

Portage County

Community Health Improvement Plan

2016-2019

Progress Report: (2018-2019)



**Improving the Health
of Portage County**

**Portage County
Community Health Improvement Plan
Progress Report**

HEAL (Healthy Eating, Active Living)

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Mindful by Sodexo and other Healthier Hospitals Initiatives			
<p>Year 1: UH Portage Medical Center will research Mindful by Sodexo and other Healthier Hospitals Initiatives.</p> <p>Collaborate with nutrition services to assess the current food and beverages in the hospital cafeterias, vending, meetings, and gift shops.</p> <p>Implement the Mindful program in at least one of the following priority areas:</p> <ul style="list-style-type: none"> • Healthy Cafeterias/Cafes • Healthy Vending Machines • Healthy Meetings and Events <p>Use marketing materials (posters, table tents, stickers, etc.) to better brand the program</p>	<p>Mindy Gusz, University Hospitals Portage Medical Center</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue to implement, and monitor/assess implementation of, the Mindful program in all three priority areas within the hospital</p>		<p>October 1, 2019</p>	<p>7/16/19: Mindy – doing a farmer's market at the hospital there has been 2 so far in the main lobby. There has been a great turn out – doing it twice a month.</p> <p>Free lunch program at the hospital. As of 7/12/19 UH Portage has provided a free lunch to 335 kids under the age 18.</p> <p>Community garden at Windham Renaissance. The food is shared with those with food insecurity and children participating in the free lunch program. Grant from AMETEK for wheelchair accessibility. There will be an open house.</p> <p>Diabetes classes and the support group have been restarted with a new RN hire.</p>

Partner with Portage Park District to implement various programs/policies

<p>Year 1: Partner with local communities across the county to promote park planning, funding and development.</p> <p>Increase awareness, access and use of parks:</p> <ul style="list-style-type: none"> • Improve trail quality and signage. • Promote and expand the "Wild Hikes Challenge." • Promote park and trail use through social media, Meetup groups, hiking clubs. • Partner with health care providers to distribute maps and brochures of parks and trails. <p>Initiate partnerships for Park Rx program.</p>	<p align="center">Christine Craycroft, Portage Park District</p>	<p>October 1, 2017</p>	
<p>Year 2: Initiate and expand park programming for healthy recreation including walking and biking clubs.</p> <p>Distribute Parks Rx program materials to pilot groups of healthcare providers, and evaluate progress.</p> <p>Partner to create a pump track for bikes in association with the hike and bike trail.</p> <p>Add 3 miles of trails.</p>		<p>October 1, 2018</p>	
<p>Year 3: Expand participation in Park Rx and add programming.</p> <p>Install mileage markers along Hike & Bike trails.</p> <p>Open a new public park with at least one mile of new trail.</p>	<p align="center">Andrea Metzler, Portage Park District</p>	<p>October 1, 2019</p>	<p>7/16/19: Andrea – Finished up with Parks RX 11 events 2 were cancelled. Made some up. 55 intakes interested in program. About 100 participants at 11 events. 9 to 10 people came to all 11 events. Sent a survey out to people who signed up asking what we could do differently, and scheduling and transportation were issues. Sending out to ParksRX partners. Doing a Fall program, looking into what activates we can do. New education coordinator. Jen White More on the guided hike forefront. Tracking referrals how they find out about ParksRX programs. New parks trail in Streetsboro – open in Fall.</p>

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HEAL (Healthy Eating, Active Living)

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Complete Streets Policies within the City of Kent			
<p>Year 1: Raise awareness of Complete Streets Policy and adopt comprehensive complete streets policies.</p> <p>Gather baseline data on all of the Complete Streets Policy objectives.</p> <p>Plan and hold a meeting with city residents, city planners and other city officials in attendance to discuss future policy changes.</p>	<p>Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2017</p>	
<p>Year 2: Begin to implement the following Complete Streets Objectives:</p> <ul style="list-style-type: none"> • Increase in total number of miles of on-street bicycle facilities, defined by streets and roads with clearly marked or signed bicycle accommodations. • Pursue Safe Routes to School status from the National Center for Safe Routes to School. • Pursue city council ordinance that any street needing significant repair transition to a Complete Streets model. • Pursue city ordinance requiring bike riders under 16 to wear a helmet. 		<p>October 1, 2018</p>	
<p>Year 3: Continue pursuit of Complete Streets, Safe Routes to School, and bike helmet ordinance efforts.</p> <p>Conduct walkability assessments of city neighborhoods, especially around school areas.</p>		<p>October 1, 2019</p>	<p>7/16/19: Justin/Mike: taken a backseat with changes in the health department. Replaced a lot of sidewalks in town that were deemed unsafe. Crosswalk on franklin – not a designated crosswalk but does have a blinking light. No guard or marked.</p> <p>Ali has been working with Kim Trowbridge through Safe Kids and Kim had a student Mary Ellen who did an assessment of walkability and safety and Holden was deemed the worst area. Kim is interested doing a “walk this way” day sometime in September which is still in the works.</p>

Develop a Portage County Obesity Coalition

<p>Year 1: Establish the basic principles of the coalition and develop evaluations for progress.</p> <p>Recruit community leaders, stakeholders, school RN's and primary care physicians to sign up and become members of the coalition.</p> <p>Announce the coalition through press releases and social media outlets. Work to establish a mailing list serv to send updates to the community.</p> <p>Complete an action plan and set 2-3 goals that the coalition will work towards implementing.</p> <p>Begin to determine resources and begin to secure funding.</p>	<p align="center">Natalie Caine-Bish, Kent State University Center for Nutritional Outreach</p>	<p>October 1, 2017</p>	
<p>Year 2: Work towards completion of established action plan goals.</p> <p>Expand coalition to recruit and include all partners interested in decreasing childhood and adult obesity.</p> <p>Collaborate in development of additional goals and pursuit of funding.</p> <p>Research community bike giveaway programs.</p> <p>Partner with community agencies (and PCHD bike helmet program) to distribute bike helmets to children in need.</p>	<p align="center">Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2018</p>	
<p>Year 3: Evaluate other Obesity Prevention Coalition activities and provide recommended actions steps for future CHIP activities.</p>	<p align="center">Christopher Mundorf, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p>7/16/19: Chris - This ended and is the coalition the right group for this activity.</p>

