# PORTAGE COUNTY



Community Health
Improvement Plan
2020-2022

# Priority #1: Mental Health, Substance Use and Addiction

Strategy 1: Assess, develop, and provide mental health resources to youth and adults in Portage County.

**Goal:** Improve mental health outcomes.

<b>Objective:</b> By December 31, 2022, decrease the	ne percent of a	dults and youth fee	eling sad and hopeless by 2%.
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.  Provide baseline for number of youths being assessed in the schools for mental health concerns.  Develop awareness campaigns on counseling for depression and anxiety.  Explore how to reach adults to help relieve anxiety due to financial/job stress.  Access the County's supports for LGBTQ resources for youth, colleges, and adults.	December 31, 2020	Karyn Kravetz, Mental Health and Recovery Board	Karyn: Distributed Mental Health & Recovery Board rack cards to Akron Children's location in Ravenna. Also distributed local Portage mental health & addiction resources at Recovery Drive-thru events and at Kent's Coronavirus testing site. The Record Courier & Weekly Villager ran articles on stress during COVID and overdoses and suicide increasing this year. Several social media posts promoting the crisis phone and text lines. Children's Advantage and Coleman are working with school districts to offer mental health services in the schools and are utilizing Telehealth and face to face service delivery. Children's Advantage held 13 trainings for the staff at James A Garfield, Ravenna, and Streetsboro before the school year began on Staying Mentally Healthy during the Pandemic. Youth in foster care impacted by the opioid crisis participating in Kent State's First Star are being offered group sessions with their caregivers on relationship strengthening, effective communication, conflict resolution, social skills, and strategies to manage their stress and trauma by a Coleman counselor. (This is a new program.) Held a virtual Mental Health First Aid class free to the community. Two more classes will be held in October.
Year 2: Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

#### Strategy 2: Screening for Adverse Childhood Experiences (ACEs) using a standardized tool.

**Goal:** Improve behavioral health outcomes.

**Objective:** Implement ACEs screenings in five different Portage County locations by December 31, 2022.

and collect data on Portage County ACE outcomes.  Adopt a community-wide screening tool for ACEs and target the screening towards those who serve economically disadvantaged and/or minority populations.  Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.  Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.  Pilot the tool in at least one new entity.  Collect baseline data on the number of adults and counselors that have been trained in TIC.  Create a referral for all trauma specific service providers in the county.  Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual	Action Step	Timeline	Lead Contact/Agency	Progress
awareness event.  Hold one community awareness event on the prevention of traumatic experiences.	Care Collaboration will assess agencies, organizations, disciplines etc. who could benefit from implementation of the ACEs, provide training on ACEs implementation, and collect data on Portage County ACE outcomes.  Adopt a community-wide screening towards those who serve economically disadvantaged and/or minority populations.  Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.  Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.  Pilot the tool in at least one new entity.  Collect baseline data on the number of adults and counselors that have been trained in TIC.  Create a referral for all trauma specific service providers in the county.  Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual abuse, and violence through community awareness event.	31, 2020	Children's	continues to use the ACEs at diagnostic assessment and has also begun screening parents who we open as clients at The Family Center. This allows us to assess the intergenerational impact of trauma
Year 2: Continue efforts from year 1.December 31, 2021Year 3: Continue efforts from years 1 & 2.December 31, 2022	·	31, 2021 December		

**Strategy 3:** Screening for suicide for patients 12 or older using a standardized tool

**Goal:** Decrease suicide deaths.

**Objective:** Implement suicide screenings for patients 12 or older in five Portage County healthcare settings by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Introduce C-SSRS to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.  Train Portage County law enforcement in C-SSRS through four (4) regional trainings.  Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.  Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.	December 31, 2020	Bill Russell, Coleman Karyn Kravetz, Mental Health and Recovery Board	Karyn: Letter to the editor published in Record Courier and Weekly Villager on the importance of gun safety and suicide awareness in September for Suicide Prevention month.  All Board funded agencies (Children's Advantage, Coleman, Family & Community Services, and Townhall II) utilize the C-SSRS during assessment and as needed throughout client's care.  Created a C-SSRS training video to be released in October to the police departments.  Bill: Coleman is working internally-in a 5-year long grant-tasked with zero suicide programming. Getting ready to start year 3. Screening internally has changed to Columbia scale. Will be implemented November 1st.  Working on updating marketing materials and campaign.  Continue to offer mental health first aide training virtually.
<b>Year 2:</b> Evaluate and expand outcomes from year one.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		
Initiate conversations regarding the feasibility of integrating the screening tool into a system(s)-wide electronic medical record system.			

#### Strategy 4: Youth alcohol/other drug prevention and mental health programs

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, decrease youth usage of e-cigarettes, alcohol, and marijuana by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue evidence-based prevention programming for youth and expand as funding allows.  Advocate for youth mental health and alcohol/other drug prevention funding.  Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.  Increase training for adults who work with children (school staff, coaches, clergy, etc.).  Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).  Implement youth-led prevention projects.  Assess current vaping education services in Portage County.	December 31, 2020	Sarah McCully, Townhall II Karyn Kravetz, Mental Health and Recovery Board	Sarah: Townhall II decided to offer programs virtually in all schools. This will look different-taking time to get the programs up and running. Kent Streetsboro Garfield Aurora Southeast Rootstown Ravenna Too Good for Drugs and Project Alert: Starting with older kids first because of the curriculum.  Programs for kids who are caught smoking on grounds, etc. are being held virtually.  Karyn: MHRB exploring grants to expand prevention programs. Townhall II is conducting Marijuana and Vaping Education classes online as a prerecorded program free to all the school districts. We have had one student complete this training so far this year. The Youth-Led specialist is also in contact with the high school groups from the conference. The Board is exploring other grants to expand prevention offerings.
Year 2: Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

