County Community Health Improvement Plan					
Community Health Improvement Plan Progress Report					
	Increase Healthc Responsible	are Access			
Action Step	Person/Agency	Timeline	Progress		
	Develop an Access to	Care Coalition	1		
Year 1: Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition. Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan. Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed. Year 2: Develop strategies collaboratively to address gaps/barriers.	Jeneane Favaloro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District	October 1, 2017 October 1, 2018	1-16-18: Joe: Collecting data specifically from the medical community to get an accurate assessment		
Begin implementing strategies. Continue to expand partnership of the coalition. Review baseline data and gaps of services (dental needs). Assist in coordination of efforts across HEAL, Mental Health, and Substance Abuse priorities in reference to primary care office screenings to investigate collaborative opportunities for system solutions with the three major health systems regarding the following: • Identify people in each system that can share the screening tools: ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols.	Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department	2010	of where we are as a community. Will use this assessment to identify gaps and barriers for access to care, and develop strategies to address them. Already recognizing through the transportation assessment that there are transportation barriers plan to combine this info and the transportation coalition into the larger picture by next quarter report. Cancelled 4th-quarter coalition meeting scheduled in December due to awaiting further desired information. Currently focusing work with medical community. Jeff suggested including Mental Health on coalition and through activities, which Melinda (AxessPointe) voiced support for. She shared they are planning to start a Vivitrol Clinic including at the Kent site. Melinda also shared that Better Health Partnerships had a summit in Summit County with Dr. Andrew Curtis on GIS programming on health services. Becky (PCHD) Working with Hiram College to develop an updated medical provider contact list. Dr. D' Abreau (KSU) wants to ensure that KSU Medical Center is included. Rose (PCHD): Regarding the Windham Free Clinic, there is a meeting scheduled at 4pm this Friday, 1/19 as a *mini open house* to bring community members and local pharmacies, churches, etc. to view the progress thus far and see how they can participate. Looking at Wednesday and Thursday evenings to initially open. Will be run entirely by volunteers, led by Faithful Servants, Dr. Sue Meyer. This clinic is to serve un- and under-insured individuals. Brittany (AxessPointe): Shared her past experience with access to care and available home health care resources that many are unaware of. E-visits and tele-health can be utilized to address the lack of transportation. 4-17-18: Joe: Access to Care coalition had a meeting on April 3rd. Developed a community health resource and capacity assessment, which has since been updated, and serves as a guide to further address access to care. Includes major players, contact info, fees/costs, etc. Continuing working with Hiram College to develop updated reliable phys		

		Rose (PCHD): Windham free clinic opened on 2/5/18. PCHD nurses are there offering immunizations every Monday from 4-7 pm, as well as altering schedule Wednesdays. Joe clarified we've altered are previous scheduling at the Renaissance Center to align with wrap-around services with the clinic. Has been a slow start, but expected to pick up as awareness is increased. Will be sending letters to area churches, as well as schools in and around Windham/Garrettsville to tie into sports physicals. Clinic is working with local pharmacy for access to medications, and with UH Portage for X-ray services and discussions regarding expanding to offer dental and mental health services. Lacey (SOAR): Inquired about this clinic possibly coordinating mental and dental health services with SOAR and partners. NEOMED is seeking to further integrative opportunities for psychiatry students.
Year 3: Continue and expand upon efforts from years 1 and 2.	 October 1, 2019	