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Implement the Prescription for Health Program			
<p>Year 1: Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Jeneane Favaloro, AxessPointe Community Health Center</p>	<p>October 1, 2017</p>	
<p>Year 2: Research Prescription for Health program.</p> <p>Obtain baseline data to document need for Prescription for Health.</p> <p>Contact potential clinic and farmer's market partners. Schedule and attend meetings with potential partners – discuss the program and requirements for participation.</p> <p>Finalize clinic and program partners.</p> <p>Decide what program materials are needed.</p> <p>Develop program materials.</p>	<p>Amy Lee (NEOMED) and NEOMED SOAR Clinic</p>	<p>October 1, 2018</p>	
<p>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</p>		<p>October 1, 2019</p>	

Incorporate families and children into community physical activities

<p>Year 1: Obtain baseline data on races and other organized physical activities in the county and if they offer a child or family component</p> <p>Provide at least one Community related program promoting physical activity and families.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p>Year 2: Provide five family engagement Healthy Kids Running Series events in Portage County.</p> <p>Collaborate with Sequoia on the fitness activity and nutrition programs.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach and Jackie Smallridge, & Jacy Watson, Sequoia Wellness</p>	<p>October 1, 2018</p>	
<p>Year 3: Provide specific physical activities and targeted weight reduction programming for families, children, and youth including camps, race training, hiking and walking clubs, youth performance clubs, and diabetes prevention programming.</p> <p>Offer support groups and progress follow-ups.</p> <p>Explore potential for establishing one or more community recreation centers for area youth, in collaboration with established youth recreation program hubs and/or local churches.</p>	<p>Jackie Smallridge, & Jacy Watson, Sequoia Wellness and John Kovacich, Atwater Township</p>	<p>October 1, 2019</p>	<p>7/16/19: No progress reported. Chris – Can what is being done at the Mantua Youth Center be included in this activity?</p>

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Action Step	Responsible Person/Agency	Timeline	Progress
Implement a Healthier Choices Campaign			
<p>Year 1: Work with Portage County Obesity Coalition and the KSU Center for Nutrition Outreach to develop a Healthier Choices Campaign.</p> <p>Secure funding to create campaign materials.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p>Year 2: Roll out a Healthier Choices -type campaign to schools, youth centers, local gyms, and healthcare offices as pilot centers.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	:
<p>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3 due to barriers in progress in Years 1 and 2.</p>		<p>October 1, 2019</p>	

Increase nutrition/physical education materials being offered to patients by primary care providers

<p>Year 1: Work with primary care physicians and offices to assess what information and/or materials they are lacking to provide better resources for overweight and obese patients.</p> <p>Develop nutrition/physical education tool kits to provide to primary care physicians that include dietitian referral information.</p> <p>Obtain funding for toolkit printing and training.</p>	<p>Natalie Caine-Bish, Kent State University Center for Nutritional Outreach & The Portage County Obesity Coalition</p>	<p>October 1, 2017</p>	
<p>Year 2: Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p>Year 3: Develop local resource guidance information in collaboration with Sequoia Wellness, NEOMED, and additional HEAL partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>Amy Lee Northeast Ohio Medical University</p>	<p>October 1, 2019</p>	<p>7/16/19: Joe – partnering with physicians so that when a patient needs resources they will know where to send their patient. Amy lee is still developing a local community resource for physicians, so they have a better link to resources around the community.</p>

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Expand the Personal Improvement Program (PIP) in schools			
<p>Year 1: Increase awareness among schools about the PIP program. Meet with school superintendents, after school program directors, and other school staff.</p> <p>Explore feasibility of expanding the program to other schools.</p> <p>Explore funding opportunities to expand program.</p>	<p>William McCluskey, Edinburg Township</p>	<p>October 1, 2017</p>	
<p>Year 2: Implement the PIP program at West Main Elementary School in Ravenna.</p> <p>Recruit exercise physiologists, certified fitness instructors (ACSM), or PE students or teachers to volunteer for classes.</p> <p>Pursue sponsors and donations for healthy snacks and student t-shirts.</p> <p>Explore potential funding opportunities (United Way Community Needs Grant, etc)</p>		<p>October 1, 2018</p>	
<p>Year 3: The CHIP Steering Committee decided to table this Action Step for Year 3, due to barriers in progress in Years 1 and 2.</p>		<p>October 1, 2019</p>	

Implement postpartum weight loss educational program at WIC

<p>Year 1: Initiate "Healthier You" program to provide targeted nutrition education, breastfeeding support, recipes and physical activity recommendations to encourage healthy weight reduction to postpartum WIC mothers.</p> <p>Establish a Facebook group to appeal to millennials.</p>	<p align="center">Amy Cooper, WIC Director</p>	<p>October 1, 2017</p>	
<p>Year 2: Expand "Healthier You" to include involvement of community partners.</p> <ul style="list-style-type: none"> • Collaborate with Portage Parks District to promote family (Mom and Me) walks in the park <p>Offer quarterly meet-ups of WIC mothers – offer education by community partners such as car seats, smoking cessation, stress management, safe sleep and baby wearing, as well as cooking demonstrations, breastfeeding education and mom-to-mom support.</p>		<p>October 1, 2018</p>	<p>1-16-18:</p>
<p>Year 3: Continue "Healthier You" educational initiatives (see Years 1 and 2).</p> <p>Utilize text messaging to offer postpartum mothers support and motivational tips for successful postpartum weight loss.</p>		<p>October 1, 2019</p>	<p>7/16/19: Amy – Had 25 participants receive materials this quarter. Healthier You – reduced paper to moms/trying to explore other ways to help mom. Been a challenge having our moms engaged in ParksRX or other events.</p> <p>Justin - Maybe more tools for dads since it's always mom things. Social media for workouts for parents to interact with kids.</p>

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness and accessibility of available mental health services			
<p>Year 1: Educate school personnel and social workers in at least three local school districts on the availability of mental health services</p> <p>Create a presentation on available mental health services and present to Portage County area churches, Law Enforcement, Chamber of Commerce, City Councils, Portage College students majoring in social work, etc.</p> <p>Support and disseminate an informational brochure that highlights all organizations in Portage County that provide mental health services.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Educate school personnel and social workers in all local school districts on the availability of mental health services.</p> <p>Continue presentations on available mental health services to Portage County groups.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2 and expand outreach including the LGBTQ community.</p>	<p>Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Karyn: See list attached for outreach and events on mental health & addiction services.</p>

Increase the number of primary care physicians screening for depression during office visits

