

# Portage County

Community Health Improvement Plan

2016-2019

Progress Report



Improving the Health  
of Portage County

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Decrease Obesity**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Mindful by Sodexo and other Healthier Hospitals Initiatives</b>			
<p><b>Year 1:</b> UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> <li>• Healthy Cafeterias/Cafes</li> <li>• Healthy Vending Machines</li> <li>• Healthy Meetings and Events</li> </ul> <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>July 1, 2017</p>	<p>Mindy provided email update, <b>1-10-17:</b> She has met with UH nutrition services to assess the current food and beverages in the hospital, and is collaborating on the changes that have been and will be made in the cafeteria and vending machines. Changes that have been made thus far: only sugar-free fountain beverages, no longer any fried foods offered, nutritional information is posted for all offered entrees.</p> <p><b>4-11-17:</b> Mindy: UH Portage cafeteria is in the process of being renovated. There will be a temporary dining area open during construction.</p> <p>Have a new Sodexo manager at the hospital who is a dietician, and will oversee their nutrition services.</p> <p>Continuing in cafeteria with only sugar-free fountain beverages, no longer any fried foods offered, and nutritional information posted for all offered entrees.</p> <p>March was national nutrition month. Held many engagement opportunities for the month at the hospital with the employees, including challenges regarding fruits and vegetables, hydration, and physical activity. Some of the resources regarding nutrition can be utilized in the community.</p> <p>A new free standing ED is coming in Kent on the corner of 261 and 43. Imaging services will also be available. July 1, 2017 is the expected date to open.</p> <p>Mindy shared the old proposal for a walking path (from Ravenna Seniors group) with new foundation person at the UH Portage site.</p>
<p><b>Year 2:</b> Implement the Mindful program in all three priority areas within the hospital</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Introduce the program into other areas of the community (businesses, schools, churches, etc.)</p>		<p>July 1, 2019</p>	
<b>Partner with Portage Park District to implement various programs/policies</b>			
<p><b>Year 1:</b> Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> <li>• Improve trail quality and signage.</li> <li>• Promote and expand the "Wild Hikes Challenge."</li> <li>• Promote park and trail use through social media, Meetup groups, hiking clubs.</li> <li>• Partner with health care providers to distribute maps and brochures of parks and trails.</li> </ul> <p>Initiate partnerships for Park Rx program.</p>	<p>Christine Craycroft, Portage Park District</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Christine: Met with Steven Jones and William Benoit of UH hospitals to introduce them to the Portage Park District and discuss potential partnership in communication and promotion of services and programs, such as promoting Park District during UH corporate wellness screenings, promoting rehabilitation using trails, potential sponsorship of trail mile markers utilizing UH branding, etc.</p> <p>Currently revising Park District website, maps, brochures, etc.</p> <p>10 year plan is nearing finalization... not yet released</p> <p>Rory (Park District) has viewed 3 webinars regarding Park Rx... will be explored further, and discussed further with UH.</p>

			<p>Bill (Edinburg Twp) relayed info about a Regional Planning parks grant intending to increase collaboration among differing parks systems in the County, with one of the deliverables being a shared website and possible phone app.</p> <p><b>4-11-17:</b> Rory (Portage Park District): Working on Wild Hikes Challenge... "Vibrant Green Spaces" is the theme for 2017. Trying to promote to all of the schools, scout groups and other civic groups in the county. Open to suggestions about where else to promote.</p> <p>Hiring a public engagement coordinator soon to assist with all marketing and outreach efforts.</p> <p>Looking to expand "meet up groups" in the area. The only current walking group in Portage County is the PC Trail Walkers.</p> <p>Portage Park District has had a lot of media coverage lately. Have acquired the Kent Bog property in Kent. Are expanding Headwaters Trail. Streetsboro extension to Franklin connector.</p> <p>10 year plan is complete and released. Will be posted on the website.</p> <p>-----</p> <p>Nancy Pizzino (Kent Parks &amp; Recreation): Going for bond issue in November for a new 80,000 sq ft health and wellness center on Middlebury Rd., to be part of Fred Fuller Park.</p> <p>Working on a new connector on Hike &amp; Bike trail to downtown Kent.</p> <p>Plan to launch a 6 month Health and Wellness Challenge in late April to begin May 1<sup>st</sup> and run through October. Open to anyone, and will include 6 month membership to current fitness facility, monthly incentives, monthly check list to keep track of points (general health, physical activity, stress, etc), partnering with UH for monthly seminars, pre and post fitness assessments. Will look at potential expansion into corporate challenges following completion of this initial challenge.</p> <p>*(group discussed reviewing how to best include Kent Parks &amp; Recreation activities in CHIP progress moving forward... to be determined.)</p>
<p><b>Year 2:</b> Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to healthcare providers.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Expand participation in Parks Rx, Wild Hikes Challenge and group activities.</p> <p>Partner to develop a fitness trail with outdoor exercise equipment.</p> <p>Partner to offer community gardens and associated programming on park property.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement Complete Streets Policies within the City of Kent</b>			
<p><b>Year 1:</b> Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	<p>Jeff Neistadt, Kent City Health Department</p>	<p>July 1, 2017</p>	<p>Jeff provided email update, <b>1-10-17:</b> He has met with the Kent City Service Director and city engineers, and they are beginning to compile baseline data... expect to have that data to share at next quarterly CHIP progress meeting.</p> <p><b>4-11-17:</b> Jeff: Has met several times with city engineer, and reviewed years worth of collected data. Will collate and report findings at next meeting. Everything seems to start and end in the city, with few connectors within and through the city. Plan to review best methods (and potential funding sources) to connect existing trails. Will involve many players including city engineer, parks and rec., etc.</p> <p>Looking ahead to include Safe Routes to School... Becky (PCHD) will link with Kim Trowbridge (NEOMED) for planned effort under Injury Prevention priority.</p>
<p><b>Year 2:</b> Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> <li>• Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations.</li> <li>• Pursue and achieve Bike-Friendly Community status from the League of American Bicyclists, or Walk-Friendly Community status from walkfriendly.org.</li> </ul>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	
<b>Develop a Portage County Obesity Coalition</b>			
<p><b>Year 1:</b> Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Natalie: Has gone through old list of participants in former Portage County Obesity Prevention Coalition that became inactive in 2009, updating information, and plans to send email at the end of January regarding an initial meeting planned for February (with hopes to then meet monthly, also having workgroups.) She has been seeking funding, but has not found much to "fit" this aim. Has participated in 2 webinars (funded from ODH MCH grant) for ODH Healthy Communities program, intending to ultimately utilize and correlate with that assessment data and thus not "reinvent the wheel."</p> <p>Natalie provided email update, <b>4-11-17:</b> KSU has started a coalition under an ODH grant, which will become the steering committee for the expanded obesity coalition. Currently in the assessment stages of a grant looking at the health status of children in the county... would be good to be able to move both initiatives forward together due to potential grant funding. For the grant 2-3 goals and an action plan must be created. After the assessment is complete in late May or early June, will be able to move to the next step of an action plan.</p>
<p><b>Year 2:</b> Continue to work towards goals set and maintaining the coalition</p> <p>Secure funding for goals.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement the Prescription for Health Program</b>			
<p><b>Year 1:</b> Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favalaro, AcessPointe Community Health Center</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Becky (PCHD) shared update info provided to her by Jeneane: Jeneane has consulted the NEOMED Food Market for farmer's market partner information, and with intent to maximize data collection effectiveness. She further plans to work with JFS and WIC to compile data regarding food stamps, farmer's markets, etc, toward supporting Prescription for Health program need.</p> <p><b>4-11-17:</b> Jeneane: Researched a program that was implemented in Michigan. Is reviewing that program guidance to determine how we could best implement this in Portage County.</p> <p>Having conducted a brief initial SWOT analysis of the county, has identified strengths as having several farmers markets and county leaders who are engaged. Weaknesses include lack of funding, reimbursement questions, lack of transportation, follow-up challenges (CHW implementation?) Opportunities exist to explore efforts of abundant partners, and who can be engaged to prescribe, distribute, and partner on "both ends."</p> <p>Mindy (UH Portage) suggested possible implementation of assessment of food insecurities on the inpatient questionnaire at the hospital, as a potential mechanism for referrals to the prescriptions for health and other county resources.</p> <p>Amy (WIC) and Kevin (PCHD) engaged in further discussion regarding the proposed Food HUB in PC through a Regional Planning grant exploring the potential and proper model for PC. This could potentially serve in alignment with Prescriptions for Health and farmers markets activities.</p>
<p><b>Year 2:</b> Implement the Prescription for Health Program in at least 1 location with accompanying evaluation measures.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Double the number of locations offering the Prescription for Health program.</p>		<p>July 1, 2019</p>	

