

PORTAGE COUNTY



Community Health Improvement Plan 2020-2022

Priority #1: Mental Health, Substance Use and Addiction

Strategy 1: Assess, develop, and provide mental health resources to youth and adults in Portage County.

Goal: Improve mental health outcomes.

Objective: By December 31, 2022, decrease the percent of adults and youth feeling sad and hopeless by 2%.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Provide baseline for number of youths being assessed in the schools for mental health concerns.</p> <p>Develop awareness campaigns on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ resources for youth, colleges, and adults.</p> | December 31, 2020 | | |
| <p>Year 2: Work with primary care providers and office staff to assess what information and/or materials they are lacking to provide better care for patients with mental health issues.</p> <p>Increase number of youths being assessed in the schools for mental health issues.</p> <p>Develop awareness campaign on counseling for depression and anxiety.</p> <p>Explore how to reach adults to help relieve anxiety due to financial/job stress.</p> <p>Access the County's supports for LGBTQ+ resources for youth, colleges, and adults.</p> <p>Identify current programs for addressing mental health in Portage County and increase distribution of information on those programs through a resource guide.</p> <p>Inclusion of behavioral health counselors in SOAR clinic. Behavioral health screenings conducted at every appointment.</p> | December 31, 2021 | Karyn Kravetz, Mental Health and Recovery Board | <p>Discussion: Went over the new activities for year 2.</p> <p>JFS has a one page referral guide that may be useful as a first step.</p> <p>Janet: SOAR continues with the behavioral health counselor. She is seeing about 50% of clients that come to the clinic.</p> <p>1st behavioral health student will be working with behavioral health counselor. Will develop more of a care plan with the patients to increase access.</p> <p>Karyn: KSU LGBTQ+ group is implementing a survey. Hoping to get the data from the survey later this year.</p> <p>NiCole: Children's Advantage has a new group called Out Spoken.</p> <p>Janet: SOAR has a student elective that will coordinate and track screenings.</p> |

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| Year 3: Continue efforts from years 1 and 2. | December 31, 2022 | | |
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Strategy 2: Screening for Adverse Childhood Experiences (ACEs) using a standardized tool.

Goal: Improve behavioral health outcomes.

Objective: Implement ACEs screenings in five different Portage County locations by December 31, 2022.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Portage County Trauma Informed Care Collaboration will assess agencies, organizations, disciplines etc. who could benefit from implementation of the ACEs, provide training on ACEs implementation, and collect data on Portage County ACE outcomes.</p> <p>Adopt a community-wide screening tool for ACEs and target the screening towards those who serve economically disadvantaged and/or minority populations.</p> <p>Implement ACEs as part of intake at The Family Center for both children and parents/caregivers. Provide data on posttraumatic growth due to programming addressing impact of ACEs by reporting successful families and their ability to remain intact and complete programming.</p> <p>Provide community-based training on ACEs, the impact of trauma, and how the community can respond to trauma.</p> <p>Pilot the tool in at least one new entity.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Portage County Trauma Informed Care Collaboration will identify prevention strategies to educate the community on awareness of negative impact of trauma to reduce occurrence of abuse/neglect, sexual abuse, and violence through community awareness event.</p> <p>Hold one community awareness event on the prevention of traumatic experiences.</p> | December 31, 2020 | Nicole Thomas, Children's Advantage | |

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| <p>Year 2: Provide trauma-informed care services through Portage County.</p> <p>Create a referral for all trauma specific service providers in the county.</p> <p>Hold one community awareness event on the prevention of traumatic experiences.</p> <p>Collect baseline data on the number of adults and counselors that have been trained in TIC.</p> | <p>December 31, 2021</p> | <p>NiCole: Handle With Care initiative- to create a different, soft presence with law enforcement in the schools. It will include a trauma informed care presence when dealing with children that may have experienced trauma.</p> <p>Launching a county wide trauma training in the spring.</p> <p>Trained the rise school on trauma informed care and train the staff. Creating a safe space for individuals to learn about trauma informed care and link them to services.</p> <p>Family Center had 15 new families attend the center for services.</p> |
| <p>Year 3: Continue efforts from years 1 & 2.</p> | <p>December 31, 2022</p> | |

| Strategy 3: Screening for suicide for patients 12 or older using a standardized tool  | | | |
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| Goal: Decrease suicide deaths. | | | |
| Objective: Implement suicide screenings for patients 12 or older in five Portage County healthcare settings by December 31, 2022. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| <p>Year 1: Introduce C-SSRS to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p> | <p>December 31, 2020</p> | <p>Bill Russell, Coleman</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p> | |
| <p>Year 2: Introduce C-SSRS to healthcare providers such as primary care offices, FQHCs, emergency departments, and first responders. Evaluate current screening resources and referral</p> | <p>December 31, 2021</p> | | <p>Karyn: MHRB received a SAMSA grant – partnering with KSU Public Health. \$125,000 per year for 5 years to do mental health training. First</p> |

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| <p>networks. Prioritize providers serving at-risk populations.</p> <p>Train Portage County law enforcement in C-SSRS through four (4) regional trainings.</p> <p>Train 5-6 professionals in QPR (question, persuade, refer) to become trainers to conduct sessions in the community.</p> <p>Raise awareness of gun safety. Distribute Suicide Gun Safety cards to gun sellers, sportsman, etc.</p> | | | <p>year will train 12 train the trainers in QPR for suicide prevention training. 5 year period will have at least 6,000 people be trained in QPR.</p> <p>Gun shops in Portage County were reached with materials for gun safety and suicide awareness. A finishing cloth (cleans guns) were distributed with safety messages for suicide prevention. There are a few speaking engagements coming this fall.</p> <p>Janet: several SOAR students participated in the mental health first aide training. There is also a behavioral health training as a part of the students training for volunteering in the clinic.</p> |
| <p>Year 3: Continue efforts from years 1 and 2.</p> <p>Initiate conversations regarding the feasibility of integrating the screening tool into a system(s)-wide electronic medical record system.</p> | December 31, 2022 | | |

| Strategy 4: Youth alcohol/other drug prevention and mental health programs | | | |
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| Goal: Decrease substance use. | | | |
| Objective: By December 31, 2022, decrease youth usage of e-cigarettes, alcohol, and marijuana by 2%. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| <p>Year 1: Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> | December 31, 2020 | <p>Sarah McCully, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p> | |