<p>Year 1: Collect baseline data on the number of primary care physicians that currently screen for depression during office visits.</p> <p>Research screening tool with other 4 priorities.</p>	<p>Paul Dages, Suicide Prevention Coalition and Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). Obtain EMR required questions from all the health care systems. Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	<p>1-17-18:</p>
<p>Year 3: Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Mental Health partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Karyn: Action step discussed with Advisory Committee.</p> <p>There is a Coleman employee "Navigator" in the UH Portage ED. This is a grant funded position. From January-June (186 visits), they are pulling data together to evaluate the program.</p> <p>Mary Helen: ACESSPointe attended a Cherokee training that provides training that changes patient appointments to include mental health/substance for every treatment, every time; pushing the integrated care model. Can provide immediate referrals to counseling.</p>

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Expand evidence-based suicide prevention and bullying programs targeting youth and families			
<p>Year 1: Research Life Skills, QPR, ROX, Strengthening Families, and the Incredible Years programs.</p> <p>Continue the implementation of Red Flags to the Portage County School Districts.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Increase awareness and participation of available programs. (Red Flags, Life Skills, PBIS, and Start with Hello.)</p> <p>Continue researching the PAX program.</p> <p>Collect data on Red Flags and other programs being utilized.</p> <p>Implement at least 1 of the programs in 1 new location or school and/or in additional grade levels.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts to implement the program(s) in at least one grade level in each school district. Provide mental health trainings during school staff professional development days in at least three school districts. Continue to support school districts with the mental health education efforts and distribute Red Flag booklets to parents.</p>		<p>October 1, 2019</p>	<p>7/17/19: Karyn: Kent State held an event for students & community, the Kent State of Wellness Summit in April. Mental Health & Recovery Board Executive Director John Garrity participated as a panelist.</p> <p>The Portage County School District held two evenings with education sessions for parents on topics including mental health & addiction featuring local experts. Too Good For Drugs has a mental health component.</p> <p>Mary: PAX the good behavior game is at Crestwood Intermediate Schools. Teachers are trained in trauma informed; example is to use a harmonica to get attention instead of clapping.</p> <p>Received funding for Nuro-sequential Model and Education-also trauma informed care. Teaches how to relate to kids in classrooms that is trauma informed way. Will be doing trainings for Ravenna for this model.</p> <p>There are 6 case managers in the schools and saw ~500 kids-of that ~300 were impacted by trauma. ~100 were impacted by substance. Will include bullying topic at parent nights.</p> <p>Sarah: Continuing to provide Stand Up program-done in middle and high schools. Program is funded by ODH. Served about 1400 high school students and almost 900 middle schools.</p> <p>Offers SAVE program (students against violence education)-did it at James A. Garfield. Trained 8 high school students to be the ambassador in the school for the program.</p>

Provide mental health first aid trainings

<p>Year 1: Obtain baseline data on the number of trainings that have taken place.</p> <p>Market the training to Portage County area churches, schools, Rotary Clubs, Law Enforcement, Chamber of Commerce, City Councils, Kent State University students majoring in social work/mental health, Coleman services, non-clinician departments and organizations, etc.</p> <p>Provide at least 2 trainings</p>	<p align="center">Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Provide 2 additional trainings and continue marketing efforts to expand reach of trainings through community partners.</p>		<p>October 1, 2018</p>	
<p>Year 3: Provide at least 2 mental health first aid trainings open to the community.</p>		<p>October 1, 2019</p>	<p>7/17/19: Karyn: Youth Mental Health First Aid training was included in the week-long training for Portage Educators (CITEC) in June. Thirteen school personnel (teachers, counselors, administrators, aides) completed the course.</p> <p>The next training is in July -open to the public.</p> <p>There is a push for Walgreens pharmacists to get trained in mental health first aid training.</p> <p>Terra: ACESSPointe had 26 employees trained in Mental Health First Aid training.</p>

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Increase Mental Health Services

Action Step	Responsible Person/Agency	Timeline	Progress
Increase awareness of trauma informed care			
<p>Year 1: Continue community trainings on trauma informed care and adverse childhood experiences (ACEs). Continue to train clinicians on evidence-based trauma programs.</p>	<p>Joel Mowrey and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts of year 1. Provide agency clinician training on Eye Movement Desensitization and Reprogramming psychotherapy treatment in spring 2018.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p>	<p>John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Karyn: Trauma was a session topic at the Portage County School District Hot Topic nights for parents.</p> <p>Mary: PAX the good behavior game is at Crestwood Intermediate Schools. Teachers are trained in trauma informed; example is to use a harmonica to get attention instead of clapping.</p> <p>Received funding for Neuro-sequential Model and Education-also trauma informed care. Teaches how to relate to kids in classrooms that is trauma informed way. Will be doing trainings for Ravenna for this model.</p> <p>There are 6 case managers in the schools and saw ~500 kids-of that ~300 were impacted by trauma. ~100 were impacted by substance. Will include bullying topic at parent nights.</p> <p>KSU: This coming May will be the 50th anniversary of the May 4th event. Each month there will be a topic of discussion. There will be trauma focused topics offered. The first speaker will be one of the victims that got shot.</p>

Establish a youth-focused community center at the former Mantua Center School

<p>Year 1: Explore options, community partnerships, and funding sources for renovation and development of the former Mantua Center School into a "Center Café" community center offering teens and young adults a healthy community space to build positive peer and mentor relationships and explore new opportunities, hobbies, and career paths</p>	<p>Jeff Jackson, Hilltop Christian Church – Mantua and Chad Delaney, Mantua Center Christian Church</p>	<p>October 1, 2017</p>	
<p>Year 2: Identify location for after-school program for 7th and 8th graders, Identify advisory board and volunteer coordinator Implement a 3-week trial after-school program for target age group at location in the first quarter of 2018. Plan for full program implementation in the fall of 2018 (to include snacks, homework assistance, leisure activities, and drug prevention education.)</p>	<p>Chad Delaney, Mantua Center Christian Church and Chris McCreight, Hiram Christian Church</p>	<p>October 1, 2018</p>	
<p>Year 3: Establish an After School Club for academic support, programmed activities, and recreation at the Crestwood Middle School. Continue to pursue establishment of community activities and programming within the former Mantua Center School. Pursue establishment of youth centers in the city of Ravenna, through MHRB OMHAS grant funding.</p>	<p>Chad Delaney, Mantua Center Christian Church and John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Becky: PCHD will be offering trauma informed yoga at the Crestwood afterschool program. Kim currently works with Miller House to offer trauma yoga to residents every Monday.</p>