#### Strategy 5: Community-based comprehensive plan to reduce alcohol and drug abuse

**Goal:** Decrease substance use.

**Objective:** Decrease adult excessive drinking and risky behaviors and raise awareness of the harmfulness of marijuana and e-cigarettes to adults by 2%.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.  Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.  Assess current programs on AOD education for adults identified by healthcare providers as high-risk.  Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.	December 31, 2020	Karyn Kravetz, Mental Health and Recovery Board	Karyn: The Annual Conference is cancelled this year due to the pandemic. Instead, the Portage Substance Abuse Community Coalition we will be hosting different speakers and topics in the next several Coalition meetings and promoting the meetings to the community. Some of the topics we are trying to secure speakers for are marijuana risks, adult alcohol use & the pandemic, prevention basics and prevention in practice in Portage County, and a Portage County update.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

#### **Strategy 6:** Increase awareness and accessibility of treatment options for those with substance use disorder.

**Goal:** Decrease substance use.

**Objective:** By December 31, 2022, establish MAT resources and referrals systems in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collect baseline data on the number of Ohio jails that offer Medication Assisted Treatment (MAT) and at what capacity; including MAT upon release from jail.  Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.  Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.  Explore feasibility for continuing care programs in the schools and community.	December 31, 2020	Rob Young, Townhall II Karyn Kravetz, Mental Health and Recovery Board	Karyn: In July 2020 Children's Advantage had several staff trained in 7 Challenges for adolescent substance abuse treatment. All staff were trained on ASAM as well. Children's Advantage now offers AoD treatment to adolescents.  Al Barber: Is there data to see who/where people are being referred to treatment? Karyn: Over 50% of people in treatment come from those who have experienced an issue in law enforcement.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

#### **Strategy 7:** Safe Communities campaign

**Goal:** Reduce drinking and driving.

**Objective:** By December 31, 2022, host nine events per year focused on sober driving in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)  Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).	December 31, 2020	Lynette Blasiman, Safe Communities Coalition	Lynette via email: July-August- September: reached 1,028,867 people through media, activities and social media Collaborative social media messages: seat belts and Drive Sober or Get Pulled Over Kickoff O coalition meetings 1 Fatal Review Board meeting - July Media releases submitted 2 1 event: virtual fair – 5 locations  Becky: Coalition will begin meeting in person in November.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 2.	December 31, 2022		

#### **Strategy 8:** Tobacco-free policies

**Goal:** Decrease tobacco use.

**Objective:** By December 31, 2022, implement tobacco-free policies in at least three Portage County multi-unit housing units and at least one school.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collect baseline data on which organizations, multi-unit housing facilities, schools parks, and other businesses currently have tobacco-free policies.  Provide education to residents to assist with the transition of the multi-unit housing complexes to a tobacco-free policy.	December 31, 2020		Mike: Working to compile info status of tobacco free policies with businesses in Kent.  Focusing on at-risk housing complexes in Kent and throughout Portage County.
Year 2: Begin efforts to adopt tobacco-free policy in parks, fairgrounds, schools and other public locations.  Implement a 100% tobacco-free policy in at least 1 Portage County School District.	December 31, 2021	Mike Anguilano, Kent City Health Department	
<b>Year 3:</b> Continue efforts of years 1 and 2. Target 2 additional multi-unit housing complexes and additional school districts to adopt a tobacco-free housing policy.	December 31, 2022		

## Strategy 9: Links to cessation support

**Goal:** Decrease tobacco use.

**Objective:** By December 31, 2022, increase participation in tobacco cessation program(s) by 15%.

<b>Objective:</b> By December 31, 2022, Increase p	articipation in	tobacco cessation p	logiani(s) by 1576.
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.  Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc  Increase participation in the tobacco cessation programs by 7% from baseline.  Increase percentage of participants who enroll and attend the first class.  Increase percentage of participants who attend the first class and complete the full 5-week cycle.  Investigate barriers to nicotine replacement therapy access.	December 31, 2020	Mike Anguilano, Kent City Health Department Ali Mitchell, Portage County Health District UH Portage Medical Center	Mike: My Life, My Quit-working with nurse at Kent Roosevelt with this program.  Working on a point of sale policy at licensed retailers-offers cessation resources.  Karyn: Townhall II is offering classes for free to schools on vaping and marijuana.  Tobacco cessation is a topic that may have grant funds.  Clayton: PARTA is tobacco free for many years for passengers. Not supposed to have smoking at bus stops, Kent Gateway. Looking at no smoking at main campus as well.  No vaping on buses either.  Mike asked if there are resources available for employees to quit.  Clayton stated now the employees are pushed through the EAP program.
<b>Year 2:</b> Continue efforts of year 1. Look for opportunities to reduce out of pocket costs for cessation therapies. Ensure any new tobacco cessation programs are promoted.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

#### Strategy 10: Data sharing

**Goal:** Increase data sharing among Portage County organizations.

**Objective:** By December 31, 2022., create and implement a written plan that addresses data sharing for coordination and continuity of care among Portage County agencies.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.	December 31, 2020		Karyn/Bill: No movement on this strategy. Bill is looking for an individual to fill this role.
Aggregate data sharing is useful at the micro and macro level. At the micro level, providers need this information to effectively plan and implement care, especially in transitions from agency to agency, or level of care to the next. At the macro level, officials and administrators can use this data to make population health-level decisions about program effectiveness, risk areas, gaps in care. This information can also be helpful in requesting funding or making new collaboration decisions.		John Garrity, Mental Health and Recovery Board Bill Russell, Coleman	
Year 2: Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