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| Assess current vaping education services in Portage County. | | | |
| <p>Year 2: Continue evidence-based prevention programming for youth and expand as funding allows.</p> <p>Advocate for youth mental health and alcohol/other drug prevention funding.</p> <p>Increase mental health prevention programs (Life Skills, Second Step, SAVE, PAX) in Portage County.</p> <p>Increase training for adults who work with children (school staff, coaches, clergy, etc.).</p> <p>Identify the needs of community centers (Skeels, King Kennedy, Windham Renaissance).</p> <p>Implement youth-led prevention projects.</p> <p>Assess current vaping education services in Portage County.</p> | December 31, 2021 | | <p>Sarah: Substance abuse prevention- in every school district in some shape or form with either Project Alert of Too Good for Drugs.</p> <p>Streetsboro, Aurora, and Kent have reached out to do the youth led prevention. Youth led was done last year, but via zoom. Not as successful as in the past.</p> <p>Implementing SOS – Signs of Suicide – one day program for student. Making sure students know the signs of suicide, mental health, etc. Also provides resources. Trains the staff as well-provides resources. Programs will be scheduled in spring. Crestwood is putting programming for 7-12 grade on hold due to COVID. JAG already does SOS. Still proving to be a rough year to implement programming in schools.</p> <p>Mike: still evaluating what schools are doing for vaping enforcement.</p> <p>NiCole: Early diversion program is in all school districts except Aurora. Already had 15 students.</p> <p>Adolescent IOP started last Monday. Current 3 adolescents. This will be an open group.</p> |
| Year 3: Continue efforts from year 2. | December 31, 2022 | | |

Strategy 5: Community-based comprehensive plan to reduce alcohol and drug abuse

Goal: Decrease substance use.

Objective: Decrease adult excessive drinking and risky behaviors and raise awareness of the harmfulness of marijuana and e-cigarettes to adults by 2%.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p> | December 31, 2020 | | |
| <p>Year 2: Continue to implement a community awareness campaign and host an annual conference about alcohol and drug use.</p> <p>Conduct community outreach targeting adults on low-risk drinking guidelines and marijuana/e-cigarette use.</p> <p>Assess current programs on AOD education for adults identified by healthcare providers as high-risk.</p> <p>Gather data on OVI in Portage County. Raise awareness of alternative transportation options to avoid OVI.</p> | December 31, 2021 | Karyn Kravetz, Mental Health and Recovery Board | <p>Sarah: Just formed a collaboration with KSU on campus. Any referrals from KSU go to Townhall II-students being caught doing a behavior on campus. They have had 12 referrals so far. The program is provided online.</p> <p>Mothers in Recovery support group had its first meeting yesterday. Helping to navigate education on wellness, financial support, parenting, etc. Help to keep the individuals on the road to recovery.</p> <p>Karyn: Met with Garrettsville on the start of a DORA in Garrettsville. MHRB asked for them to include education information in the DORA. The DORA passed through city council. Still waiting to see if the messaging was included like in Kent.</p> <p>Janet: SOAR Clinic takes a social history as a new patient intake. Several of the providers have been through MAT training/certification.</p> |
| <p>Year 3: Continue efforts from year 2.</p> | December 31, 2022 | | |

Strategy 6: Increase awareness and accessibility of treatment options for those with substance use disorder.

Goal: Decrease substance use.

Objective: By December 31, 2022, establish MAT resources and referrals systems in Portage County.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Collect baseline data on the number of Ohio jails that offer Medication Assisted Treatment (MAT) and at what capacity; including MAT upon release from jail.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Explore feasibility for continuing care programs in the schools and community.</p> | December 31, 2020 | | |
| <p>Year 2: Monitor the Portage County Jail Medication Assisted Treatment (MAT) practices.</p> <p>Continue to offer and expand MAT and recovery housing in various locations throughout Portage County.</p> <p>Explore feasibility of Substance Use Disorder screening and referrals to community health in the Emergency Departments and Urgent Cares.</p> <p>Educate community on the effectiveness of medication-assisted treatment.</p> | December 31, 2021 | <p>Rob Young, Townhall II</p> <p>Karyn Kravetz, Mental Health and Recovery Board</p> <p>Marihelyn Horrigan, AxessPointe</p> | <p>Rob: Townhall II clinic is running. Averaging 7 or 8 new clinics per month. Peer recovery support person – full time is now in place.</p> <p>Fentanyl test strips are available at Townhall II- each new clients are informed of the test strips. It is anonymous. To date, they have distributed 10 of them.</p> <p>Pinnacle MAT Clinic closed. Trying to work with the clinic patients to refer them Townhall II MAT clinic. Dr. DeJulius from AxessPointe is also trying to reach out to them. The hospital clinic is still open.</p> <p>Karyn: MHRB receive funding for an awareness campaign. PARTA ads, billboards, streaming video, social media, etc. is being done to share that MAT is a treatment method-to reduce stigma.</p> |
| <p>Year 3: Continue efforts from year 2.</p> | December 31, 2022 | | |

| Strategy 7: Safe Communities campaign | | | |
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| Goal: Reduce drinking and driving. | | | |
| Objective: By December 31, 2022, host nine events per year focused on sober driving in Portage County. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| <p>Year 1: Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)</p> <p>Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).</p> | December 31, 2020 | Lynette Blasiman, Safe Communities Coalition | |
| <p>Year 2: Collaborate with local partners and conduct a minimum of quarterly meetings to address county-wide traffic safety issues. (Safe Communities coalitions are required to deliver traffic safety messages and events throughout the year, providing educational and earned media portions of enforcement campaigns.)</p> <p>Conduct 2 kickoff events and a minimum of 10 additional events focused on seat belt usage, impaired driving, and motorcycle safety (a minimum of 4 events will be focused on impaired driving).</p> | December 31, 2021 | | <p>Lynette: 2021 grant: July-September: 1 coalition meeting</p> <p>Total during 2021 grant: 9 meetings</p> <p>July: 1 Fatal Review meeting Total during 2021 grant: 3 meetings</p> <p>July-September 4 events including 1 DSOGPO Kickoff Event Total during 2021 grant: 5 events</p> <p>Events didn't begin until June – event requirements were waived during COVID-19 restrictions</p> <p>Total during 2021 grant 91.3% New seat belt usage rate provided by University of Akron Reached 3,709,433 people through activities, events, printed & social media</p> |
| <p>Year 3: Continue efforts from year 2.</p> | December 31, 2022 | | |

Strategy 8: Tobacco-free policies

Goal: Decrease tobacco use.