**Portage County
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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Develop & implement a community based comprehensive plan to reduce alcohol & drug abuse			
<p>Year 1: Hold an annual conference to educate the public and organizations.</p> <p>Plan community awareness campaign.</p> <p>Establish working committees for the Substance Abuse Coalition (the Oversight Committee).</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Hold annual conference; continue efforts from year 1.</p>		<p>October 1, 2018</p>	
<p>Year 3: Hold annual conference; continue efforts from years 1 and 2.</p>	<p>John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Karyn: Family Conference on Addiction was held in May with 30 attendees. Topics included prevention, mental health & addiction, medical-assisted treatment, harm reduction, and recovery support.</p> <p>Planning the fall conference for October 30 at NEOMED from 9-3. It will be free. Lunch will be provided. Looking for sponsors. A mental health focus will be added this year.</p> <p>Planning a Crisis Sunday in the fall-using this as a way to involve the faith based community in the decrease substance abuse initiative. The ask is for faith based leaders to bring up the topic of substance abuse, treatment, etc in their message. Tables will be available with resources at each church. The goal is to reach 12 churches this year. It may be beneficial to survey churches to see what they are currently doing. Karyn will be attending a pastoral association meeting to reach leaders in this community.</p> <p>Mary Helen: AxessPointe spoke at an event at Akron University in June on substance abuse. Will be attending the FCS opioid festival on August 11th.</p> <p>Mimm: International Overdose Awareness Day on August 31st. Ohio CAN will be doing a candle light ceremony.</p>

Increase treatment options for those with substance use disorder

<p>Year 1: Support Quest/Townhall II with the startup of their MAT clinic & ambulatory detox.</p> <p>Work with Coleman to expand their MAT program.</p> <p>Continue to explore MAT program with AxessPointe.</p> <p>Explore other treatment options for detox, recovery housing, etc.</p>	<p align="center">Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect data and monitor success rate of MAT programs.</p> <p>Continue collaborative expansion of MAT training and programming efforts.</p> <p>Explore other treatment options for detox, recovery housing, after care housing, etc. (Extended length, intense programming.)</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue to strengthen collaboration with and referrals to AxessPointe MAT clinic.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Karyn: The Board sponsored a training for people to become certified peer supporters to increase the workforce in Portage.</p> <p>PCHD received a grant that will provide Project DAWN kits to the peer supporters using grant funding.</p> <p>Mary Helen AxessPointe MAT is up and running. In Kent, they have suboxone one day per week right now. Dr. DeJulius will be doing Vivitrol and Suboxone soon.</p> <p>AxessPointe attended a Cherokee training that provides training that changes patient appointments to include mental health/substance for every treatment, every time; pushing the integrated care model.</p>

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Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Implement and increase prevention programs			
<p>Year 1: Continue to introduce "Too Good For Drugs" to school administrators.</p> <p>Research parent program already in place with Townhall II.</p> <p>Identify groups (youth, faith community, sports, etc) and how to reach them.</p> <p>Secure funding for program.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue and expand "Too Good for Drugs," "Project Alert" and other drug prevention curricula to additional grade levels, preschools, aftercare programs, community groups.</p> <p>Outreach to PTA and other parent organizations.</p>	<p>Karyn Hall, Mental Health & Recovery Board of Portage County and Sarah McCully, Townhall II</p>	<p>October 1, 2018</p>	
<p>Year 3: Increase the number of schools and grade levels offering "Too Good For Drugs."</p> <p>Explore programming targeting children affected by parent drug use, in collaboration with Townhall II, Children's Advantage, and schools.</p>		<p>October 1, 2019</p>	<p>7/17/19: Sarah: See Townhall II list of schools and grade levels. Served every school in Portage County 5327 students with programming last school year. Been working with CAC, King Kennedy and Skeels this summer using the Too Good For Drugs curriculum.</p> <p>Carllell: PARTA does provide transportation throughout Portage County; including Townhall II and right down the street from AxessPointe. PARTA also does the Akron Metro route that can transport people to and from Akron/Cleveland.</p> <p>PCHD is working with PARTA and JFS to do a transportation training to help train frontline staff to meet the transportation needs of patients/clients.</p>

Implement and increase harm reduction initiatives

<p>Year 1: Increase Naloxone kit distribution.</p> <p>Research needle exchange.</p> <p>Promote the drug drop off locations</p>	<p>Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect data from law enforcement on where Narcan is needed in the community via GIS project between PCHD and KSU.</p> <p>Investigate increasing the number of drug drop off locations (NEOMED, Rootstown, etc.).</p> <p>Investigate incorporating quick response teams in Portage County.</p> <p>Continue to explore feasibility of implementing a needle exchange and/or needle collection program.</p> <p>Promote drug take-back days.</p>	<p>Joseph Diorio & Becky Lehman, Portage County Combined General Health District and Karyn Hall, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2018</p>	
<p>Year 3: Continue to provide Naloxone and education through Project DAWN to community and law enforcement.</p> <p>Continue promoting drug take back boxes and days.</p> <p>Implement Recovery Outreach Teams.</p>	<p>Joseph Diorio & Becky Lehman, Portage County Combined General Health District and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Becky: 67 Project DAWN kits were distributed and 155 residents were trained. Law Enforcement had 2 reversals last quarter with Project DAWN use.</p> <p>PCHD received a grant from ODH that will allow PCHD to train outside agencies and their staff on Project DAWN and those trained individuals will be able to distribute Project DAWN kits (provided by PCHD). Targeted are Portage Recovery Outreach Team, Townhall II, FCS social service agencies, and hotspot locations. PCHD will also be targeting pain management physicians to implement policy change to include a Project DAWN prescription will all opioid prescriptions.</p> <p>Karyn: Created a video with the Safe RX Regional Collaborative to promote safe medicine disposal. Continuing to distribute disposal pouches to the community. The video is available on MHRB website and Facebook. Al Barber did the video for Portage County to talk about how and why it is important to dispose medications. Please share the video.</p> <p>Discussion: Wrong disposal of medications is a large public health issue; abuse, confusion, flushing down and damaging water supply.</p> <p>Al: Would like the feasibility of a Needle Exchange program in Portage County to be looked at again for harm reduction.</p> <p>Mimm: Fentanyl test strips are available. They can also be used with meth. Mimm has 200 strips that need to be distributed. Would like to have them distributed at the MAT clinics, etc.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Increase the number of health care providers screening for drugs and alcohol			
<p>Year 1: Collect baseline data on the number of emergency departments, primary care and specialty care providers that currently screen for drug and alcohol abuse.</p> <p>Research a screening tool.</p>	<p>Joel Mowrey, Mental Health & Recovery Board of Portage County (to coordinate with the other CHIP committees working with primary care providers)</p>	<p>October 1, 2017</p>	
<p>Year 2: Investigate collaborative opportunities for system solutions with the three major health systems.</p> <ul style="list-style-type: none"> • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio, and Mark Arrendondo Portage County Combined General Health District and Kirk Stiffler, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p>Year 3: Develop local resource guidance information in collaboration with KSU, NEOMED, UH Portage Medical Center and additional Substance Abuse partners and ensure availability and understanding by medical providers.</p> <p>Explore potential implementation of resource information connected into EMR systems.</p>	<p>John Garrity, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Karyn: Action steps discussed with Advisory Committee.</p> <p>Mary Helen: AxessPointe attended a Cherokee training that provides training that changes patient appointments to include mental health/substance for every treatment, every time; pushing the integrated care model.</p>