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<b>Incorporate families and children into community physical activities</b>			
<p><b>Year 1:</b> Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Natalie: Working on compiling info regarding events (limited) and organizations that provide physical activity services. Discussed possible need to alter future Action Steps due to difficulty in establishing baseline data regarding event participation.</p> <p>Planning a Family Fitness Day on KSU campus in May, with a 5K and fun run. Currently in process of seeking university approval. Trails have been decided upon, and wish to make the event free as well as provide t-shirts to participants. Also seeking donors for family activity resources such as inflatable obstacle courses, etc.</p> <p>Natalie provided email update, <b>4-11-17:</b> The planned Family Fitness Day community program on KSU campus will NOT be occurring in May, because the university did not grant approval at this time.</p> <p>Kent State University Center for Nutrition Outreach is currently working with a non-profit organization and has signed a contract with them to create a fun run series to be offered to families in our community this summer. It will be 5 week fun run series that engages both parents and children, called the Healthy Kids Running Series. Becky (PCHD) mentioned that this program will be similar to the "Girls on the Run" program.</p> <p>Are compiling a list of races and organized physical activities in the county to be completed by July 1.</p>
<p><b>Year 2:</b> Increase child and family participation at organized physical activity events by 5%</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Increase child and family participation at organized physical activity events by 10%</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Healthier Choices Campaign</b>			
<p><b>Year 1:</b> Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Natalie: Concerned regarding ability to implement this program, due to lack of funding. Had hoped that ODH CMH grant would allow alignment, but due to changes in grant it will not. Will attempt funding via internal KSU grant, but doubtful since it is research-based. Will reach out to the Portage Foundation and, per Becky (PCHD) suggestion, United Way for possible funding. This program is costly including need to buy rights to, and use, its branding. May possibly need to alter this Action Step to reflect a campaign of PC's own design, based upon ODH assessment data, our local outcomes, and hopeful future ODH funding. Regardless, will need to find sustainable funding to implement and continue.</p> <p>Natalie provided email update, <b>4-11-17:</b> Have not been able to find funding to pursue the Healthier Choices program thus far. Natalie believes the best option going forward is to amend this strategy to align with the current grant on child health that she is working with and doing a health assessment for. The next stage of the grant will be to create interventions based on the assessment data. She believes this will provide a greater possibility for funding, to continue this strategy in a revised but viable manner.</p>
<p><b>Year 2:</b> Roll out the Healthier Choices Campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Continue fundraising.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Roll out campaign to entire County</p> <p>Continue fundraising.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase nutrition/physical education materials being offered to patients by primary care providers</b>			
<p><b>Year 1:</b> Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach &amp; The Portage County Obesity Coalition</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Natalie: KSU is now branded, and thus ALL info distributed to PCPS is being updated, to be completed by February and redistributed by April. Approximately 50-55 PCP and OBGYN offices are identified, to receive info/educational material packets containing more than 100 pages of info. Partners can submit materials to Natalie to be included. Funding is provided from within KSU program.</p> <p>Amy (WIC) asked if including info to family practice docs. Natalie indicated not at this time.</p> <p>Amy advised of a "Parenting at Mealtime and Playtime" healthy habits and obesity prevention training for healthcare providers to be held at Summit County Public Health on April 7... she will attend and share info.</p> <p>Natalie provided email update, <b>4-11-17:</b> Have pulled materials together, but haven't found money for printing. She is able to do some of the printing through KSU Center for Nutrition Outreach, but cannot pay for the rest. Has been seeking local grant funding for this, but has not found any as yet. She suggests that it may be necessary to implement a modified version of what had been planned, based on limitations with funding.</p> <p>Mindy (UH Portage) indicated that she will plan to connect Natalie with Wendy Meadors, who is the UH Hospitals physician liaison for Portage County, to properly strategize this effort with regard to the current resources physicians have access to, as well as the process that primary care doctors use to access, deliver, and document distribution of nutrition information. Mindy indicated that it is a difficult process to get things added to the EMR (electronic medical record.)</p>
<p><b>Year 2:</b> Offer trainings for PCP offices on nutrition and physical activity best practices, as well as referral sources.</p> <p>Enlist at least 3 primary care physician offices.</p> <p>Continue fundraising.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Offer additional trainings to reach at least 50% of the primary care physician offices in the county.</p>		<p>July 1, 2019</p>	



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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand the Personal Improvement Program (PIP) in schools</b>			
<p><b>Year 1:</b> Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	<p>William McCluskey, Edinburg Township</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Bill: Planned to start PIP at West Main Elementary in fall '16... delayed due to principal changes. Looking to establish resource list (including exercise physiologists) and acquire existing BMI baseline data from phys ed teachers, and implement further testing of those students ID'd as obese or underweight.</p> <p>Met with Ravenna mayor, who indicated RAC would not be involved with any programs.</p> <p>Met with NEOMED, hoping for instructors' participation.</p> <p>Ravenna Health Board unable to assist with potential expansion into Rootstown schools.</p> <p><b>4-11-17:</b> Bill: Met with Ravenna Schools superintendent and shared past success of the program... gained approval to tentatively implement the program at West Main Elementary in January 2018.</p> <p>Ravenna Health Board will coordinate the speakers.</p> <p>Would like to get the parent/teacher association involved.</p> <p>Is an all volunteer program, and is seeking potential grant funding and/or donors (for equipment, snacks, t-shirts, bussing costs, and possible stipends for KSU student instructors.)</p> <p>Putting together an activity card file for the activities, for standardization, particularly for if/when program expands to other schools.</p>
<p><b>Year 2:</b> Implement program in at least 3 after-school programs.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement postpartum weight loss educational program at WIC</b>			
<p><b>Year 1:</b> Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	<p>Amy Cooper, WIC Director</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Amy: Program began October 1, 2017. Specifically targeting any mom ID'd as having excess weight gain during pregnancy. Program is overwhelming with new baby... need to explore appointments a bit later, and implement better marketing.</p> <p>Had created closed Facebook group and distributed 100 brochures... no one yet signed up.</p> <p>Ali (PCHD) offered to promote program during car seat and pack n' play appointments.</p> <p><b>4-11-17:</b> Amy: Facebook group continues to have limited participation. 63 program flyers were distributed to new moms and to partnering agencies. Social media activities will be a component of greater focus pursuant to grant for next year.</p> <p>Hoping to hold "Mom and Me" walks/events in local parks. Nancy (Kent Parks &amp; Recreation) indicated that they attempted these last year with little success, but would like to try again this year. She noted there was a cost involved for participants. Nancy offered resources to assist Amy in starting these up.</p>
<p><b>Year 2:</b> Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> <li>• Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park</li> </ul> <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	



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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness and accessibility of available mental health services</b>			
<p><b>Year 1:</b> Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel (MHRB) on behalf of Karyn: 6 schools educated on availability of mental health services.</p> <p>Several individuals presentations given to educate various agencies/audiences along with materials distributed. Some focused on opioid addiction, but mental health issues/services incorporated in, due to frequent dual diagnoses.</p> <p>MHRB has created and distributed several informational brochures highlighting available services, including "red and white" cards, "street cards", etc.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Karyn: Met with three school districts to review mental health programming &amp; services. Provided training to Streetsboro School District Aides and to Streetsboro Fire Department Staff.</p> <p>Distributed materials at Hidden in Plain Sight event.</p> <p>Local NAMI group created a music video "Fighting the Stigma" from the Out of the Shadows campaign to address stigma surrounding mental health. Debuted at Coleman in February, and will be shared through social media and at school events.</p> <p>*See addendum with additional detailed notes</p>
<p><b>Year 2:</b> Educate school personnel and social workers in all local school districts on the availability of mental health services.</p> <p>Continue presentations on available mental health services to Portage County groups.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2 and expand outreach</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase the number of primary care physicians screening for depression during office visits</b>			
<p><b>Year 1:</b> Collect baseline data on the number of primary care physicians that currently screen for depression during office visits.</p> <p>Research screening tool with other 4 priorities.</p>	<p>Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Paul and Joel: To date, no baseline data on PCP screenings for depression has been collected. Discussed collaboration with other CHIP priorities involving PCP listings, screenings, etc.</p> <p>Ohio providing SBIRT screening training focused on substance use disorder. At least 1 PC provider to receive training... plan to assess thereafter and explore possibility of adding incorporation of depression/suicide screening.</p> <p>Paul mentioned he's been advised by Amy Lukes (NEOMED) of a 8-9 step "canned tool" survey doctors use with a mental health focus... recommended exploring further.</p> <p>Rich (Veterans Services) recommended consulting the Ravenna Veterans clinic on any VA or other tools they may be using.</p> <p>*See addendum with additional detailed notes</p> <p><b>4/12/17:</b> Paul and Joel: This activity overlaps with substance abuse and other CHIP priorities, and needs to be reviewed by the Steering Committee to combine resources and coordinate a collaborative effort. Intent is to work together on compiling list of primary care physicians and reach out to them collectively as opposed to several times separately in addressing the different priorities' objectives.</p> <p>Paul has spoken with Renee Klaric from UH Portage and Amy Lukes from NEOMED about the PHQ9 questionnaire depression screening tool, and has heard that some PCPs do not ask the final question which regards suicidality, for unknown individual reasons.</p> <p>Rich (Veteran's Services) mentioned that he helped connect PCHD with Christina Stewart from Veterans Affairs to begin discussions regarding further collaborations.</p> <p>Joel indicated that SBIRT screening training will be attended this month by Jen Parmenter from FCS.</p> <p>Discussed potentially reaching out to the Youngstown Federally Qualified Health Center to discuss the mental health screening tool/s they currently have in use.</p> <p>Joel suggested that Jeneane from AxessPointe might also be a valuable participant with this Action Step.</p>
<p><b>Year 2:</b> Pilot the protocol with one primary care physicians' office.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Increase the number of primary care physicians using the screening tool by 25% from baseline.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand Evidence-based Programs and Counseling Services Targeting Youth and Families</b>			
<p><b>Year 1:</b> Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.</p> <p>Continue the implementation of Red Flags to the Portage County School Districts.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel (MHRB) on behalf of Karyn: Have formed a Suicide Prevention &amp; Youth Mental Health Education Committee, working in collaboration with the Portage County Suicide Prevention Coalition, but with primary focus on schools and school programs. Currently gathering information from each school district on which bullying, suicide prevention, and drug prevention programs they utilize... will meet in February to review findings.</p> <p>The Red Flags program continues to be implemented in PC schools.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Karyn: The Suicide Prevention &amp; Youth Mental Health Education Committee met in February and reported on the information gathered from the school districts regarding their bullying policy/programs, suicide prevention, and drug prevention programs. The next committee meeting will be held in May.</p> <p>Will have a full report on the Red Flags program following the end of the school year.</p>
<p><b>Year 2:</b> Increase awareness and participation of available programs.</p> <p>Collect data on Red Flags and other programs being utilized.</p> <p>Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts to implement the program(s) in at least one grade level in each school district</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Provide mental health first aid trainings</b>			
<p><b>Year 1:</b> Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel (MHRB) on behalf of Karyn: Ashley Baden (Coleman) is a certified MHFA trainer, who completed 7 trainings with over 50 individuals in 2015 and 2016, including KSU students and faculty, Coleman, Townhall II, Children's Advantage, and the VA. MHRB paid for her training. Pam (Coleman) indicated that the KSU training also involved a "train the trainer" component to further the reach. Becky (PCHD) indicated that Ashley also marketed the training to PCHD, but logistics must be worked out as it would be desirable for all staff.</p> <p>Between July and December 2016, one training was held with 13 attendees from Coleman Professional Services operations department.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Karyn: Mental Health First Aid trainings were provided to 6 individuals on the Coleman staff on 3/22/17 and 3/29/17.</p> <p>Kathy Myers, another Coleman employee, was trained as a trainer for MHFA Youth.</p> <p>Ashley Baden (MHFA trainer at Coleman) and Jeff Futo, police officer with Kent State Police have met regarding upcoming MHFA for Public Safety class.</p> <p>Are looking at opening up the trainings to the public.</p>
<p><b>Year 2:</b> Provide 2 additional trainings and continue marketing efforts.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from year 2.</p>		<p>July 1, 2019</p>	