Portage County Community Health Improvement Plan Progress Report							
Action Step	Increase Injury Responsible Person/Agency	Prevention Timeline	Progress				
Increase the Use of Safe Sleep Practices							
Year 1: Work with local partnering agencies to train staff on Safe Sleep practices.		October 1, 2017					
Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.	Becky Lehman, Portage County Combined General Health						
Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.	District						
Provide pack n' plays to families who are in need of a safe sleep environment for their infant.							
Year 2: Train additional community members to serve as Safe Sleep ambassadors.		October 1, 2018	1-16-18: Becky: Provided agency training on Safe Sleep to Children's Advantage staff on 10/23/17 and to PMHA on 1/10/18.				
Implement a community wide Safe Sleep campaign. Continue to provide pack n' plays to families who are			PCHD provided 18 pack n' plays from October-				
in need of a safe sleep environment.			December 2017 to community residents.				
Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.			4-17-18: Becky (Kevin): 48 pack n' plays were distributed from January 1- March 31.				
			Working with Amanda's Garden to provide training to daycare staff on safe sleep practices.				
			Met with UH Portage Medical Center birthing center to ensure that they are up-to-date on PCHD's Cribs for Kids program. Provided a Safe Sleep framed poster for the birthing center.				
Year 3: Work with Portage County Commissioners to create a resolution to ban bumper pad sales in Portage County.		October 1, 2019					
	Implement a Safe	Kids Coalition					
Year 1: Research implementation of a Safe Kids Coalition.	Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University	October 1, 2017					
Year 2: Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.) Explore gun safety programming.		October 1, 2018	1-16-18: Becky: Talking with Summit County Safe Kids Coalition and Safe Kids Ohio to learn more about coalition expectations, objectives, etc. for the purpose of establishing a Safe Kids Coalition in Portage County. Goal is to have first coalition meeting by July 1.				
			Kim: Has email prepared to send out to potential coalition members. Working on list of contacts to invite. Heather (Akron Children's/Safe Kids) will send Portage County individuals (who have been attending Summit County Safe Kids) to our coalition.				
			Becky: Researching existing gun safety educational materials. Heather has some Akron Children's resources to share, including pamphlets with gun safety questions to ask child care providers.				
			Kim indicated some EMRs include the question of whether there is a gun in the home.				
			Anne (PCHD): Ravenna City PD donated gun locks to PCHD to be given to families who need them.				

		4-17-18: Becky (Kevin): Becky and Ali met with Kim Trowbridge to discuss next steps in the implementation of the Safe Kids Coalition. Additional meetings will be held.
		Kim: Are compiling contact/partner lists, to combine next meeting. Will then begin developing coalition by-laws and position descriptions. (Have Ohio and Summit County examples to work from.) Aiming to hold the first coalition meeting in July.
		Rose (PCHD): PCHD received gun locks from the Ravenna PD, and distributed to multiple county representatives along with gun safety info/educational materials at the District Advisory Council meeting on 3/21/18. Looking to obtain more, and distribute and promote gun safety at multiple upcoming activities/events.
		Jean (United Way) passed out to the group a Community Impact Health dashboard, developed in alignment with the CHIP activities to guide agencies and others in the community of relevant priorities, indicators, and outcomes for proposed projects submitted to United Way requesting funding.
Year 3: Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.	October 1, 2019	

Portage County Community Health Improvement Plan Progress Report					
Increase Injury Prevention					
Action Step	Responsible Person/Agency	Timeline	Progress		
	Implement Safe Ro	utes to School			
Year 1: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location. Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes. Look for funding sources to incentivize participation in	Kim Trowbridge, Northeast Ohio Medical University	October 1, 2017			
Year 2: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location. Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes. Look for funding sources to incentivize participation in the Safe Routes program.		October 1, 2018	1-16-18: Mary Ellen (NEOMED): Completed county needs assessment in December. Sent surveys to all school administration and transportation departments in the county. Next step is to create a strategic plan, beginning today, to be completed by May. Kim indicated that the plan will be completed before the first Safe Kids Coalition meeting, with intent that this will be one of the first activating the coalition will be working on. Hope is to implement in schools this September. 4-17-18: Kim: Safe Routes will be the first initiative of the coming Safe Kids Coalition. Now have a strategic plan (to be presented with the assessment by Mary Ellen today following this meeting.) Includes timelines to follow along with ODOT resources and guidelines for implementation. Will be a Safe Routes task force. Planned to roll programs out school district by district, and will need a lot of school and community participation for greatest success. Current plan is to begin with initial implementation at Kent City schools, in collaboration with the Kent City HD and city engineers Complete Streets endeavor.		
Year 3: Recruit individuals to serve as walking/biking leaders.		October 1, 2019			
Decide on the locations, walking routes and number of walking/biking groups.					
Link the walking/biking groups with existing organizations to increase participation. Consider faith-based organizations, schools, community-based organizations, and health care providers.					
Begin implementing the program with 1 new school district.					
Raise awareness and promote the Safe Routes programs.					
Evaluate program goals.					
Increase the number of Safe Routes programs by 25%.					
Look for funding sources to incentivize participation in the Safe Routes program.					