Objective: By December 31, 2022, implement tobacco-free policies in at least three Portage County multi-unit housing units and at least one school.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Collect baseline data on which organizations, multi-unit housing facilities, schools parks, and other businesses currently have tobacco-free policies.</p> <p>Provide education to residents to assist with the transition of the multi-unit housing complexes to a tobacco-free policy.</p> | December 31, 2020 | Mike Anguilano, Kent City Health Department | |
| <p>Year 2: Begin efforts to adopt tobacco-free policy in parks, fairgrounds, schools and other public locations.</p> <p>Implement a 100% tobacco-free policy in at least 1 Portage County School District.</p> | December 31, 2021 | | <p>Mike: Tobacco Free Policies – Working to implement smoke free policies in the City of Kent and some of the businesses.</p> <p>Will be going out to schools in Portage County for the inclusion of the smoke free policies on school property.</p> <p>Working with the state on how to implement smoke free policies for behavioral health agencies. This would include parking lots, buildings, etc.</p> |
| <p>Year 3: Continue efforts of years 1 and 2. Target 2 additional multi-unit housing complexes and additional school districts to adopt a tobacco-free housing policy.</p> | December 31, 2022 | | |

Strategy 9: Links to cessation support

Goal: Decrease tobacco use.

Objective: By December 31, 2022, increase participation in tobacco cessation program(s) by 15%.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p> | <p>December 31, 2020</p> | <p>Mike Anguilano, Kent City Health Department</p> | |
| <p>Year 2: Collect baseline data on the availability of evidence-based tobacco cessation programs in Portage County and the need for more.</p> <p>Promote and raise awareness of the tobacco cessation programs, as well as other resources, such as the Ohio Tobacco Quit Line, My Life My Quit, etc..</p> <p>Increase participation in the tobacco cessation programs by 7% from baseline.</p> <p>Increase percentage of participants who enroll and attend the first class.</p> <p>Increase percentage of participants who attend the first class and complete the full 5-week cycle.</p> <p>Investigate barriers to nicotine replacement therapy access.</p> | <p>December 31, 2021</p> | <p>Ali Mitchell, Portage County Health District</p> <p>UH Portage Medical Center</p> | <p>Mike: As part of the ODH grant, tasked to put together a marketing push for tobacco cessation. Will be doing informed interviews with individuals who have been successful in quitting. This will help inform next steps on how to help others to quit. Use the quotes to try and reach others to quit. There are 2 campaigns from the state that will run in 2022.</p> <p>Rob: NRT patches are being distributed by Townhall II. To date, 21 boxes have been distributed. To receive a free patch from Townhall II, you must have a history of stimulant or opioid use. An appointment with Townhall II must be made.</p> <p>Mindy: process is in place for referrals in the hospital. 25 referrals in the 3rd quarter from physicians to</p> |

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| Increase communication of referral services of tobacco cessation services at the UH Hospital system. | | | services. Virtual classes are available. |
| Year 3: Continue efforts of years 1 and 2. | December 31, 2022 | | |

| Strategy 10: Data sharing | | | |
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| Goal: Increase data sharing among Portage County organizations. | | | |
| Objective: By December 31, 2022., create and implement a written plan that addresses data sharing for coordination and continuity of care among Portage County agencies. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| <p>Year 1: Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p> <p>Aggregate data sharing is useful at the micro and macro level. At the micro level, providers need this information to effectively plan and implement care, especially in transitions from agency to agency, or level of care to the next. At the macro level, officials and administrators can use this data to make population health-level decisions about program effectiveness, risk areas, gaps in care. This information can also be helpful in requesting funding or making new collaboration decisions.</p> | December 31, 2020 | <p>John Garrity, Mental Health and Recovery Board</p> <p>Bill Russell, Coleman</p> <p>Penny Paxton, Portage County Health District</p> | |
| <p>Year 2: 1: Work with local agencies to create a multidisciplinary committee and assess the barriers of data sharing for coordination and continuity of care and identify those barriers.</p> | December 31, 2021 | | Karyn: Penny Paxton from PCHD will be assisting in this activity. A meeting was had with Karyn, John Garrity, Bill Russell, and Penny. |
| <p>Year 3: Continue efforts of years 1 and 2.</p> | December 31, 2022 | | |

Janet: Summa Center is totally separate from NEOMED. They are just renting space. SOAR does have a collaborative relationship with Summa. It has not affected the SOAR clinic.

Joe/Karyn: Medicaid Assisted Treatment in the jail. Jail is now contracted with UH Portage for services. Looking for changes to be happening. COVID vaccine has been provided to the jail inmates. Flu vaccine will be provided as well.

Karyn: conference is Tuesday, October 26th at NEOMED. Free and open to the public. Includes lunch. Great speakers are planned. Harm reduction is a topic. Registration is required-deadline is 10/22. Policy at the NEW Center-fully vaccinated does not have to wear a mask. Campus itself is vaccinated-97% vaccinated.

Priority #2: Chronic Disease

Strategy 1: Food insecurity screening and referral

Goal: Reduce food insecurity.