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**Increase Mental Health Services**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase awareness of trauma informed care</b>			
<p><b>Year 1:</b> Continue community trainings on trauma informed care and adverse childhood experiences (ACEs).</p> <p>Continue to train clinicians on evidence-based trauma programs.</p>	Mental Health & Recovery Board of Portage County	July 1, 2017	<p><b>1-11-17:</b> Joel (MHRB): Trauma is indicated as a majority cause and contributor to mental health and substance use disorders during all MHRB community presentations. All 4 contract agencies funded by MHRB conduct trauma trainings for clinical staff. Children's Advantage has a specialized trauma clinic. Nicole Bartlett of Children's Advantage conducted trauma trainings for police officers (focused also on their own trauma) in October 2016. She also has scheduled a training in March for Streetsboro Schools bus and classroom aides/support staff.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Joel: Nicole Bartlett of Children's Advantage conducted trauma informed care trainings with Juvenile Detention Center staff, probation officers, and correction officers.</p> <p>The March training was conducted with Streetsboro Schools bus and classroom aides/support staff.</p> <p>Will also link with April 25 de-escalation trainings.</p>
<b>Year 2:</b> Continue efforts of year 1.		July 1, 2018	
<b>Year 3:</b> Continue efforts of years 1 and 2.		July 1, 2019	
<b>Establish a youth-focused community center at the former Mantua Center School</b>			
<p><b>Year 1:</b> Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths</p>	Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church	July 1, 2017	<p><b>1-11-17:</b> No updates at this time.</p> <p><b>4-12-17:</b> Chad: Hope to create afterschool program for Crestwood School students. Former Mantua Center School was bought by Twp Trustees. In April, a proposal was accepted to populate this space, and are forming a Board to coordinate and plan this. In the meantime, have discussed using Hiram College possible space, but insurance issues need to be worked out. 145 kids have expressed interest via survey. Superintendent Toth stated that he would provide bussing to the community center. Hope to incorporate Drug Free Clubs of America as well, in the fall.</p>
<p><b>Year 2:</b> Complete renovation and open the community center.</p> <p>Work with community partners to establish and expand programs including:</p> <ul style="list-style-type: none"> <li>• Local artist co-op including artist mentoring/teaching</li> <li>• Life skills and employment networking</li> <li>• Homework assistance</li> <li>• Education and social service programs including mental health and substance abuse, etc</li> </ul>		July 1, 2018	
<p><b>Year 3:</b> Expand programming</p> <p>Establish a community meeting room and offer additional community-wide programming including all CHIP priorities</p> <p>Incorporate a Social Enterprise Incubator</p>		July 1, 2019	





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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Develop &amp; implement a community based comprehensive plan to reduce alcohol &amp; drug abuse</b>			
<p><b>Year 1:</b> Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel: MHRB/PCHD/Ohio Attorney General's office held Opioid Epidemic awareness conference at NEOMED on October 13, 2016.</p> <p>Portage Substance Abuse Community Coalition (Prevention Committee) discussing potential campaigns. Have contact local radio WNIR to schedule meeting for possibilities. Record Courier articles planned. Plan to meet with Summit ADM Board in 2017 to discuss mutual awareness campaigns that may include WKSU.</p> <p>Portage Substance Abuse Community Coalition has established 3 working committees: Prevention, Advocacy, and Treatment. Each have met twice.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Karyn (MHRB): Began discussing at the last Portage Substance Abuse Community Coalition meeting the annual conference, which will be in October. Discussed topics, audience, and speakers. May possibly hold 2 conferences or 1 conference with 2 tracks of education (one focused on "clinical"/agency audience, and one focused on "consumer"/community member audience.) This will be the third consecutive annual conference as a joint venture between MHRB and PCHD.</p> <p>Karyn shared that a Project DAWN community event was held on 2/11/17 at NEOMED, with over 100 people in attendance.</p> <p>Joel indicated that there is a special section entitled "Family Matters – Addiction: Discovery to Recovery" published in papers by Record Publishing distributed throughout Portage and Summit Counties. MHRB has submitted several articles inside and an ad on the back page.</p> <p>The Portage Substance Abuse Community Coalition and its 3 sub committees continue to meet monthly.</p>
<p><b>Year 2:</b> Hold annual conference; continue efforts from year 1.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Hold annual conference; continue efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	

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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase treatment options for those with substance use disorder</b>			
<p><b>Year 1:</b> Support Quest/Townhall II with the startup of their MAT clinic &amp; ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel: In partnership with ComQuest, Townhall II has completed renovations to building and will soon open MAT clinic.</p> <p>Coleman has a small Suboxone program for clients with both mental health and addiction issues, and has increased Vivitrol prescriptions with emphasis on individuals re-entering the community from jail.</p> <p>AxxessPointe still planning a MAT program, but awaiting move to shared facility on Gougler Ave. with Family &amp; Community Services.</p> <p>UH Portage Medical Center began Medical Support Program in November 2016 to provide individualized treatment to those in active withdrawal. Summit Psychological Associates now has a Vivitrol program in their Ravenna offices. MHRB exploring further treatment options relevant to utilized services of Oriana House and the CIRC center.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Joel: Townhall II and ComQuest continuing to move towards starting up their MAT clinic.</p> <p>UH Portage Medical Support Program is running. Criteria for participation is that the person must be in withdrawal for at least 24 hours, and have the means to pay for the program.</p> <p>MHRB currently pays for PC residents to attend programs available in Summit and Stark counties.</p> <p>Coleman continues their small program, and are prescribing Vivitrol to clients more than Suboxone, since it is demonstrating greater success as well as people staying in the program longer.</p> <p>AxxessPointe still planning to start a MAT program, but is still delayed due to construction of new location.</p>
<p><b>Year 2:</b> Research Community Trials Intervention to Reduce High-Risk Drinking.</p> <p>Collect data and monitor success rate of MAT programs</p>		<p>July 1, 2018</p>	<p>*4-12-17: Joel: looking ahead to this year 2 Action Step, proposes to remove the "Research Community Trials Intervention to Reduce High-Risk Drinking" due to unfamiliarity with decision to include. Group discussion involved alcohol still an important component related to this priority, and merit in retaining this objective and researching this further with possible designation of a specific responsible person to carry forward with this next year.</p>
<p><b>Year 3:</b> Continue efforts of years 1 and 2</p>		<p>July 1, 2019</p>	