# Priority #2: Chronic Disease

**Strategy 1:** Food insecurity screening and referral

**Goal:** Reduce food insecurity.

**Objective:** Implement a food insecurity screening and referral in at least three additional Portage County locations by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Research the 2-item Food Insecurity (FI) Screening Tool, or another screening tool, and determine the feasibility of implementing the food insecurity screening and referral program in another location.  Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral. Address food insecurity as part of routine medical visits on an individual and systems- based level.  Inform participating locations on existing community resources and referral options such as 2-1-1, WIC, SNAP, school nutrition programs, food pantries, and other resources.  Implement the screening tool in at least one additional location with accompanying referral options and evaluation measures. Target screenings towards those who live in or serve economically disadvantaged populations.  SOAR will screen patients to identify needs; follow-up resources are provided and tracked.	December 31, 2020	UH Portage Medical Center Janet Raber and Lacy Madison, NEOMED SOAR	Janet: SOAR has a social Determinants of Health team to help with food insecurity.  Mindy: Food for Life program- medical staff made a gift of \$60,000. Participating starting the program in December. Physician groups that have been identified will ask screening questions. If a person answers yes to food insecurity, then they will receive a referral. Can provide food for a family for 4. This is to manage chronic disease and provide nutritious food. Would like to expand in the next few years. Looking at grants for sustainability. Most of the food comes from the Akron Food Bank.  Food insecurity questions were added to the EMR.  Amy: WIC recently changed the screening forms and added food insecurity questions. Surprised how many people they are referring to food pantries.  Joe: Is there mapping of the food desert areas and areas of the highest food insecurities? Maureen will see if 211 has maps of food pantries.  Is anyone looking at the status of food pantries with COVID-19?  Maureen: United Way is working with all food pantries. Have a COVID response fund-helped PC food pantry apply for up to \$1000 at a time. Most are applying monthly. They are seeing an increase due to job loss and kids home from school.

		Center of Hope and Salvation Ari moved to drive thru model. Cent of Hope is providing boxed meal There are an abundance of resou available through 211-food, hous utilities are highest topics.  Mindy: Works with KSU on community gardens. The HEAL g is a comprehensive and current listing of resources available in Portage County.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021	
<b>Year 3:</b> Continue efforts from years 1 and 2	December 31, 2022	

## Strategy 2: Nutrition prescriptions

**Goal:** Increase fruit and vegetable consumption.

Objective: Implement nutrition prescription program in Portage County by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Research nutrition prescription programs and determine the feasibility of implementing them in local health care organizations.  Explore the feasibility of creating a food pharmacy program that accepts nutrition prescriptions.	December 31, 2020	Stephanie Schulda, AxessPointe Janet Raber, NEOMED SOAR	Janet: No updates due to COVID-19.  Sarah: Food is Medicine program at Akron/Arlington location. Changing it to a food pantry to be open one Saturday per month. Looking at adding it to the Barberton location.  Next project will be in Portage County to include food is medicine program.  Will review how they are impacting the patients/clients. Food pantry will allow for fresh fruits/vegetables and meats.  Started working with Crown Point for donations of fresh vegetables. \ Working with Akron U to include recipe cards, etc.  Provides enough food for the entire family.  Amy: Windham will have a Dollar General that will provide fresh fruits and vegetables.
Year 2: Explore funding opportunities for integrating nutrition prescription programs into primary care venues, such as hospital clinics and FQHCs.  Partner with local farmers markets and discuss the possibility of redeeming nutrition prescriptions at participating markets.  Continue efforts from year 1.  Year 3: Continue efforts from years 1 and 2.  Implement nutrition prescription program in Portage County.	December 31, 2021 December 31, 2022		

#### **Strategy 3:** Healthy eating practices through fostering self-efficacy

**Goal:** Increase fruit and vegetable consumption.

**Objective:** By December 31, 2022, at least one Cooking Matters class (per quarter) will be implemented in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement the Share Our Strength's Cooking Matters program through the Kent State University Nutrition Outreach Program.  Work with at least one new organization, such as a school, senior center, or community center, to pilot an additional 6-week course of the Cooking Matters program. Offer the program to adults, youth, and families.  Begin to implement Healthy MunchBunch in Portage County Schools with at least one new school to participate in the program. Healthy MunchBunch is a lunch time fruit and vegetable education program to increase fruits and vegetable consumption. Program will be measured by the change in fruit and vegetable consumption before and after program initiation.  Measure knowledge gained through evaluations.  Search for grants and funding opportunities to support efforts.	December 31, 2020	Natalie Caine- Bish, Kent State University Nutrition Outreach	Natalie via email: KSU is still doing the MightyPack program on a very limited basis. KSU are completing a second round of weight management telehealth clients now. KSU will be offering a diabetes telehealth program in January along with weight management.
Year 2: Continue efforts to implement at least one Cooking Matters class per quarter.  Utilizing the Cooking Matters at the Store framework, conduct quarterly grocery store tours by a Registered Dietitian or Health Educator in grocery stores throughout the county.  Measure knowledge gained through evaluations.  Measure knowledge gained through evaluations.  Continue to increase the number of schools each quarter participating in Healthy MunchBunch Programming.  Continued work on finding grants and funding opportunities to support efforts.	December 31, 2021	Program	
<b>Year 3:</b> Continue efforts from years 1 and 2.  Measure knowledge gained through evaluations	December 31, 2022		