Objective: Implement a food insecurity screening and referral in at least three additional Portage County locations by December 31, 2022.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Research the 2-item Food Insecurity (FI) Screening Tool, or another screening tool, and determine the feasibility of implementing the food insecurity screening and referral program in another location.</p> <p>Educate healthcare organizations on food insecurity, its impact on health, and the importance of screening and referral. Address food insecurity as part of routine medical visits on an individual and systems-based level.</p> <p>Inform participating locations on existing community resources and referral options such as 2-1-1, WIC, SNAP, school nutrition programs, food pantries, and other resources.</p> <p>Implement the screening tool in at least one additional location with accompanying referral options and evaluation measures. Target screenings towards those who live in or serve economically disadvantaged populations.</p> <p>SOAR will screen patients to identify needs; follow-up resources are provided and tracked.</p> | December 31, 2020 | <p>UH Portage Medical Center</p> <p>Janet Raber and Lacy Madison, NEOMED SOAR</p> | |
| <p>Year 2: Continue efforts from year 1.</p> | December 31, 2021 | | <p>Janet: Continuing to offer mapped out locations for food pantries using google maps. Registered dietician will meet with patients and discuss eating on a budget.</p> <p>SOAR clinic is instituting a health coach. High need, high risk patients will be paired with a pairing of health coaches. They will contact the person once a week and then a formal contact once a month.</p> |

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| | | | <p>Mindy: 213 clients in the Food For Life program. Food choices have been plentiful. All clients screened positive for food insecurity.</p> <p>Dieticians are doing the food insecurity on outpatient visits. Over 50 referred.</p> <p>Marihelyn: Dollar Store project was completed to map for food insecurity. All clients are screened for first visits for food insecurity.</p> |
| Year 3: Continue efforts from years 1 and 2 | December 31, 2022 | | |

| Strategy 2: Nutrition prescriptions | | | |
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| Goal: Increase fruit and vegetable consumption. | | | |
| Objective: Implement nutrition prescription program in Portage County by December 31, 2022. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| <p>Year 1: Research nutrition prescription programs and determine the feasibility of implementing them in local health care organizations.</p> <p>Explore the feasibility of creating a food pharmacy program that accepts nutrition prescriptions.</p> | December 31, 2020 | | |
| <p>Year 2: Explore funding opportunities for integrating nutrition prescription programs into primary care venues, such as hospital clinics and FQHCs.</p> <p>Partner with local farmers markets and discuss the possibility of redeeming nutrition prescriptions at participating markets.</p> <p>Continue efforts from year 1.</p> | December 31, 2021 | <p>Marihelyn Horrigan, AxessPointe</p> <p>Janet Raber, NEOMED SOAR</p> | <p>Janet: Continuing to offer mapped out locations for food pantries using google maps.</p> <p>Marihelyn: Breaking ground on food pantry at the Kent location. Dollar store cookbook is available and being provided to patients. Partnering with the Akron Canton Food Bank. Needs for more fresh produce.</p> |
| <p>Year 3: Continue efforts from years 1 and 2.</p> <p>Implement nutrition prescription program in Portage County.</p> | December 31, 2022 | | |

Strategy 3: Healthy eating practices through fostering self-efficacy

Goal: Increase fruit and vegetable consumption.

Objective: By December 31, 2022, at least one Cooking Matters class (per quarter) will be implemented in Portage County.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Continue to implement the Share Our Strength's Cooking Matters program through the Kent State University Nutrition Outreach Program.</p> <p>Work with at least one new organization, such as a school, senior center, or community center, to pilot an additional 6-week course of the Cooking Matters program. Offer the program to adults, youth, and families.</p> <p>Begin to implement Healthy MunchBunch in Portage County Schools with at least one new school to participate in the program. Healthy MunchBunch is a lunch time fruit and vegetable education program to increase fruits and vegetable consumption. Program will be measured by the change in fruit and vegetable consumption before and after program initiation.</p> <p>Measure knowledge gained through evaluations.</p> <p>Search for grants and funding opportunities to support efforts.</p> | <p>December 31, 2020</p> | <p>Natalie Caine-Bish, Kent State University Nutrition Outreach Program</p> | |
| <p>Year 2: Pilot the Independent Living Cooking Program to kids in foster care.</p> <p>Implement the Kids Camp program in schools.</p> <p>Continue providing the Mighty Pack program in schools to address food insecurity in children.</p> <p>Continued work on finding grants and funding opportunities to support efforts.</p> | <p>December 31, 2021</p> | | <p>Natalie: KSU Nutrition Outreach is piloting the "Independent Living Cooking Program" for kids in the foster program. Groups held in September (13) and October (15). Looking to restart monthly Spring semester.</p> <p>Repiloting the Kids Camp (obesity prevention program) in person. Current program has five kids in the 8-week program.</p> <p>Will reach out to schools in January to see if they are open to programming.</p> <p>Looking at doing health fairs partnering with NEOMED.</p> |


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| | | | Mighty Pack program running in schools: Streetsboro Elementary, Kent Middle School (supplementing the Birdy Bags), PMHA (supplementing Raven Packs for food insecurity kids). Distributing about 50 bags per week. |
| Year 3: Continue efforts from years 1 and 2. Measure knowledge gained through evaluations | December 31, 2022 | | |

Strategy 4: Prediabetes screening and referral

Goal: Prevent diabetes in adults.

Objective: By December 31, 2022, increase the number of prediabetes screenings by 15%.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| Year 1: Establish baseline for prediabetes screenings conducted in Portage County. Raise awareness of prediabetes screening, identification and referral through dissemination of the Prediabetes Risk Assessment . Promote free/reduced cost screening events within the county. | December 31, 2020 | | |
| Year 2: Continue efforts from year 1. | December 31, 2021 | Marihelyn Horrigan, AxessPointe Janet Raber, NEOMED SOAR UH Portage Medical Center | Janet: All patients get screened for diabetes. NEOMED was part of the Type 2 diabetic program with OSU. This program has ended. SOAR continues to screen, especially with new patients. November is diabetes month. Information will be included with the drive-thru flu clinics. SOAR clinics distributes glucose meters with test strips and education if identified as needed, Mindy: screened 46 participants this summer. 80% screened for prediabetes. Provided to 55 participants education on prediabetes. Marihelyn: Doing counseling in house on prediabetes patients. with pharmacists. |
| Year 3: Continue efforts of years 1 and 2. | December 31, 2022 | | |

Strategy 5: Hypertension screening and follow up 

Goal: Promote hypertension management in adults.