Advocate for substance abuse and criminal justice issues

<p>Year 1: Organize methods for sharing information and call in/email campaigns to legislators.</p> <p>Support and promote the effectiveness of the Portage County Mental Health & Drug Courts.</p> <p>Advocate for Medicaid for people in jail</p>	<p align="center">Joel Mowrey, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts of year 1.</p> <p>Build relationships between Portage Substance Abuse Community Coalition Advocacy subgroup and criminal justice department representatives (judicial, prosecution, probation, etc.)</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue advocating for Medicaid expansion.</p> <p>Consult with Portage County jail to encourage expansion of treatment services within the jail clinic.</p> <p>Work with Ohio legislature on the failed Issue One for decriminalizing possession and recommend treatment instead of incarceration.</p>	<p align="center">John Garrity and Karyn Kravetz, Mental Health & Recovery Board of Portage County</p>	<p>October 1, 2019</p>	<p>7/17/19: Karyn: The Advocacy Committee of the Substance Abuse Community Coalition are watching Ohio Senate Bill 3 for movement and will help advocate for it and are learning more about the Portage County Court system for people who enter it due to substance abuse issues. This would move felony possession charges down to misdemeanors.</p> <p>Vince Peterson, Constituent Liaison & Field Representative at US Congressman Tim Ryan's Warren office, spoke to the Portage Substance Abuse Community Coalition, and Coalition members had the opportunity to share about addiction issues concerning Portage County.</p> <p>AI: Discussions with the sheriff have been moving forward. He is favorable to having Vivitrol in the jail. Overcrowding continues to be an issue in the jails. The move is to have services and MAT in the jail. AxxessPointe would like to work with clients who are released from the jail who would like treatment. They will be included on the resource materials being created by the Recovery Outreach Team Coordinator.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Decrease Substance Abuse

Action Step	Responsible Person/Agency	Timeline	Progress
Implement a Tobacco and Smoke Free Policy on Kent State University campuses			
Year 1: Kent State University will implement a Tobacco and Smoke Free Campus Policy as a component of the Healthy Campus Initiative.*	Shay Davis Little, Kent State University	October 1, 2017	
<p>Year 2: Continue education and intervention efforts of the Tobacco and Smoke Free Campus Policy. Ensure signage, flyers and individuals are available to address issues that occur around campus to remind individuals still unaware or non-compliant with the rule.</p> <p>Increase promotion of tobacco cessation initiatives for both students and employees.</p> <p>Monitor for issues of non-compliance and complaints, as well as reduction in tobacco use across the campus population.</p> <p>Implement Tobacco Free Parks and Recreation areas initiatives in Kent City Parks</p> <p>Implement tobacco free community festivals throughout the broader population within Kent City</p>	Melissa Celko, Kent State University and Jeff Neistadt, Kent City Health Department	October 1, 2018	
<p>Year 3: Review tobacco laws/initiatives for effectiveness:</p> <ul style="list-style-type: none"> • Complaints received • #s and %s of cessation services graduates • Enforcement data from KSU • Violations issued from Kent city Tobacco 21 law 		October 1, 2019	<p>7/17/19: Mike: Did compliance checks for Tobacco 21. 7 places were not compliant. By end of February, KCHD will have compliance checks finalized. They did receive one complaint from an establishment reporting to sell to underage. The exempt hookah bar in Kent is moving away from hookah and will be a bar.</p> <p>Mike is hearing that others outside of Kent are interested in enacting T21 outside of Kent City. Juggling is the issue for kids. There is a push to eliminate flavored julls. Some schools are asking for teacher training to identify vaping products. To Mike's knowledge, on the Kent Schools have a 100% zero tolerance policy for tobacco.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase community education on health insurance opportunities/utilization and support the implementation of Pathways Model or HUB			
<p>Year 1: Utilize Federal Navigator grantees and other sources to provide an in-person resource for educating and enrolling community members in health insurance plans throughout the county</p> <p>Explore the feasibility of using health kiosks.</p> <p>Explore opportunities for employees to become certified application counselors.</p> <p>Create a list of physicians that accept Medicaid products.</p> <p>Research the Community Pathways Model which addresses social determinants of health and increase access and health outcomes.</p> <p>Contact the Northwest Ohio Pathways HUB to present information on the Pathways Model to community stakeholders.</p>	<p align="center">Jeneane Favaloro, AxessPointe Community Health Center</p>	<p align="center">October 1, 2017</p>	
<p>Year 2: Research the Community Pathways Model which addresses social determinants of health and potential implementation mechanisms to increase access and health outcomes.</p>	<p align="center">Joseph Diorio, Portage County Combined General Health District</p>	<p align="center">October 1, 2018</p>	
<p>Year 3: Continue efforts from years 1 and 2.</p> <p>Implement a series of educational workshops on Medicaid programs throughout the community that includes underutilized Medicaid programs and resources; such as NET, specialized recovery services, buy in for workers with disabilities and Medicare premium assistance programs.</p> <p>Utilize AxessPointe's CAC's (Certified Application Counselors) to educate the community on accessing health insurance by creating a bi-monthly Health Insurance Outreach events; AxessPointe CAC's will educate individuals at outreach events about the healthcare options for those who qualify for Medicaid/Medicare and what insurance option plans are available for those that don't qualify.</p>	<p align="center">Christina Herra, Job and Family Services</p> <p align="center">and Denico Buckley-Knight, AxessPointe Community Health Center</p>	<p align="center">October 1, 2019</p>	<p>7/16/19: Christina: JFS is working on 7 short videos to help people access Medicaid and other JFS resources and programs. They will be played on different social media platforms. They will also be used at partnering agency offices. They should be finalized and released in October. They will be available on the JFS homepage. The NET program has a lot of gas cards to be utilized.</p> <p>Stephanie/Cinnamon: Cinnamon is a Certified Application Counselor. Through that program she is trained in Medicaid program. Understanding that the senior population needs to be reached as well, she is being trained in the OSHIP program by the end of this month.</p> <p>MAT program is up and running in Kent. Currently doing Vivitrol right now. Both Vivitrol and Suboxone will be offered in the fall. They are trying to get the MAT program set up at the jail. Dr. Angela DeJulius is working on getting trained. The program is based on a referral system currently. PARTA is widely used to get clients to the appointments. They do work with CHW's and NET for funding. Those needs are addressed within the first appointment.</p> <p>KSU and AxessPointe partnership will have grant funding to strengthen partnerships and program called Touch Point for social determinants of health. Surveys will include tobacco questions. They currently ask housing, access to care, etc.</p> <p>Discussion included the contract between PARTA and UH Portage that provides transportation to volunteers and patients either through fixed routes or door to door services. There may be possibilities for a similar contract between PARTA and AxessPointe. AxessPointe is currently not on a fixed route.</p>