# Strategy 4: Prediabetes screening and referral

**Goal:** Prevent diabetes in adults.

**Objective:** By December 31, 2022, increase the number of prediabetes screenings by 15%.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Establish baseline for prediabetes screenings conducted in Portage County.  Raise awareness of prediabetes screening, identification and referral through dissemination of the Prediabetes Risk Assessment.  Promote free/reduced cost screening events within the county.	December 31, 2020	Stephanie Schulda, AxessPointe Janet Raber, NEOMED SOAR UH Portage Medical Center	Janet: SOAR involved in a diabetes collaborative. Women 18-34 who have had gestational diabetes. Providing glucose meters to diabetic patients along with BP monitors. There is a patient education team to ensure monitors are being used correctly-helping with selfmanagement of disease.  Sarah, AxessPointe: Looking at diabetes patients through a HRSA grant. Data is being collected.  Mindy: Classes being held virtually through Ahuja Medical.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

#### **Strategy 5:** Hypertension screening and follow up

Goal: Promote hypertension management in adults.

**Objective:** By December 31, 2022, increase hypertension medication adherence by to 85%.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Gather data on hypertension management interventions currently used in Portage County.  Research barriers to medication adherence and best practices for hypertension management.  Increase patient/community education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.	December 31, 2020	UH Portage Medical Center	Janet: SOAR are using the target BP from American Heart Association. Following the guidelines for home monitoring. Sending out free BP monitors. They have a patient education team to help with getting an accurate BP. One of the medical students is a registered dietician and setting up visits.  Mindy: Not able to provide in person education. Provides the opportunity to provide a machine through the pharmacy. Offers one-on-one education as needed.
<b>Year 2:</b> Continue efforts from year 1. Increase awareness of hypertension screening, treatment, and follow up.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2.	December 31, 2022		

#### **Strategy 6:** Increase awareness of nutrition/physical activity resources

**Goal:** Decrease obesity.

**Objective:** By December 31, 2022, increase the number of Portage County providers utilizing the resource guide by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<ul> <li>Year 1: Continue to offer nutrition/physical activity resources to physicians and develop a local community resource for physician use when referring their patients. Include items such as cost and transportation options in the guide.</li> <li>Establish a list/network of Portage County healthcare providers and organizations that would benefit from having a healthy eating, activity living (HEAL) resource guide.</li> <li>Develop a marketing plan for the HEAL guide.</li> <li>Develop and implement a sustainability plan to keep resources updated.</li> </ul>	December 31, 2020	Amy Lee, NEOMED	Amy Lee via email: MPH student spring class generated a listing of healthcare providers that would benefit from having a HEAL resource guide. A summer fellow medical student, Sophie Bell, contacted the providers to see if they wanted the guide electronically or hard copy. She also developed signage for offices. She collaborated with Mindy Gusz so that UH facilities could access the same resources. The HEAL guide is posted on the website at <a href="https://www.co.portage.oh.us/sites/g/files/vyhlif3706/f/pages/final_complete_heal_guide_7_23_2020.pdf">https://www.co.portage.oh.us/sites/g/files/vyhlif3706/f/pages/final_complete_heal_guide_7_23_2020.pdf</a> Mindy: HEAL guide was distributed to UH physicians and community agencies.
<b>Year 2:</b> Continue efforts of year 1, including marketing and sustaining the guide. Implement the marketing plan so that at least 50% of the providers/organizations on the list are notified and have received information on the guide.	December 31, 2021		
<b>Year 3:</b> Continue efforts of years 1 and 2, including marketing and sustaining the guide. Increase the number of stakeholders receiving information on the guide to 80%.	December 31, 2022		

#### Strategy 7: Prescriptions for health

**Goal:** Increase participation and active engagement with parks and programs.

**Objective:** By December 31, 2022, increase participation in the Parks Rx program by 13% from the baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement the Parks Rx program in Portage County.  Increase participation among mental health and addiction communities. Increase participation by 3% from baseline.	December 31, 2020	Andrea Metzler, Portage Park District	Andrea via email: Update – Trail Lake Park in Streetsboro is coming right along and slated to open in late late October. Will have more information in the next week or so. We will continue park rx as we are able – it's going to be REALLY important this fall/winter for mental and physical health.  Al Barber: Utilization of Portage Parks has increased.  Andrea via email: Park District is reporting that the trail ambassadors are seeing numbers that are double or triple typical usage. Summary is in the notes section.
<b>Year 2:</b> Continue to monitor participation, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 8% from baseline.	December 31, 2021		
<b>Year 3:</b> Continue efforts, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 13% from baseline.	December 31, 2022		

## **Strategy 8:** Community gardens

**Goal:** Increase fruit and vegetable accessibility.

**Objective:** By December 31, 2022, maintain four community gardens in Portage County prioritizing food deserts.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Obtain baseline data regarding how many school districts, churches, and other community organizations currently have community gardens and where they are located, such as the Windham garden.  Identify need for additional community gardens, focusing on food desert areas, and secure volunteers and/or Master Gardeners (ex: potential partnership with OSU Extension).	December 31, 2020		Al Barber (Master Gardener): Food Forrest at the Windham Renaissance Community Center. Post pandemic will be to establish a program with the elementary school-start at garden club in Windham. Also would like to start an adult garden club in Windham as well.  Another project is the Let's Grow Together in KentWorking on starting a garden at The Haven in Ravenna.  Mindy: Had a successful garden in Windham and provided produce to the free lunch program and food bank.
Year 2: Research grants and funding opportunities to increase the number of community gardens. Develop a sustainability plan to maintain existing and future community gardens year-round.  Market current and future community gardens within the county (i.e. location, offerings, etc.). Update the marketing information on an annual basis.  Implement 1 new community garden.	December 31, 2021	Medical Center	
Year 3: Continue efforts from year 2. Implement 1 new community gardens.  Explore partnership opportunities to educate community members and families on gardening and healthy eating practices.	December 31, 2022		

Strategy 9: Shared use (joint use agreements)

Goal: Increase physical activity.