Objective: By December 31, 2022, increase hypertension medication adherence by to 85%.

| Action Step | Timeline | Lead Contact/Agency | Progress |
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| <p>Year 1: Gather data on hypertension management interventions currently used in Portage County.</p> <p>Research barriers to medication adherence and best practices for hypertension management.</p> <p>Increase patient/community education on hypertension screening, treatment, and the importance of routine follow up with patients diagnosed with hypertension.</p> | December 31, 2020 | | |
| <p>Year 2: Continue efforts from year 1. Increase awareness of hypertension screening, treatment, and follow up.</p> | December 31, 2021 | <p>UH Portage Medical Center</p> <p>Janet Raber, NEOMED SOAR</p> | <p>Janet: Continuing to hand out blood pressure monitors along with education of use and how to report BP. Management of medications and hypertension.</p> <p>Mindy: did 39 screenings and provided education during summer events. Still on hold for indoor events.</p> <p>Marihelyn: Working with CHW to help clients get blood pressure machines for home.</p> |
| <p>Year 3: Continue efforts of years 1 and 2.</p> | December 31, 2022 | | |

Strategy 6: Increase awareness of nutrition/physical activity resources**Goal:** Decrease obesity.**Objective:** By December 31, 2022, increase the number of Portage County providers utilizing the resource guide by 15% from baseline.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|--|-------------------|---------------------|------------------|
| <p>Year 1: Continue to offer nutrition/physical activity resources to physicians and develop a local community resource for physician use when referring their patients. Include items such as cost and transportation options in the guide.</p> <ul style="list-style-type: none">• Establish a list/network of Portage County healthcare providers and organizations that would benefit from having a healthy eating, activity living (HEAL) resource guide.• Develop a marketing plan for the HEAL guide. <p>Develop and implement a sustainability plan to keep resources updated.</p> | December 31, 2020 | Amy Lee, NEOMED | |
| <p>Year 2: Continue efforts of year 1, including marketing and sustaining the guide. Implement the marketing plan so that at least 50% of the providers/organizations on the list are notified and have received information on the guide.</p> | December 31, 2021 | | Amy: no updates. |
| <p>Year 3: Continue efforts of years 1 and 2, including marketing and sustaining the guide. Increase the number of stakeholders receiving information on the guide to 80%.</p> | December 31, 2022 | | |

Strategy 7: Prescriptions for health**Goal:** Increase participation and active engagement with parks and programs.**Objective:** By December 31, 2022, increase participation in the Parks Rx program by 13% from the baseline.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|--|-------------------|--|--|
| Year 1: Continue to implement the Parks Rx program in Portage County. Increase participation among mental health and addiction communities. Increase participation by 3% from baseline. | December 31, 2020 | Andrea Metzler, Portage Park District | |
| Year 2: Continue to monitor participation, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 8% from baseline. | December 31, 2021 | | Jennifer White: Portage Parks is reviewing year 2 strategies and will provide updates for January meeting. |
| Year 3: Continue efforts, offer new options for programming and strengthen programming models that are working with participants. Look at barriers to participation and form partnerships to help remove those barriers. Increase overall participation by 13% from baseline. | December 31, 2022 | | |

Strategy 8: Community gardens

Goal: Increase fruit and vegetable accessibility.

Objective: By December 31, 2022, maintain four community gardens in Portage County prioritizing food deserts.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|---|-------------------|---------------------------|---|
| <p>Year 1: Obtain baseline data regarding how many school districts, churches, and other community organizations currently have community gardens and where they are located, such as the Windham garden.</p> <p>Identify need for additional community gardens, focusing on food desert areas, and secure volunteers and/or Master Gardeners (ex: potential partnership with OSU Extension).</p> | December 31, 2020 | UH Portage Medical Center | |
| <p>Year 2: Research grants and funding opportunities to increase the number of community gardens. Develop a sustainability plan to maintain existing and future community gardens year-round.</p> <p>Market current and future community gardens within the county (i.e. location, offerings, etc.). Update the marketing information on an annual basis.</p> <p>Implement 1 new community garden.</p> | December 31, 2021 | | <p>Mindy: Let's Grow coalition started at KSU. Now master gardeners and UH Portage are involved. They are looking for grants for sustainability. Bryn Mar now has a community garden. Looking at establishing a garden at Windham housing for people in recovery. Windham Renaissance Center has a garden club. Good collaboration with established gardens with community members. There is also a Walls garden club in Kent.</p> <p>Amy: WIC farmers market program. Families received a \$20 booklet. They are good for local farmers markets until the end of October. April, May, June saw an increase to \$35 for fresh fruits and vegetables using COVID funds. Children will receive \$24, pregnant and new moms will receive \$43, breastfeeding moms will receive \$47 a month for the three months. This is a drastic increase from \$9 and \$11. Hopefully it will be extended past the 3 month period.</p> |
| <p>Year 3: Continue efforts from year 2. Implement 1 new community gardens.</p> <p>Explore partnership opportunities to educate community members and families on gardening and healthy eating practices.</p> | December 31, 2022 | | |

Strategy 9: Shared use (joint use agreements)

Goal: Increase physical activity.

Objective: Implement at least three shared-use agreements by December 31, 2022.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|---|-------------------|---------------------|--|
| <p>Year 1: Collect baseline data on how many Portage County schools, churches, businesses and other organizations currently offer shared use of their facilities (gym, track, etc.).</p> <p>Create an inventory of known organizations that possess physical activity equipment, space, and other resources.</p> | December 31, 2020 | Amy Lee, NEOMED | |
| <p>Year 2: Collaborate with local organizations to create a proposal for a shared-use agreement.</p> <p>Initiate contact with potential organizations from the inventory. Implement at least one shared-use agreement for community use. Publicize the agreement and its parameters.</p> | December 31, 2021 | | Amy: previously identified locations to ask for shared use. Waiting to see what type of memorandum of understanding. |
| <p>Year 3: Continue efforts from years 1 and 2.</p> <p>Implement at least 2 additional shared-use agreements for community use in Portage County.</p> | December 31, 2022 | | |

Strategy 10: Community fitness programs

Goal: Increase physical activity.