Support collaboration between local universities and healthcare agencies through other social service agencies and graduate opportunities

<p>Year 1: Create a task force with local universities and healthcare providers to discuss workforce needs and gaps in the community.</p> <p>Create a formal arrangement between universities and providers to provide external internships and graduate assistantships.</p> <p>Universities can use these opportunities to recruit more students into their programs.</p>	<p>Asha Goodner, Hiram College and Heather Beaird, Kent State University College of Public Health and Amy Lee, NEOMED and CHIP steering committee</p>	<p>October 1, 2017</p>	
<p>Year 2: Share relevant student projects (undergrad, MPH, PhD)</p> <p>Continue to develop the Kent City Academic health department through projects related to access to care needs and opportunities.</p> <p>Expand the use of NEOMED SOAR (student run free clinic) for community education and outreach.</p>	<p>Chris Mundorf, Hiram College and Ken Slenkovich, Kent State University and Amy Lee, Northeast Ohio Medical University</p>	<p>October 1, 2018</p>	
<p>Year 3: Continue efforts of years 1 and 2.</p> <p>Develop a referral system for SOAR to obtain diagnostic tests and preventative screenings such as x-rays, ultrasounds, and mammograms. Track the number of patients screened in accordance with recommendations.</p>	<p>Maria Lamontagne and Lacy Madison, SOAR Student Run Free Clinic</p>	<p>October 1, 2019</p>	<p>7/16/19: Amy Lee: To fill in the needs for students and agency needs, the best way to meet this need is to directly contact the program person within each university.</p> <p>SOAR clinic: social needs assessment project was done and is going to be officially implemented at the SOAR clinic.</p> <p>SOAR is getting a permanent administrative person to be a constant in the clinic.</p> <p>SOAR created an age appropriate assessment report for every patient. Looking at exploring free or diagnostic screening services.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Healthcare Access

Action Step	Responsible Person/Agency	Timeline	Progress
Increase transportation through a county Transportation Plan			
<p>Year 1: Establish collaborative effort between public health, transportation, community service, and local health care organizations to assess and address transportation needs.</p> <p>Identify existing public health data relating social determinants of health and transportation. Plan and conduct a Transportation Needs Assessment to gather public input.</p> <p>Analyze survey results, including successes, challenges, and recommendations for future projects.</p> <p>Release data to public.</p>	<p>Becky Lehman, Portage County Combined General Health District and Karen Towne, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Invite community stakeholders to attend a meeting to discuss transportation issues in Portage County.</p> <p>Create strategies to address gaps and increase efficiency in transportation.</p> <p>Address strategies to increase the use of public transportation and reduce stigma.</p> <p>Begin implementing strategies identified.</p>		<p>October 1, 2018</p>	
<p>Year 3: Increase efforts of years 1 and 2.</p> <p>Explore the idea of follow-up surveys to gauge the public's response to strategies that have been addressed and collect outcome measures.</p> <p>Promote transportation training to more community organizations and track NET usage.</p>	<p>Karen Towne, Portage County Combined General Health District and Rebecca Abbott, Job and Family Services</p>	<p>October 1, 2019</p>	<p>7/16/19: Karen: last year in July a transportation training was done funded by the MCH grant. This year, the training will be done in August and expanding the invitee list. JFS, PCHD, and PARTA are partnering again. The idea is to send the front-line staff to the training.</p> <p>Carrell: Easy Fair model ticketing app. Tickets to Akron/Cleveland express routes can be purchased via the phone. People are using it. A hard launch will be done in October.</p> <p>Christina: JFS is hosting a transportation forum on September 26th. This is open to the public. It is for residents.</p>