Objective: Implement at least three shared-use agreements by December 31, 2022.

<b>Objective:</b> Implement a	teast three	snared-use agreen	nents by December 31, 2022.
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collect baseline data on how many Portage County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.).  Create an inventory of known organizations that possess physical activity equipment, space, and other resources.	December 31, 2020		Amy Lee via email: An MPH student spring class generated a listing of organizations (58 schools, 112 churches, 49 businesses, and 192 other sports-related facilities) that might have facilities that they might share. These facilities were linked to a map with PARTA stops  https://www.google.com/maps/d/viewer?mid=151K6 CpTB3-AXvHAAVyRbcDlc7VXY-SR&ouid=0≪=41.2225542474853%2C-81.405096684375&z=9 . A summer fellow medical student, Sophie Bell, found examples of shared use agreements for Portage County Health District to review. She generated a template of questions to ask the facilities, but without an example of a shared use agreement, she did not contact the facilities on the list.  Becky: The program has been stalled due to COVID-19.
Year 2: Collaborate with local organizations to create a proposal for a shared-use agreement.  Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters.	December 31, 2021	Amy Lee, NEOMED	
Year 3: Continue efforts from years 1 and 2.	December 31, 2022		
Implement at least 2 additional shared-use agreements for community use in Portage County.			

#### **Strategy 10:** Community fitness programs

**Goal:** Increase physical activity.

**Objective:** By December 31, 2022, increase participation in organized physical activities by 15% from baseline.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Continue to offer organized physical activities to adults, youth, and children. Obtain baseline data on the type, amount, and locations of organized physical activities in the county, and how many people participate.	December 31, 2020		Jackie via email: No updates
Identify the need for additional organized physical activities in specific locations.  Target underserved areas of the county.		Jackie	
Increase participation in community fitness programs by 3% from baseline.		Smallridge, Sequoia	
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021	Wellness	
Implement additional organized physical activities. Target underserved areas of the county.	3 1, 202 1		
Increase participation in community fitness programs by 3% from year 1 baseline.			
<b>Year 3:</b> Continue efforts from years 1 and 2. Increase participation in community fitness programs by 3% from year 2 baseline.	December 31, 2022		

# Priority #3: Maternal, Infant, and Child Health

#### **Strategy 1:** Reproductive health interventions

**Goal:** Increase sustainability of women's reproductive health and wellness services.

**Objective:** By December 31, 2022, implement a women's reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible residents.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Implement activities to support infrastructure and sustainability of a women's reproductive health and wellness program. Activities to include insurance of billing infrastructure, Medicaid enrollment, direct health care services (family planning and prevention services, STI testing, pregnancy testing, and referrals).	December 31, 2020	Rosemary Ferraro, Portage County Health District Stephanie Schulda, AxessPointe	Stephanie: AxessPointe is moving on increasing access to Title 10 patients. Have had some women health clinics even during COVID. Scheduled the end of 2020 and 2021 420 Title 10 patients since the start of the program. Telehealth is being provided. Also scheduling in person appointments.  Still working on a platform on the EMR that will bridge reporting. This will allow AxessPointe to see additional patients.  Janet: SOAR is encouraging mammograms.
<b>Year 2:</b> Continue efforts from year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

#### **Strategy 2:** Home visiting programs that begin prenatally

Goal: Improve pregnancy and birth outcomes.

**Objective:** By December 31, 2022, implement a prenatal/postpartum home visiting program to reduce preterm birth, low birth weight, and infant mortality.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with local agencies and health care organizations to develop a home visiting program in Portage County that provides support to pregnant mothers to achieve healthier pregnancies and births and stronger child development to ensure babies reach their first birthdays.	December 31, 2020	Rosemary Ferraro, Portage County	Rose: On hold due to COVID.
<b>Year 2:</b> Continue efforts from year 1. Work with local agencies to identify and enroll pregnant women into the program.	December 31, 2021	Health District	
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

#### **Strategy 3:** Increase enrollment in WIC program

**Goal:** Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants and children.

**Objective:** By December 31, 2022, increase WIC enrollment by 20%.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Conduct an assessment on WIC enrollment in the past 10 years and identify barriers to enrollment.  Determine strategies to increase awareness and accessibility of WIC.	December 31, 2020	Amy Cooper,	Amy: Services are being offered curbside. Push in August with the birth center. Would like to continue and increase collaboration. Provided outreach flyer to food banks, etc. Numbers are down but working to improve the numbers.
<b>Year 2:</b> Continue efforts from year 1.  Implement strategies to increase awareness and accessibility of WIC.	December 31, 2021	WIC	·
<b>Year 3:</b> Continue efforts from years 1 and 2.	December 31, 2022		