Objective: By December 31, 2022, increase participation in organized physical activities by 15% from baseline.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|--|-------------------|-------------------------------------|--|
| <p>Year 1: Continue to offer organized physical activities to adults, youth, and children. Obtain baseline data on the type, amount, and locations of organized physical activities in the county, and how many people participate.</p> <p>Identify the need for additional organized physical activities in specific locations. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from baseline.</p> | December 31, 2020 | Jackie Smallridge, Sequoia Wellness | |
| <p>Year 2: Continue efforts from year 1. Implement additional organized physical activities. Target underserved areas of the county.</p> <p>Increase participation in community fitness programs by 3% from year 1 baseline.</p> | December 31, 2021 | | Jackie: Working on a survey to gather information on what fitness centers, rec centers, etc. are still in operation. |
| <p>Year 3: Continue efforts from years 1 and 2. Increase participation in community fitness programs by 3% from year 2 baseline.</p> | December 31, 2022 | | |

NEOMED Updates on Health Equity project. Notes and recording to be shared.

Priority #3: Maternal, Infant, and Child Health

Strategy 1: Reproductive health interventions

Goal: Increase sustainability of women's reproductive health and wellness services.

Objective: By December 31, 2022, implement a women's reproductive health and wellness program to increase the use of reproductive health interventions for Medicaid-eligible residents.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|---|-------------------|--|---|
| Year 1: Implement activities to support infrastructure and sustainability of a women's reproductive health and wellness program. Activities to include insurance of billing infrastructure, Medicaid enrollment, direct health care services (family planning and prevention services, STI testing, pregnancy testing, and referrals). | December 31, 2020 | Marihelyn Horrigan, AxessPointe | |
| Year 2: Continue efforts from year 1. | December 31, 2021 | Rosemary Ferraro, Portage County Health District (PCHD removed for Year 2) | Marihelyn: Not doing maternal health. Just hired a new NP. AxessPointe is working on funding through the Title 10 funds for the future. |
| Year 3: Continue efforts from years 1 and 2. | December 31, 2022 | | |

Strategy 2: Home visiting programs that begin prenatally

Goal: Improve pregnancy and birth outcomes.

Objective: By December 31, 2022, implement a prenatal/postpartum home visiting program to reduce preterm birth, low birth weight, and infant mortality.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|---|-------------------|--|---|
| Year 1: Work with local agencies and health care organizations to develop a home visiting program in Portage County that provides support to pregnant mothers to achieve healthier pregnancies and births and stronger child development to ensure babies reach their first birthdays. | December 31, 2020 | | |
| Year 2: Implement ACEs and motivational interviewing practices within the health department staff that will participate in the "Mom and Baby Bundle" program. Create and implement policies and procedures for home visiting program that include evidence-based practices. | December 31, 2021 | Rosemary Ferraro, Portage County Health District | Joe: Recently applied for funding that would allow us to initiate a home visiting program for new moms. It would allow us to collaborate with UH Portage and community partners for resources for new moms. |

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|--|-------------------|--|--|
| Create educational materials on home visiting program to be distributed to community partners. | | | |
| Year 3: Continue efforts from years 1 and 2. | December 31, 2022 | | |

| Strategy 3: Increase enrollment in WIC program | | | |
|--|-------------------|---------------------|---|
| Goal: Improve overall health outcomes and prevent nutrition-related illness among at-risk women, infants and children. | | | |
| Objective: By December 31, 2022, increase WIC enrollment by 20%. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| Year 1: Conduct an assessment on WIC enrollment in the past 10 years and identify barriers to enrollment. Determine strategies to increase awareness and accessibility of WIC. | December 31, 2020 | Amy Cooper, WIC | |
| Year 2: Continue efforts from year 1. Implement strategies to increase awareness and accessibility of WIC. | December 31, 2021 | | Amy: COVID has drastically impacted this program. Hoping the large increase in fruit and vegetables will help the program. Have not seen an increase in enrollment. |
| Year 3: Continue efforts from years 1 and 2. | December 31, 2022 | | |

| Strategy 4: Provide referrals/resources to all patients on health insurance access to ensure reproductive health care. | | | |
|---|-------------------|---------------------------------|---|
| Goal: Improve birth outcomes. | | | |
| Objective: By December 31, 2022, increase number of client referrals by 25%. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| Year 1: Work with community health workers (CHWs), home visitors, or patient navigators to connect women of childbearing age to health insurance, resources, and a medical home. Identify and mitigate barriers to care. Establish baseline for client referrals | December 31, 2020 | Marihelyn Horrigan, AxessPointe | |
| Year 2: Increase efforts from year 1. Increase client referrals by 25%. | December 31, 2021 | | Marihelyn: All CHW have all got their CAC. They are in a combined role. |

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| Year 3: Increase efforts from years 1 and 2. | December 31, 2022 | | |
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Strategy 5: Create and implement a Safe Kids Coalition plan

Goal: Reduce child injury.

Objective: By December 31, 2022, create and implement a plan with targeted activities for the Safe Kids coalition.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|--|-------------------|---|--|
| <p>Year 1: Continue to implement the Safe Kids coalition.</p> <p>Work with coalition members to create a plan to guide coalition planning, outreach and activities. Include strategies such as Safe Route to School, Child Passenger Safety, Safe Sleep, etc.</p> | December 31, 2020 | Ali Mitchell, Portage County Health District | |
| <p>Year 2: Continue efforts from year 1. Implement strategies from the Safe Kids Coalition plan</p> | December 31, 2021 | | <p>Becky: PC Safe Kids Coalition does not have any updates due to COVID. The Cribs for Kids program is active with the support from Akron Children's program. The car seat program continues as well.</p> <p>Heather: Safe Kids Worldwide is reporting the same reports of stalled coalition meetings. We will be providing</p> <p>Marihelyn would like to be an active participant in a Baby's First Birthday program as it possibly created.</p> |
| <p>Year 3: Continue efforts from years 1 and 2. Implement strategies from the Safe Kids Coalition plan.</p> | December 31, 2022 | | |