Develop an Access to Care Coalition

<p>Year 1: Collaborate with community organizations, local health care organizations, churches, schools, and other community groups to create an access to care coalition.</p> <p>Raise awareness of the coalition and recruit volunteers to carry out action steps listed in the Portage County Community Health Improvement Plan.</p> <p>Gather baseline data on access to care gaps in the community. Use this information to create additional action steps as needed.</p>	<p>Jeneane Favalaro, AxessPointe Community Health Center and Joseph Diorio Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Develop strategies collaboratively to address gaps/barriers.</p> <p>Begin implementing strategies.</p> <p>Continue to expand partnership of the coalition.</p> <p>Review baseline data and gaps of services (dental needs).</p> <p>Assist in coordination of efforts across HEAL, Mental Health, and Substance Abuse priorities in reference to primary care office screenings to investigate collaborative opportunities for system solutions with the three major health systems regarding the following:</p> <ul style="list-style-type: none"> • Identify people in each system that can share the screening tools; ascertain if EMRs from each system can be collected/shared. • Investigate what primary care providers are screening for in offices (including mental health, substance abuse, and obesity). • Obtain EMR required questions from all the health care systems. • Determine PCP assessment criteria and follow up/referral protocols. 	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department</p>	<p>October 1, 2018</p>	
<p>Year 3: Continue and expand upon efforts from years 1 and 2.</p> <p>Explore prevention/enabling services/programming to address the population needs.</p> <p>Create a committee to put together an information packet regarding healthcare options in Portage County that can be distributed easily in schools, churches, and other groups. Include access to transportation, how to apply for insurance coverage and clinic info. Compare Medicaid statistics of each community vs census data to identify target communities.</p>	<p>Joseph Diorio Portage County Combined General Health District and Jeff Neistadt, Kent City Health Department and Christine Herra Job and Family Services</p>	<p>October 1, 2019</p>	<p>7/16/19: Karen: The Access to Care Coalition is still active and being revamped. Karen has met with every identified person in the CHIP Access to Care priority. A workplan has been made for each activity within Access to Care. The Coalition met last week to discuss the workplan.</p> <p>Coming together and sharing ideas during the Access to Care Coalition meetings will help build the prevention/enabling/services/programming to address population needs.</p> <p>Christina: JFS is working on building a program within to increase access to care. An internal team is working on a learning library. They are working with libraries and local agencies to provide information on access to local resources and services. This will help people access JFS's shared services.</p> <p>August 11th is an opioid awareness event in Kent at Hometown Bank plaza. Noon to dusk. This will be a music event. AxessPointe will be there to help promote the MAT clinic. This is also the national health center awareness week. There is an expected 2000 people.</p> <p>JFS is having a Back to School Health and Wellness event on July 31st from 4-7pm outside the One Stop.</p> <p>CHA/CHIP will be released this summer into fall. The hospital has joined in this assessment including hospital data. The plan is to expand the priorities to be lead by community partners.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Increase the Use of Safe Sleep Practices			
<p>Year 1: Work with local partnering agencies to train staff on Safe Sleep practices.</p> <p>Collaborate with trained organizations to implement infant Safe Sleep policy/system level changes within their organizations.</p> <p>Provide Portage County agencies serving families with children under the age of 1 year with Safe Sleep education materials to be distributed to their clients/customers/patients.</p> <p>Provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Train additional community members to serve as Safe Sleep ambassadors.</p> <p>Implement a community wide Safe Sleep campaign.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment.</p> <p>Explore collaborations with the UH Portage Medical Center birthing center targeting the 48-72 hour hospital stay following birth.</p>		<p>October 1, 2018</p>	
<p>Year 3: Explore opportunities for additional community partnerships and funding sources to continue pack n' play and safe sleep education to families in need.</p> <p>Continue to provide pack n' plays to families who are in need of a safe sleep environment for their infant.</p>	<p>Becky Lehman and Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2019</p>	<p>7/16/19: Becky: continuing to talk with Portage Foundation for special funding of the program.</p> <p>8 pack n' plays distributed last quarter.</p> <p>Ali trained JFS/CPS employees on cars seats and safe sleep on May 15th.</p>

Implement a Safe Kids Coalition			
<p>Year 1: Research implementation of a Safe Kids Coalition.</p>	<p>Becky Lehman, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p>Year 2: Create a Safe Kids Coalition: include partnering agencies, (ex: Healthcare agencies, fire and police departments, county-wide agencies and organizations.)</p> <p>Explore gun safety programming.</p>		<p>October 1, 2018</p>	
<p>Year 3: Host at least 2 community events that offer community awareness and education on childhood injury prevention strategies.</p> <p>Increase partnership and funding sources for the Akron YMCA's Safety Around Water program to be delivered in Portage County elementary schools (2nd grade). Sequoia Wellness plans to add at least one additional school to the program in 2019 (previously implemented in Rootstown Schools).</p>	<p>Ali Mitchell, Portage County Combined General Health District and Kim Trowbridge, Northeast Ohio Medical University</p> <p>and</p> <p>Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p>7/16/19: Ali via email: Last meeting was June 25th (we discussed National Heatstroke Prevention Day which will be on July 31st.) Safe kids will have a table with information at Ravenna's Back to School Health Fair on July 31st from 4-7.</p> <p>Still in the works of developing a safe kids board. We have nominations for positions. Have to ask those people to take the nomination then the coalition will vote once we have the nominations set in place. Ali has been in contact with Tasha from Safe Kids Stark for coalition guidance since Heather Trnka from Akron Children's (also Safe Kids Ohio/Safe Kid Summit) has been out on medical leave.</p> <p>Mike/Justin: We also discussed possibly having a "walk this way" day at Holden Elementary School. Holden was identified because data shows this is a high accident area.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Implement Safe Routes to School			
<p>Year 1: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>	<p>Kim Trowbridge, Northeast Ohio Medical University</p>	<p>October 1, 2017</p>	
<p>Year 2: Collect baseline data on current Safe Routes programs in Portage County. Gather information on what types of activities are offered, how many people attend the activities, how often activities take place, and location.</p> <p>Identify key stakeholders to collaborate and develop a plan to start or expand Safe Routes Programs. Develop program goals and an evaluation process for tracking outcomes.</p> <p>Look for funding sources to incentivize participation in the Safe Routes program.</p>		<p>October 1, 2018</p>	
<p>Year 3: Raise awareness to the Kent Community on Safe Routes to School.</p> <p>Explore and recruit potential members to Serve on a Safe Routes to School committee.</p> <p>Research and apply for safe routes to school funding sources to incentivize participation in the program.</p>	<p>Jeff Neistadt, Kent City Health Department and Portage County Safe Kids Coalition</p>	<p>October 1, 2019</p>	<p>7/16/19: Mike/Justin: We also discussed possibly having a "walk this way" day at Holden Elementary School. Holden was identified because data shows this is a high accident area.</p> <p>Justin will reach out to the public safety director to see what was being worked on. City is working on the sidewalk replacement program. Working to make the city walkable. New crosswalks and stoplights have been put in.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Expand the evidence based Fall Risk Reduction Program			
<p>Year 1: Research STEADI balance assessment tools. Determine best locations to hold the Matter of Balance program (ex: Senior Centers, churches, etc.)</p>	<p>Ali Mitchell, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Work with physicians for referrals to Matter of Balance program. Increase number of Matter of Balance programs offered throughout the county.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue to increase Matter of Balance program in multiple locations. Deliver at least two Matter of Balance programs through Sequoia Wellness at the NEW Center.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Jackie Smallridge, Sequoia Wellness</p>	<p>October 1, 2019</p>	<p>7/16/19: Ali via email: PCHD has done presentation for 2 senior groups one on May 20th and today July 16th. - Lynette and Ali have dates in mind for October – looking for a space. - Have been in contact with Jackie from Sequoia about classes possibly doing one together.</p> <p>Chris: PCHD did a survey with Seniors at the Senior Center to assess risk for falls. 80% were women, ½ experienced a fall, Ravenna was the most resource poor. Many risk factors were identified.</p>