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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement and increase prevention programs</b>			
<p><b>Year 1:</b> Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p>Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel (MHRB) on behalf of Karyn: Too Good For Drugs and Project Alert is being expanded into more schools and grade levels this year. (Discussed revising Action Step language to include Project Alert)</p> <p>Townhall II continues to expand family programs. (Discussed revising Action Step language to "Continue and expand family programs at Townhall II"): Families First - 12 families attended in Aurora in fall 2016; Family Addiction Series – have established a webinar format for participation by families for which transportation is a barrier.</p> <p>Hidden in Plain Sight to be held January 18 at Crestwood. Community Drug Awareness event with Project Dawn distribution to be held February 11 at NEOMED</p> <p>Exploration of additional funding sources is in progress.</p> <p>*See addendum with additional detailed notes</p> <p><b>4:12:17:</b> Karyn: Added kindergarten to receive Too Good for Drugs in Streetsboro. Presented info to Aurora City Schools and Windham middle and high schools (hoping that next school year they will schedule).</p> <p>Sarah McCully (Townhall II) presented the need for more funding to add prevention personnel to the Sales &amp; Use Tax Advisory committee. UH Portage also presented a proposal for a school drug education program (Brain Power and the Brain.)</p> <p>Joel and Karyn attended the Drug Free Clubs Workshop (for high school students).</p> <p>Townhall II will work with Kent Parks and Recreation to hold a Youth Empowerment Summer Camp (TYES) in June/July for children ages 10 to 14 that will include drug prevention and life skills programming.</p> <p>*See addenda with additional detailed notes</p>
<p><b>Year 2:</b> Expand "Too Good for Drugs" to preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Increase the number of schools and grade levels offering "Too Good For Drugs" by 25%.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement and increase harm reduction initiatives</b>			
<p><b>Year 1:</b> Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Becky: Have completed 100% of PC law enforcement agencies carrying Naloxone (including Sherriff and Highway Patrol.) Set goal of one 2-hour community event/conference per month. With the revision of the CPR curriculum to include Naloxone, PCHD is partnering with PC Safety Officer to include Naloxone promotion and provision, and in process of ensuring all staff in county buildings are trained and provided Naloxone kits.</p> <p>No progress at this time on researching needle exchange program. Plan to explore lessons learned from Summit and Cuyahoga counties programs.</p> <p>Drop off box locations lists and information cards in process of being distributed to pharmacies, fire departments, libraries, etc... should be completed by end of January 2017.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-11-17:</b> Becky: Continuing to schedule a Project DAWN community event each month: Rootstown NEOMED on 2/11/17, Streetsboro City Hall on 4/1/17, Aurora Inn on 4/22/17, Ravenna King Kennedy Center on 5/6/17.</p> <p>PCHD continues partnering with Portage CPR Training to conduct Project DAWN classes in conjunction with CPR classes. Project DAWN kits are in all AED kits in the county buildings.</p> <p>Provided Project DAWN training to Nelson Ledges "security staff" on 4/8/17.</p> <p>Currently targeting law enforcement agencies to offer re-trainings to staff as needed based on the one year anniversary of their initial training.</p> <p>No progress on researching needle exchange program.</p> <p>Karyn: The Prevention Committee of the Portage Substance Abuse Community Coalition distributed rack cards listing the medication drop off boxes locations to all pharmacies and some funeral homes in the county. These cards and Deterra (drug deactivation and disposal) pouches were also highlighted at the Community Awareness event held at NEOMED on 2/11/17 with an audience of over 100 people. Deterra pouches are also available at Acme stores.</p> <p>Drug take back day will be 4/29/17, with 2 collection locations: Water Resources Lab on Infirmiry Road and UH Portage Medical Center parking lot. Two of these events are held each year.</p>
<p><b>Year 2:</b> Collect data on effectiveness of Narcan (ex: lives saved, drug overdose deaths.)</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase the number of health care providers screening for drugs and alcohol</b>			
<p><b>Year 1:</b> Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel: To date, no baseline data on ED, PCP, or other providers screenings for drug and alcohol abuse has been collected. Discussed collaboration with other CHIP priorities involving PCP listings, screenings, etc.</p> <p>Ohio providing SBIRT screening training focused on substance use disorder. At least 1 PC provider to receive training.</p> <p>Rich (Veterans Services) recommended consulting the Ravenna Veterans clinic on any VA or other tools they may be using.</p> <p>Joel offered that no "one" tool is likely or practical (even SBIRT contains several)... what is most important is that providers are screening and in a way that works.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Joel: This activity overlaps with Mental Health and other CHIP priorities, and needs to be reviewed by the Steering Committee to combine resources and coordinate a collaborative effort. Intent is to work together on compiling list of primary care physicians and reach out to them collectively as opposed to several times separately in addressing the different priorities' objectives. Joel further suggested the possibility of establishing a subcommittee group among various CHIP priority participants to collaborate on addressing this intent.</p> <p>Coleman changed their protocol to add a substance abuse component into their client screening.</p> <p>Joel will be further researching the SBIRT training and screening protocol, and consulting with AxessPointe to determine what they have in place for screening.</p> <p>Rich (Veteran's Services) suggested we look further at other healthcare providers such as the VA and Home Instead to see what types of screening they may conduct.</p>
<p><b>Year 2:</b> Introduce a screening, brief intervention, and referral to treatment model to physicians' offices and UH Portage ED &amp; Urgent cares.</p> <p>Pilot the model with one primary care office and ED.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Increase the number of primary care physicians using the model by 25% from baseline.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
Advocate for substance abuse and criminal justice issues			
<p><b>Year 1:</b> Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health &amp; Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p>Joel Mowrey, Mental Health &amp; Recovery Board of Portage County</p>	<p>July 1, 2017</p>	<p><b>1-11-17:</b> Joel: Plan to organize call in/email campaigns to legislators through Advocacy Committee of the Portage Substance Abuse Community Coalition. Joel and Karyn (MHRB) will attend "Legislator's Day" in Columbus on 1/31/17 to discuss issues with local state reps and senator.</p> <p>PC has a certified Mental Health Court, and will have certified Drug Court very soon. Coleman is actively involved in both courts to provide treatment and help avoid re-incarceration.</p> <p>Is a state proposal to only "suspend" as opposed to terminate Medicaid coverage upon incarceration. MHRB supports, but hopes ultimately to achieve Medicaid payment for treatment services in jail.</p> <p>*See addendum with additional detailed notes</p> <p><b>4-12-17:</b> Joel: The Advocacy Committee of the Portage Substance Abuse Community Coalition sent a letter to the Director of the Ohio Dept of Mental Health and Addiction Services to address Portage County's disparities in and lack of receiving federal funding for the MHRB (We are tier 0 which equals no funding, based on statistics which do not account for impacts of PC residents that are accounted for in surrounding counties.)</p> <p>MHRB also wrote a letter/article on behalf of the Portage Substance Abuse Community Coalition supporting the use of Narcan and providing other important information regarding addiction and treatment, in response to an unfavorable letter regarding Narcan posted in the paper from a judge from Cuyahoga County.</p> <p>MHRB also passed a resolution stating that we have an epidemic and adding some updated local statistics to the given state statistics for review by legislators and other interested stakeholders.</p> <p>Karyn and Joel met with Senator Ecklund in Columbus, who then came to our 2/11/17 NEOMED Project DAWN event.</p> <p>State Representative Sarah LaTourette visited Garrettsville Schools with Karyn to see the Too Good for Drugs program being done, and later contacted Tracy Plouck, Director of the Ohio Dept of Mental Health and Addiction Services regarding the letter sent to her by the Advocacy Committee.</p> <p>We now have a certified Drug Court with Judge Becky Doherty.</p> <p>No known updates on the state proposal to suspend as opposed to terminate Medicaid for people in jail.</p>
<p><b>Year 2:</b> Continue efforts of year 1.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>		<p>July 1, 2019</p>	

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Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Tobacco and Smoke Free Policy on Kent State University campuses</b>			
<b>Year 1:</b> Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*	Shay Davis Little, Kent State University	July 1, 2017	<p><b>1-11-17:</b> Becky (PCHD): Policy is completed, and will be fully implemented as of 7/1/2017.</p> <p>No further updates at this time.</p> <p>Shay provided email update, <b>4-12-17:</b> Are interviewing Kent State of Wellness Director candidates this week and this individual will be their representative to the CHIP meetings and efforts. The new policy will be implemented July 1, 2017 and they are continuing their engagement efforts and communications about this change. The complete policy can be found via this link: <a href="http://www.kent.edu/policyreg/university-policy-regarding-smoking-and-tobacco-use-kent-state-university">http://www.kent.edu/policyreg/university-policy-regarding-smoking-and-tobacco-use-kent-state-university</a></p> <p><b>4-12-17:</b> Becky (PCHD) indicated that signs have been posted around campus.</p>
<b>Year 2:</b> Continue efforts of year 1.		July 1, 2018	
<b>Year 3:</b> Continue efforts of years 1 and 2.		July 1, 2019	

\* Please note that Kent State University has identified seven health priorities for the Healthy Campus Initiative: Smoking and Tobacco Use, Mental Health, Physical Activity, Nutrition, Alcohol and Drug Use, Preventive Care, and Safety. Specific strategies and actions steps in alignment with the priorities of this Community Health Improvement Plan will be further developed and incorporated into this plan and its ongoing progress measurement.