Cross-Cutting Strategies (Strategies that Address Multiple Priorities)

Cross-Cutting Factor: Social Determinants of Health

| Cross-Cutting Factor: Social Determinants of Health | | | |
|--|-------------------|---|--|
| Strategy 1: Home improvement loans and grants | | | |
| Goal: Decrease severe housing problems. | | | |
| Objective: By December 31, 2022, increase the number residents obtaining home improvement loans or grants by 5%. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| Year 1: Work with the Portage County Home Improvement Program to collect baseline data on the number of home improvement loans and grant opportunities available to Portage County residents, including local, state, and federal loans or grants. | December 31, 2020 | Brad Cromes, Portage County Treasurer | |
| Year 2: Create a marketing plan to promote the housing program to Portage County residents, targeting economically disadvantaged communities. Provide technical assistance to residents throughout the process of procuring a home improvement loan or grant. Work with the Portage County Home Improvement Program to collect baseline data on the number residents obtaining home improvement loans or grants. | December 31, 2021 | | Brad: The Home Improvement Program, we're in a bit of a holding pattern. We had been working with the Treasurer of State on an effort to expand the program to mirror those offered at the state level (and broaden our capacity to assist folks beyond home improvements to include small business loans, farm loans, and targeted environmental upgrades for residences). Unfortunately, that effort has fallen through. We will be restructuring the program for Spring 2022 but are in the very early stages of that work. An effort to specifically market in those communities listed in the CHIP remains on our agenda. |
| Year 3: Continue efforts from years 1 and 2. Increase the number residents obtaining home improvement loans or grants by 5%. | December 31, 2022 | | |

Cross-Cutting Factor: Social Determinants of Health**Strategy 2: Service-enriched housing****Goal:** Increase economic self-sufficiency.**Objective:** By December 31, 2022, increase PMHA client's ability to support their economic independence and stability.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|--|-------------------|---|---|
| <p>Year 1: Work with local service providers, partner agencies and other community resources to provide support to public housing residents to achieve economic independence and stability through education, employment, and financial literacy programs.</p> <p>Assist public housing residents to address barriers with access to internet, transportation, and child care services.</p> <p>Serve 50 public housing residents with connection to self-sufficiency goals.</p> | December 31, 2020 | Carolyn Budd and Sabrina Moss, Portage Metropolitan Housing Authority | |
| <p>Year 2: Continue efforts from year 1.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p> | December 31, 2021 | | Carolyn: see notes for quarter updates. |
| <p>Year 3: Continue efforts from years 1 and 2.</p> <p>Serve and additional 25 public housing residents with connection to self-sufficiency goals.</p> | December 31, 2022 | | |


Cross-Cutting Factor: Social Determinants of Health **Strategy 3:** Outreach to increase financial stability through free tax preparation services.**Goal:** Decrease poverty.**Objective:** By December 31, 2022, increase use of free tax preparation services available to Portage County residents.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|---|-------------------|--|--|
| Year 1: Collaborate with county agencies, such as United Way, to increase awareness about the myfreetaxes.com program and how it can reduce the tax burden for low-to-moderate income working people, and who is eligible. | December 31, 2020 | Maureen Gebhardt and Bill Childers, United Way | |
| Year 2: Continue efforts from year 1. Implement awareness strategies identified in Year 1. | December 31, 2021 | | Mindy and Becky met with Maureen to discuss United Ways involvement with the CHIP. United Way uses the CHIP priorities to prioritize the "health" programs that are funded through United Way. |
| Year 3: Continue efforts from year 1 and year 2. | December 31, 2022 | | |

Cross-Cutting Factor: Social Determinants of Health **Strategy 4: Financial literacy****Goal:** Decrease poverty.**Objective:** By December 31, 2022, offer multiple financial literacy classes throughout the year in Portage County.

| Action Step | Timeline | Lead Contact/Agency | Progress |
|---|-------------------|---|---|
| <p>Year 1: Continue to implement financial literacy classes in Portage County.</p> <p>Expand the frequency of the classes and offer them annually. Target economically disadvantaged populations and schools.</p> <p>Provide Bridges Out of Poverty to 2 community agencies who serve individuals/families who live in households at or below poverty level.</p> <p>Provide 1 session of the Getting Ahead program to adult clients through the Children’s Advantage Family Center.</p> <p>Provide 1 session1 of the R-Rules program through the Children’s Advantage Family Center and in Portage County schools.</p> | December 31, 2020 | | |
| <p>Year 2: Continue efforts from year 1.</p> <p>Update: Portage County Treasurer is no longer providing the Bridges Out of Poverty Program. It is being offered by Children’s Advantage and Job and Family Services.</p> | December 31, 2021 | <p>Brad Cromes, Portage County Treasurer</p> <p>Nicole Thomas, Children’s Advantage</p> | <p>Brad: The financial wellness outreach efforts, our next Financial Wellness Fair is slated for November 8 – 13, 2021. It’s a hybrid event this year, with online classes offered via Facebook from 11/8 – 11/12 and an in-person expo at the Ravenna VFW on Saturday 11/13 where folks can ask one-on-one questions to financial service providers. Bridges Out of Poverty is now being offered through Children’s Advantage and JFS, so that is no longer something that is on our radar (though we would welcome the opportunity to partner, and have communicated that to those entities). Related, we are developing a program with the Community Action Council to assist those who are experiencing negative financial impacts from COVID with paying their taxes (essentially paying off back-tax amounts via ARPA</p> |