Portage County Community Health Improvement Plan Progress Report					
Action Step Responsible Person/Agency Timeline Progress					
Expand the evidence based Fall Risk Reduction Program					
Year 1: Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)	Ali Mitchell, Portage County Combined General Health District	October 1, 2017			
Year 2: Work with physicians for referrals to Matter of Balance program.		October 1, 2018	1-16-18: Ali: No progress to report at this time. 3 total MOB programs were conducted in 2017 by PCHD.		
Increase number of Matter of Balance programs offered throughout the county.			Becky (PCHD): Hiram intern currently working on updated physician list. Once complete, will enable opportunity to work with them for referrals to MOB.		
			4-17-18 : Becky (Kevin – PCHD): PCHD is working on scheduling MOB classes now to be held in the summer and fall. Goal is to have 3 sessions complete by end of 2018.		
Year 3: Continue to increase Matter of Balance program in multiple locations.		October 1, 2019			
Ехү	oand the Child Passen	ger Safety Prog	ram		
Year 1: Continue to implement the Car Seat Program at Portage County Health District. Continue to participate in the Ohio Buckles Buckeye program. Raise awareness of the program and the importance	Ali Mitchell, Portage County Combined General Health District and Becky Lehman,	October 1, 2017			
of car seat safety. Research additional funding to increase the number of available car seat technicians.	Portage County Combined General Health District				
Year 2: Continue efforts from year 1.	District	October 1,	1-16-18: Ali: 112 convertible car seats and 16 booster		
Provide car seat check events throughout the county throughout the year.		2018	seats were distributed in 2017. PCHD had a site visit from OBB Program Coordinator from ODH in November. Reported that PCHD ran a quality OBB program with no changes needed. Heather (Akron Children's) reiterated that those positive comments and excellent PCHD site visit were reported to ODH. One car seat check event was held in October during JFS Health Fair. New additional trained car seat tech on PCHD staff (Kim Plough). 4-17-18: Becky (Kevin): 41 convertible car seats and 10 booster seats were distributed from January 1-March 31, 2018. Car seat event is scheduled on May 19th at the Click it of Tight as a shoulded.		
Year 3: Continue efforts from year 2.		October 1, 2019	it or Ticket event in Aurora. PCHD is also scheduled for a car seat check event at Portage Learning Centers Family Day on May 17th at Portage County fairgrounds, and KSU Child Development Center on May 23rd. PCHD wrote and received a grant from Ravenna Elks Lodge for \$2000 for the purchase of car seats and to hold an event at the Ravenna Elks Lodge.		
Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.		2017			