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Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB</b>			
<p><b>Year 1:</b> Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Jeneane: Difficult to know what available funding sources to expect due to changes in ACA and other healthcare changes expected with new president-elect. Will participate in a national call next week for further info regarding expectations.</p> <p>Health kiosk implementation limited due to all agencies on differing systems that cannot communicate with each other. Vision is perhaps a website hub where all could share info and ensure updated. Plans to research, but will be dependent upon potential funding.</p> <p>Has contacted Rebecca Abbot at JFS regarding sharing a CHW; and all 3 universities, believed to all have courses, to utilize interns paired with physicians and nurses to experience in-home situations. Becky is arranging with Greta Lax with U of Akron to present on how a Health Department can use CHWs.</p> <p>Working on compiling list of providers who accept Medicaid. Rose (PCHD) offered to provide info regarding pediatricians and private family practices (compiling for grant), and Renee (UH) offered to provide info regarding doctors accepting Medicaid for Suboxone treatment referrals (from UH Medical Support Program)</p> <p>Has made initial contact with reps from Community Pathways Model and NW Ohio Pathways HUB, but little info due to holidays... will follow up.</p> <p><b>4-11-17:</b> Jeneane: Feasibility of health kiosks does not seem practical, due to differing reporting systems. Website hub has also proven more difficult than anticipated.</p> <p>CHWs are now in their practicums, and are hoping to get 2 CHWs for Portage County and be able to use them in the upcoming summer months. Will be utilized in access to care and outreach events and possibly in conjunction with churches and farmers markets. Also hope to utilize them in tying in to the prescription for health activity under the Obesity CHIP priority.</p> <p>Pathways HUB model should have good information coming soon from Summit County's implementation of it with regard to infant mortality.</p>
<p><b>Year 2:</b> Research and seek start-up funding and select a pilot site to certify and hire community care workers (CHW)</p> <p>The selected pilot site will complete Pathways training through the Northwest Ohio Pathways HUB and begin enrolling clients into the program.</p> <p>Increase number enrolled in health insurance plans by 5%</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from years 1 and 2</p> <p>Increase the number of sites and CHWs</p>		<p>July 1, 2019</p>	

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Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities</b>			
<p><b>Year 1:</b> Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beard, Kent State University College of Public Health and Amy Lee, Northeast Ohio Medical University and CHIP steering committee</p>	<p>July 1, 2017</p>	<p>Amy and Asha provided email updates, <b>1-10-17:</b> They have met with Heather, and to begin are compiling a table of all coursework across the 3 universities involving experiential learning, and collecting final estimates of student numbers for each such class. Once complete, will meet to discuss next steps.</p> <p><b>4-11-17:</b> Amy: Have started an inventory of course work with an experiential project learning component at KSU/Hiram/NEOMED. However, the requirements for accredited schools of public health programs are changing, and so it is currently unclear how the format of such courses may be affected.</p> <p>Are trying to pinpoint who will have the authority and/or be the coordinator of such programs at participating local agencies, and what are the projects that are being put on the back burner due to lack of manpower resources that could be viable possible student projects. Will continue assessing how these efforts can best be coordinated.</p>
<p><b>Year 2:</b> Create formal arrangements with at least 3 providers in the county.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts of years 1 and 2.</p>		<p>July 1, 2019</p>	

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Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Increase transportation through a county Transportation Plan</b>			
<p><b>Year 1:</b> Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Becky: Transportation Needs Assessment Coalition held 1<sup>st</sup> meeting 11-15-16 and discussed barriers. Next meeting will be 2-16-17 to discuss current services and review 5 surveys planned to collect input/data from transportation providers, healthcare providers, community agencies, and residents.</p> <p>Rich (Veterans Services) discussed transportation barriers for veterans, and Becky invited him to participate in the Coalition.</p> <p>Jeneane just compiled a Managed Care Organization grid regarding various insurance plans, some offering up to 10 rides for services... will offer info to Coalition.</p> <p><b>4-11-17:</b> Becky: Second coalition meeting was held on 2/16/17. Seven distinct surveys were created: (Hospitals-Labs/Diagnostic/Outpatient, Hospitals-ED, Healthcare Provider s, Transportation Agency level, Transportation Drivers, Community/Social Service Organizations, and Portage County Residents).</p> <p>Began distributing agency surveys on 3/1/17. Received direction from ODH to stop further distribution of any surveys until we receive IRB Exemption.</p> <p>We are still on target per the grant to release the Transportation Needs Assessment report by the end of October.</p> <p>Claudia (PARTA) indicated funding issues are affecting them as well and their ability to assist people in getting to appointments. As a result, will be changing the first call ride share option.</p>
<p><b>Year 2:</b> Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Increase efforts of years 1 and 2.</p> <p>Facilitate follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p>		<p>July 1, 2019</p>	

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**Increase Healthcare Access**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Develop an Access to Care Coalition</b>			
<p><b>Year 1:</b> Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Jeneane: Access to Care Coalition held 1<sup>st</sup> meeting 12-7-16 and discussed who's doing what, how plan to communicate between meetings, where each feels lacking in providing care to their patient populations, and how to improve service in those areas.</p> <p>This Coalition will oversee and help guide all activities under this Priority, and will facilitate development of revised or additional Action Steps as efforts progress.</p> <p><b>4-11-17:</b> Joe: Coalition met on 3/1/2017... Reviewed baseline data from CHA. Had discussions regarding NEOMED student clinic, and areas and populations throughout the county (Windham) that are underserved.</p> <p>On 3/6/2017, held a meeting at Windham to discuss their underserved healthcare population which was attended by the mayor, school superintendent, and representatives from NEOMED, AxessPointe, PCHD, and the Windham Renaissance Center. Mayor offered space, land, etc. to implement and expand healthcare services into Windham. UH Portage was not represented at this meeting, but hope to gain their participation at the scheduled follow-up meeting on May 9<sup>th</sup>.</p> <p>On 3/28/2017, PCHD (Joe and Dr. Arredondo) met with UH Portage to discuss access to healthcare, and stress the need for their participation in these efforts. They expressed an interest and willingness to collaborate, and indicated that if unable to provide personnel, may still be able to assist with provision of resources and materials due to their receipt of premium pricing.</p> <p>On 4/12/2017, PCHD (Rose, Joe, Dr. Arredondo) will be going to KSU to speak with Dr. Broom in the Nursing Dept. about the possibility of establishing a clinic using nursing students with oversight by a nurse practitioner. Further intend to update them on the current happenings in PC with regard to access to care.</p> <p>On 4/17/2017, PCHD will be meeting at AxessPointe to be introduced to Dr. Scott and again discuss the happenings surrounding access to healthcare in PC.</p> <p>On 4/20/2017, PCHD will be meeting with Dr. Baltry at NEOMED in regards to the NEOMED student clinic. Again providing updates on the access to healthcare happenings in PC.</p> <p>5/9/2017 will be the next meeting in Windham to further discuss access to healthcare issues there.</p>
<p><b>Year 2:</b> Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue and expand upon efforts from years 1 and 2.</p>		<p>July 1, 2019</p>	

## Portage County CHIP Access to Healthcare Progress Report

### Additional Meeting Notes:

**1-10-17:** Rich (Veterans Services) shared further information regarding VA healthcare qualifications, restrictions, and challenges for veterans, and issues with hospital referrals and getting bills paid.

Jeneane (AxessPointe) shared that PARTA is offering a course she believes this Friday on utilization of their services. She will share any information learned with the group.

Renee (UH) stated that Robinson Memorial Hospital transitioning to UH Portage Medical Center is bringing many additional services to Portage County improving residents' access without having to be directed to Cleveland, etc. They are hiring several doctors to come to Portage, and seeking other approvals for service expansion pursuant to their "continuous performance improvement" mantra. The hospital is "packed" all the time now as a result. A new cancer center has opened, Rainbow Babies has been brought in, a \$3 million renovation to the ED is underway, and the new Medical Support Program for drug detox has launched. (Have had 14 or 15 individuals participate in this program thus far, and all have gone directly into treatment thereafter.) Renee expressed that in addition to transportation issues, a major barrier is very high insurance deductibles (as much as \$4000) limiting individuals ability to seek care. She further offered to compile a comprehensive list of the available UH services in Portage County now, and share with the group.

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**4-11-17:** Mindy (UH Portage) suggested that the American Cancer Society can offer transportation to individuals who need healthcare under a volunteer system, and might be useful to bring into the Transportation access efforts. She further indicated that UH Portage intention is to provide healthcare close to home.

Claudia (PARTA) indicated they are looking at restructuring their demand/response system and criteria to combine rides and services (contractual services) to be more efficient in serving the public, and further align with access to care efforts.

Heather and Alex (Akron Children's Hospital): Becky invited them be represented on the Transportation Coalition. They indicated that transportation is not one of their targets at the hospital, and will need to further discuss. ACH has 6 part time CHWs at the hospital, specifically working with the refugee population. Summit County is following the HUB model, particularly with focus on infant mortality. Grant funding is available to identify people at greatest risk and put them into pathways to meet their needs. CHWs are a large part of this process in assisting with connecting people to the proper programs and services. Heather indicated further that the HUB model has been successful in the Toledo area, addressing more than infant mortality. She said they have also looked at the "Health Leads" model as an alternative, but found it to be very costly and they are thus not actively pursuing this model.

Jeneane (AxessPointe) has a CHW in Summit to address infant mortality through the HUB. However, she feels there is not enough sustainable data at this point to determine success.