Expand the Child Passenger Safety Program

<p>Year 1: Continue to implement the Car Seat Program at Portage County Health District.</p> <p>Continue to participate in the Ohio Buckles Buckeye program.</p> <p>Raise awareness of the program and the importance of car seat safety.</p> <p>Research additional funding to increase the number of available car seat technicians.</p>	<p>Ali Mitchell, Portage County Combined General Health District and Becky Lehman, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts from year 1.</p> <p>Provide car seat check events throughout the county throughout the year.</p>		<p>October 1, 2018</p>	
<p>Year 3: Continue efforts from year 2.</p> <p>Collaborate with other organizations to offer off-site car seat clinics in various locations of the community.</p> <p>Explore partnering with local hospital to provide child passenger safety seat education; focusing on safety seats involved in car accidents.</p>		<p>October 1, 2019</p>	<p>7/16/19: Becky: PCHD distributed 25 convertible and 4 booster seats last quarter. Two car seat check events were held. 31 seats were inspected; 15 of those were installed correctly by the owner.</p> <p>Kim/Ali – trained safer futures employs on car seats on May 17th.</p> <p>Safe Kids Coalition is discussing possible car seat technician trainings to be offered in Portage County.</p>

**Portage County
Community Health Improvement Plan
Progress Report**

Increase Injury Prevention

Action Step	Responsible Person/Agency	Timeline	Progress
Expand Activities of Safe Communities Fatal Crash Review			
Year 1: Collaborate with county-wide partners to review fatal crash reports, identify trends, and recommend countermeasures to reduce preventable crashes and increase public awareness of Portage County traffic-related deaths through media releases.	Lynette Blasiman, Portage County Combined General Health District	October 1, 2017	
Year 2: Continue efforts from year 1 to meet Fatal Crash Review Board requirements.		October 1, 2018	
Year 3: Continue efforts from years 1 and 2 to meet Fatal Crash Review Board requirements.		October 1, 2019	<p>7/16/19: Lynette/Lt. Jeffery Greene: There were 3 crashes reviewed at the Fatal Crash Review Board. First one occurred on state route 59. Non belted occupant of a car chase vehicle, OVI was a factor. Second crash was in Streetsboro-failure to control and speed was a factor. Third was state route on Sunnybrook and Old Forge Road. This was a motorcycle/car crash. No helmets were worn. Not sure what the fault of the crash was.</p> <p>All three crashes involved at fault males, 2 were 27 and one was 33. No seatbelt, no helmet, alcohol and drugs. Drove off roadway, failure to control, failure to yield.</p> <p>YTD is 7. Had 7 total in 2018.</p> <p>Crash yesterday in Suffield involved a motorcycle. The person was wearing a helmet. Jeff would like to use a "Save by the Helmet" recognition.</p> <p>OVI check point last week-358 vehicles checked. Not one OVI was found.</p> <p>Over 4th of July weekend, Portage County led the state in crashes. Working to reduce high crash areas.</p>

Expand Activities of Child Fatality Review

<p>Year 1: Collaborate with county-wide partners to review child fatality reports, identify trends, and recommend countermeasures to reduce preventable deaths and increase public awareness of Portage County child fatalities through media releases.</p>	<p>Rosemary Ferraro, Portage County Combined General Health District</p>	<p>October 1, 2017</p>	
<p>Year 2: Continue efforts from year 1 to meet Child Fatality Review Board requirements.</p>		<p>October 1, 2018</p>	
<p>Year 3: Collaborate with county-wide partners to review child fatalities. An annual report will be produced by PCHD. It is hoped this report will provide communities with the tools to make significant, lasting policy changes that will have a positive effect on the children in Portage County for generations to come.</p>		<p>October 1, 2019</p>	<p>7/16/19: The last quarters meeting was in February. This past quarter meeting was May 30th. Five deaths total, 4 reviewed. As of July 1st, there has been one additional death. Prematurity or pre existing conditions are a main factor.</p> <p>Gave out 50 gun locks to Coleman with brochures. Went to the Suicide Prevention Coalition meeting; working with law enforcement to see how many agencies give out gun locks. There are 9 total law enforcement agencies that give out locks.</p>

Mental Health & Addiction Community Outreach

Date	Event	Agency	Attendees
4/3/19	KSU Wellness – panel discussion	MHRB	75
4/5/19	Leadership Portage County - presentation	MHRB	75
4/6/19	Kent Expo	MHRB, TH2, FCS	300
4/26/19	Skeels Health Fair	MHRB, TH2	50
5/4/19	Family Conference on Addiction	MHRB, TH2, CPS, FCS	30
5/14/19	Portage Schools Parent Conference	MHRB, TH2, CPS, CA	5
5/18/19	STEPS of Change	MHRB, TH2	50
5/18/19	Township Trustee Dinner - presentation	MHRB	60
5/22/19	Portage Senior Center - presentation	MHRB	50
5/22/19	Portage Schools Parent Conference	MHRB, TH2, CPS, CA	30
6/15/19	Fatherhood Celebration	TH2, CA	25
6/17-21/19	Crisis Intervention Team Education Collaboration	MHRB, TH2, CPS, CA, FCS	13
6/26/19	Senior Forum	TH2	30

2018/2019 SCHOOL YEAR

Total students served in Too Good for Drugs = 3,576

Total students served in Project Alert = 1,751

Aurora

Too Good for Drugs: 1, 4

Crestwood

Too Good for Drugs: K, 1, 2, 3, 4, 5, 9

Project Alert: 6, 7, 8

Field

Too Good for Drugs: 4 (Suffield), 9

Project Alert: 6

James A Garfield

Too Good for Drugs: K, 3, 5, 10

Project Alert: 7, 8

Elementary Grades: Too Good For Drugs

Too Good for Drugs is an evidence-based, skill-building program promoting positive attitudes and behavior, while fostering healthy relationships, resistance to substance abuse and conflict, and resistance to negative peer pressure and influence.

Students develop skills in, goal setting, decision making, conflict resolution, effective communication, social and emotional competency.

Developed by the Mendez Foundation, the program is taught in 10 sessions and offered to grades kindergarten-5.

Middle School: Project ALERT

Through a series of 10 comprehensive lessons, Project ALERT motivates students against drug use, cultivates new non-use attitudes and beliefs, and equips teens with the skills and strategies they will use to resist drugs.

The course is offered to grades 6-8 and was developed by the RAND Corporation.

High School: Too Good For Drugs & Violence

The evidence-based Too Good For Drugs & Violence High School prepares students with the skills they need for academic, social, and life success. Lessons and activities provide practical guidance on dating and relationships, the impact of social media on decision making, resolving conflicts, and refusing negative peer pressure.

This course is offered for one grade level in each school district.

Families First

Parent and child education through themes such as parenting styles, communication, self-esteem, discipline, parent/child needs, stress management, problem solving, building supports and school readiness.