Portage County Community Health Improvement Plan Progress Report						
Action Step	Responsible Person/Agency	Prevention Timeline	Progress			
Expand Activities of Safe Communities Fatal Crash Review						
Year 1: Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.	Lynette Blasiman, Portage County Combined General Health District	October 1, 2017				
Year 2: Continue efforts from year 1 to meet Fatal Crash Review Board requirements.		October 1, 2018	1-16-18: Lynette: Ended 2017 with 9 total fatal crashes, many involving non seatbelt use. (Second lowest in 50 years 3 years ago has just 8.) 0 fatal crashes from 4th quarter October-December. (Second year in a row this has been the case.) Had a front page report in Record Courier this past weekend on fatal review for the year. Heather (Akron Children's) reported that it was in the Akron Beacon as well. Next awareness events will be focused around the Super Bowl. 4-17-18: Lynette (Kevin): Had 1 fatal crash in the 1st quarter January-March. Reviewed on 4/11/18. Awareness events: None for Under 21 program going on today, 4/17/18, at Hiram College, and coming up is the Click it or Ticket kickoff event on 5/19/18.			
Year 3: Continue efforts from years 1 and 2 to meet		October 1,				
Fatal Crash Review Board requirements.		2019				
	xpand Activities of Ch	1	ew T			
Year 1: Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.	Rosemary Ferraro, Portage County Combined General Health District	October 1, 2017				
Year 2: Continue efforts from year 1 to meet Child Fatality Review Board requirements.		October 1, 2018	 1-16-18: Rose: Last quarter saw 5 deaths (1 under 1 year of age.) 19 total deaths in 2017. Will be meeting with UH Portage next week to determine what education is being provided to new parents before leaving the hospital, and how it is delivered. Interested in exploring possibility of PCHD nurses providing newborn screening home visits 1 to 2 months after birth. Anne (PCHD): Next child fatality review meeting is scheduled for early February. 4-17-18: Rose: Had 5 child deaths last quarter (January-March.) 			

		Met with UH Portage maternal and child health nurse manager, Cheryl Daily, on 1/22/18, to learn of services offered. UH does not have funding to do in-home nursing, but provides a lot of information and consultation regarding breastfeeding, baby care, safe sleep and car seat education, and heart and depression screenings. They also assist with referrals (and will set up appointments for mothers), and obtaining birth certificates and social security numbers. They have mothers sign contracts committing to never shaking the baby. They offer their cell phone numbers for all-hour correspondence, and they do post-partum follow-up calls after about a month. PCHD would still like to work toward being able to offer in-home nursing visits after moms and babies have been home for a month or 2.
Year 3: Continue efforts from years 1 and 2 to meet Child Fatality Review Board requirements.	October 1, 2019	

CHIP Report – Karyn Hall, Mental Health & Recovery Board Mental Health & Addiction/Substance Abuse Community Outreach Events/Presentations 2018

Date	Event	Agency	Attendees
1/10	NEOMED Community Awareness day table	Townhall II	
1/25	Nursing Presentation on Addiction Services	UH Portage	17
	Oncology room		
1/29	Addiction Services Presentation	UH Portage	10
	Portage Judges Meeting		
2/6	Mental Health Roundtable for	MHRB, Coleman, Children's	30
	School Counselors & Administrators	Adv, Townhall II	
2/9	Mental Health Health Class Presentation	Coleman	85
	Streetsboro High School		
2/10	21 st Century/Brown Middle School Parent and Student	Townhall II	
	presentation on addiction		
2/15	Opiate Presentation for Health Class	MHRB	85
	Streetsboro High School		
2/16	Waterloo School Staff presentation	Townhall II	
	Addiction		
2/16	Ravenna School Staff presentation	Coleman &	
	Mindfulness and Child Abuse	Townhall II	
2/20	Kent State presentation	UH Portage	65
2/28	Prevention Service & Programming in the Community	Townhall II	
	presentation		
	KSU Professional Development Class		
3/1	Leadership Portage County Health Day Presentation	UH Portage	25
3/5	Mental Health First Aid	Coleman & MHRB	13
3/6	Mental Health First Aid	Coleman & MHRB	13
3/7	Youth Leadership Fair	MHRB & Children's Advantage	500
3/10	Community Awareness on Addiction with Project DAWN	MHRB, Townhall II, Health	25
	Mantua Center Christian Church	District, Start Talking Portage	
3/13	Aurora Women's Wellness Fair	MHRB	25
3/15	Opiate Presentation for Health Class	MHRB	30
	Windham High School		
3/16	Operation Street Smart	Kent State	50
3/17	NEOMED Body and Beyond Health Fair	Townhall II	
3/17	Kent Chamber of Commerce Expo	Townhall II	