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**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
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**Increase the Use of Safe Sleep Practices**

<p><b>Year 1:</b> Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Becky: PCHD is in the process of scheduling agency trainings on Safe Sleep at HMG, Safer Future, Coleman Pregnancy Center, and WIC. Training has been scheduled for Children's Services in January.</p> <p>PCHD will work with trained organizations on updating policies and/or helping them create policies to include Safe Sleep practices.</p> <p>PCHD will continue to provide educational materials on Safe Sleep to be delivered to clients, customers, and patients.</p> <p>PCHD distributed 8 pack n' plays this past quarter. Targeting distribution of 20 per month, for a total of 150 pack n' plays provided to families in need by September 30, 2017.</p> <p><b>4-11-17:</b> Becky: Children's Services staff was trained on safe sleep on 1/25/17. HMG will be trained on 4/13, Coleman Pregnancy will be trained on 4/26, and WIC will be trained on 5/30. Working on scheduling Safer Futures.</p> <p>PCHD will work with trained organizations on updating policies and/or helping them create policies to include Safe Sleep practices.</p> <p>PCHD will continue to provide educational materials on Safe Sleep to be delivered to clients, customers, and patients.</p> <p>PCHD distributed 24 pack n' plays this quarter. PCHD will be using the safe sleep demonstration at health fairs, etc. to promote safe sleep practices and the Cribs for Kids program. A total 150 pack n' plays will be distributed by 9/30/17.</p> <p>PCHD has been working with a Safe Sleep Initiative group with JFS to provide safe sleep sacks and educational materials to UH Portage birthing center, WIC, and Children's Services. 150 packets have been distributed thus far... up to 600 mothers will receive.</p> <p>Bobbi (Catholic Charities): For parents with children 0 to 2 years of age who live in the home, provide safety kits with \$250 worth of home safety materials. Participants must be income eligible. Invited group suggestions for inclusions into these package provisions.</p>
<p><b>Year 2:</b> Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Work with Portage County Commissioners to create a resolution to ban bumper pad sales in Portage County.</p>		<p>July 1, 2019</p>	

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Implement a Safe Kids Coalition</b>			
<b>Year 1:</b> Research implementation of a Safe Kids Coalition.	Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University	July 1, 2017	<p><b>1-10-17:</b> Becky: With Ali (PCHD), met with Kim Trowbridge (NEOMED) on December 14, 2016 to discuss the feasibility of starting a Safe Kids Coalition in Portage County. There had been an established Safe Kids Coalition of Portage County in the past. Becky reached out to Safe Kids Worldwide and learned that Akron Children’s Hospital is the lead agency for Safe Kids Ohio. Becky submitted application to them on 1-9-17 to establish a Safe Kids Coalition in Portage County. Anticipate results by next quarter CHIP meeting. Following approval, will ID appropriate members and create.</p> <p><b>4-11-17:</b> Becky: Becky has begun the process of applying to become a Safe Kids Coalition. The contract has been reviewed by our prosecutors and is now back to Safe Kids legal department. The goal is to start a Safe Kids Coalition by next quarter.</p> <p>Kim, and Heather (Akron Children’s Hospital): have participated in Safe Kids in Summit County. They built a PC chapter in the past, which disbanded; and now is organized as Safe Kids Worldwide, down to local coalitions. Heather shared that Safe Kids Worldwide is excited to see Ohio coalitions grow, especially when sharing injury data.</p> <p>Geared towards child safety; has expanded to include up to age 18. Focus areas have increased to encompass all safety issues, including button batteries, wheeled sports, teen safe driving, car seats, etc.</p> <p>Encourages working with partners involved with injury prevention. The Summit County coalition partners with General Motors, and car seat manufacturers. Working with local schools is up to the individual coalition.</p> <p>Sports injuries are up to #2 on list of child unintentional injuries, from #3.</p> <p>Funding related to Safe Kids programming may be available... for materials and/or programmatic components; not staff time. In general, dollars are limited, but materials can be provided. Safe Kids Coalitions can apply for other outside sources of funding under the “brand” of Safe Kids.</p> <p>Ali (PCHD): Received 116 bike helmets from the Put a Lid on It grant. Will be distributing them during a Bike Rodeo safety event on May 20<sup>th</sup>.</p>
<b>Year 2:</b> Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)		July 1, 2018	
<b>Year 3:</b> Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.		July 1, 2019	



Portage County  
Community Health Improvement Plan  
Progress Report

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Safe Routes to School			
<p><b>Year 1:</b> Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>July 1, 2017</p>	<p>Kim provided email update, <b>1-12-17:</b> No progress on collecting baseline data.</p> <p>Kim has identified key stakeholders as anyone involved in the Safe Kids Coalition (school boards, principals, safety coordinators, busing coordinators, local police and sheriff's departments, fire departments, PTA groups, local hospital, and crossing guard affiliates).</p> <p>Proposed funding sources to incentivize: Dairy Queen, McDonalds, and other places for free drinks, ice cream, and small fry incentive coupons. Local businesses with items such as magnets, pencils, book marks and the like for bags to give to walkers if events are held at schools. Lastly, T-shirt give-a-ways from local printing companies or small businesses.</p> <p><b>4-11-17:</b> Kim: Had intended to begin collection of baseline data at this point, but due to loss of staff at NEOMED and associated time constraints, have not been able to begin data collection efforts. A student will be assisting in this process as a practicum project. Best time to do this is September.</p> <p>Hoping to do another graduate student project for the walkability and bikeability to schools survey program. GIS information to be reviewed as well for sidewalk issues, and mapping of good and problem areas to assess ease and safety of pathways to parks and schools.</p> <p>Thinking potentially one student to plan, and another to implement the October Walk to School Day. Safe Routes to School will be a county-wide plan... beginning with schools that have the most walking and biking students first and then branching out.</p> <p>Becky (PCHD) will provide Kim with the Washington Checklist baseline data done in 2008/09.</p>
<p><b>Year 2:</b> Recruit individuals to serve as walking/biking leaders.</p> <p>Decide on the locations, walking routes and number of walking/biking groups.</p> <p>Link the walking/biking groups with existing organizations to increase participation. Consider faith-based organizations, schools, community-based organizations, and health care providers.</p> <p>Begin implementing the program with 1 new school district</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Raise awareness and promote the Safe Routes programs.</p> <p>Evaluate program goals.</p> <p>Increase the number of Safe Routes programs by 25%</p>		<p>July 1, 2019</p>	

Portage County  
Community Health Improvement Plan  
Progress Report

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand the evidence based Fall Risk Reduction Program</b>			
<p><b>Year 1:</b> Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Ali: Has done some preliminary research on the STEADI program. It appears to be a program designed to be implemented by physicians via an assessment tool. Anne (PCHD) reported that UH Portage currently conducts a risk assessment for falls for every patient. Continued research will be conducted, including contacting the hospital and/or physicians' offices for additional info.</p> <p>Ali and Lynette (PCHD) are currently scheduling Streetsboro Senior Center for the Matter of Balance program.</p> <p><b>4-11-17:</b> Ali: No new updates regarding researching of hospital or physician assessment tools.</p> <p>Ali and Lynette (PCHD) are scheduled to begin a Matter of Balance program at Prospect House in Ravenna (starting this week), and will be scheduling Maplewood Apartments in Streetsboro next in June or July. Both are low income housing for seniors.</p>
<p><b>Year 2:</b> Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county. Pilot the STEADI assessments in at least one PCP office.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Implement STEADI assessments in at least 3 PCP offices. Continue to increase Matter of Balance program in multiple locations.</p>		<p>July 1, 2019</p>	

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand the Child Passenger Safety Program</b>			
<p><b>Year 1:</b> Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>July 1, 2017</p>	<p><b>1-10-17:</b> Ali: PCHD continues to implement the car seat program where WIC income eligible clients receive a convertible or booster car seat when attend a car seat education class. 4 convertible and 1 booster seat was distributed in October, 4 convertible seats were distributed in November, and 5 convertible and 5 booster seats were distributed in December. PCHD held a car seat check event in November at the KSU Child Development Center. 16 car seats were checked/installed; 11 were installed incorrectly.</p> <p>OBB program provides 16 car seats to PCHD each half year.</p> <p>UH Portage hosted a child passenger safety technician course in the fall. They had 11 participants, none from Portage County. PCHD will work to have them host another class in 2017 and encourage community partners to have their staff trained as technicians.</p> <p><b>4-11-17:</b> Ali: PCHD continues to implement the car seat program. 34 car seats were distributed January-March 2017.</p> <p>PCHD continues to participate in the OBB program.</p> <p>Car seat check events are scheduled for Portage Learning Centers on 5/11/17 and KSU Child Development Center on 6/20/17. Just ordered a vehicle topper tent so that we can conduct more car seat check events.</p> <p>PCHD is discussing with Rainbow Babies the possibility of hosting a car seat tech class here in Portage County. PCHD has been talking with Children's Services about the possibility of some of their staff being certified.</p>
<p><b>Year 2:</b> Continue efforts from year 1.</p> <p>Begin to offer open clinics once per month in addition to clinics made by appointment.</p>		<p>July 1, 2018</p>	
<p><b>Year 3:</b> Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p>		<p>July 1, 2019</p>	