**Strategy 4**: Provide referrals/resources to all patients on health insurance access to ensure reproductive health

**Goal:** Improve birth outcomes.

Objective: By December 31, 2022, increase number of client referrals by 25%.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1:</b> Work with community health workers	December		Stephanie: Continuing to provide
(CHWs), home visitors, or patient navigators	31, 2020		referrals. They have CACs that
to connect women of childbearing age to			contact patients that don't have
health insurance, resources, and a medical			insurance to see if they qualify for
home.		Stephanie	Medicaid. The reproductive health
		Schulda,	appointments are covered by Title
Identify and mitigate barriers to care.		Cinnamon	10 funding, even if they don't have
		Young, and	insurance.
Establish baseline for client referrals		Sara Russo,	
<b>Year 2:</b> Increase efforts from year 1.	December	AxessPointe	
	31, 2021		
Increase client referrals by 25%.			
<b>Year 3:</b> Increase efforts from years 1 and 2.	December 31, 2022		

**Goal:** Reduce child injury.

<b>Objective:</b> By December 31, 2022, create and implement a plan with targeted activities for the Safe Kids coalition.					
Action Step	Timeline	Lead Contact/Agency	Progress		
Year 1: Continue to implement the Safe Kids coalition.  Work with coalition members to create a plan to guide coalition planning, outreach and activities. Include strategies such as Safe Route to School, Child Passenger Safety, Safe Sleep, etc.	December 31, 2020	Ali Mitchell, Portage County	Becky: Car seat and pack n' play programs are being offered curbside.		
<b>Year 2:</b> Continue efforts from year 1. Implement strategies from the Safe Kids Coalition plan	December 31, 2021	Health District			
<b>Year 3:</b> Continue efforts from years 1 and 2. Implement strategies from the Safe Kids Coalition plan.	December 31, 2022				

# Cross-Cutting Strategies (Strategies that Address Multiple Priorities)

## **Cross-Cutting Factor: Social Determinants of Health**

Cross-Cutting Factor: Social Determinants of Health

**Strategy 1:** Home improvement loans and grants

**Goal:** Decrease severe housing problems.

**Objective:** By December 31, 2022, increase the number residents obtaining home improvement loans or grants by 5%

5%.			
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Work with the Portage County Home Improvement Program to collect baseline data on the number of home improvement loans and grant opportunities available to Portage County residents, including local, state, and federal loans or grants.	December 31, 2020	Brad Cromes, Portage County Treasurer	Brad: The Home Improvement Program remains in a winding- down phase. As I mentioned previously, the current interest rate environment is such that a rate- reduction program is of limited utility (though our program would provide access to capital for a small portion of the public who might not otherwise have it). Funds remain available for borrowing (about \$150,000), but we are not renewing the underlying CDs as they mature (meaning new funds are not being made available). It remains my hope to launch a new version of this program as soon as possible, closely modeled on and complimentary of state-level linked deposit programs offered by the Treasurer of the State of Ohio.
Year 2: Create a marketing plan to promote the housing program to Portage County residents, targeting economically disadvantaged communities. Provide technical assistance to residents throughout the process of procuring a home improvement loan or grant.  Work with the Portage County Home Improvement Program to collect baseline data on the number residents obtaining home improvement loans or grants.	December 31, 2021		
<b>Year 3:</b> Continue efforts from years 1 and 2. Increase the number residents obtaining home improvement loans or grants by 5%.	December 31, 2022		

#### **Cross-Cutting Factor:** Social Determinants of Health ♥

Strategy 2: Service-enriched housing

**Goal:** Increase economic self-sufficiency.

**Objective:** By December 31, 2022, increase PMHA client's ability to support their economic independence and stability.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Work with local service providers, partner agencies and other community resources to provide support to public housing residents to achieve economic independence and stability through education, employment, and financial literacy programs.  Assist public housing residents to address barriers with access to internet, transportation, and child care services.  Serve 50 public housing residents with connection to self-sufficiency goals.	December 31, 2020	Carolyn Budd and Sabrina Moss, Portage	Carolyn via email: 199 public housing residents were served this past quarter. See notes for breakdown of services provided.
Year 2: Continue efforts from year 1.  Serve and additional 25 public housing residents with connection to self-sufficiency goals.	December 31, 2021	Housing Authority	
Year 3: Continue efforts from years 1 and 2.  Serve and additional 25 public housing residents with connection to self-sufficiency goals.	December 31, 2022		

#### Cross-Cutting Factor: Social Determinants of Health

**Strategy 3:** Outreach to increase financial stability through free tax preparation services.

**Goal:** Decrease poverty.

**Objective:** By December 31, 2022, increase use of free tax preparation services available to Portage County residents.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Collaborate with county agencies, such as United Way, to increase awareness about the myfreetaxes.com program and how it can reduce the tax burden for low-to-moderate income working people, and who is eligible.	December 31, 2020	Maureen Gebhardt and Bill Childers, United Way	Maureen: Tax information-collaborating with county agencies. They are increasing awareness of the tax program until July 15 <sup>th</sup> . 211Portage.org is user friendly and has an abundance of information on taxes and tax prep. 211 is collaborating with multiple programs. Reach out to Maureen via email for support.
<b>Year 2:</b> Continue efforts from year 1. Implement awareness strategies identified in Year 1.	December 31, 2021		
<b>Year 3:</b> Continue efforts from year 1 and year 2.	December 31, 2022		