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| | | | funding). That program is now available and taking applications. |
| Year 3: Continue efforts from years 1 and 2 | December 31, 2022 | | |


| Cross-Cutting Factor: Social Determinants of Health  | | | |
|--|-------------------|-------------------------------------|--------------|
| Strategy 5: Increase transportation through a county transportation plan. | | | |
| Goal: Increase access to transportation. | | | |
| Objective: By December 31, 2022, create a strategic plan to address transportation needs. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| Year 1: Work with members of the Access to Care Coalition to review the 2018 transportation assessment and identify themes, needs and barriers. | December 31, 2020 | Mandy Berardinelli, Ohio Means Jobs | |
| Year 2: Continue efforts from year 1. Work with members of the Access to Care Coalition to create a strategic plan to address transportation needs, as well as lack of awareness of current transportation opportunities. | December 31, 2021 | | No progress. |
| Year 3: Continue efforts from year 2. Implement strategies from the strategic plan and conduct another transportation assessment. | December 31, 2022 | | |

Cross-Cutting Factor: Healthcare System and Access

| Cross-Cutting Factor: Healthcare System and Access | | | |
|--|-------------------|---|---|
| Strategy 1: School-based health centers (SBHC) | | | |
| Goal: Increase access to health care. | | | |
| Objective: By December 31, 2022, pilot a SBHC in at least one Portage County school district. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| Year 1: Research school-based health centers (SBHC) and explore the feasibility of implementing one in Portage County. | December 31, 2020 | Randy Griffith, Maplewood Career Center | |
| Year 2: Pilot a school-based health center within at least one school in Portage County. | December 31, 2021 | | Randy: Maplewood is experiencing difficulties with the provider (University Hospitals). Their physician is due to come once a week. They have only been coming every other week. They are also only seeing patients with insurance. This leaves the school to pay for those uninsured. They are in communications with UH over the concerns. Currently looking for an alternate provider. |
| Year 3: Continue efforts from years 1 and 2. | December 31, 2022 | | |


| Cross-Cutting Factor: Healthcare System and Access | | | |
|--|-------------------|--|--|
| Strategy 2: Health transportation outreach | | | |
| Goal: Increase access to transportation. | | | |
| Objective: By December 31, 2022, expand transportation training to organizations serving Portage County residents. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| Year 1: Continue collaborating for annual all-day health transportation training to local organizations. Collaborate to create condensed version of annual training to increase staff trained. | December 31, 2020 | Clayton Popik, PARTA Christine Herra, Job and Family Services Karen Towne, Portage County Health District | |
| Year 2: Pilot condensed training to 3 organizations. | December 31, 2021 | | Mindy and Becky met with Kelly from PARTA to discuss challenges due to COVID-19. Kelly will be providing updates at the January meeting. |
| Year 3: Expand efforts from year 2. | December 31, 2022 | | |

| Cross-Cutting Factor: Healthcare System and Access  | | | |
|---|-------------------|---------------------------------|---|
| Strategy 3: Health insurance enrollment and outreach  | | | |
| Goal: Increase health insurance enrollment. | | | |
| Objective: Enroll 15% of identified uninsured residents into a health insurance option by December 31, 2022. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| <p>Year 1: Coordinate with community agencies to identify uninsured residents.</p> <p>Refer the uninsured resident and enroll them in the Health Insurance Marketplace, Medicare, Medicaid, or another health insurance option.</p> <p>Enroll 5% of identified uninsured residents into a health insurance option.</p> | December 31, 2020 | Marihelyn Horrigan, AxessPointe | |
| <p>Year 2: Continue efforts from year 1. Enroll an additional 5% of identified uninsured residents into a health insurance option.</p> | December 31, 2021 | | Marihelyn: AxessPointe is in the process of putting a new CHW in place. |
| <p>Year 3: Continue efforts from years 1 and 2. Enroll an additional 5% of identified uninsured residents into a health insurance option.</p> | December 31, 2022 | | |

| Cross-Cutting Factor: Healthcare System and Access  | | | |
|---|-------------------|------------------------------------|---|
| Strategy 4: Expand SOAR Student-Run Free Clinic | | | |
| Goal: Increase access to health care. | | | |
| Objective: December 31, 2022, increase the number of days the SOAR Free Clinic is open to a total of six (6) days per month. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| <p>Year 1: Continue to implement the SOAR Free Clinic. Expand hours of the SOAR clinic from three to four Saturdays each month.</p> <p>Promote health services of SOAR in underserved communities.</p> | December 31, 2020 | Janet Raber and Lacy Madison, SOAR | |
| <p>Year 2: Continue efforts of year 1. Expand services with integration of Behavioral Health Counseling from Coleman at the clinics.</p> <p>Expand Social Determinants of Health screening and referral and tracking.</p> <p>Investigate the feasibility of Telemedicine.</p> <p>Investigate the feasibility of telehealth visits during the weekdays.</p> | December 31, 2021 | | <p>Janet: Mount Union PA's will be in place at SOAR hopefully in next quarter.</p> <p>Telehealth visits are in place at SOAR clinic.</p> <p>EMRs are in place in SOAR clinic.</p> |

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|--|-------------------|--|--|
| Investigate the feasibility of EMR. | | | |
| Add Physician Assistant Students from University of Mount Union to participate in clinic visits. | | | |
| Year 3: Continue efforts of years 1 and 2. | December 31, 2022 | | |
| Purchase equipment, develop curriculum/training and pilot Telemedicine at SOAR | | | |
| Provide specialty clinic days, once a month | | | |
| Develop a referral base for diagnostics and specialties at free or reduced cost. | | | |

Cross-Cutting Factor: Health Equity

| Cross-Cutting Factor: Health Equity  | | | |
|--|-------------------|---|--------------|
| Strategy 1: Implicit bias training | | | |
| Goal: Decrease discrimination. | | | |
| Objective: By December 31, 2022, implement at least one implicit bias training per quarter. | | | |
| Action Step | Timeline | Lead Contact/Agency | Progress |
| Year 1: Work with local stakeholders to create a formal implicit bias training detailing the association between implicit bias and inequity. Pilot the training in one location, such as a school, church, healthcare organization, local business or social service agency. Evaluate the training and make necessary changes. | December 31, 2020 | Mike Thompson, Family and Community Services | |
| Year 2: Continue efforts from year 1. Implement the training at least once per quarter. | December 31, 2021 | | No progress. |
| Year 3: Continue efforts from years 1 and 2. Implement the training at least once per quarter. | December 31, 2022 | | |