**Portage County  
Community Health Improvement Plan  
Progress Report**

**Increase Injury Prevention**

Action Step	Responsible Person/Agency	Timeline	Progress
<b>Expand Activities of Safe Communities Fatal Crash Review</b>			
<b>Year 1:</b> Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.	Lynette Blasiman, Portage County Combined General Health District	July 1, 2017	<p><b>1-10-17:</b> Lynette: Final quarter 2016 had zero fatal crashes (First time in several years.) 2015 had 6 fatal crashes for the same quarter. In 2016 as a whole, there were 12 fatal crashes with 14 deaths. Of those 12 crashes, 50% were due to left of center, 33% drove off the roadways, and 42% were drug or alcohol related. 10 of the fatal crashes were at-fault male drivers between the ages of 20-74 and 2 were females ages 27 and 64. A media release highlighting these statistics and comparing 2015 vs 2016 trends will be sent out by 1-17-17.</p> <p><b>4-11-17:</b> Lynette: There have been 0 fatal crashes in Portage County from January-March 2017. A media release was issued with this information.</p>
<b>Year 2:</b> Continue efforts from year 1 to meet Fatal Crash Review Board requirements.		July 1, 2018	
<b>Year 3:</b> Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.		July 1, 2019	
<b>Expand Activities of Child Fatality Review</b>			
<b>Year 1:</b> Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.	Rosemary Ferraro, Portage County Combined General Health District	July 1, 2017	<p><b>1-10-17:</b> Rose and Anne (PCHD): There are 9 child deaths to review for the October-December 2016 quarter (2 of these were held over from the previous quarter). The meeting is scheduled for the end of January 2017. The goal of the review board is to determine if there are potential public health initiative(s) that could be implemented to reduce the number of child fatalities. Seeking to add a UH hospital representative to the committee. 90% of deaths reviewed in 2016 were children under the age of 1 year.</p> <p><b>4-11-17:</b> Rose: Review meeting scheduled on May 2 for 4 cases from 2017 and 2 cases from 2016. UH Portage will be represented at the meeting...looking forward to discussion of the protocols and programs they have in place for pregnant women.</p> <p>Kim (NEOMED) asked about the "Centering Pregnancy" Program, and if there is one at UH Portage. Indicated Summa has one with 3 targeted curricula programs for low income pregnant women, pregnant women who are minorities and/or with other health disparities, and pregnant women who are addicted to heroin. She shared that they experience high rates of success due to social bonding and demonstrate higher physician visitation rates from participants. She said UH Portage had the program when it was Robinson Hospital. Rose will explore info at the May 2 meeting.</p>
<b>Year 2:</b> Continue efforts from year 1 to meet Child Fatality Review Board requirements.		July 1, 2018	
<b>Year 3:</b> Continue efforts from years 1 and 2 to meet Child Fatality Review Board requirements.		July 1, 2019	



**CHIP Report  
January 2017  
Karyn Hall and Joel Mowrey**

**Priority #2 – Increase Mental Health Services**

**Action Step: Increase awareness and accessibility of available mental health services (Karyn)**

Community Presentations: July 2016-Dec 2016

Note:

- 1) Six schools were educated on availability of MH services (see below)
- 2) Several presentations were used depending on the audience to educate about availability of MH services along with a material distribution
- 3) Mental Health and Recovery Board of Portage County has informational brochures that highlight organizations providing MH services

July Crisis Intervention Team training for educators  
Week long class organized by Mental Health & Recovery Board.  
Staff from **Portage School districts attended: Ravenna, Waterloo, Maplewood**

July Distributed information at KSU mini-health fair & UH Portage Health Safety Day

July Presented to Start Talking Portage group on MHRB mental health & addiction treatments, services.

July Met with **Streetsboro School Counselors** to review Red Flags and our programming offered

Aug Presented Red Flags & MHRB overview to entire **Ravenna City School District staff**

Aug MHRB quick overview at Township Trustees meeting

Aug Randolph fair week, distributed MHRB materials

Aug MHRB overview to Ravenna Kiwanis

Aug Community Drug Awareness in Mantua – presented MHRB overview

Sept Kent Rotary – presented MHRB overview

Sept Democratic Women of Portage County – presented MHRB overview

Sept Distributed information at Streetsboro health fair & Ravenna Balloon a-fair

Sept Met with **Southeast Middle School** counselor to review Red Flags and our programming offered

Sept Met with Field School counselor staff to review Red Flags and our programming offered

Sept Met with State Representative Sarah LaTourette discuss MHRB and toured Townhall II

Sept MHRB overview presentation to Portage County Senior Center

Sept Community Drug Awareness in Hiram – presented MHRB overview

Oct Community Drug Awareness in Atwater – presented MHRB overview

- Oct MHRB overview to Aurora Rotary
- Oct Crisis Intervention Team training: week long training for 17 police officer in Portage County
- Oct Distributed information at Aurora Community Showcase
- Oct Community Drug Awareness in Shalersville – presented MHRB overview
- Oct Met with State Representative Kathleen Clyde to discuss MHRB
- Oct Atwater presentation on drug awareness with MHRB overview
- Oct Distributed information at Rootstown Community Showcase
- Nov MHRB overview, depression awareness, Streetsboro Senior Center
- Nov Waterloo schools drug awareness panel, quick MHRB overview
- Nov MHRB presentation to Portage Leadership class
- Nov Mental Health presentation to Kent State criminal justice class
- Dec Met with **Rootstown School counselors** to review Red Flags and offered programs
- Dec Met with **Streetsboro Elementary** administrator to review MHRB & programs

**Action Step: Increase the number of primary care physicians screening for depression during office visits (Joel)**

- 1) To date, no baseline data has been collected on the number of primary care physicians that currently screen for depression. We need first to develop a list of primary care physicians in Portage County. Then we need to develop a very brief survey that asks each physician and/or practice if they are screening for depression, substance use disorders (priority 3), if they accept Medicaid to increase access (priority 4), and if they need materials on nutrition to prevent obesity (priority 1). If they are screening for depression and/or substance abuse, we need to ask if they will share their measures/questions. If not, would they be interested in piloting a screening measure in their practices.
- 2) Research screening tool: Current Ohio is providing free trainings on SBIRT (Screening, Brief Intervention and Referral to Treatment) that is a public health model for drug and alcohol screening. SBIRT has some recommended measures to use although most are focused on drug/alcohol. However, there are other screening tools for depression and suicide that could be added. We have at least one Portage county provider getting both basic SBIRT training and to become a SBIRT trainer. It is recommended that we wait until we get more information following this training. Of note, SBIRT can be billed to Medicaid

**Action Step: Expand Evidence-based programs and counseling services targeting youth & families (Karyn)**

- 1) Formed a Suicide Prevention & Youth Mental Health Education Committee to work on this action step. We are gathering information on each school district's current bullying, suicide prevention, and drug prevention programs. We will meet in February with our findings.

Members are:

Ashley Pruitt & DiAndra Gibson, Portage County Juvenile Court

Jennifer Browning, Ravenna School District

Chelsea Heim, Coleman

Mary McCracken, Children's Advantage

Sarah McCully, Townhall II

Joel Mowrey & Karyn Hall, Mental Health & Recovery Board

- 2) Red Flags continues to be implemented in Portage County schools (see list above)

**Action Step: Provide Mental Health First Aid Trainings (Karyn)**

Ashley Baden, Coleman Professional Services, is a certified MHFA trainer. The Mental Health & Recovery Board paid for her training in 2015. In 2015 and 2016 she has completed a total of 7 trainings with over 50 individuals now trained. Individuals receiving training are from Kent State (students and faculty), Coleman, Townhall II, Children's Advantage, and the Veteran's Administration.

From July-Dec 2016, one Mental Health First Aid Training was held with 13 attendees from Coleman Professional Services operations department.

**Action Step: Increase awareness of trauma informed care (Joel)**

For all Mental Health and Recovery Board of Portage County presentations in the community, trauma is mentioned as a majority cause and contributor to both mental health substance use disorder issues. All four contract agencies funded by the Board have been doing trauma trainings for clinical staff members and Children's Advantage has a specialized trauma clinic. The Board will continue to support agency staff obtaining additional trauma trainings.



### **Priority #3 – Decrease Substance Abuse**

#### **Action Step: Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse (Joel)**

- 1) An annual conference was held at NEOMED in October 2016 that was co-sponsored by the Portage County Health Department, Mental Health and Recovery Board of Portage County, and the Ohio Attorney Generals office.
- 2) The Portage Substance Abuse Community Coalition is actively discussing community awareness campaigns. WNIR has been contacted and a meeting will be held soon to see what awareness activities can be done with the local radio station. The Summit ADM Board is willing to have a meeting in 2017 to discuss mutual awareness campaigns that may include WKSU. Articles in the Record Courier are also being planned.
- 3) The Portage Substance Abuse Community Coalition has established three working committees (Prevention, Advocacy, and Treatment) that each have met twice.

#### **Action Step: Increase treatment options for those with substance use disorders (Joel)**

- 1) Townhall II has completed all physical renovations to its building and is getting close to opening a MAT clinic.
- 2) Coleman has a small Suboxone program for clients with both mental health and addiction issues and has recently increased its prescriptions of Vivitrol with an emphasis on individuals re-entering the community from the jail.
- 3) AxxessPointe is still planning to have a MAT program but needs to wait until it moves into a shared facility on Gougler Avenue with Family & Community Services.
- 4) UH Portage Medical Center opened in November 2016 a medical support service to treat people who are in active withdrawal that is individualized (e.g., abstinence, MAT). Summit Psychological Associates now has a Vivitrol program in their Ravenna offices.

#### **Action Step: Increase the number of health care providers screening for drugs and alcohol (Joel)**

- 1) To date, no baseline data has been collected on the number of health care providers that currently screen for drugs/alcohol. We need first to develop a list of primary care physicians in Portage County. Then we need to develop a very brief survey that asks each physician and/or practice if they are screening for depression (priority 2), substance use disorders (priority 3), if they accept Medicaid to increase access (priority 4), and if they need materials on nutrition to prevent obesity (priority 1). If they are screening for depression and/or substance abuse, we need to ask if they will share their measures/questions. If not, would they be interested in piloting a standardized screening measure in their practices.
- 2) Research screening tool: Current Ohio is providing free trainings on SBIRT (Screening, Brief Intervention and Referral to Treatment) that is a standardized national tool. We have at least one Portage county provider getting both basic SBIRT training and to become a SBIRT trainer.

#### **Action Step: Advocate for substance abuse and criminal justice issues (Joel)**

- 1) Through the newly formed Advocacy Committee with the Portage Substance Abuse Community Coalition, the plan is to organize methods for sharing information and call in/email campaigns to legislators. Joel and Karyn will be attending a "Legislators Day" in Columbus on 1/31/17 to meet

with local state representatives and senator to discuss the impact of substance use disorders in Portage County.