# Cross-Cutting Factor: Social Determinants of Health

Strategy 4: Financial literacy

**Goal:** Decrease poverty.

**Objective:** By December 31, 2022, offer multiple financial literacy classes throughout the year in Portage County.

Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement financial literacy classes in Portage County.  Expand the frequency of the classes and offer them annually. Target economically disadvantaged populations and schools.  Provide Bridges Out of Poverty to 2 community agencies who serve individuals/families who live in households at or below poverty level.  Provide 1 session of the Getting Ahead program to adult clients through the Children's Advantage Family Center.  Provide 1 session1 of the R-Rules program through the Children's Advantage Family Center and in Portage County schools.	December 31, 2020	Brad Cromes, Portage County Treasurer Nicole Thomas, Children's Advantage	Brad: The Financial Wellness Fair will be moving forward this year in a virtual only format. They will be also expanding it from a single morning to a full week of activities, November 16-20. At 10am, 2pm, and 6pm daily, with Brad's office posting videos (in some cases live videos) to their Facebook page (and in some cases, the County's YouTube channel). Additional info can be found at <a href="https://www.facebook.com/events/335102281107621">www.facebook.com/events/335102281107621</a> .  Karyn: Children's Advantage is starting programming in October-Getting Ahead and R Rules. Maureen-these are programs that United Way has provided funding for. One is focused on children aging out of the system- self-sustaining resources. The other one is for young families. Part of bridges out of poverty.
Year 2: Continue efforts from year 1.	December 31, 2021		
<b>Year 3</b> : Continue efforts from years 1 and 2	December 31, 2022		

#### Cross-Cutting Factor: Social Determinants of Health

**Strategy 5:** Increase transportation through a county transportation plan.

**Goal:** Increase access to transportation.

**Objective:** By December 31, 2022, create a strategic plan to address transportation needs.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1</b> : Work with members of the Access to Care Coalition to review the 2018 transportation assessment and identify themes, needs and barriers.	December 31, 2020		No updates provided.
<b>Year 2:</b> Continue efforts from year 1. Work with members of the Access to Care Coalition to create a strategic plan to address transportation needs, as well as lack of awareness of current transportation opportunities.	December 31, 2021	Mandy Berardinelli, Ohio Means Jobs	
<b>Year 3</b> : Continue efforts from year 2. Implement strategies from the strategic plan and conduct another transportation assessment.	December 31, 2022		

# **Cross-Cutting Factor: Healthcare System and Access**

**Year 3**: Continue efforts from years 1 and 2.

Cross-Cutting Factor: Healthcare System and	d Access 🛡		
Strategy 1: School-based health centers (SBF	łC) 🜹		
Goal: Increase access to health care.			
Objective: By December 31, 2022, pilot a SBF	HC in at least or	ne Portage County so	chool district.
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Research school-based health centers (SBHC) and explore the feasibility of implementing one in Portage County.	December 31, 2020	Randy Griffith, Maplewood	Randy via email: The Clinic at Maplewood opened on October 1, 2020. There is a pediatrician and a OBGYN that visit weekly. There are currently 5 students participating.
<b>Year 2:</b> Pilot a school-based health center within at least one school in Portage County.	December 31, 2021	Career Center	

December 31, 2022

#### **Cross-Cutting Factor:** Healthcare System and Access ♥

**Strategy 2:** Health transportation outreach

**Goal:** Increase access to transportation.

**Objective:** By December 31, 2022, expand transportation training to organizations serving Portage County residents.

residents.			
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue collaborating for annual all-day health transportation training to local organizations.  Collaborate to create condensed version of annual training to increase staff trained.	December 31, 2020	Clayton Popik, PARTA  Christine Herra, Job and Family Services  Karen Towne, Portage County Health District	Clayton-Discussion during Chronic Disease Priority updates: Food sources are always a priority for PARTA. Works to ensure neighborhoods are linked to the grocery stores. Worked on Windham to link them to Garrettsville and Hiram for access to food. Kent has a grocery store at both ends of town-PARTA links to both ends of town.  Al: Are there any bus stops at parks? Clayton: Marketing out there for routes that go past parks. Bikes can be put on the bus for transport to a park/trail. All buses have bike racks. Suggestion: collaboration between PARTA and Portage Parks to promote bussing to parks and bike availability.  Clayton: No fixed route to Rootstown at this time. Door to door shard ride is available. Book ride 1-3 days ahead of time.  Carlell is a resource to help get transportation. He is starting to provide one to one trainings and organization trainings. PARTA usage is coming back up. Sitting at about 50% down. PARTA put their drivers on weekly furloughs to protect them from COVID.
<b>Year 2:</b> Pilot condensed training to 3 organizations.	December 31, 2021		
Year 3: Expand efforts from year 2.	December 31, 2022		

# Cross-Cutting Factor: Healthcare System and Access

**Strategy 3:** Health insurance enrollment and outreach

**Goal:** Increase health insurance enrollment.

**Objective:** Enroll 15% of identified uninsured residents into a health insurance option by December 31, 2022.

Action Step	Timeline	Lead Contact/Agency	Progress
<b>Year 1</b> : Coordinate with community agencies to identify uninsured residents.	December 31, 2020		No updates provided.
Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicare, Medicaid, or another health insurance option.		Stephanie Schulda/	
Enroll 5% of identified uninsured residents into a health insurance option.		Cinnamon	
<b>Year 2:</b> Continue efforts from year 1. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2021	Young, AxessPointe	
<b>Year 3</b> : Continue efforts from years 1 and 2. Enroll an additional 5% of identified uninsured residents into a health insurance option.	December 31, 2022		