- 2) Portage currently has a certified Mental Health Specialized Docket in Portage County and any day will have a certified Specialized Drug Court. Coleman is actively involved in both courts to provide treatment for people to keep them from becoming re-incarcerated.
- 3) There is a proposal at the state level to only “suspend” and not terminate Medicaid coverage for people who become incarcerated. This will greatly help people re-instate their Medicaid coverage upon release from jail/prison and get immediate treatment rather than needing to wait for a month or more to get coverage for health services. Ultimate goal is to have Medicaid pay for treatment services in the jail but this is a much larger issue to achieve and involves the federal government with its rules and regulations.

### **Action Step: Implement and increase prevention programs (Karyn)**

We formed a Prevention Committee of the Portage Substance Abuse Community Coalition and are working on these action steps that are outlined in the CHIP and other projects.

Members:

Alyce Jennings, Community; Becky Lehman, PCHD; Cathi Rufener, JFS; Frank Hairston, community; Gene Mills, MHRB; Greg McNeil, Cover2Resources; Jamie Sitko, MHRB; Joel Mowrey, MHRB; Karyn Hall, MHRB; Carly Frey, Kent Schools; Mim Cherrie, community; Sarah McCully, Townhall II; Peggy Chaffins, community; Susie Forgacs, PCHD; Susan White, Randolph Trustee; Thomas Romick, community.

The Prevention team at Townhall II and Karyn Hall at the Mental Health & Recovery Board are informing districts of our programming we offer free to the schools (funded by MHRB). We have added school districts and grade levels receiving the programming this year, and expect to schedule several more for spring2017.

*List of schools participating in Too Good for Drugs and/or Project Alert for 2016-2017:*

Crestwood: K Safetyland – Too Good for Drugs

Garfield: K & 3<sup>rd</sup> grade – Too Good for Drugs

Kent: 6<sup>th</sup> grade – Project Alert

Ravenna: K, 1, 3, 5 - Too Good for Drugs; 6<sup>th</sup> – Project Alert

Rootstown: 1<sup>st</sup> - Too Good for Drugs

Streetsboro: 3<sup>rd</sup> - Too Good for Drugs; 8<sup>th</sup> – Project Alert

Waterloo: K - Too Good for Drugs

*Family Programs with Townhall II:* Townhall II currently offers these programs for families.

Family Addiction Series: A 5 week free course to provide education and support for the family members and loved ones (adults and children) of individuals recovering from, or living with, addiction. Held at Townhall II in spring, summer, and fall.

Families First: A 6 week free course for families that focuses on appropriate parenting skill building such as positive discipline techniques, problem solving, self-esteem building, and understanding of child development, however there will also be an entire session devoted to substance abuse and misuse and the child groups will be doing the Too Good for Drugs after school curriculum each evening. The families will

engage in a free family dinner and family activity before the sessions begin to enforce family togetherness. The class was held in Aurora Craddock School in fall 2016 and will be held in Hiram during the spring 2017.

Upcoming events:

Hidden in Plain Sight, January 18 in Crestwood (hosted by Start Talking Portage)

Community Drug Awareness with Project Dawn Distribution, Feb 11 at NEOMED

**Action step: Implement and increase harm reduction initiatives (Karyn)**

Promoting the drug drop off locations: The committee divided up the pharmacies in Portage County and are dropping off our Prescription Medication Drop Off Boxes list and information cards. These cards should all be distributed by the end of January.

## CHIP Report

April 2017

### Karyn Hall – Mental Health & Recovery Board of Portage County

#### Priority #2 – Increase Mental Health Services

##### **Action Step: Increase awareness and accessibility of available mental health services (Karyn)**

Summary: Met with three school districts to review mental health programming & services. Provided training to Streetsboro School District Aides and to Streetsboro Fire Department Staff.

Community Presentations/Meetings/Trainings: Jan 2017 – Mar 2017

- Jan     Met with representative from Atwater Fire Department and gave Mental Health Services and Addiction Recovery services brochures
- Material distribution at Hidden in Plain Sight event in Mantua
- MHRB & all agencies presented information to the newly created case manager division at Job & Family Services
- Feb     Met with three groups of Kent State students working on projects focusing on suicide prevention
- Community Awareness Event – focused on substance abuse disorder but also highlighting mental health services
- Trained all shifts of Streetsboro Fire Department responders on mental health & addiction services
- Distributed materials at regional conference for school employees & parents (State Support Team Region 8)
- Met with James A Garfield School counselors to introduce Red Flags & strategies
- Met with Streetsboro Student Services Director to review mental health youth services & programs
- Trained Streetsboro Aides in mental health (3 part series)
- Mar     Distributed materials at Youth Leadership training – Portage County high school students
- Met with Aurora City Schools curriculum director about mental health & drug prevention programs
- Met with Windham High School principal and student group about mental health & drug prevention programs and services in Portage County

##### **Action Step: Expand Evidence-based programs and counseling services targeting youth & families (Karyn)**

Suicide Prevention & Youth Mental Health Education Committee met in February and reported on the information gathered from the school districts regarding their bullying policy/programs, suicide prevention, and drug prevention programs.

**Action Step: Provide Mental Health First Aid Trainings (Karyn)**

MHFA trainings: Coleman staff (March 22 & 29), 6 individuals trained  
Kathy Myers, another Coleman employee, was trained as a trainer for MHFA Youth  
Ashley Baden (MHFA trainer at Coleman) and Jeff Futo, police officer with Kent State Police met about upcoming MHFA for Public Safety class

**Priority #3 – Decrease Substance Abuse**

**Action Step: Implement and increase prevention programs (Karyn)**

Added a grade level to receive Too Good for Drugs in Streetsboro this (kindergarten)

Presented the drug prevention program information to the Aurora City Schools Curriculum director and Windham Middle/High School principal.

Sarah McCully, Townhall II, presented the need for more funding to add additional prevention personnel to the Sales & Use Tax Advisory committee. UH Portage Hospitals proposed a drug education program for the schools, *Brain Power* and *The Brain*.

Attended *Drug Free Clubs* Workshop

Townhall II is working with the City of Kent to hold a Youth Empowerment Summer Camp for children ages 10-14. It will include drug prevention and lifeskills.

**Action step: Implement and increase harm reduction initiatives (Karyn)**

The Prevention committee distributed cards listing the Medication Drop Off Box locations to all the pharmacies in Portage County. These cards and the Deterra Pouches were also highlighted at the February Community Awareness event in Rootstown to an audience of over 100 people.

## **Townhall II: Alcohol and Drug Prevention Program Report for April 12, 2017**

**Sarah McCully – Townhall II**

### **CHIP Priority #3 – Decrease Substance Abuse**

At the time of our semiannual report, which captured the time frame of July 1, 2016 through December 31, 2016, we served 2, 491 Portage County students with a combination of Too Good for Drugs (K – 5), Project Alert (6 – 8), and Life Skills (high school). Too Good for Drugs has served the majority of these students (1, 570), Project Alert has served 659 students and Life Skills has served 162 students. The grade level that is receiving the most requests is currently the 3<sup>rd</sup> grade. Kindergarten is the second most requested grade followed by middle school, 1<sup>st</sup> grade, and 5<sup>th</sup> grade. The 2<sup>nd</sup>, 4<sup>th</sup> and high school grades are receiving the least amounts of requests. These numbers also reflect 2 after school Too Good for Drugs programs that were done in Aurora during the Families First program.

The schools that have been served to date with classroom instruction include Kent, Ravenna, James A. Garfield, Rootstown, Waterloo, Streetsboro and Crestwood. Crestwood Kindergarteners received Too Good for Drugs for the first 2 weeks of school as part of their Safety Town education.

Schools on the schedule for May that are not listed above include Field Middle School and Mogador's 6<sup>th</sup> grade. We are continuing to serve Ravenna throughout the remainder of the school year as they have asked for nearly all of their grade levels to be served this year and we still have several elementary schools that we need to complete. We have new classes at Stanton, James A. Garfield and Streetsboro that will also be served this spring. April is a bit slower due to testing but May is packed with programming.

The guidance counselor at Katherine Thomas Elementary in Windham was to have individual teachers schedule Too Good with us this year. The teachers never scheduled, so Windham will not be served this year at the elementary level. Windham Middle School expressed some interest, so our specialists did reach out to the middle school personnel. It is possible that those students will receive Project Alert.

The Townhall II Youth Empowerment Summer Camp (TYES) is set to start June 5<sup>th</sup>. This camp is being held in conjunction with Kent Parks and Recreation and will be held at Davey Elementary School. This is an AoD Education and Life Skills summer camp that will serve pre-teens and teens 10-14 Years old. This will be a pilot run. The dates for the camp are June 5-July 21 from 7:45am-3:00pm. The program length is 6 weeks with approximately 3 field trips. The sessions are as follows:

Session 1: June 5-16, 2017- AoD Education (Project Alert)

Session 2: June 19-29, 2017 - Recreational Therapy (Students will learn from a Certified Recreational Therapist who will introduce them to gardening, journaling, scrapbooking, art, and other healthy alternatives to substance use)

Session 3: July 10-21, 2017 - Life-Skills Education (Students will learn how to interview for jobs as well as how to be a valuable employee. Students will also learn how to manage money and balance a check book.)