#### **Cross-Cutting Factor:** Healthcare System and Access ♥

**Strategy 4:** Expand SOAR Student-Run Free Clinic

**Goal:** Increase access to health care.

**Objective:** December 31, 2022, increase the number of days the SOAR Free Clinic is open to a total of six (6) days per month.

per month.			
Action Step	Timeline	Lead Contact/Agency	Progress
Year 1: Continue to implement the SOAR Free Clinic. Expand hours of the SOAR clinic from three to four Saturdays each month.  Promote health services of SOAR in underserved communities.	December 31, 2020		Janet: SOAR clinic went through mental health first aid training with med students and staff. Working with Ashley from Coleman-she continues to enhance the behavioral health aspect of the clinic. She is available at every clinic and does follow up calls and offers continuing counseling. Looking at implementing SUD and MAT programming by first of the year.  Karyn: Dr. Wilton from NEOMED – MAT possibilities at SOAR Clinic reached out to MHRB.
Year 2: Continue efforts of year 1. Expand services with integration of Behavioral Health Counseling from Coleman at the clinics.  Expand Social Determinants of Health screening and referral and tracking.  Investigate the feasibility of Telemedicine.  Investigate the feasibility of EMR.  Add Physician Assistant Students from University of Mount Union to participate in clinic visits.	December 31, 2021	Janet Raber and Lacy Madison, SOAR	
Year 3: Continue efforts of years 1 and 2.  Purchase equipment, develop curriculum/training and pilot Telemedicine at SOAR  Provide specialty clinic days, once a month  Develop a referral base for diagnostics and specialties at free or reduced cost.	December 31, 2022		

# **Cross-Cutting Factor: Health Equity**

Cross-Cutting Factor: Health Equity

Strategy 1: Implicit bias training

**Goal:** Decrease discrimination.

Objective: By December 31, 2022, implement at least one implicit bias training per quarter

Action Step	Timeline	Lead Contact/Agency	Progress			
Year 1: Work with local stakeholders to create a formal implicit bias training detailing the association between implicit bias and inequity.  Pilot the training in one location, such as a school, church, healthcare organization, local business or social service agency. Evaluate the training and make necessary changes.	December 31, 2020	Mike Thompson, Family and Community Services	Mike Anguilano: Health Equity is an addition to the tobacco grant. Need to partner with another agency that deals with tobacco. To collaborate in regard to tobacco and e-cig use.  Karyn: Minority Health: MHRB has started a committee on minority outreach. Surveying counselors on how many minority clients have been served. Looking at trainings as well.			
<b>Year 2:</b> Continue efforts from year 1. Implement the training at least once per quarter.	December 31, 2021					
<b>Year 3</b> : Continue efforts from years 1 and 2. Implement the training at least once per quarter.	December 31, 2022					

	RESIDENTS SERVED (By Quarter & Service Category)							
SERVICE CATEGORIES	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTER 2, 3, & 4 (Grand To for the Ye				
Food Assistance (general needs)	15	17	57					
Food Assistance (COVID-19 related needs)	39	39	39					
MighyPack Program weekend food (for youth)	26	26	26					
Youth homework assistance & literacy	9	13	15					
Passages program referrals	7	7	7					
Transportation assistance or referrals	3	9	14					
Health informational meeting attendees	18	18	18					
GED/HSE Services	4	4	4					
Utilities assistance	1	1	1					
Clothing assistance	1	1	1					
Household goods assistance	1	1	1					
Housing retention services	1	1	1					
Household cleaning/sanitizing supplies (COVID-19)	0	41	59					
Household masks & hand sanitizer distribution	0	180	206					
Homeownership service referrals	0	1	1					
Imagination Library referrals	0	1	1					
Small business resources referral	0	1	1					
Summer Food Service Programs (SFSP) for youth	0	126	126					
Innovation Food Service Program for elderly	0	17	17					
Childcare referrals	0	4	4					
Financial literacy assistance	0	0	1					
Health & wellness activities for elderly/disabled	0	0	70					
Akron Children's Hospital safety & fun kit distribution	0	0	66					
School supplies & backpacks distribution	0	0	23					
Good neighbor meeting attendees (adults)	0	0	18					
	QUARTER 1	QUARTER 1 + QUARTER 2	QUARTER 1 + QUARTER 2 + QUARTER 3	QUARTER 2, 3, & 4 (Grand To for the Ye				

66

180

199

**Unduplicated Residents Served\*\*** 

<sup>\*</sup> Many households receive ongoing assistance over the course of the year. Due to this, the "Total Residents Served" in each quarter is a compounding number, and Quarter 4 will reflect the grand total number of unduplicated residents served in each service category for the entire year.

\*\* Many household have received a variety of services, under more than one service category. Therefore, the "Unduplicated Resdients Served" row is **not** a sum of each column.

Portage Parks (October numbers are not complete at the time of reporting).

Master Summary
Download as X Excel CSV

Year	Site	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov Dec	ADT <sup>†</sup>	ADT <sup>†</sup> x365	Days with data
2020	HWT RT700						4,710*	4,152	4,782	3,420*			143.971	52,693	68
	Lake Rockwell trailhead						10,905*	10,621	10,921	9,415	8,825*		331.303	121,257	109
	Towner's Woods entrance						5,910*	4,956	5,510	5,918	7,476*		186.303	68,187	109

ADT<sup>†</sup> = Average Daily Traffic

<sup>\* =</sup> based upon that month's ADT Learn more Indicates months with less than 6 days of data.